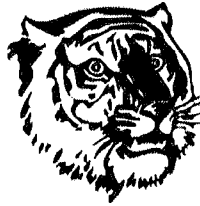


TIGER TALK



VOLUME XXIII Issue 2

September 2018

Welcome Back!

We are excited to be back in school. Our student enrollment this year is 219 students. We have 22 new students, including our 11 preschoolers, that have joined our school and we are very excited about them choosing Paxton. We have a new Title I teacher, Spanish teacher and three new Para-Professionals. We are excited to welcome Mrs. Lisa Mitchell as our K-8 Title I teacher and Mrs. Dominique Werner as our DL Spanish teacher. We would also like to welcome Mrs. Margaret Detmer, Mrs. Brandi Cassell and Ms. Gabby Perlinger as Para-Professionals. We are fortunate and excited to have staff members take on new roles this year and to have these new additions join our highly qualified teachers and support staff.

As we begin another exciting year of successes and challenges, I would like for you to keep a few things in mind. We are encouraged to see students arriving at school early each day. However, students arriving earlier than 7:40 AM MT cannot be properly supervised. Students eating breakfast at the school are allowed to eat at 7:40 AM MT and will remain in the cafeteria until 8:00 AM. Please make every effort to not bring or allow your children to be at school before 7:40 AM MT.

The school day begins at 8:00 AM MT and ends at 3:42 PM MT. Elementary students who walk will be dismissed M-Th at 3:30 PM MT. We will have early dismissals on Fridays and will dismiss at the end of 7th period at 2:40. Elementary students who walk will be dismissed at 2:30 PM MT on Fridays.

We are looking forward to another great year at Paxton Schools and encourage you to take part in your child's education whenever possible. Whether you choose to eat lunch with them, sponsor a classroom activity, or bring them a forgotten item from home, please remember to check in at the office upon entering the school. This ensures the safety of the children while attending classes.

Sincerely yours,

Del F. Dack
Superintendent



WELCOME TO PAXTON SCHOOL

We encourage visitors to our school. When visiting the school please use the front main entrance. This ensures student and staff safety throughout the school day. Once inside the foyer please locate the buzzer system located at the left of the second set of main doors. This intercom system allows visitors to communicate with office personnel. Upon recognition office personnel will unlock the doors for your admittance. Please check in at the office to receive your visitor's pass and to sign in. At the end of your visit, please be sure to sign out at the office. Knowing who is in the building at all times is important in the event of an emergency.

Elementary students who walk will dismiss at 3:30 p.m., while high school students dismiss at 3:42 p.m.

In order to maximize our students' instructional time we would appreciate your cooperation in instructing your students where to meet you once the school day has ended and the students are dismissed.

All doors of the school will be locked during the school day.

We are hoping for a productive and successful year for all of our students and look forward to seeing you when you visit the school.

Paxton Book Fair

Paxton Media Center will be hosting their fall book fair this year in conjunction with the Parent Teachers Conferences on Sept. 19th & 26th. The book fair will be held from 3:00 pm – 7:00 pm each day in the Media Center. Students and parents will have the chance to preview books before coming to the fair and purchasing from a bigger selection of books. We will have a link that you may go to prior to the book fair and will send it home in a note with the students.



Welcome to Counselor's Corner

Be the reason someone smiles today!

Hello Paxton Parents and Grandparents!

I'm very excited to welcome you to join me for COFFEE/Tea WITH THE COUNSELOR every first Monday morning of the month from 8AM - 8:50AM. This month's meeting is Mon. Sept. 10th. Our main topic will be finding ways to help students deal with anxiety and any other topics you would be interested in talking about. Please feel welcome to come join us for coffee and conversation. See you at 8!

Drive 4 UR School

On Sept. 1st, Paxton will be hosting a Drive 4 UR School Event. For every test-drive taken in a Ford vehicle that day, Ford will donate \$20 to Paxton Schools. Please come drive a car in front of the Community Center between 8- Contact Brylie Hahn or Mr. Dack for more details.

Seniors/ Parents Information Meeting 9/19/18

Come join us Sept. 19th at 7PM to focus on how to best prepare for that transition from high school to college.

Education quest Financial Aid Program 10/3/18

Seniors and their parents are invited to attend a program on how to fill out the FAFSA October 3rd - 6PM at school in the Board Room. Attendees can register to win a \$500

6 Ways to Help Students Who Struggle with Anxiety

Kids can learn how to slow down their anxious brains. Below are six ways to help calm anxious kids.

1. Get Kids Breathing Deep - When people slow down their breathing, they slow down their brain. Slow deep breaths are the key. We also call it belly breathing.
2. Get Outside - Being out in nature can also calm an anxious brain. Sometimes just a change of scenery is what makes the difference. Breathing in cool air, listening to different bird songs they hear, or seeing how many different kinds of trees they see are great ways to focus away from their worries.
3. Get Kids Moving: Walk and Talk - Exercise helps anyone who is feeling anxious. All of the endorphins that come with exercise are calming to the anxious brain.
4. Think Positive: Gratitude Journals - The brain is incapable of producing anxious thoughts while it is producing positive thoughts stemming from gratitude.
5. Help Kids Eat Healthy and Stay Well - A healthy diet and plenty of sleep make a huge difference in how well a student is able to handle situations that could be overwhelming.
6. Share a Story - Share a picture book and tell a story to help show ways to manage anxiety.

Info from: weareteachers.com

"We are what we repeatedly do. Excellence is not an act, but a habit." ~Aristotle~

Scholarship Money for ACT Scores?

Most colleges give scholarships for ACT scores 20 or above. MPCC, for instance, will give a full-tuition scholarship to a Paxton student who scores at least a 24 on one of his or her ACT tests. Find out more from college websites about how much in scholarship you can get for a higher ACT score. Register on-line at www.actstudent.org. You will need our Paxton High School code number: 281-875. I have waivers for any junior or senior student who qualifies for free/reduced lunches to be able to take the ACT for free two times.

ACT Test Dates & Deadlines

ACT Test Date	Registration Deadline	ACT Scores Available
September 8, 2018	August 10th	September 18th
October 27, 2018	September 28th	November 6th
December 8, 2018	November 2nd	December 18th
February 9, 2019	January 11th	February 19th
April 13, 2019	March 8th	April 23rd
June 8, 2019	May 3rd	June 18th
July 13, 2019	June 14th	July 23rd



To contact the school counselor:

Mrs. Deborah (Deb) Meyer
308 N Elm Street
Paxton, Nebraska 69155
deborah.meyer@paxtonschools.org
School Phone #: (308)239-4283
School Fax #: (308)239-4359
My Cell #: (308)539-2549

September

Paxton School Activity Calendar 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 NO SCHOOL	4 G V VB TRI @ BRADY @ 4:00 pm	5 SPORTS PICTURES	6 G/B JH/V XC AT CHASE CO. 3:30 pm	7	8
9	10 G/B JH VB/FB AT SOUTH PLATTE @ 1:00 pm	11	12 FPS @ NORTH PLATTE ESU @ 9:00 am FFA @ Husker Harvest Days	13 G V/VB TRI @ SOUTH PLATTE 5:30 pm	14 G/B JH/HS XC @ APRAPAHOE @ 3:00 pm B FB VS THEDFORD @ 6:30 pm	15 G V VB @ NPCC Tourney @ 9:00 am
16	17 JH VB/FB @ CREEK VALLEY 1:00 pm	18 G V VB QUAD @ PAXTON 4:00 pm	19 2:00 Dismissal Parent Teacher Conference 3-7	20 JH/HS XC @ West Winds Golf Course 4:00 pm	21 HOMECOMING Booster Club BBQ for 6-12 @ 12:30 p.m. @ Loper Park – Pep Rally at 1:15 p.m. V FB vs WAUNEA- PALISADE @ 6:00 pm	22
23	24 G/B JH VB/FB @ WALLACE @ 1:00 pm G JV VB @ NPCC @ 4:00 pm	25 G V VB TRI @ ARTHUR @ 4:30 pm	26 2:00 DISMISSAL STUCO @ MCCOOK Youth Ag Day @ Ogallala @ 8:00 am P/T CONFERENCE 3:00 – 7:00 pm	27 JH/HS XC @ GOTHENBURG @ 3:00 pm G V VB TRI @ MEDICINE VALLEY @ 5:30 pm	28 V FB @ GARDEN COUNTY @ 7:00 pm	29 PHS Jr –Sr High Band @ Indian Marching Band Festival @ Ogallala @ 1:00 pm
30						

September 2018

Paxton Tigers Breakfast & Lunch Menu

Go Tigers!!!

Nam id velit non risus consequat iaculis.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	NO SCHOOL LABOR DAY 3	4 Pancakes & Syrup Hamburgers on a Bun & French Fries	5 Omelets & Buttered Toast Pizza, Green Beans	6 Cinnamon Mini Loaves Bread Baked Potato Bar & Bread Stick	7 Grab & Go Beanie Weenies & Cheesy Bread Stick	8
9 BREAKFASTS ARE SERVED WITH JUICE OR JUICE ALTERNATIVE	10 Oatmeal & Granola, Buttered Toast Chicken Nuggets, Mashed Potatoes, Gravy, Corn ,Roll & Butter	11 Sausage & Buttered Toast Super Nachos, Corn and Dessert	12 Combo Bar Chicken Fajitas in a Shell, Rice and Refried Beans	13 Cheese Omelets & Buttered Toast Hot Dogs on a Bun & Mac and Cheese	14 Grab & Go BBQ Pork on a Bun & French Fries	15 THIS IS AN EQUAL OPPORTUNITY PROVIDER
16 LUNCHES ARE SERVED WITH SALAD BAR & MILK	17 Red Hot Mini Loaf Bread Corn Dogs & Carrots and Dessert	18 Scramble Eggs & Buttered Toast Taco Pie, Sour Cream & Salsa	19 Breakfast Burritos Tartar Tot Casserole, Green Beans, Biscuit & Butter	20 Bacon, Eggs & Buttered Toast Orange Chicken over Noodles & Corn	21 Grab & Go Hot Dogs on a Bun & Chips	22 Happy Fall! 
23	24 Pancake Pups & Syrup Chicken and Noodles Over Mashed Potatoes & Corn	25 Breakfast Casserole & Buttered Toast Burritos, Sour Cream, Salsa and Green Beans	26 Choc. Chip Pancakes & Syrup Chicken Patties on a Bun & French Fries and Dessert	27 Donuts & Raisins Bunza, Broccoli & Cheese	28 Grab & Go Hamburger Gravy over Mashed Potatoes, Biscuit, Butter and Peas	29
30						