

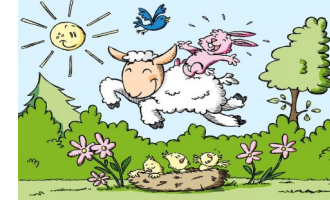
March Elementary Menu 2023

**PLEASE FILL OUT
A FREE &
REDUCED FORM.
STUDENTS MAY
BE ELIGIBLE FOR
OTHER STATE
AND SCHOOL
BENEFITS**

**2022-2023 Meal
Prices**

Breakfast: Free
Lunch \$2.75

Students attending
Harbor High, Highland
and Oxbow Elementary
have been approved for
free lunches by
Michigan Department
of Education.



Grab N Go:
String Cheese: 2 C
Danimals Yogurt: 14 C
Graham Snack: 21 C
Milk, Wheat, Soy
Carrot Stix: 8 C
Apple Slices: 7 C

Fruit Carbs
Apple Slices: 7C
Applesauce: 17 C
Bananas: 29 C
Clementines: 15 C
Diced Peaches: 14 C
Diced Pears: 16 C
Raisins/Craisins: 29 C
Strawberry Cup: 22C

Vegetable Carbs
Carrot Stix: 8 C
Green Beans: 3 C
Broccoli: 3 C
Tater Tots: 19C
Mashed Potatoes: 17 C
Spudster Bites: 21 C
Vegetarian Beans: 20 C

Misc Carbs
Low Fat White Milk: 13 C
Low Fat Choc Milk: 20 C
Asst Juicy Juice: 15 C
Marinara Sauce: 17 C
Tortilla Chips: 19 C
Salsa Cup: 2 C
Cream Cheese: 1 C
Graham Snack: 21 C

Crunchmania: 37 C
French Toast Stix: 26 C
Goody Ring: 29 C
Banana Bread: 28 C
Low Sugar Cereals: 25 C
Cheerios: 20 C
Mini Pancakes/Waffles: 35 C
Blueberry Muffin: 39 C
Bagel: 29 C

Feb 27th
Pretzel Bites 28 C
Cheese Cup 14 C
Wheat, Milk
Broccoli 3 C
Peaches 14 C
Assorted Fruits &
Vegetables

28th
Little Caesar's
Pizza 31 C
Wheat, Milk, Soy
_Carrots 8 C
Apple Slices 7 C
Assorted Fruits &
Vegetables

Mar 1st
Bosco Sticks
32 C
Wheat, Milk
Marinara Sauce 17 C
Pears 16 C
Assorted Fruits &
Vegetables

2nd
**Happy Birthday Dr
Seuss!**
Green Eggs & Ham, 1/2
WG English
Muffin 13 C
Wheat, Egg
Applesauce 17 C
Broccoli 3 C
Birthday Treat

3rd
Walking Taco
Taco Meat 2 C, Cheese
Cup 14 C, Milk
Tortilla Chips 19 C
Fiesta Corn 23 C
Assorted Fruits &
Vegetables

6th
Macaroni & Cheese
30 C
Wheat, Milk, Egg
Green Beans 3 C
Blueberries
Assorted Fruits &
Vegetables

7th
Little Caesar's
Pizza 31 C
Wheat, Milk, Soy
_Carrots 8 C
Apple Slices 7 C
Assorted Fruits &
Vegetables

Chicken Nuggets 13 C
WG Bun 26 C
Wheat, Soy
_Tater Tots 19 C
Peaches 14 C
Assorted Fruits &
Vegetables

9th
Spaghetti w Sauce
30 C Roll 20 C
Wheat, Milk, Egg
Broccoli 3 C
Applesauce 17 C
Assorted Fruits &
Vegetables

10th
French Toast Sticks
26C Turkey Sausage
Wheat, Milk, Soy
Tater Tots 19 C
Pears 16 C
Assorted Fruits &
Vegetables

13th
Little Caesar's Pizza
31 C
Wheat, Milk, Soy
_Carrots 8 C
Apple Slices 7 C
Assorted Fruits &
Vegetables

14th
Teacher Workday

15th
Bosco Sticks
32 C
Wheat, Milk
Marinara Sauce 17 C
Peaches 14 C
Assorted Fruits &
Vegetables

16th
Big Bambino's 27 C
Wheat, Milk, Soy
Broccoli 3 C,
Pears 16 C
Assorted Fruits &
Vegetables

17th
Walking Taco
Taco Meat 2 C, Cheese
Cup 14 C, Milk
Tortilla Chips 19 C
Fiesta Corn 23 C
Assorted Fruits &
Vegetables

20th
Chicken Patty 13 C
WG Bun 26 C
Wheat, Soy
_Broccoli 19 C
Mixed Fruit 14 C
Assorted Fruits &
Vegetables

21st
Little Caesar's
Pizza 31 C
Wheat, Milk, Soy
_Carrots 8 C
Apple Slices 7 C
Assorted Fruits &
Vegetables

22nd
Mini Corndogs 33C
Wheat, Milk, Soy
Vegetarian Beans
Pears 20 C
Assorted Fruits &
Vegetables

23rd
Mini Cheeseburgers
Wheat, Milk, Soy
Tater Tots 30 C
Peaches 14 C
Assorted Fruits &
Vegetables

24th
Turkey Croissant 13 C
Wheat, Soy
_Corn 23 C
Bananas 29 C
Assorted Fruits &
Vegetables

27th

28th

29th

30th

31st