

# SILEX SCHOOL OCTOBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 omlete or cereal & toast cheeseburger sliders, tator tots, coleslaw, peaches water & milk	2 muffins or cereal & toast chicken burrito, black beans, tortilla chips, pineapple water & milk	3 biscuit & gravy or cereal & biscuit chicken & noodles, salad, breadstick, orange slices water & milk	4 breakfast burrito or cereal & toast salisbury steak, mashed potato w/gravy, slush cup water & milk	5 scramble egg or cereal & toast toasted ravioli, carrot sticks, applesauce, animal crackers water & milk
8 breakfast taco or cereal & milk bbq pulled turkey, potato salad, baked beans, peaches water & milk	9 cinnamon rolls or cereal & toast mini chicken tacos, shredded lettuce, corn, pineapple water & milk	10 biscuit & gravy or cereal & biscuit chicken nuggets, fried rice, egg rolls, oranges water & milk	11 mini pancakes or cereal & toast sloppy joe, french fries, broccoli, mixed fruit, water & milk	12 scramble egg or cereal & toast pizza, celery sticks, salad, apple slices water & milk
15 omlete or cereal & toast chicken sandwich, sweet potato tots, peas, peaches water & milk	16 bagel or cereal & toast burrito, shredded lettuce, black beans pineapple water & milk	17 biscuit & gravy or cereal & biscuit chicken legs, potato wedge, coleslaw, oranges water & milk	18 french toast or cereal & toast hot dog, chips, apple slices, animal crackers water & milk	19 NO SCHOOL!!! FALL BREAK!!!
22 breakfast burrito or cereal & toast hamburger, curly fries, carrot sticks, peaches, water & milk	23 granola bar or cereal & toast walking taco, lettuce, tomatoes, pineapple water & milk	24 biscuit & gravy or cereal & biscuit chicken nuggets, potato triangle, broccoli, oranges water & milk	25 pancake on stick or cereal & toast bbq meatloaf, mashed potato w/gravy, mix fruit, water & milk	26 scramble egg or cereal & toast pasta w/ meatsauce, salad, breadstick, apple sauce water & milk
29 omlete or cereal & toast pork fritter, sweet potato fries, mix vegetable, peaches water & milk	30 muffin or cereal & toast nachos, shredded lettuce, black beans, pineapple water & milk	31 biscuit & gravy or cereal & biscuit chicken wings, potato skins, peas, orange slices water & milk		
This institution is an equal opportunity provider.				
Additional vegetable, fruit, grains or 2nd main course items may be available that is not listed on this menu				