

# The Paw Press

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The Paw Press is a semi-monthly newsletter written by 7th through 12th grade students from Rozel, KS. Rozel is a small town in central Kansas with a population of approximately 100 people. This family-friendly community is home to the Pawnee Heights High School and to our Pawnee Heights Tigers. We hope you enjoy this edition of the Paw Press!



The Tiger Football team under the sign that the Booster Club made to promote school spirit. Back L-R: Assistant Coach Philip Hammeke, Jimmy Gardner, Davin Hamby, Dakota Ryan, Connor Gilliland, Gus Baier, and Head Coach Jim Gardner. Front L-R: Clayton Hammeke, Alexis Ibarra, Brynneen Cody, and Ely Hoffman. The Tigers play October 28 in the first round of bracket play for the first time since 2017. Good Luck Tigers!

## Elementary News

by Haylee Lynn Archuletta

I love holidays! Don't you? No one loves them more than young children, especially when they get presents or candy. In the United States, children most liked Christmas. When asked, most Tiger 3rd graders stated that their favorite holiday was also Christmas because they said they love playing in the snow and love presents.

With Halloween coming up, I decided to find out how Pawnee Heights third graders feel about this

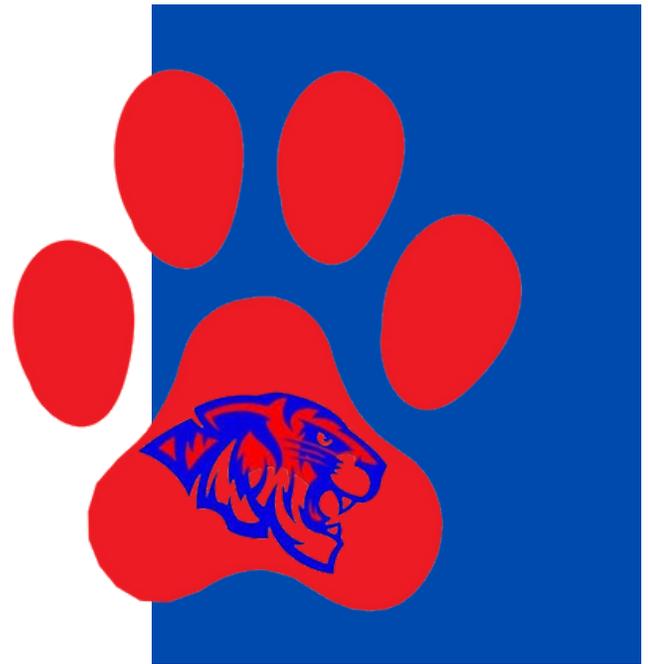
holiday and what they are going to be for Halloween. Izzy said she is going to be Ghost Face, the main character from the movie *Scream*. Taylen said she is going to be a rainbow under a rain cloud. Kyra is planning to be Chrissy from *Stranger Things*, while Noah will be a State Seal Ninja. Elliot is going to be the Madhatter from *Alice in Wonderland*. All of the students said that their favorite part was the candy. What else did you expect?

Question: What is a ghost's favorite dessert?

Answer: I Scream!



[www.phtigers.net](http://www.phtigers.net)



## Junior High News

by Shelby Scott

Who doesn't love food? Food, best defined as any nutritious substance that people consume in order to maintain life and growth, is essential for active middle school students. When asked what could improve the school, multiple students said that portion sizes should be the focus. Students felt that the federal nutrition guidelines do not provide enough nutrients and protein they need for their age. Normal individuals need 1,500 to 2,000 calories per day, but for athletes that total increases by 500 to 1,000 calories. With approximately 88 percent of our middle school being athletes, students felt that the federal government should reexamine the school food policy to provide nutrient rich food in order to sustain the energy needed for sports. Many middle school students also felt that the federal restrictions should be changed to allow our cooks more freedom in their menu choices; we have amazing cooks and wish we could sample more of their culinary skills! Additionally, we would like to see the salad bar available again.



During the day she keeps us all on schedule; by night she is helping spread Tiger spirit. Thank you Ms. Gilliland!

# High School News

by Thomas Boese

The world is at our fingertips through cell phones, and that is a fact. Studies show teens spend approximately 7 hours and 22 minutes on their phone each day. On October 12, several high school students went before the school board about the no phone policy that has been established this year. They expressed that students should be able to use phones during lunch and between classes, instead of the current policy, which states no cell phone use at all during school hours. Natalie Woods, a Senior, had a petition for the matter that collected 50 signatures! When asked why she went before the council, she said it was to give them the perspective of us as students. She stated that the students' goal was not to eliminate the current policy completely but to amend the policy. She agreed that phones can be a distraction in the classroom. Natalie presented the student body's perspective on the matter as well as incentives to prevent inappropriate cell phone use. While each student's perspective may vary slightly, Natalie felt that as a

student in her senior year, it was sad to lose the opportunity to record or photograph day-to-day things for them to remember years from now. All students feel that lunch and passing periods are their only "free time". In addition, she expressed that they miss being able to use their phones to decompress during those times. The other perspective discussed involved parent contact. Whether it be a personal emergency, updating a parent on assignments, or just checking in with their parents, the students miss having complete privacy to do so. Concerning inappropriate use, Natalie said that the school could require waivers to be signed that would clearly state the expectations as well as the consequences for violating the policy. For inappropriate use, a possible solution was a phone jail in which those students in violation would lose their cell phone privilege. While no immediate decision was made, the students hope that by voicing their perspective, a change could be made to the policy in the future.

## Sports

by Faith Hammeke



In junior high news, the Lady Tigers went to Greensburg on Saturday, October 15, to finish their 2022 volleyball season at their League tournament. At the tournament they went 1-3. Their record before the tournament was 9-3. They finished the season 10-5. They were defeated by Kiowa County but took the game to 3 sets, winning the first set (23-25), but falling in the last 2 sets (25-19) (25-19). They defeated Spearville, winning the first and last set and falling in the second set (25-22) (15-25) (25-23). In their last game of the season, they were defeated by Meade, also going to 3 sets, winning the first set and falling in the last 2 sets

(18-25) (25-16) (25-11). The junior high Lady Tigers ended their regular season as the champions of the SPIAA 2nd Division. Junior high football ended their season on Thursday, October 13, with a loss to Satanta. They finished with a record of 0-6. On Monday October 17, the junior volleyball and football players competed in a sports shake-up with the boys playing volleyball and the girls closing out the evening playing football. It was a fun time had by all!

In high school news, on Tuesday, October 19, the high school Lady Tigers went to Spearville for a volleyball quad.

Their first game, they were defeated by South Gray playing 2 sets (25-13) (25-6). Spearville defeated the team in 2 sets (25-8) (25-23). In their last game of the night, they were defeated by Ashland in 2 sets as well (25-22) (25-12). High school Lady Tigers went to Coldwater for Sub-State on Saturday, October 22. They beat Otis Bison for their first game (25-22) (25-16). To end their season, their last game was against Bucklin. Bucklin beat the Lady Tigers in 2 sets (25-18) (25-14).



**According to the CDC, teenagers aged 13 to 18 years who reported sleeping less than 8 hours were considered to not get enough sleep. The American Academy of Sleep Medicine recommends at least 9-12 hours per 24 hours for children aged 6-12 and 8-10 hours for children aged 13-18.**



**TIGERS, BRISEIDA IBARRA AND OLIVIA HANDS, CELEBRATING RED RIBBON WEEK - LEI OFF DRUGS**

High school football went to Natoma on Friday, October 21, where they beat Natoma (52-32). In the first quarter, Dakota Ryan had a 1-yard touchdown, and the extra point was no good with 6:08 remaining. With 2:29 left in the first quarter, Davin Hamby scored a 9-yard touchdown. The extra point was no good. With :3 left in the first quarter, Jimmy Gardner passed to Davin Hamby for a 15-yard touchdown. The extra point was no good. With 4:17 left in the second quarter, Jimmy Gardner had a 1-yard touchdown, and the extra point was good. The game was over at the half due to the opposing team's player injuries.





# World News

by Emmalee McDonald

Have you ever seen someone do something nice for someone else? Next time that happens, pay close attention to the person who is doing the giving. Their face lights up! That reaction is called a "giver's glow." When we're generous, our brains release chemicals that give us a sense of joy and peace, according to researchers at Stony Brook University. So the old adage, "It really is better to give than to receive," is seemingly true!

The brand, Bombas, founded in 2013 by Randy Goldberg and

David Heath, is a premium basics brand with a mission to provide comfort for all. Headquartered in New York City, Bombas originally sold socks and began selling t-shirts in 2019. What separates them from many similar product companies is that for every item purchased, a clothing item is donated to a homeless shelter or homelessness-related charity. To date, Bombas has donated over 75 million items!

There are many ways to be generous. Being generous comes in many forms. It's not just a

person who is generous with their money—they're also generous with their time, their talents, and their words. Encouraging others and inspiring them to be better than before can be a form of generosity. These types of people make their friends feel braver, stronger, and smarter. And amazingly, generosity is contagious. It makes us feel good; and when we feel good, we're better at making those around us feel good, too. Do you consider yourself to be a generous person?

**"It's not happiness that brings us gratitude. It's gratitude that brings us happiness." – Anonymous**

## A Look Back

by Faith Hammeke

- On October 17th, 1933, as a refuge from Nazi, Germany, Albert Einstein arrived in the United States.
- On October 18th, 1867, the United States took formal possession of Alaska from Russia.
- On October 19th, 1814, the Holliday Street Theater in Baltimore had a public performance of the "Star Spangled Banner."
- On October 20th, 1803, the Louisiana Purchase was ratified by the U.S. Senate.
- On October 21st, 1520, explorer Ferdinand Magellan and three Spanish ships entered the strait.
- On October 22nd, 1962, Americans were alerted by President John F. Kennedy to the Cuban missile crisis.
- On October 23rd, 1942, near Palm Springs, American Airlines Flight 28, all 12 passengers and crewmen were killed when the airplane collided with a U.S. Army Air Force plane.
- On October 24th, 1945, the charter took effect when the United Nations officially came into existence.
- On October 25th, 1881, in Malaga, Spain, artist Pablo Picasso was born.
- On October 26th, 1979, the president of South Korea, Park Chung Hee was assassinated by his friend Kim Jae Kyu, who is the head of the Korean Central Intelligence, and was sentenced to death because of his actions.
- On October 27th 1978, Menachem Begin of Israel and Anwar Sadat of Egypt were awarded the Nobel Peace Prize for Peace for negotiations which resulted first in the Camp David Accords, then second in a peace treaty between their countries
- On October 28th, 1919, the Volstead Act passed by US Congress, despite President Woodrow Wilson's veto, established prohibition.
- On October 29th, 1268 the last legitimate male heir of the German Hohenstaufen dynasty of Holy Roman Emperors and Kings, Conradin, was executed with Fredrick 1, by Charles 1 of Sicily.
- On October 30th 1918, the Armistice of Mudros was signed by the Ottoman Empire and the Allies.



**Senior McKenna Gales brushes up on her artistic skills.**

## Upcoming Events

by Emmalee McDonald

- Nov 3rd – HS Scholars' Bowl @ Coldwater
- Nov 5th – JH District Honor Band @ Dodge City
- Nov 8th – HS Scholars' Bowl @ Bucklin
- Nov 10th – JH BB @ Greensburg
- Nov 11th – NO SCHOOL/TEACHER IN-SERVICE
- Nov 12th – Dinner Theater
- Nov 14th – JH BB @ Wilson
- Nov 15th – HS Scholars' Bowl @ Minneola
- Nov 16th – JH/HS Big Read @ Kiowa
- Nov 17th – HS Scholars' Bowl @ Jetmore and JH BB @ Rozel
- Nov 18th – Dental Screening