

EASTON VALLEY JH/HS- LUNCH MENU OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Pancake on a Stick Tritator Cheesy Breadstick Fruitable Plus Assorted Fruit	2 Deli Turkey/Bun Wedges Broccoli Cheese Apple M&M Cookie	3 Little Smokies Mashed Potatoes/Butter Glazed Carrots Pears Homemade Bun	4 Quesadilla Romaine Lettuce Salsa Peaches Fiesta Beans Oatmeal Cookie	5 Grilled Brat Whole Grain Chips Carrot Sticks Applesauce Cup Cherry Sidekick	6
7 OTHER MENU OPTIONS WILL BE AVAILABLE FOR PURCHASE	8 Meatballs Mashed Potatoes/Gravy Glazed Carrots Pineapple/Mandarin Homemade Bun	9 Chili/Crackers Grilled Cheese Romaine Lettuce Cauliflower Banana Assorted Fruit	10 EARLY OUT Loosemeat on a Bun Tator Tots Corn Fresh Broccoli Rosey Applesauce Johnny Pop	11 Goulash Green Beans Red Pepper Strips Strawberry Cup Assorted Fruit Garlic Twist	12 Grilled Porkchop Whole Grain Chips Baked Beans Carrot Sticks Apple Sugar Cookie	13 MEALS SUBJECT TO CHANGE
14 MILK SERVED WITH ALL MEALS (1 cup 1% white or 1 cup nonfat white or chocolate)	15 Chicken Drumsticks Mashed Potatoes/Gravy Peas Banana Assorted Fruit Buttered Bread	16 Italian Cannelloni Romaine Lettuce Pear Slices Red Pepper Strips Marinara Sauce Cheesy Breadstick	17 Haystack Taco Lettuce/Cheese/Tomato Salsa Refried Beans Peanut Butter/Jelly SW	18 Shredded Beef on a Bun Onions/Green Peppers Tator Round Watermelon Sugar Cookie	19 Grilled Chicken Sandwich Onion Rings Celery Sticks Assorted Fruit Sidekick	20 SALAD BAR SERVED WITH ALL MEALS
21	22 Orange Chicken w/rice Glazed Carrots Romaine Lettuce Applesauce Cheesy Breadstick	23 Stuffed Crust Pizza Red Pepper Strips Celery Sticks Oranges Strawberry Shortcake	24 Grilled Hot Dog/ Chili Dog Whole Grain Chips Baked Beans Fruitable Plus Mixed Fruit	25 Macaroni & Cheese Green Beans Cucumber Slices Grapes Apple Breadstick	26 NO SCHOOL	27
28 A LA CARTE items available for purchase every day	29 NO SCHOOL	30 Chicken Noodle Soup Crackers Diced Carrots Broccoli Strawberry Cup Assorted Fruit Cinnamon Roll	31 Scary Chicken Parts Puffs of Doom with Oozing Sauce Witches Broomsticks Caramel Applesauce Poison Fruit Monster Cookie			

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