



# ***South Heart Eagles Basketball***

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Athletes, Parents, and Guardians,

Below are some important dates and reminders for South Heart Basketball. Make sure [physicals](#) and [FamilyID](#) requirements are completed BEFORE the season starts. Athletes will not be able to practice without a physical. For a physical to be good for the current school year, it needs to have been completed **April 15, 2023** or later.

**PHYSICALS:** All student athletes entering grade **5-12** must have a current physical examination prior to participation in ANY sport.

**FAMILY ID:**

The physical form needs to be uploaded to the FamilyID page. All other documents and forms are completed digitally through the [FamilyID](#) page. If you are new to FamilyID, registration instructions can be found on your school's website.

***\* You will be able to use your existing Heart River account and login when registering, just make sure you select the correct registration labeled "South Heart".***

**IMPACT TESTING:**

ALL athletes in grades **7-12** must complete this test prior to participation in ANY sport. Participants are required to take this test every year. The test will be given in a computer lab at South Heart School during registration days.

- South Heart High School
  - August 10-11 from 8am-4pm

**PARTICIPATION FEES**

All participation fees will be paid online during the online registration process on [FamilyID](#). Payment is required for each athlete, for each sport (there is no individual or family maximum).

- Grades 9-12      \$30 per athlete/per sport
- Grades 5-8      \$20 per athlete/per sport

### **START DATES**

Girls Basketball		Boys Basketball	
Elementary	August 16th	Elementary	September 18th
Junior High	October 23rd	Junior High	November 6th
High School	November 13th	High School	November 27th
*Coaches will notify you of any changes			

### **SCHEDULES**

Basketball game schedules for grades 5-12 will still be found on the [rSchool](#) calendar, however practice times will not. The first elementary practices (and the majority of their practices) will be right after school. The rest of the practice schedule will be given out by coaches.

Additional information and resources can be found on our athletic website ([link](#)). You can also contact me if you have questions during the registration process.

Thank you,

Jerome Hoffman  
AD - South Heart  
701-677-5671  
[jerome.hoffman@k12.nd.us](mailto:jerome.hoffman@k12.nd.us)