

Silex School September Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	4 muffins or cereal & toast walking taco, shredded lettuce, corn, pineapple water & milk	5 biscuit & gravy or cereal & biscuit chicken sandwich, curly fries, coleslaw, oranges, water & milk	6 breakfast burrito or cereal & toast bbq meatloaf, mashed potato, broccoli, slush cup water & milk	7 scramble egg or cereal & toast pizza, salad, carrot sticks, appleslices water & milk
10 omlete or cereal & toast bbq rib sandwich, potato salad, green beans, peaches water & milk	11 cinnamon roll or cereal & toast mini chicken tacos, shredded lettuce, tomatoes, pineapple water & milk	12 biscuit & gravy or cereal & biscuit chicken wings, potato triangles, peas, orange slices water & milk	13 pancake on stick or cereal & toast hamburger, chips, mixed vegetable, fruit cup water & milk	14 scramble egg or cereal & toast chili mac, salad, celery sticks, applesauce water & milk
17 breakfast taco or cereal & toast chicken sandwich, sweet potato fries, broccoli, peaches water & milk	18 granola bar or cereal & toast burrito, black beans, shredded lettuce, pineapple water & milk	19 biscuit & gravy or cereal & biscuit chicken legs, mashed potato w/gravy, oranges water & milk	20 bagel or cereal & toast fish sandwich, tator tots, baked beans, mixed fruit water & milk	21 scramble egg or cereal & toast pasta w/meatsauce, salad, breadstick, appleslices water & milk
24 breakfast sandwich or cereal & toast bbq pulled pork, potato salad, green beans, peaches water & milk	25 muffins or cereal & toast nachos, shredded lettuce, black beans, pineapple water & milk	26 biscuit & gravy or cereal & biscuit chicken nuggets, potato triangles, corn, oranges water & milk	27 breakfast pizza or cereal & toast country fried steak, mashed potato w/gravy, fruit cup water & milk	28 scramble egg or cereal & toast mini corndogs, carrot sticks, appleslices water & milk EARLY OUT!!!!
"This institution is an equal opportunity provider."				
Additional vegetable, fruit, grains or 2nd main course items may be available that is not listed on menu				