

G-M ATHLETICS
GUIDELINES AND MEDICAL CARE RELEASE
(must be returned to the school office before participation)

G-M Activity Guidelines

I (student) and we (parents/guardians) have closely read the G-M Activity Guidelines for School Activities and acknowledge our acceptance and willingness to observe the guidelines and follow its rules and regulations.

We (student and parents/guardians) further acknowledge that we (student and parents/guardians) have been properly advised, cautioned, and warned by the administration and advisors/coaches of the G-M Athletics and cooperating school districts that by participating in school activities exposes oneself to the risk of serious injury including but not limited to sprains, fractures, ligament and /or cartilage damage which could result in a temporary or permanent, partial, or complete impairment in the use of any limb, brain damage, paralysis, or even death. Having been so cautioned and warned of the risk of injury, it is still my (student) desire to participate in school activities and we (parents/guardians) give our consent for our child to participate in any and all G-M Athletics/School Activities.

*See Extracurricular Participation Guidelines outlined on the reverse side of this document

Emergency Medical Care Release

We (parents/guardians) do hereby grant permission to the attending physician and/or emergency medical personnel to carry out any and all necessary medical and/or first aid procedures in the case of an emergency. We (parents/guardians) understand that every effort will be made to contact us before any procedures are carried out, if possible. However, we understand that there may be a situation in which the emergency care must be undertaken immediately by the attending physician and/or emergency medical personnel. We hereby give our consent to the above mentioned medical personnel to carry out such procedures if immediately necessary.

We (parents/guardians) further acknowledge that G-M Athletics and cooperating School Districts do not carry or provide medical insurance to participants in school activities who may be injured or become ill while participating in a G-M Athletic/School District sponsored activity. All such costs are the responsibility of the parents/guardians.

Date _____

Student Signature _____

Parent/Guardian Signature _____

Parent/Guardian Signature _____

Contact Information

Participant's Name: _____

Grade: _____

Address: _____

Birth Date: _____

Age: _____

Home Phone: _____

Male/Female: _____

Mother/Guardian: _____

Father/Guardian: _____

Work Number: _____

Work Number: _____

Cell Number: _____

Cell Number: _____

Medical Information

Family physician: _____ Phone: _____

Family dentist: _____ Phone: _____

Health Insurance Company: _____

Policy Number: _____

Does the participant have any of the following: (if yes, please explain)

physical restrictions? _____

significant medical health issues? _____

taking any medications? _____

have any allergies to drugs/food/etc? _____

surgical history? _____

Where would you want your student to be transferred to for medical care? _____

G-M TITANS EXTRACURRICULAR PARTICIPATION GUIDELINES

Students within the Griggs-Midkota Athletic Coop are encouraged to participate in extracurricular activities to round out their educational program. However, it must be clearly understood that participation in extracurricular activities is a privilege, not a right, and with the privileges come certain responsibilities.

Students are representatives of the schools at all extracurricular events. The conduct of the students at such events determines the reputation of our school and its students. Disciplinary action could result if any student's conduct is detrimental to his/her school or community. In addition to the NDHSAA rules, the School Boards has established the following extracurricular participation guidelines in accordance with school handbooks (see handbooks for more detailed information):

1. Students in grades 7-12 meeting a sport's specific requirements may earn letters in extracurricular activities.
2. Some violations and suspensions may lead to forfeit of an extracurricular letter and/or post season awards.
3. Participants must follow and abide by all North Dakota High School Activities association rules.
4. Out of season violations of substance use will receive a two-week or two-contest suspension (whichever is more severe).
5. A participant's academic eligibility will be determined by compliance with the Weekly Academic Performance Report generated at 8:30am on Friday or the last day of the school week. The period of ineligibility will run from upcoming Sunday to the next Sunday.
6. All students involved in extracurricular activities are expected to be in full school attendance the day of a game, contest, or activity. A student who must miss school on any activity day must clear the absence with the principal/superintendent before missing school to be certain of their eligibility for that particular contest.
7. Participants must abide by Bus Behavior Expectations. Failure to comply may result in loss of transportation privileges.
8. Participants transporting themselves to/from a practice must have a signed Transportation Permission Form.
9. A participant is to travel to and from an event with the team/group unless administrative approval is received prior to the event and/or a parent signs their participant out following a contest.
10. The proper procedure to address a positive or negative situation with a specific extracurricular activity is to visit with the following personnel in the stated order:
-Advisor/Coach→Activities Director→Principal→Superintendent→School Board

Student's and parent's signatures of receipts and adherence to the G-M Titans extracurricular guidelines must be on file with the Activities Director before a student will be allowed to participate in any activity or sport.

CERTIFICATION OF RECEIPT OF AND ADHERENCE TO THE
G-M TITANS EXTRACURRICULAR GUIDELINES ARE LOCATED AT THE
TOP OF THE G-M ATHLETICS GUIDELINES AND MEDICAL RELEASE FORM.