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| August2018 |  | Volleyball Practice Schedule |

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|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT |

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|  | notes |  |  |  |  |  |  |  |  |  |  |  |
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|  | notes |  |  |  |  |  |  |  |  |  |  |  |
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|  |  | 13 |  | 14 |  | 15 |  | 16 |  | 17 |  | 18 |
|  |  | **Impact Testing**  8:00am 9th & 11th Grade  **HS VB Practice**  9:00-10:30am 5:30-7:00pm **MS Impact Testing** 3:00pm 6th & 7th  **MS VB Practice**  4:00-6:00pm |  | **HS VB Practice**  9:00-10:30am  5:30-7:00pm  **MS VB Practice**  3:00-5:00pm |  | **HS VB Practice**  9:00-10:30am 5:30-7:00pm **MS VB Practice**  3:00-5:00pm |  | **HS VB Practice**  9:00-10:30am 5:30-7:00pm **MS VB Practice**  3:00-5:00pm |  | **HS VB Practice**  9:00-10:30am 5:30-7:00pm **MS VB Practice**  3:00-5:00pm |  | **HS VB Practice**  9:00-11:30am |
|  |  | **Physicals need to be done and turned in before you can play!** |  |  |  |  |  |  |  |  |  |  |
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|  |  | 20 |  | 21 |  | 22 |  | 23 |  | 24 |  | 25 |
|  |  | **HS VB Practice**  9:00-10:30am 5:30-7:00pm **MS VB Practice**  3:00-5:00pm |  | **HS VB Practice**  9:00-10:30am 5:30-7:00pm **MS VB Practice**  3:00-5:00pm |  | **HS VB Practice**  9:00-10:30am 5:30-7:00pm **MS VB Practice**  3:00-5:00pm |  | **HS VB Practice**  **JV** 6:00-7:30am  **V** 3:30-5:15pm **MS VB Practice**  5:30-7:30pm |  | **HS VB Practice**  **V** 6:00-7:30am  **JV** 3:30-5:15pm **MS VB Practice**  5:30-7:30pm |  | **Belt Showcase Tournament**  **TBA** |
|  |  |  |  |  |  |  |  | **First Day of School** |  |  |  |  |
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|  |  | 27 |  | 28 |  | 29 |  | 30 |  | 31 |  |  |
|  |  | **HS VB Practice**  **JV** 6:00-7:30am  **V** 3:30-5:15pm **MS VB Practice**  5:30-7:30pm |  | **HS VB Practice**  **V** 6:00-7:30am  **JV** 3:30-5:15pm **MS VB Practice**  5:30-7:30pm |  | **HS VB Practice**  6:00-7:30am **MS VB Practice**  3:30-5:30pm |  | **Games vs Cascade**  **MS** 4/5pm  **JV** 6pm  **Varsity** +20 |  | **Varsity & JV Jamboree in Cascade**  **Times TBA** |  |  |
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