# Who is on the TRUST Team?

Julie Huffman (Mental Health)

Jennifer Akers (Nurse)

Jodie Kormanski (Math/Science)

Janell Henderson (High School Principal)

Matt McCahan (Middle School Principal)

Adam Logsdon (Personal Solutions, Inc.)

Haylee Neal (School Psychologist)

Megan Schneider (High School Counselor)

Taylor Shoemaker (Middle School Counselor) "Sometimes it's the smallest decisions that change your life forever."



Tussey Mountain <u>Middle/High School</u>: (814) 635-2975

For Drug & Alcohol <u>Assistance</u>: (814) 623-5009

For Mental Health Assistance: (814) 623-5166 T<sup>ussey's</sup> Recognizing & Understanding Student Troubles TEAM

> Tussey Mountain Middle/High School

## What Is TRUST?

**Tussey Mountain's Student Assistance** Program (SAP), also known as our TRUST Team, is a team of school staff members, drug and alcohol specialists, and community mental health liaisons. Each TRUST member has been trained through a state-endorsed program. The TRUST Team attempts to identify, intervene, and refer students whose behaviors indicate possible problems with personal issues or chemical or alcohol dependence.

### TRUST

#### 1S...

- an identification program.
- an intervention program.
- a referral program.
- a support program.

## TRUST is NOT...

- a counseling program.
- a treatment program.
- a discipline program.

### Warning Signs...

- Deterioration in physical appearance
- Downward turn in grades
- Extreme mood swings
- Withdrawing or changing friends
- Possession of drugs or paraphernalia
- Odor of drugs or "cover up" scents

Are you worried
about someone?
sister b <sub>rother</sub>
teammate
fri <sub>end</sub> son
student
daughter
The Student
Assistance Program
can help.
"The doors we open and close each day decide the lives we live."