

**Wabaunsee High School
Cross Country Results**

At: Centralia Date: 9-29-2018

Weather: cold, breezy (rain during boys race)

GIRLS:

Place and Record: 2nd, 7-1

Season Record: 12-6

Varsity

Madelyn Hutley	10 th	23:30
Kyndal Maike	12 th	23:54
Sierra Quathammer	20 th	24:49
Kimi Buchanan	22 nd	24:55
Jessica Vanstory	26 th	25:07
Ashlyn Dugger	37 th	27:26
Emma Alderman	38 th	27:32
Cecelia Emmert	42 nd	28:09

BOYS:

Place and Record: 1st, 11-0

Season Record: 26-0

Varsity

Luke Stuhlsatz	4 th	17:56
Alex Warner	6 th	18:03
Eli Mumpower	10 th	18:42
Bryce Tharman	11 th	18:49
Isaac Lira	24 th	19:36
Sean Dugger	31 st	20:31
Austin Henderson	33 rd	20:32
Elijah Wade	50 th	21:57
Jacob Daley	51 st	22:04
Peter Stuhlsatz	57 th	22:38
Brendan Dugger	58 th	22:43
Jacob Donaldson	77 th	28:27
Eli McDaniel	83 rd	32:04

Comments: This course has always run fast, and we came through with 19 season best times. This is the 4th win in a row for our boys and a really solid 2nd place finish for the girls. There were 12 full boys' teams and 9 girls' teams, which is way more than we've been seeing.

Our mileage in practice has reached its peak (as a group we ran 150 miles one day this week), and now we need to make sure we keep healthy while we continue push hard in practice. We have a good test coming up this week with a meet at Riley County, then it will be on to League, Regional, and State. We got word this week that we get to host the Regional Meet. It's on Saturday, October 20 and the first race starts at 10:00 AM. We hope to see lots of people come out to cheer us on!