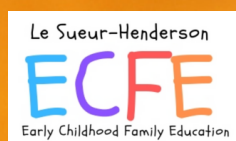


# Le Sueur-Henderson Community Ed.

## Summer 2023



Phone 507-665-4620  
706 Turril Street, Le Sueur, MN 56058  
To Register online visit:  
[isd2397.org](http://isd2397.org) (Under the Community Ed tab)

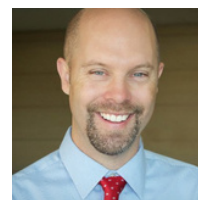


Dear Readers,

We need your help! A major focus of Park Elementary, Community Education, and the Le Sueur Rotary Club is to improve the literacy of our children. Too many children are coming to kindergarten not knowing their letters, shapes, numbers, or even colors. They are behind their classmates. The most simple and best way to improve this is for families to read to their children daily. Bedtime stories are a great way to make reading fun and a great way to form that bond with your child. Here's where you can help - if you know a family with young children, please invite them to our Reading Fest Event on July 22, from 5:30-7:00 p.m. at Park Elementary. There will be fun, games, food, and free books for all kids.

There are several fun activities planned for kids of all ages this summer, including our Prairie Fire Children's Theater production of Peter Pan. We invite you to look through the catalog and register for a class that interests you. Have a great spring and summer!

*Nathan Warden, LSH Community Ed. director.*



#### OFFICE HOURS:

MONDAY-THURSDAY: 8:00-4:00 P.M.

FRIDAY: 8:00-12:00 NOON

OFFICE PHONE: (507) 665-4620

**Le Sueur-Henderson Community Education  
Ziebarth Learning Center  
706 Turril Street, Le Sueur MN 56058**

#### 4 Easy Ways to Register

- 24 hour On-Line Registration – Register on-line at your Visa, Mastercard or Discover card.
- Register Online at [www.isd2397.org](http://www.isd2397.org) website and select the Com. Ed. tab)
- In Person – Visit our office at 706 Turril Street, Le Sueur.
- By Mail – Call in to register and mail in check.  
Checks are made payable: ISD 2397.  
Mail to Community Education at 706 Turril Street, Le Sueur MN 56058.
- By Phone – (507) 665-4620

#### Refund Policy – Community Education only. Refunds will be made only under the following conditions:

1. If your class is filled to capacity before your registration is received.
2. If your class is cancelled.
3. If you cancel your registration before the registration deadline – However, you will be assessed a \$5 processing fee in this instance.



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### **LSH Community Ed. Advisory Council Members**

*Nathan Warden, Brigid Tuck, Amy Hardel, Mary Frazier,  
Jackie Fahey, Susan Larson, Kelsie Kluenderz and Shawn Kirby.*

LSH Community Education is looking for an additional advisory council members. Advisory Council members give feedback on what is happening in the community and shape the direction of the community education department.

Meetings are held monthly on the 4th Tuesday of each month from 6:30 -7:30 p.m. but the council does not meet over the summer months, or in December. Interested individuals should contact Nathan Warden at (507) 665-4626, [nwarden@isd2397.org](mailto:nwarden@isd2397.org)





## Foam Party

Come for a fun-filled evening with our NEW foam machine and slip-n slide. The foam makes the slide super fast! We will have our yard games and other water fun.

*Don't forget your towels.*

**Session 1** Wednesday, June 21

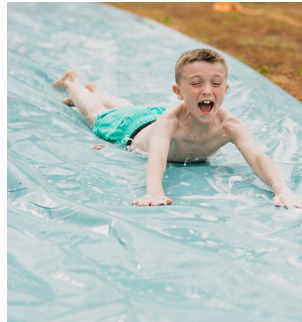
**Session 2** Wednesday, July 19

5:00 - 6:30 p.m.

Ziebarth Learning Center

706 Turril Street, Le Sueur

**Free, All ages**



## Kinder Camp

Is your child ready for Kindergarten? Kinder Camp is designed to allow students to practice their "school" routine. Children enrolling in this 4-day class must be entering Kindergarten Fall of 2023.

**Monday - Thursday, August 7-10**

9:00 a.m - 1:00 p.m.

Park Elementary, Room 106

\$50



## Little Giant's Preschool

For 3 & 4 year olds by Sept. 1, 2023



**Option #1: M-F**  
8:20 am-3:20 pm (\$490/month)  
4-5 year olds

**Option #2: M-F**  
12:15-3:15 pm (\$210/month)  
4-5 year olds

**Option #3: M & W**  
9:00-11:30 am (\$130/month)  
3-4 year olds

**Option #4: T & TH**  
9:00-11:30 am (\$130/month)  
3-4 year olds

**Note:** Options 3 & 4 will be combined if there is not enough enrollment.  
scholarships for preschool are available upon request.

**Preschool Location is at Park Elementary in Le Sueur.**

# YOUTH

## Toy Car Racing (Grades K - 8)

Wednesday, August 9

LSH HS/MS Gym

\$20 per student

Session 1 6:00 - 7:10 p.m.

Session 2 7:20 - 8:30 p.m.

*Min. 6: Max 12 per session*



Interested in RC Cars? Want to try racing them on a track? Then come join us as we explore what makes them work and get to try them out. Participants will leave with a better understanding and get some time testing out their driving skills on a few different types of RC Cars. Participants can use RC Cars provided or their own on approval.

## Volleyball Camp

Monday - Thursday, June 19-22

9 - 11 am (Grade 4-5)

Noon - 2 pm (Grade 6-8)

2:30 - 5 pm (Grade 9-12)

LSH HS Gym / \$89 per student

### Things to Bring:

Water bottle

Gym shorts

Gym t-shirt

Socks

Court shoes

A great attitude!



This camp is open to girls and boys who are excited to learn more about the sport of volleyball and improve their volleyball skills. Each camper will be learning new skills in a fun-filled environment from current Division 2 Concordia St. Paul volleyball players. The younger campers (4th - 8th grade) will work on the fundamentals of all skills. The older campers (9th-12th grade) will receive more position specific instruction (setting, hitting, blocking, defense). T-shirts given to all registered campers. Select size at registration.

## Kid's Club Child Care Program



Kids' Club is a childcare program for children ages 3-11, during the summer and school year.

Kids' Club is held at Park Elementary School  
6:30 a.m. - 5:30 p.m.

- We provide a safe and enjoyable environment.
- We provide structured activities as well as time for open play and recreation.

To register for kids club, please fill out a registration packet found on the [ISD2397.org](http://ISD2397.org) website under the Com. Ed. Tab.

Coordinator: Cheri Youngren, [cyoungren@isd2397.org](mailto:cyoungren@isd2397.org) or 612-756-2136.

## Driver Ed Classroom and Behind the Wheel

Monday–Friday, June 5 - 16 (2 weeks, 10 days, 3 hour classes)

Time: 8:30 - 11:30 a.m.

NOTE: Ages 15 will get first priority.

Location: HS/MS Room 234

Fee: \$385

\*\*Only one missed class allowed.

NOTE: For behind-the-wheel, please call Community Education at 507-665-4620.



## Imagination Club /Grades 4-6

Beat the boredom this summer by hanging out with your friends while exploring interests such as cooking, crafts, attending field trips, science experiments and more.

**Tuesdays and/or Thursdays, June 6 - July 27**

No classes the week of July 4

**10:00 a.m. - 4:00 p.m.**

**\$30/day or \$370 entire session (\$50 discount)**

**Park Elementary Art Room 151**

Must register and pick dates by May 31

*Minimum: 5, Maximum: 20*



Activities will be done throughout the day so if you come late or leave early, you will still be able to do the main activity for the day.

**NOTE: Please bring a bag lunch each day.**

### Here are some activities offered:

String Art  
Free Choice Art  
Candle Making  
Egg Drop day  
Cupcake decorating war  
Pallet board  
Bubble Painting  
Rock Painting  
Science experiments

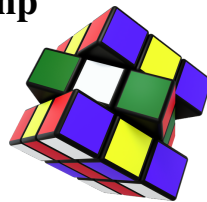
## Rubik's Cube/Speed Cubing Camp

**Monday - Thursday, June 12-15**

**9:00 a.m. - Noon**

**LSH HS/MS Room 101**

**\$119**



Unlock your potential and explore the world of speedcubing this summer! This course is perfect for cube enthusiasts of any level, as participants will receive a speed cube with beginner, intermediate, or advanced materials. Our World Cube Association speedcuber/ Rubik's ambassador will guide you through a range of activities, including playing cubing games, building cube solving robots, creating mosaics and experimenting with the latest official competition equipment. Get ready to have your mind blown by your newfound cubing skills! For those entering grades 2-7.

## Summer Reading Fest Free Community Event

Kids who read beat the summer slide! Join us for a FREE family event where you'll find reading activities for kids, a bounce house, a free meal and a book to take home.

**Thursday, June 22**

**5:30 - 7:00 p.m.**

**Park Elementary, outside by play ground.**

**Free to All**

## Peter Pan with Prairie Fire Children's Theatre

**July 24 - 28**

**Rehearsals M-Th, 8:00 a.m. - Noon & Fri. 9:30 a.m. - 1:00 p.m.**

**LSH HS/MS Auditorium**

**\$89 per student or \$120 per family**

**Performances at 1:00 & 7:00 p.m. (Tickets sold at door)**

Fly away to Neverland this weekend with Prairie Fire Children's Theatre as we present Prairie Fire Children's Theatre's original musical adaptation of the classic tale of a young boy who never grew up, "Peter Pan."

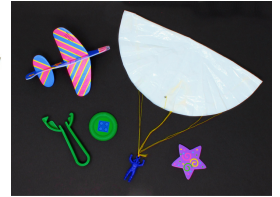
Peter Pan is an innocent yet mischievous young boy who lives on the fantastical island of Neverland. Peter vows to never grow up and spends his days looking for fun filled adventures with his friends Tinkerbell, the Lost Kids, and Tiger Lil and the Indians. They play their days away, all the while keeping a careful watch out for Captain Hook and his Pirates as well as the Crocodile and Beasts! But when Peter meets Wendy, John, and Michael Darling and their faithful nursemaid Nana, everything changes.

"Peter Pan," is based on the play and novel by J. M. Barrie.





## DISCOVERY EXPLORERS KITS



### **STEM Kit 1 States of Matter, Electromagnet and Aerospace 101**

**Recommended Ages:** Experimenting with an adult ages 8+ / Experimenting under adult supervision, ages 12+

**\$30 (Kit includes everything you need)**

Have fun with three STEM topics...chemistry, aerospace and electricity. First, your budding scientist with explore the three most common States of Matter in our environment: a solid, liquid and a gas. Next, discover the four forces that allow planes and rockets to fly: thrust, drag, weight and lift as you experiment with these forces with fun, hands-on experiments and activities while using a paratrooper to investigate drag, a disk launcher to explore lift and more. Then, you will build and test an electromagnet and learn how the electromagnetic field was first discovered.

**\*\*KITS can be picked up at Community Ed office at 706 Turill Street, Le Sueur.**

### **STEM Kit 2 pH Testing and Art Bot**

**Recommended Ages:** Experimenting with an adult ages 8+ / Experimenting under adult supervision, ages 12+

**\$30 per kit (Kit includes everything you need)**

Have fun with two STEM topics...engineering and chemistry with pH. Take your first steps into engineering by designing and building your own Art-Bot. These fun and silly robots are popular with both children and adults. Using the Activity Guide, with detailed picture instructions, the fun begins as you build your own Art-Bot with a motor, battery holder and more! Then, give your robot a personality with the craft supplies included in the kit.

Then, step into your own science lab to test the pH of six everyday substances. The exciting part of testing for pH is that the mixture changes color. The final color will indicate if the substance tested is an acid, a base or a neutral. This experiment will have your child excited about the science side of STEM! Plus, enough pH indicator will be provided so this experiment can be conducted again to test other items found around your home.

**\*\*KITS can be picked up at Community Ed office at 706 Turill Street, Le Sueur.**



### **STEM Kit 3 The Science of Slime and Crazy Catapults**

**Recommended Ages:** Experimenting with an adult ages 8+ / Experimenting under adult supervision, ages 12+.

**\$35 per kit (Kit includes everything you need)**

Have fun with two hands-on STEM topics...Slime and Catapults. In this DIY kit, you will first investigate the chemical reaction that creates slime. Mix up your own batches of Glow, Silky and Foam Slimes as you discover why slime is delightfully bouncy, stretchy and gooey. Then, build three different catapults to examine how levers, energy, and Newton's Laws of Motion all work together as you fling ping-pong balls while practicing your launching and aiming skills. This kit is more than hands-on...it's hands in!

**\*\*KITS can be picked up at Community Ed office at 706 Turill Street, Le Sueur.**



## Gun Safety Training (Ages 11+)

The MN DNR-Approved Online Course is an offering to receive your Minnesota hunter education certificate. **HUNTERcourse.com** is a delegated provider for the Minnesota Department of Natural Resources.

Training can be done online at **HunterCourse.com** and select your state, Minnesota.

It is a 7-8 hour online class and you can start and stop at your convenience.

You will then print out a certificate, which is good for 1 year.

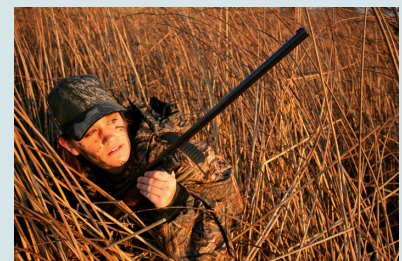
Next, you will need to find a **"Field Day"** for a 1/2 day of training.

You **MUST** bring your certificate with you to the field day.

**Field days** are held locally at the Caribou Gun Club (30649 380th Street, Le Sueur, MN 56058.)

Phone number is 507-665-3796. Field days are typically held in March and August each year.

**Jesse Lager is the instructor and he can be reached at [jesselager@yahoo.com](mailto:jesselager@yahoo.com)**



## Intro To Pickleball (Ages 14 - Adult)

Pickleball is a fun, addictive game that is rapidly growing in popularity. This class will teach you the fundamentals, the rules, techniques and strategies to play the game. Pickleball paddles will be provided for each individual.

**Thursdays, June 1, 8, 15, 22, 29**

**6:00 - 7:00 p.m.**

**Henderson Pickleball courts (by the sledding hill)**

**\$19**

*Minimum 3, Max. 24*



## JUST BREATHE! Techniques to Calm, Center & Balance (online course)

**Monday, June 5**

**6:00 - 7:30 p.m.**

**\$24 Must have an email address**

Breathing in specific ways can have amazing and powerful healing benefits on mind and body.

Breath work is the single most powerful thing you can practice for improving energy levels, health and well-being. In this workshop, you will learn ancient breathing exercises that will: neutralize stress by reprogramming your nervous system; increase energy and vitality; increase brain function; improve immune response; decrease depression and anxiety; and help strengthen your back and abs from the inside out.



Janice Novack has a Masters Degree in Health & Physical Education. She is an internationally acclaimed, best selling author, speaker and wellness consultant who teaches workshops and seminars for hospitals, corporations and professional organizations. She has been teaching health and wellness for over 20 years.

## DE-AGE YOUR BRAIN (online course)

**Tuesday, June 6**

**6:00 - 7:30 p.m.**

**\$24 Must have an email address**

Current research shows lifestyle and diet have a big effect on HOW the brain ages. Cognitive function, which covers all aspects of perceiving, thinking and reasoning, CAN improve. And the very good news is no matter what your age there are things you can begin to do today to improve how quickly and effectively brain cells communicate with each other. We'll discuss which 'superfoods' reduce the damaging effects of toxins and inflammation on the brain and which nutrients are great for memory, attention, processing information and reducing stress. You will learn simple, easy to implement strategies to help your brain stay healthy and alert.

## Million Dollar Quartet at the Old Log Theatre

A Tony Award musical inspired by the true story set on December 4, 1956, when an extraordinary twist of fate brought ELVIS PRESLEY, JOHNNY CASH, JERRY LEE LEWIS and CARL PERKINS together at Sun Records for one the of the greatest jam sessions ever. MILLION DOLLAR QUARTET brings that legendary night to life, featuring a score of rock hits including "Blue Suede Shoes", "Fever," "That's All Right," "Great Balls of Fire," "Walk the Line," "Whole Lotta Shakin' Goin' On," "Who Do you Love?" "Sixteen Tons." "Folsom Prison Blues," "Hound Dog" and more.

**Thursday, July 20**

**Depart:** 9:45 am Le Sueur Pizza Ranch 124 N 2nd St.

**Return:** approximately 4:30 p.m.

\$119 (Includes lunch, show and coach bus)

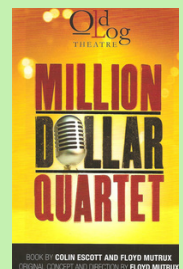
*Registration Deadline is July 5th.*

**Lunch:** choice of short ribs, chicken, or pasta.

\*Bone-out Short Rib with mashed potatoes, green beans and au jus

\*Chicken Breast with roasted red potatoes, green beans & a sherry cream sauce.

\*Vegetarian pasta made with house marinara and fresh vegetables





# LeSueur Farmers Market

**Saturdays**  
**8AM-Noon**  
June 3-Oct 2023  
101 N 2nd Street

VISIT **LeSueur** **NEY** NATURE CENTER  
A LE SUEUR COUNTY PARK

## Sidewalk Chalk Competition.

Corner Drug Pharmacy and Community Education has partnered together to help raise funds to fight Alzheimer's Disease. We are looking for your help! We are asking for individuals to register with community education if you are interested in creating your Sidewalk Art. Sidewalk Art can take place on your driveway, on your sidewalk, or in front of your place of business.

There will be two categories.

Youth (ages 15 and younger) and Adult (ages 16 and up).

Register with community ed. by May 26th

Artwork must be complete by June 3rd

Pictures of artwork will take place on June 4th

Pictures of artwork will be online and at Corner Drug.

We ask for a \$1 donation for each vote. (More Details to come)

Vote for your favorite artwork at Corner Drug by June 30th

Picture that receives the most votes will win a \$25 gift card.



## YOUR PRIMARY CARE TEAM IN LE SUEUR



**Jeffrey Alto, MD**  
Internal & Family Medicine



**Tiffany Gordon, DNP**  
Family Medicine

**RIDGEVIEW CLINICS IN LE SUEUR**  
625 S. Fourth St., Suite A  
Mon.-Fri., 8 a.m. to 5 p.m.  
For appointments, call 507.593.5920.

**URGENT CARE**  
7 days a week, Noon to 8 p.m. and  
24/7 EMERGENCY DEPARTMENT  
available in Le Sueur

[RidgeviewMedical.org](http://RidgeviewMedical.org)