MSB_Calendar_Badge

No School

Labor Day

Tenderloin/bun

Spicy Chicken Patty/bun

Onion, lettuce, tomato

Sun Chips, Corn, Pineapple

Pickle Spear

Cheese Quesadilla

Or Chicken Burrito

Tortilla chips/salsa

Black Bean Salad

Peaches, Brownies

Pasta Bake

(Hamburger, Sausage,

Pepperoni, cheese)

Garlic Bread sticks, Green Beans

Mandarin Oranges

Milk is 1% Fat Free. All breads used are whole grain. Students receive 1 milk with their meal, extra milk is

$ .30

Today is a New Day, Fresh Start!

Think Happy Thoughts, Exercise and Drink Lots of Water.

Don’t Just Eat Fuel Your Body

Be Healthy and Happy!!!!!!

Flatbread Pizza

(Ham or Pepperoni

Cheese)

Chips

Peas, Peaches

Teddy Graham Crackers

Lasagna or Spaghetti

Bosco Sticks

Salad,

California Blend Veg.

Pears

Chicken Strips

Potato/gravy

Corn, Mixed Fruit

Dinner Roll

Cheeseburger/bun

Pulled Pork/bun

Oven Fries

Mixed Vegetables

Mandarin Oranges

Oatmeal Crème Pie

Kraft Mac-cheese

Meatballs or Little Smokies

Peas/carrots

Cinnamon Applesauce

Bread/butter

French bread Pizza

Or Calzone/sauce

Gardetto Snack Mix

Salad

Apple Slices

Fruit Gushers

Chicken Noodles

Potato/gravy

Mixed Vegetables

Fresh Oranges

Dinner Roll

Nacho Supreme

(Meat, cheese, chips)

Salsa, Sour Cream

Corn, Salad, Peaches

Hot dog/bun

Or Chili dog/bun

Frito Corn Chips

Bake Beans, Coleslaw

Apple Crisp

Grilled Chicken/bun

Or Cheeseburger

Curly Fries, Green Beans

Pineapple Slices

12:10 early out

Sack Lunch is provided

(Sandwich, chips, fruit

Vegetable, snack, milk)

Taco Bar:

(Beef or Chicken

Hard or soft shells, toppings)

Spanish rice, Corn

Tortilla chips

Fruit

Mini Corn dogs

Or Popcorn Chicken

Lattice Fries,

Normandy Blend Veg.

Mix Fruit Cup

(Banana, grapes, kiwi)

Build your own sub:

(3 kinds’ deli meat, 2 cheeses, vegetables)

Pretzel Stick/cheese cup

Broccoli/cauliflower/dip

Pineapple, Jell-O Cake

Chicken Drumstick

Or Pork Chop

Scalloped Potatoes

Lima Beans, Pears

Dinner Roll

Pizza Slice

Peas, Cesar Salad

Bag of Apple Slices

Chips

Ice Cream Cup

**SEPTEMBER 2018**

Home of the Tornadoes