



Cougar News



IMPORTANT DATES TO REMEMBER

Mon. 5/15 Field Day!
Grades K-5 - Departure time 8:30

Tues. 5/16 NWEA Testing Reading (2D)

Wed. 5/17 NWEA Testing Reading (3T)

Thurs. 5/18 NWEA Testing Reading 2G

Fri. 5/19 NWEA Reading Testing 3O

May 12 , 2023

School Hours: 8:15 am - 3 pm



Andrea Lancey, Principal
East Rochester School
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Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

If your child is late you need to sign them in at the office.

Lunch Menu Link

[MENU](#)

Table Talk: What did you learn from the TIGER Presentation?

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.



Reminder

*Field Day is on Monday, May 15th
Students in grades K-5 will be bussed over to
Spaulding High School at 8:30 a.m. Your student
needs to arrive on time! Please be sure your child
is dressed for the weather and in comfortable
clothing and SNEAKERS! Insect repellent and
sunscreen needs to be applied at home. Each child
may bring bottled water (no glass bottles) and a
snack.*

Field Day

A decorative graphic consisting of a wavy line with a repeating pattern of small, colorful squares (red, yellow, blue, green) and two green rectangular ends.

The TIGER Presentation from Plymouth State was fantastic!



R-E-S-P-E-C-T

R- Raise Hand-- to speak, ask a question, or give a comment. Wait to be called on.



E- Excellent Listening-- Follow directions the first time.



S- Safe-- Keep hands, feet, and objects to self.



P- Polite-- Use kind words & manners when talking to classmates and adults.



E- Engaged-- Be ready to learn. Participate and think about what's being said/taught.



C- Caring-- about the thoughts and feelings of others.



T- Think-- before you speak. Is what you're saying helpful or hurtful? Is it the right time to speak?



Kindergarten Registration 2023-2024



**Is your child registered for
Kindergarten yet?**

The sooner the better.

**Classrooms are filling up. Please don't wait until
the last minute and run the risk of not having your
child in their neighborhood school.**

Please call us if you have any questions.
We look forward to seeing you.

Rochester School Department, 150 Wakefield Street, Suite 8
Phone 603-332-3678
www.rochesterschools.com





Hello ERS Families!

May is end-of-year benchmark testing month. Throughout May, all students in grades K-5 will be administered the DIBELS end-year test to assess reading fluency and other basic literacy skills. Over the course of the month, all students in grades 1-5 will also be taking the NWEA math and reading tests

(see calendar below for your child's specific NWEA testing days). Please help your child be best prepared to demonstrate his/her ever-strengthening academic skills by reminding him/her of the following tidbits for testing success:



Get a good night's sleep so you are rested and ready to show all you know!




Eat a good breakfast so you have energy to do your best!



Keep a positive attitude--you CAN do this, and you WILL!

And don't forget these Test-Taking Tips:

Test-Taking Tips



Read the question first!
Guide your reading--know what you're looking for!

Break it down!
Split words you don't know into syllables so you can read them more easily!

Eliminate ridiculous answers!
Get rid of answers that don't make sense!

Prove it!
Look back in the text to find the evidence for your answer!

Twice is nice!
Double-check your answer!

End-Year Benchmark Testing Schedule

May-June 2023

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
7	8 4th NWEA Rdg 8:45am	9 5th NWEA Rdg 8:45am	10 Early Release 1st NWEA Math 8:45am	11 1st NWEA Rdg 8:45am	12 DIBELS	13
14	15 ERS Field Day	16 2D NWEA Rdg 8:45am	17 3T NWEA Rdg 8:45am	18 2G NWEA Rdg 8:45am	19 30 NWEA Rdg 8:45am	20
21	22 3T NWEA Math 8:45am	23 4th NWEA Math 8:45am	24 30 NWEA Math 8:45am	25 5th NWEA Math 8:45am	26 DIBELS	27
28	29 Memorial Day No School	30 DIBELS	31 2D NWEA Math 8:45am	1 2G NWEA Math 8:45am	2 Mug & Muffin: Preventing the Summer Slide 9:00am	3
4	5 DIBELS	6 DIBELS	7 DIBELS	8	9	10
11	12	13	14	15	16	17