

Thank you for your interest in the Huron Valley United Racing mountain bike team. We are looking forward to another successful season and we hope you decide to join us!

We are a cross-country mountain bike team. Due to the huge growth of our team, any new members have to attend an HV school. (Our mountain bike club is open to all). We ride on local mountain bike trails and get to be outdoors all season long. Team members will develop technical skills and will improve their fitness through riding with the team. We focus on preparing the students to race in an all youth, Michigan Scholastic Cycling Association (MiSCA) 6 race series in the Fall (miscabike.org). We do not have tryouts, everyone gets to ride every minute no matter his/her ability or skill level.

The team starts riding mid to late April one time per week with our mountain bike club. In June, we practice 2 days a week. From July through October, we ride 3 times per week. If you are in high school and are looking for a Varsity Letter, we require you to be at practice 3x per week starting in August.

Why join Huron Valley United Racing? It's simple... When you ride with HVUR kids, riding is more fun. You have others to ride with and to give you encouragement. You will greatly improve your mountain bike skills in a supportive, positive, and enjoyable team environment to help you achieve your best efforts. Racing is optional and not required to be on the team, but you can still enjoy the support and camaraderie in a team environment. All school age kids are welcome.

Our coaches are great and are here to help you to achieve and succeed at your mountain biking goals. All of our coaches have received background checks and are trained per MiSCA standards with concussion training. Our coaches are Level 1, 2, or 3 certified with CPR/First Aid along with completion of Coach clinics.

This will be our 6th season of being a team and have grown exponentially each season. We welcome you to join Huron Valley United Racing and to fall in love with the sport of mountain biking if you haven't already. Cycling can be a lifelong passion from young to old.

## Directions:

Register formally with MiSCA at miscabike.org. Registration is open now. When registering, you will select "Huron Valley United Racing" as your team. You will be prompted for a code (please email: <a href="https://hvunitedracing@gmail.com">hvunitedracing@gmail.com</a> for code). You will then be added to our team roster. We will communicate with you before our first practice. Please join our team families only facebook page "Huron Valley United Racing" after you are registered. We place a jersey/cycling shorts order in mid May and early Summer (if enough orders) to arrive in time for the races. Our team is charging a \$100 fee per student which now includes a jersey top and MiSCA additionally charges a \$60 registration fee. If you choose to race, there is a small fee per race as well. Race registration is open now. If you are in need of equipment or upgrades, please don't hesitate to reach out. We can assist you in the right direction.

We are looking forward to riding the trails with you! Please email: hvunitedracing@gmail.com with any questions.

Happy Trails,

Emily Kowalski, Head Coach Huron Valley United Racing

Facebook: "Huron Valley United Racing" (team families only)

Instagram: "hv mtb"