

MID-VALLEY SPECIAL EDUCATION COOPERATIVE
OCCUPATIONAL AND PHYSICAL THERAPY SERVICES

THERAPEUTIC SWING PROTOCOL

- Staff trained by either an Occupational or Physical Therapist are allowed to provide "therapeutic swinging" with a student as directed.
- **Swinging is contraindicated for students with a history of seizures.**
- **The student is to be supervised by a trained staff member throughout therapeutic swinging.**
- At least two exercise mats are to be placed under the swing prior to swinging a student. A minimum of six feet of clearance on all sides of the swing is required for safety.
- When using an itinerant swing frame, do not let the child swing past the red line barrier of the swing posts.
- Swinging should last for no longer than 15 minutes at a time.
- Proprioception and heavy work activities before, during, and after swinging activities are recommended for maximum student benefit. (The OT/PT will provide treatment suggestions).
- Students are to be swung in a linear motion, (front to back). The therapist may advise you on variations of this motion depending upon the needs of the student.
- The swing is to be removed from the swing hookup immediately after completion of swinging the student! Swing stand remains set up unless directed otherwise by therapist or building principal.
- **WHEN IN DOUBT, CONTACT THE OT/PT IF HE/SHE IS AVAILABLE. IF THEY ARE NOT, DO NOT SWING THE STUDENT IF YOU HAVE ANY CONCERNS/UNANSWERED QUESTIONS.**

The following personnel have been trained by the occupational/physical therapist to use the therapeutic swing with _____ in order to meet his/her sensory diet.

1. _____
2. _____
3. _____

Therapist, vm# _____