## From The Principal's Desk

In idle conversation, I have often heard people say that they wish they knew the secret of life. Well, I have news for them, I know the secret of life.... The secret is not a new concept, it is a rather old notion that goes back thousands of years. Yet, sometimes we forget old lessons, and it is our job as an educational institution to occasionally dust off and revive old, yet powerful, learning. With this, the secret of life is as follows: All human experiences can be broken down into a simple formula: $E+R=0$. Event plus Response equals Outcome. Simply, you can't control what happens to you in life (Events), but you can control your reaction to the event (Response), and your reaction will greatly influence the results (Outcome). This is a concept we are trying to teach our students. That $\mathrm{E}+\mathrm{R}=0$ is real, that given any Event in life there are hundreds of possible Outcomes, be it for good or ill, and that the influencer on said Outcome is their Response to the Event. In essence, we are asking students to think before they react. What Outcome do you want, is your Response

to the Event going to achieve your desired Outcome? We are also giving students "tools" to help guide their Responses to Events, through the presentation of Core Value lessons. These values are Leadership, Integrity, Respect, Responsibility, Pride \& Tradition. Each of these Core Values have several Subcategories that are discussed in class, with an emphasis on what kind of person do you want to become? Your Response to life's Events will dictate your future, and define who you are....

We have no idea what the future holds, yet we are tasked to get students ready for whatever lies ahead. This means we must teach more than just Reading, Writing, and Arithmetic, we must teach life skills that will empower our students to confidently drive forward even in the darkest of times. It is for this reason that we teach the Core Values, that we teach concepts like $E+R=0$, that we teach such things as resilience, confidence, vigilance and grit.

We must educate, nurture, and inspire today for future reasons of which we are not yet aware....

## Core Values

Leadership of Integrity de Respect de Responsibility do Pride \& Tradition

## Mission Statement

Create a culture of deliberate excellence with equity.

## Vision Statement

Every graduate will be future ready for personal success, college and career, and the global marketplace.



The Personal Finance Classes are currently researching career options. They had to look up what each of their career choices required for education and what the daily activities included for each profession. They then prepared for an interview and completed Mock-Interviews where they each had an opportunity to be an interviewer and the interviewee. This helped them to prepare their answers for some of the tough questions that are often asked in an interview.


Last month this class researched the True Cost to Own ${ }^{\circledR}$ a new vehicle at Edmonds.com. This activity showed them a variety of costs that go with owning a vehicle other than just the price of the car. The most important thing they learned was Depreciation. On average, brand new vehicles lose about $20 \%$ of their value in the first year and $40 \%$ over the first five years. This then led to their next project where they had to find a cheap $\$ 1500$ vehicle to drive for the next year while they saved up to buy a nicer vehicle and then continue to save for another year to purchase a \$10-12,000 vehicle.

# English Department 

"Senior Year: A Time to Cherish With Loved Ones"

The senior year of high school is a crucial and memorable time in a student's life. As students prepare to embark on the next chapter of their journey, it's important that they take time to reflect on the past and make the most of the present.

For many students, senior year is a time of great change and uncertainty. With college applications and standardized tests on the horizon, students are often consumed with the pressures of academic success. However, amidst the stress and excitement, it's essential to remember the importance of spending time with family and loved ones.
Family is a source of comfort, support, and unconditional love. It provides a safe haven from the challenges of the world and offers a much-needed respite from the pressures of school and life.

In addition to the emotional benefits of spending time with family, there are also practical benefits. Family can offer invaluable advice on college applications and career paths, helping students make informed decisions about their future. Additionally, family members can provide encouragement and motivation during the most stressful times, helping students to maintain their focus and stay motivated.

In the next three weeks, the senior class will take part in a project called My Two Cents. This project requires each senior in Senior Seminar to take the time to ask several family-like adults in their life to teach them something that will be valuable for the life that is before them. Whether it be a major task in housekeeping, life management skills, financial advice, or a simple aphorism that will help them as they grow into adulthood, this project encourages students to invest time into their loved ones and support system. The final project will be to put together an "adulting lesson" for their peers and share the knowledge that they learned when spending some quality time with the closest people in their lives.

The senior year of high school is a time to cherish, and students should make the most of it by spending quality time with family and loved ones. We hope that this project is one-way for students to not only build meaningful memories but also receive the emotional and practical support that is so crucial during this transition time.


## Fine Arts Department

Mr.Van Buren has started a fundraiser for chocolate milk. It runs through the first Friday of February and the hope is to raise $\$ 500$ for local food banks to get milk. In return, the PE and high school gym classes would have chocolate milk at the end of each class to help promote bone health and recovery.

As for Mr.Van Buren's classes, they are getting ready for mid-year testing at the end of February. They will re-test their 3-rep max of the bench press and barbell squat. Additionally, they will re -test their vertical jump, 10 yd shuttle, with the The Pacer Test being the new one of the bunch. During the Pacer test, the students will be wearing Polar Verity Sense Heart Rate monitors that were graciously donated by Sarah and Zach Newberry. These will allow insight as to how each student's heart responds, as well as show their conditioning/ cardiovascular fitness level. The students will also be given a login so they can see their personal results at anytime.


Just when everything is white outside and we are all experiencing the winter blahs, the art room is bursting with color! Art II students are starting 2nd semester with an oil painting project. It is one of the longest projects of the year. Watch for examples of their success in future issues of this newsletter. They will use the color theory that they learned in Art I when they did their color wheel project. Art I recently completed color wheels and the examples highlighted here are from Adriana Dickerson (volleyball), Ella Ringel (album), Kenidi Dietz-Stedman (music), and Litzy Ostiguin (character). Students had to come up with a unique pattern and create a 36 -color color wheel from the primaries (red, yellow \& blue), black and white. Each grade, starting with 6th grade, learns some concept from color theory and the art program is designed to build on that knowledge from year to year. By the time students do an oil painting in high school, color should be something firmly in their skill set.

Study Skills Department



The day before Christmas break, Mrs. King's class had a Christmas get together with her students. During this time, Kellee Rose showed the class what she is learning at the Van Buren Career Technical Center while in the Cosmetology Program. She took time to trim Johanna King's hair (Mrs. Kings daughter) practicing her skills she learned in the program.



Deanna Wood, 11th grade, was nominated by Mr. Kline for demonstrating the Core Values of Leadership, Integrity, Respect, Responsibility, Pride \& Tradition. Deanna did this by working hard in class, being a pleasure to work with, and by spreading joy to others like telling Mr. Kline, "have a good day" upon departing class each and every day. Well done Deanna, we are so very proud of you!


Mason Mansfield, 9th grade, was nominated by Mr. Van Buren for demonstrating the Core Values of Leadership, Integrity, Respect, Responsibility, Pride \& Tradition. Mason did this by "turning around" his behavior and attitude, becoming the kind of student we like to see in class, and by actively participating in class asking intuitive questions. Well done Mason, we are so very proud of you!


Chloe Kneller, 10th grade, was nominated by Ms. DeVall for demonstrating the Core Values of Leadership, Integrity, Respect, Responsibility, Pride \& Tradition. Chloe did this by working so very hard in class, showing leadership in the classroom through sight reading as well as rehearsals. Ms. DeVall was so impressed with Chloe, that she made Chloe a section leader for the second semester. Well done Chloe, we are so very proud of you!

## Students Of The Month



Carson Jackson, 9th grade, was nominated by Ms. Murray for demonstrating the Core Values of Leadership, Integrity, Respect, Responsibility, Pride \& Tradition. Carson did this by demonstrating a great work ethic to the point of impressing Ms. Murray in both Spanish and World History class, giving 100\% each and every day to his studies. Well done Carson, we are so very proud of you!

Claire Devers, 9th grade,
 was nominated by Ms. Harbaugh for demonstrating the Core Values of Leadership, Integrity, Respect, Responsibility, Pride \& Tradition. Claire did this by working at her full potential each and every day, and connecting the days lesson to previously knowledge, impressing Ms. Harbaugh with her abilities. Claire is a true scholar athlete, is passionate about dance, and is equally dedicated to her studies. Well done Claire, we are so very proud of you!


Libby Smith, 8th grade, was nominated by Ms. DeVall for demonstrating the Core Values of Leadership, Integrity, Respect, Responsibility, Pride \& Tradition. Libby did this by working so very hard in class, giving 100\% each and every day. Libby is very helpful in class, and even assists other students when needed. Libby leads by setting a good example for others to follow, and has a beautiful voice. Well done Libby, we are so very proud of you!


Hello, my name is Erin Carlin. I graduated from Penn State University more than a couple of years ago. After graduation, I started a career in education in Central Pennsylvania, in what seems to be a long time ago. I eventually left the field of education to pursue other ventures. Although I found success both in and outside of the field of education, my heart brought me back to teaching. Now, as a Gobles resident, I enjoy my days as a classroom teacher and coach.


Hello, my name is Kaylie Evans. I am Pennsylvania born and Michigan raised! I graduated spring of 2022 with my Masters in Social Work from Western Michigan University. I had the opportunity to intern at Parchment Middle School last school year. After completing this internship, I was very excited to become a part of the Gobles family in May of 2022, starting my career as a Gobles Tiger!


My name is Hannah DeVall. I am from Paw Paw, Michigan, and grew up 10 minutes from Gobles. I graduated from Western Michigan University as a Music Education Major with a Choral/General Emphasis in 2020. This is my 3rd year teaching here at Gobles. I love the atmosphere here at Gobles, as well as the tight knit community and its people.


## Counselor's Corner

With the change of the semester we are busy finalizing first semester grades and making some schedule adjustments for second semester. I am also working on preparing the course selections and setting up the 23-24 school year in PowerScheduler to begin the process of scheduling for the next school year.

I plan to begin going into the classes for each grade level the week of February 6th. The course selection process includes the online course selection submission which allows PowerSchool to set up a schedule and paper copy which the parents/guardians must sign. For students who have credits they need to make up we will talk about summer school and credit recovery options for them to catch up.

Juniors and seniors will have the opportunity to request a program at the technology center or take college classes if they do not want to take all seven classes at Gobles High School. Students who wish to go to the tech center will select VBTC on the computer course selection and will choose the specific program of interest on the paper copy of the course selection. The programs will be listed on the back side of the paper course selections. I cannot pre-register students into their program of choice if they do not select the program on the paper course selection and return it by the due date, which will be printed on the page.

Students who wish to take college classes should begin the process by completing a college application at kvcc.edu. Once they receive their Valley ID number and letter of acceptance they need to take the Accuplacer. Enrollment for college classes usually opens 1-2 weeks after we return from break. In order to register for college classes students must score high enough on the Accuplacer in Reading and Writing to meet prerequisites for classes. Students who wish to take science or math classes may also need to take the math portion of the Accuplacer. Students are not able to register for college English classes until they have taken our AP Language and Composition class. Students who score a 3, 4, or 5 on the AP exam may receive credit for ENG 110 without taking the class at KVCC. Some classes at KVCC require the ENG 110 credit as a prerequisite so the AP score may be used to show that the prerequisite has been met.

In addition to scheduling, I am organizing a trip for $10^{\text {th }}$ and $11^{\text {th }}$ grade students to Ferris State University on March 13. Students may respond to the Google Classroom post to let me know they are interested in going on the trip to FSU. I will send a permission form home with interested students a couple of weeks prior to the trip.

Please feel free to contact me via email at Cassandra.trapp@gobles.org or phone at 269-628-9347 if you have questions or concerns.


Gobles students visiting GVSU

## Upcoming Events/Calendar

- 4-FEB: Grad Bash 2023 Family Dance in the Middle School gym, 6:00pm to 9:00pm.
- 10-FEB: Aeros Gymnastics Assembly, High School gym, 1:00pm to 2:00pm.
- 13-FEB: Board of Education Meeting, starting at 6:00pm, Middle/High School library.
- 15-FEB: Early Release, Half-Day of School, Middle/High school students dismissed at 11:00am. No lunch services. Professional Development for teachers in the afternoon.
- 17-FEB: Judge Schipper Assemblies, Middle School gym, 7th and 8th grade will attend 2nd hour (8:25am to 9:10am), 9th and 10th grade will attend 3rd hour (9:15am to 10:00am), and 11th and 12th grade will attend 4th hour (10:05am to 10:50am).
- 17-FEB: The NHS is running a Heart Health Event, A RED-OUT, in conjunction with the American Heart Association. Heart health facts will be announced all week, posters will be in the halls, AHA sales at lunch (t-shirts, socks, etc.), and collections will be taken at the games.
- 20-FEB and 22-FEB: Parent-Teacher Conferences for Middle/High School, begins at $2: 45 \mathrm{pm}$, ends at $6: 30 \mathrm{pm}$, by appointment, see individual teachers to set appointment time.
- 22-FEB: Title I Parent Committee Meeting, in Middle/High School library, 2:40pm to $3: 40 \mathrm{pm}$.
- 28-FEB: Band \& Choir Concert, 5th grade band, 6th grade band, Middle School Band, High School Band, and Choirs. Band call time 6:00pm, Choir call time $5: 00 \mathrm{pm}$, performance begins at $5: 30 \mathrm{pm}$.

