

WE'RE HERE TO HELP SAVE A LIFE.

Are you feeling
depressed and alone?
Do you need someone
to talk to? Just call and
press '3' when prompted.
We're here to listen.
Your call is anonymous
and confidential.



THE SAFE SCHOOL HELPLINE.®
IT'S FREE AND CONFIDENTIAL 24/7

800-4-1-VOICE ext 359
800-418-6423 ext 359

Free mobile app available for Apple and Android phones.

