

# OCTOBER LUNCH MENU 2018

MENU SUBJECT  
TO CHANGE  
WITHOUT  
NOTICE

THIS INSTITUTION  
IS AN EQUAL  
OPPORTUNITY  
PROVIDER

## Panama Schools

<b>1</b> <b>PIZZA STICKS</b> <b>SALAD</b> <b>TATOR TOTS</b> <b>FRUIT</b> <b>MILK</b> <b>JUICE</b>	<b>2</b> <b>DORITO CASSAROLE</b> <b>CORN</b> <b>SALAD</b> <b>FRUIT</b> <b>MILK</b> <b>JUICE</b>	<b>3</b> <b>SPAG.</b> <b>BREADSTICK</b> <b>GREEN BEANS</b> <b>SALAD</b> <b>FRUIT</b> <b>MILK, JUICE</b>	<b>4</b> <b>FRITO CHILI PIE</b> <b>LTO, CHEESE</b> <b>JAL. PEPPERS</b> <b>FRUIT</b> <b>MILK, JUICE</b>	<b>5</b> <b>HB/CB</b> <b>CHIPS</b> <b>LTOP</b> <b>CORN</b> <b>FRUIT</b> <b>MILK, JUICE</b>
<b>8</b> <b>CORNDOG</b> <b>MAC N CHEESE</b> <b>SALAD</b> <b>FRUIT</b> <b>MILK</b> <b>JUICE</b>	<b>9</b> <b>CKN. NOODLE SOUP</b> <b>GOLDFISH CRACKERS</b> <b>SALAD</b> <b>FRUIT</b> <b>MILK</b> <b>JUICE</b>	<b>10</b> <b>GOULASH</b> <b>BREADSTICK</b> <b>GREEN BEANS</b> <b>SALAD</b> <b>FRUIT</b> <b>MILK, JUICE</b>	<b>11</b> <b>TACOS</b> <b>REFRIIED BEANS</b> <b>MEXICAN RICE</b> <b>LTO</b> <b>JAL.PEPPERS</b> <b>FRUIT,MILK,JUICE</b>	<b>12</b> <b>HB/CB</b> <b>CHIPS</b> <b>LTOP</b> <b>FRUIT</b> <b>MILK</b> <b>JUICE</b>
<b>15</b> <b>HOTDOG</b> <b>TOTS</b> <b>PORK N BEANS</b> <b>SALAD</b> <b>FRUIT</b> <b>MILK, JUICE</b>	<b>16</b> H/S/ M/S COOKS <b>CHOICE ONLY</b> <b>E/M ONLY</b> <b>HAM SANDWICH</b> <b>CHIPS</b> <b>LTO, PICKLE SPEARS</b> <b>STEAMED VEGGIES</b> <b>FRUIT, MILK, JUICE</b>	<b>17</b> <b>NO SCHOOL</b> <b>PROF. DAY #3</b>	<b>18</b> <b>NO SCHOOL</b> <b>FALL BREAK</b>	<b>19</b> <b>NO SCHOOL</b> <b>FALL BREAK</b>
<b>22</b> <b>CRISPTOS</b> <b>CHEESE SAUCE</b> <b>CHILI BEANS</b> <b>SALAD</b> <b>FRUIT</b> <b>MILK, JUICE</b>	<b>23</b> <b>SUB SANDWICH</b> <b>CHIPS</b> <b>BEANS</b> <b>FRUIT</b> <b>MILK</b> <b>JUICE</b>	<b>24</b> <b>SALISBURY STEAK</b> <b>POTATO/GRAVY</b> <b>HOT ROLL</b> <b>BUTTER CUP</b> <b>GREEN BEANS</b> <b>FRUIT</b> <b>MILK, JUICE</b>	<b>25</b> <b>COOKS CHOICE</b>	<b>26</b> <b>HB/CB</b> <b>TOTS</b> <b>LTOP</b> <b>FRUIT</b> <b>MILK</b> <b>JUICE</b>
<b>29</b> <b>STUFF CRUST PIZZA</b> <b>SALAD</b> <b>CORN ON COB</b> <b>FRUIT</b> <b>MILK, JUICE</b>	<b>30</b> <b>CKN. ALFREDO</b> <b>BREADSTICK</b> <b>STEAMED VEGGIES</b> <b>SALAD, FRUIT</b> <b>MILK, JUICE</b>	<b>31</b> <b>POPCORN CKN.</b> <b>POTATO/GRAVY</b> <b>HOT ROLL, VEGGIE</b> <b>FRUIT</b> <b>MILK, JUICE</b>		

Kg-12 Grade Menu Only  
Offer verses Serve

100% JUICE OFFERED DAILY TO  
KG-12TH

MILK CHOICE WITH EVERY  
MEAL