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ADDITudemag.com is the best website I have found that deals with all types of ADHD. There is information in all of the categories above, including FREE downloads and webinars. There are blogs to follow, web communities in which to participate, and e-newsletters sent to you regularly. I highly recommend this as the place to start for parents just learning about their or their child's ADHD, to address questions for parents who have been dealing with ADHD for a while, or even to share with family members and friends to help them understand about ADHD. I also recommend it to teachers and principals.