

# Second Step Overview

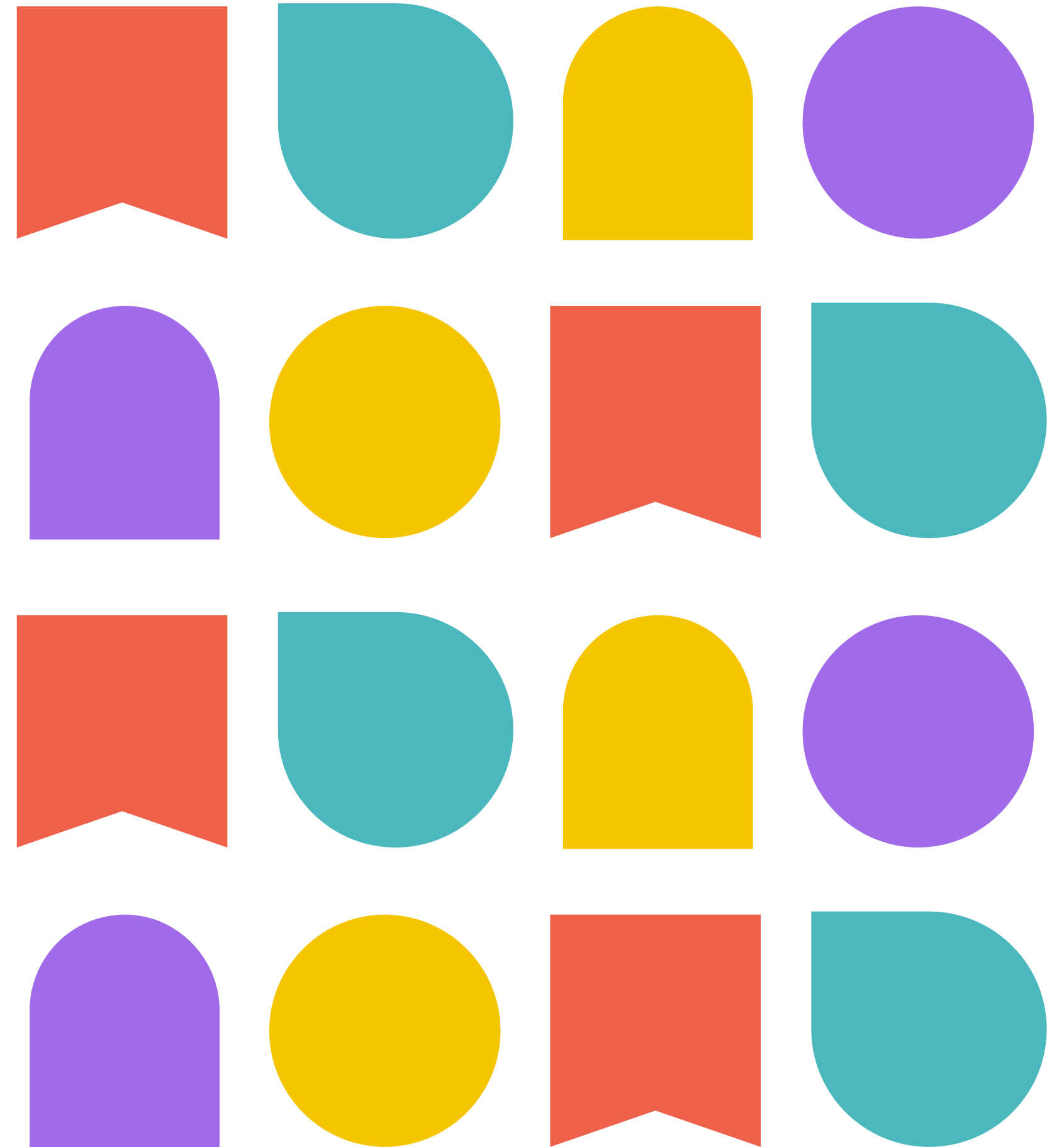


# What is Second Step?

[The Case for a Holistic Approach to Social-Emotional Learning](#)

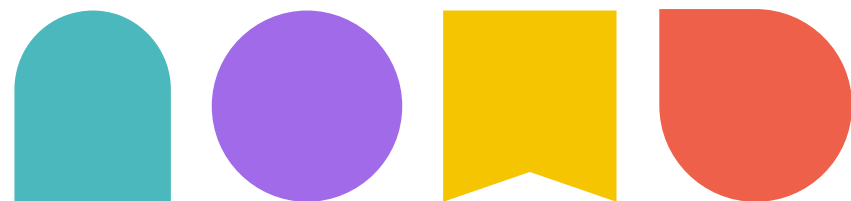
Decades of research show the positive effects of universal, classroom-based SEL programs for children. There's also broad recognition that benefits are even greater when children experience SEL throughout their day, across home, school, and out-of-school time environments, and throughout developmental stages. When implemented holistically, with a coordinated, community-wide approach, SEL can build stronger communities and support inclusive, equitable learning.

---



# Components of Second Step

Second Step is designed to be a program that explicitly gives students opportunities to build social emotional skills. Part of that work is direct bullying prevention instruction.



Early PK SEL Program

K-5 SEL Program

**K-5 Bullying Prevention**

This is a unit that is taught in addition to the SEL program at the K-5 level

**6-8 SEL Program**

Bullying prevention skills and lessons are built into the 6-8 SEL program. This is an embedded approach

# PROJECT PLAN SECOND STEP PILOT MIDDLE SCHOOL

- ★ Middle School PE & Health Educators have been trained to implement the curriculum.
- ★ So far we have started to implement the Second Step Curriculum at the Middle School Level
- ★ We are delivering lessons in PE/Health for grades 5-8.
- ★ We have reflection meetings scheduled for the beginning of January





## 5-8 Second Step Year 1-at-a-Glance

Unit 1: Mindsets and Goals	Unit 2: Recognizing Bullying & Harassment	Unit 3: Thoughts, Emotions & Decisions	Unit 4: Managing Relationships & Social Conflict
Not this year	<p>7th/8th: Sharon will start with cohort 1 on November 28th, cohort 2 January 16th</p> <p>Teach Grade 6 unit 2, Grade 8 customized using lessons from</p> <p>5th/6th: Mark and ? will start lessons on November 28th</p>	Pilot 3 lessons in grades 5 & 6 February-May	Pilot 3 lessons in grades 5 & 6 February-May

### Students will

- ❖ Gain increased ability to recognize, report, and refuse bullying
- ❖ Learn social-emotional skills to help them in all areas of their school experience including academics.
- ❖ Learn skills associated with the MA Health and Wellness Frameworks and Social Studies Frameworks

# SECOND STEP PILOT ELEMENTARY SCHOOLS

- ★ We will identify educators to implement several lessons grades K-4.
- ★ Once identified these educators will attend second step training.
- ★ Educators will be able to choose lessons from the curriculum to pilot that makes most sense for this time of the year.
- ★ We will have reflection meetings to evaluate the lessons taught.





## K-4 Second Step Year 1-at-a-Glance

Unit 1: Bullying Prevention Lessons (8)	Unit 2: Growth Mindset & Goal Setting	Unit 3: Emotion Management	Unit 4: Empathy and Kindness
When: Nov-April	When: Nov-Jan	When: Nov-Jan	When: Feb-April
Who: PE/counselors/Andrew	Who: Gen ed or library with cohorts?	Who: Counselors with all Grade 3 students	Who: Counselors with grade 4 students
What: Bullying prevention instructional kits	What: Lesson 1-5 in digital platform	What: Lessons 6-10 in digital platform	What: Lessons 11-15 in digital platform

### Students will

- ❖ Gain increased ability to recognize, report, and refuse bullying
- ❖ Learn social-emotional skills to help them in all areas of their school experience including academics.
- ❖ Learn skills associated with the MA Health and Wellness Frameworks and Social Studies Frameworks

# Second Step Pilot at Boutwell

- ★ We have purchased some kits for the preschool to begin investigating what it would look like to begin implementation at the Pre-K level.
- ★ We will need to purchase additional kits.
- ★ Jill Greene and Kristin DeFrancisco will be meeting with Maggie Ross Richardson, the director of Boutwell, will be meeting .





# ADDITIONAL SUPPORTS & ACTION STEPS

- ★ Second Step is not available at the high school level.....yet.
- ★ Jill Greene and Kristin DeFrancisco will be working with Stephen Sierpina, the high school principal, to bring bullying prevention assemblies to the high school this spring.
- ★ Advisory has launched at the middle school which can support the lessons at the middle school level.
- ★ Responsive Classroom Morning Meeting can support lessons at the Elementary level.



# SECOND PILOT PROJECT PLANNING

- ★ Each building will have a level of training to become familiar with the Second Step vocabulary.
- ★ The full implementation plan for second step can be seen here. [Second Step Project Overview](#)
- ★ The components include a roll out at each level.
- ★ Year two will begin in the fall and lessons will be integrated into our first six weeks of school plans.

