

SILEX SCHOOL AUG. MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			16 muffin or cereal & toast cheeseburger, tator tots, peas, mixed berries, water & milk	17 scramble egg or cereal & toast pizza, salad, carrot sticks, apple slices water & milk
20 omlete or cereal & toast sloppy joe, french fries, broccoli, peaches water & milk	21 bagel or cereal & toast chicken burrito, shredded lettuce, tomatoes, pineapple water & milk	22 biscuit & gravy or cereal & biscuit chicken nuggets, sweet potato tots, corn, oranges water & milk	23 french toast sticks or cereal & toast bbq pulled turkey on bun, potato salad, baked beans, mix fruit, water & milk	24 scramble egg or cereal & toast pasta w/meat sauce, celery sticks, baked apples, breadstick water & milk
27 egg sandwich or cereal & toast chicken sandwich, potato triangle, carrots, peaches water & milk	28 granola bar or cereal & toast cheese quesadilla, black bean, tortilla chips, pineapple water & milk	29 biscuit & gravy or cereal & biscuit chicken nuggets, fried rice, egg roll, orange slices water & milk	30 mini pancakes or cereal & toast hamburger, sweet potato fries, green beans, mix fruit water & milk	31 scramble egg or cereal & toast toasted ravioli, salad, breadstick, applesauce water & milk
	"This instutition is an equal opportunity provider."			
	*Additional vegetables, fruit, grains, or 2nd main course items may be available daily that is r			

