

In This Edition.....



| | |
|--|-------|
| 2018-2019 Elementary/Middle School Lessons Theme | Pg. 1 |
| Extra-Curricular Activity For Girls And Boys | Pg. 2 |
| M.A.D.D. Presentations (6 th Through 12 th) | Pg. 3 |
| The Child Center | Pg. 3 |
| A Note of Encouragement | Pg. 3 |
| Guidance Calendar | Pg. 4 |
| Senior Meetings Available | Pg. 5 |
| Trivia and Tidbits In Higher Education | Pg. 5 |
| Scholarship Chart | Pg. 6 |



Now that we're well into the new school term, I have lots of information from the Guidance Office to share with Silex families. However, this year I will be placing Elementary news at the front of the newsletter, so seniors will have to page through to get to that all-important scholarship section. I hope you and your students are having an awesome year. Here goes!

I visited the elementary classrooms during the first week of September, and, as always, it was fun to spend time with our younger members of the student body. We talked about how life is sometimes quite easy --- sometimes a "cake walk." We talked about how many times it isn't.



My theme for the year is "Choices." In the coming months, I will talk with elementary students about the nature of choices:

OCTOBER 2018 GUIDANCE NEWSLETTER

- We are fortunate to have choices.
- Some choices are hard and others are easy.
- Sometimes we need help making choices.
- Others can be impacted by our choices.
- We benefit when we make good choices.
- We may be hurt by bad choices we make.
- We are responsible for our choices.
- We can learn from choice we make, good or bad.

I look forward to exploring how our choices can be important during those more challenging days that we have, as well as how to make good choices in different areas of our lives (interacting with others, how we spend our time, what we say and do, etc.).

One of the challenges for parents is finding the right fit for our children and families in terms of extra-curricular activities. It is important for kids to try different things so they can discover where their talents and interests lie. But, those things are often costly and time-consuming.

I know there are many sports and clubs in the community, but I was asked to share with you the following information about two new groups starting in Troy. These are brand new to the larger community, and they may be worth checking out. Here are the fliers that were provided.

JOIN THE TRAIL OPEN HOUSE

SEPTEMBER 24, 2018
Harvester Christian church—Troy Campus
43 Front Street, Troy, MO 63379

Woodlands Trail: Ages 5-10
NAVIGATORS: Ages 11-14
ADVENTURERS: Ages 15-17
GUIDON: Ages 18-25

TROOP MO-3379
Initial Troop Open House
6:00pm - 8:30pm

Trail Life USA is a Christ-centered outdoor character development adventure program open to boys and young men ages 5-25. Boys will love the fun and adventure! Parents will love the commitment to a Christian worldview and moral consistency.

Join us for more information!
Learn more about Trail Life USA and have an opportunity to ask questions about the new Christ-centered outdoor adventure program for boys and young men.

TRAIL LIFE USA

Are you ready for your daughter's **DREAMS to take flight?**

5 Levels of FUN!
Pathfinder (at least 8 years old)
Tenderheart (at least 9 years old)
Explorer (at least 10 years old)
Pioneer (at least 12 years old)
Patriot (at least 14 years old)

AHG offers girls ages 5-18 an exciting progressive program of:
 Social Development through organized social events
 Girl Leadership opportunities at all levels of programming
 Life Skill Enhancement through multi-level Badge program
 Character Development through community service and citizenship programs
 Developing Teamwork • Building Confidence through varied outdoor experiences
 Spiritual Development through Biblically-based programming and religious recognition programs

American Heritage Girls allows girls to experience new challenges, serve others, make new friends and have tons of fun, all in a safe, fun-filled environment. Whether your daughter wants to learn more about aviation, learn to paddle a canoe, or to be a perfect cake, AHG's program is ready to inspire her to new heights.

Start her adventure today!
Building women of integrity through service to God, family, community and country.

TroopMO3379@gmail.com
September 24, 2018
Initial Troop Open House
 6:00pm - 8:30pm
 Harvester Christian Church
 43 Front St., Troy, MO 63379

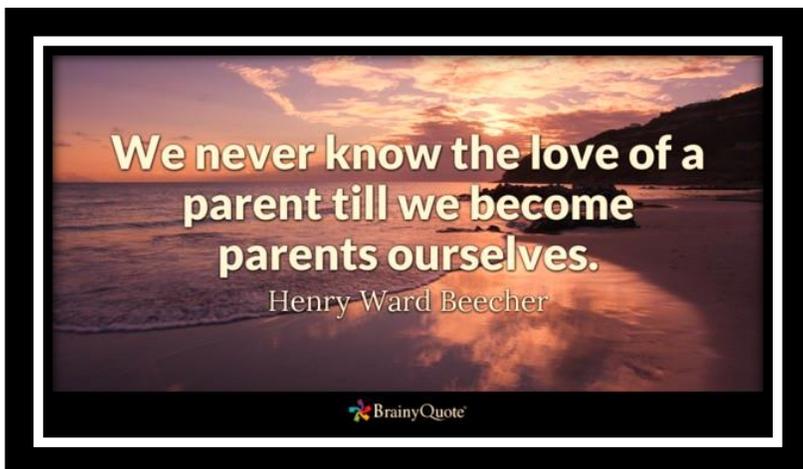
AMERICAN HERITAGE GIRLS
AUGHTS SERVICE FUN

OCTOBER 2018 GUIDANCE NEWSLETTER

Last week, Meagan Bowers from M.A.D.D. spent three days here presenting “The Power of Youth” to our students in grades 6-12. The program addressed the dangers of underage drinking. She was a young and engaging speaker, and I believe our students enjoyed her visits. She shared some very interesting statistics with the students, and she showed us all some frightening pictures of how the brains of regular underage drinkers do not function well – even after two weeks of no alcohol use. Ask your student about what they learned. And, if your student still has it, you might want to take a look at the booklet she provided each student. These visits were provided free of charge to our district.



One program, also free of charge to our students, is presented by The Child Center; this program is funded by the Lincoln County Resource Board. The Child Center will see students in Preschool/Pre-K (Thursday only) and grades 1, 4, and 5. These lessons are age appropriate and educate children on body ownership and boundaries. Students were given information forms about the program with the opportunity to “opt out” by their classroom teacher.



My goal is to be a resource for parents facing challenges during their students' elementary and high school years.

I am a parent of three (ages 21, 20, and 17). They include: one boy and two girls, a biological child, a stepchild, and an adopted child. Each is wonderfully made, but fully imperfect. I've experienced a full complement of parenting dilemmas and trials.

I know Silex parents give 100% to their children, and I also know that the very best parents are often faced with painful and complicated parenting situations. I hope to support you in your journey.

OCTOBER 2018 GUIDANCE NEWSLETTER

Upcoming Dates in Guidance:

| | |
|--|---|
| 🍁 Tuesday, September 25 th | Army Lunch Visit |
| 🍁 Thursday, September 27 th | The Child Center Lessons in Elementary |
| 🍁 Monday, October 1 st | SCCC “Be Ready” Mtg. for Seniors (See Note Below) |
| 🍁 Friday, October 5 th | Manufacturing Day Field Trip |
| 🍁 Friday, October 12 th | ASVAB Testing – All Juniors (See Note Below) |
| 🍁 Sunday, October 14 th | FAFSA Frenzy at SCCC Technology Bldg. 2:00 – 4:00 |
| 🍁 Monday, October 22 nd | Truman State University Lunch Visit |
| 🍁 Tuesday, October 23 rd | Mizzou Lunch Visit |
| 🍁 Wednesday, October 24 th | State Technical College (Linn) Lunch Visit |
| 🍁 Wednesday, October 24 th | Bowling Green College Fair (See Below) |
| 🍁 Wednesday, October 24 th | Troy R-III College Fair |
| 🍁 Thursday, October 25 th | Elsberry College Fair (See Below) |
| 🍁 Friday, October 26 th | State Technical College (Linn) Field Trip (See Below) |

Notes:

- 🍁 The SCCC “Be Ready” Program is for seniors who plan to attend St. Charles Community College. Representatives from SCCC meet with students, help them apply, complete placement tests, select courses, and more over the course of the year. Then, in the spring, those completing the “Be Ready” Program will visit the campus and be ready for the fall.
- 🍁 The ASVAB will be administered to all juniors. Military personnel will come to Silex to complete the test and will return to share the results during a classroom lesson. The ASVAB is an excellent tool for identifying strengths and aptitudes in areas not commonly tested.
- 🍁 There are several college fairs coming up. Our students have been invited to the Bowling Green and Elsberry fairs, both which will take place during the school day. Juniors and Seniors completing the field trip form may attend the Bowling Green Fair; Freshmen and Sophomores may attend Elsberry’s if they complete the field trip form.
- 🍁 Last year, students had the opportunity to visit Lindenwood University, SCCC, and Ranken during a one-day field trip. This year, we will be taking interested sophomores, juniors, and seniors to Linn. This is primarily for students who have an interest in a technical field and would consider State Technical as a serious college option.

OCTOBER 2018 GUIDANCE NEWSLETTER



I want to make senior meetings available for those parents who may be interested. On M, T, TH, and F, October 8, 9, 11, and 12, I am inviting any seniors and their parents to come in for a 15-minute private meeting to discuss questions or concerns you have about the senior year, college search and applications, scholarships, ACT, etc.

I will begin meetings at 3:30, and I will stay until 7:00 each evening for any who wish to come in. Please call to select your time, and, of course, you are always welcome to come in during the school day. ***This is purely optional.*** If you have questions you'd like me to research prior to meeting, please email me your desired time and any items that you'd like me to investigate.

Some will not feel this is necessary, but I am just offering for those who may not have gone through the Senior year with a student or who find navigating the next steps challenging.

Please email me at hwells@silex.k12.mo.us or call 573-384-5227 to make an appointment.

Did You Know?

- ✿ Some colleges are making the ACT Score optional for application!
- ✿ Missouri S & T is going to pilot a pet-friendly dormitory next year!
- ✿ Mizzou ignores class rank in classes under 180 students!
- ✿ Missouri S & T was recognized as #3 Best Engineering University by USA Today!
- ✿ William Woods is known for their American Sign Language Program, too!
- ✿ 60% of the students at Dominican University (Chicago) are from other cultures.
- ✿ Lewis University in Romeoville, IL has its own airport!
- ✿ Maryville University assigns all their freshmen life coaches!

OCTOBER 2018 GUIDANCE NEWSLETTER

| # | Name of Scholarship | Due Date | \$ Amount |
|---|--|-------------------|--------------------|
| 1 | Horatio Alger Scholarship | October 25, 2018 | \$6,000 – \$25,000 |
| 2 | American Soybean Association Scholarship | November 19, 2018 | \$5,000 |
| | | | |

Stay Tuned! There are lots more to come!

#1 – Find the application at: scholars.horatioalger.org

#2 – Find the application at: <https://asaadmin.wufoo.com/forms/r11ee6571au0onh/>

For additional scholarships or sources of financial aid to consider:

<https://studentscholarships.org/#sthash.rEjftbNh.dpbs>

<https://lendedu.com/blog/missouri-student-loans-scholarships-and-grants/>

<https://lendedu.com/blog/student-loans-without-a-cosigner/>

Have a great week!

Hally Wells

Silex R-I K-12 School Counselor

573-384-5227 (P)

573-384-5996 (F)

hwells@silex.k12.mo.us

