



ELWOOD PUBLIC SCHOOL

GIRLS TRACK AND FIELD RECORDS

STATE CHAMPIONS STATE RUNNER-UP

1973 1974
1975

Karol McKenzie's 200 meter time is a state and state meet record

OUTDOOR RECORDS

EVENT	NAME	YEAR	PERFORMANCE	CLASS
50 YD DASH	Susan McKenzie	1974	6.1 Seconds	Senior
100 YD DASH	Susan McKenzie	1974	11.3 Seconds	Senior
100 M DASH	Taylor Carlberg	2014	12.7 Seconds	Senior
220 YD DASH	Karol McKenzie	1975	25.2 Seconds	Senior
440 YD DASH	Karol McKenzie	1973	57.7 Seconds	Sophomore
800 M RUN	Mary Jane Houlden	1986	2:22.5	Senior
1600 M RUN	Tiffany Dickau	2017	5:32.4	Junior
3200 M RUN	Tiffany Dickau	2017	11:51.5	Junior
100 M HIGH HURDLES	Megan Baldonado	2004	16.8 Seconds	Senior
300 M LOW HURDLES	Alyssa Bourbon	2015	48.3 Seconds	Senior
400 M RELAY	Carli Sjomeling Kylea Foss Bailey Mahlberg Skyler Wigstone	2008	52.375 Seconds	Senior Senior Sophomore Freshman
880 YD RELAY	Lisa Debban Laura Umberger Karol McKenzie Susan McKenzie	1974	1:48.9	Freshman Senior Junior Senior
1600 M RELAY	Kate Schmeeckle Jill Owens Ginger Cassell Cindy Salisbury	1987	4:13.2	Junior Senior Sophomore Freshman
3200 M RELAY	Ginger Cassell Jill Owens Brenda Corder Mary Jane Houlden	1986	10:11.42	Freshman Junior Junior Senior
SHOT PUT	Paulie Osterberg	1994	40' 11 3/4"	Senior
DISCUS	Jill Schultheiss	1998	131' 5"	Senior
HIGH JUMP	Karol McKenzie	1974	5' 6"	Junior
LONG JUMP	Susan McKenzie	1974	16' 8"	Senior
TRIPLE JUMP	Anna Fagot	2002	33' 1 1/4"	Freshman
POLE VAULT	Chelsey Bellamy	2005	10'	Senior

ELWOOD GIRLS HIGH SCHOOL TRACK AND FIELD RECORDS

INDOOR RECORDS

EVENT	NAME	YEAR	PERFORMANCE	CLASS
55 M HIGH HURDLES	Candi Shimmin	1998	9.3 Seconds	Senior
55 M DASH	Lacie Fagot	2000	7.8 Seconds	Freshman
200 M DASH	Lacie Fagot	2000	29.3 Seconds	Freshman
400 M DASH	Kylea Foss	2006	65.97 Seconds	Sophomore
800 M RUN	Jessica Flint	2009	2:40.84	Senior
MILE RUN	Chelsey Bellamy	2004	6:32.31	Junior
1600 M RUN	Tiffany Dickau	2017	6:05.48	Junior
3000 M RUN	Brooke Bellamy	2001	12:32.0	Sophomore
3200 M RUN	Tiffany Dickau	2018	12:38.31	Senior

1600 M RELAY	Sydney Cooksley Kylea Foss Jessica Flint	2006	4.35.02	Senior Sophomore Freshman
3200 M RELAY	Carli Sjomeling Tiffany Dickau Aspen Sitorius Taylor Hickey Holly Lonowski	2016	11.15.56	Sophomore Sophomore Sophomore Freshman Junior
HIGH JUMP	Crystal Aksamit Sydney Cooksley	2000 2005, 2006	4' 10" 4' 10"	Senior Junior, Senior
LONG JUMP	Lexie Remmenga	2012	15' 2 1/2"	Junior
TRIPLE JUMP	Anna Fagot	2005	32' 4"	Senior
SHOT PUT	Paulie Osterberg	1994	39' 1"	Senior
POLE VAULT	Danielle Sjomeling Chelsey Bellamy	2001 2005	8' 6" 8' 6"	Senior Senior
