

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day NO SCHOOL!	4 BREAKFAST: Cereal or Bagel, Cream Cheese, Cheese Stick LUNCH: Chicken Burger, Jo-Jo's	5 BREAKFAST: Cereal or Breakfast Pizza, Muffin LUNCH: Beef soft taco, Refried beans	6 BREAKFAST: Cereal or Pancakes, Sausage links LUNCH: Pizza, Breadstick, Sorbet	7 BREAKFAST: Cereal or Fruit Parfait LUNCH: Corn Dog or Wrap, Green Beans,
10 BREAKFAST: Cereal or Fresh baked Muffin, Yogurt LUNCH: Cheese Stuffed Breadsticks, Marinara	11 BREAKFAST: Scrambled eggs, Toast LUNCH: Hot dogs or German dogs, Chili	12 BREAKFAST: Cereal or French Toast Sticks, Sausage LUNCH: Beef Macho Nachos, Refried beans	13 BREAKFAST: Cereal or Fruit Parfait LUNCH: Pizza, Breadstick, Sorbet	14 BREAKFAST: Cereal or Maple Bar, String Cheese LUNCH: Chicken Nuggets or Wrap, Green beans
17 BREAKFAST: Cereal or Pancakes, Sausage LUNCH: Deli Sandwich, Chips	18 BREAKFAST: Cereal or Honey Buns, Yogurt LUNCH: Mini Corn Dogs, Green Beans	19 BREAKFAST: Cereal or Breakfast Pizza LUNCH: Drumsticks, Mashed Potatoes, Garlic Bread	20 BREAKFAST: Cereal or Fruit Parfait LUNCH: Pizza, Breadstick, Fruit Snacks	21 BREAKFAST: Cereal or Ham & Cheese Bar, Toast LUNCH: Quesadilla or Wrap
24 BREAKFAST: Cereal or Bagels, String Cheese LUNCH: Grilled Cheese Sandwich, Tomato Soup, Cookie	25 BREAKFAST: Cereal or French Toast, Sausage LUNCH: Beef Dippers, Rice, Fortune Cookie	26 BREAKFAST: Cereal or Scrambled eggs, Toast LUNCH: Chicken Fried Steak, Mashed Potatoes, Gravy	27 BREAKFAST: Cereal or Fruit Parfait LUNCH: Pizza, Breadstick, Sorbet	28 BREAKFAST: Cereal or Maple Bar, Sausage LUNCH: Tater Tot Casserole or Wrap

All meals are served with a choice of 1% white milk or non-fat chocolate milk.

All breakfasts include a trip through the fresh fruit bar.

All lunches include a trip through the fresh fruit and salad bars.

We serve **whole grain** cereals, breads and rice.

Looking for extra money? Become a Food Service Substitute and work only while your kids are in school! Apply online on the school district website.

The Lake Chelan School District is an equal opportunity employer and provider

Menu items are subject to change.