



Cougar News



IMPORTANT DATES TO REMEMBER
*** Earth Day SPIRIT WEEK***

Tues. 4/18 NHSAS Testing (Grade 5) & 4:00 Beginning Band Rehearsal @ RMS

Thurs. 4/20 4:00 Advanced Band Rehearsal @ RMS

4/24 - 4/28 No School-vacation Week

Tues. 5/2 4:00 Beginning Band Rehearsal @ RMS 6:00 PTA Mtg

Thurs. 5/4 4:00 Advanced Band Rehearsal @ RMS

Fri. 5/5 9:00 Mug and Muffin & 2:00 COTM

April 14, 2023
School Hours: 8:15 am - 3 pm



Andrea Lancey, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

If your child is late you need to sign them in at the office.

Lunch Menu Link
[MENU](#)

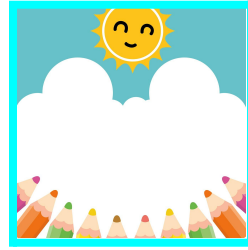
Table Talk: Being outside can decrease stress and increase focus. What outside activity did you enjoy this week!

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.



Rochester School District

Academic Summer School Program 2023



The Rochester School district is excited to offer additional FREE learning opportunities to all interested students this summer. This program will offer **academic targeted instruction** as well as other **educational experiences** to learn and grow over the summer!

If you are interested in signing your child up for summer school, [Click Here](#) → [Summer School Sign Up Form](#) by **APRIL 21, 2023**.

This FREE RSD Elementary summer program will run each week **Tuesdays through Thursdays from July 11th - August 3rd** in the mornings from **8:30-11:30**. Lunches will be provided to each student daily. Transportation is available and bus routes and locations will be determined from the sign ups and posted in June.

Please reach out if you have any questions!

Heidi Zollman

Elementary Curriculum Director
zollman.h@sau54.org
603-332-3678 ext. 1114

Summer School Registration is now open for you to enroll your student!
This is open to anyone interested in summer school.

RMS Summer School Registration for Grade 5:

- **Grades 5-7**

For questions contact:

Heidi Zollman
Curriculum, Instruction, & Assessment Coach
Rochester School District
603-332-3678 ext. 1114



Lost and Found is continuing to grow! Please check the table for missing belongings. All items will be donated on April 21st.



EARTH DAY SPIRIT WEEK



Monday - Rainbow Color Day (wear as many colors as you can!)

Tuesday - Wear the color Blue (save the water too!)


Wednesday - Wear the color Green
(Wastefree - the 3R's - Reduce, Reuse and Recycle!)

Thursday - BE BRIGHT (Turn out the lights day!)

Friday - Care for Cougar Country Day!
Wear your Cougar colors!



PLEASE SUPPORT THE PTA & EAST ROCHESTER SCHOOL!



It's PTA Election Time!

Have you ever thought about becoming more involved with the PTA to support the students of East Rochester School? Now is the perfect time to act!

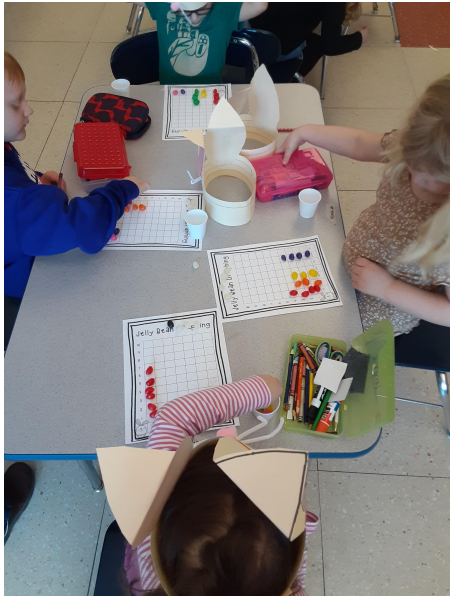
The ERS PTA needs to fill the positions of **vice-president** and **treasurer** for the upcoming school year. Elections will take place at the May meeting. **Interested?**

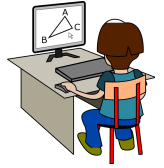
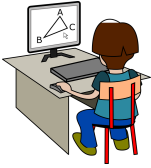
Contact PTA President Rachel Johnson (johnson.rachel@sau54.org) or Principal Andrea Lancey (lancey.a@sau54.org) or call the school at 603-332-2146!

PTA PTA PTA PTA PTA PTA PTA PTA





Last week in Kindergarten they had a great time learning to graph using jelly beans!





Hello ERS Families! Over the next few weeks, students in 3rd, 4th, and 5th grades will be taking the NH SAS tests in the areas of writing, reading, and math. 5th graders will also take the NH SAS science test. (See the testing calendar below for specific days/times for your child's testing.) Please help your child be best prepared to demonstrate his/her ever-strengthening academic skills by reminding him/her of the following tidbits for testing success:


 Get a good night's sleep so you are rested and ready to show all you know!

 Eat a good breakfast so you have energy to do your best!








Keep a positive attitude--you CAN do this, and you WILL!

And don't forget these Test-Taking Tips:



Test-Taking Tips

<p> Read the question first! Guide your reading--know what you're looking for!</p> <p> Break it down! Split words you don't know into syllables so you can read them more easily!</p> <p> Eliminate ridiculous answers! Get rid of answers that don't make sense!</p>	<p> Prove it! Look back in the text to find the evidence for your answer!</p> <p style="text-align: center;"></p> <p>Twice is nice! Double-check your answer!</p>
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NH SAS Testing Schedule for Grades 3-5
March-April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28 Gr. 4 SAS Writing 8:45-9:45am & 10:45-11:45am Gr. 5 SAS Writing 9:45-11:15am Gr. 3 SAS Writing 12:45-2:15pm	29	30	31 Citizen of the Month 9:15am	1
2	3	4 Gr. 5 SAS ELA 9:45am-12:00pm Gr. 4 SAS ELA 12:45-2:45pm	5	6 Gr. 3 SAS ELA 8:45-9:30am & 10:45-11:45am SAS Make-Up 12:45-2:45pm	7	8
9	10 Gr. 3 SAS Math 8:45-9:30am & 10:45-11:45am SAS Make-Up 12:45-2:45pm	11	12 Gr. 5 SAS Math 9:45am-12:00pm Gr. 4 SAS Math 12:45-2:45pm	13	14	15
16	17	18 Gr. 5 SAS Science 9:45am-12:00pm SAS Make-Up 1:00-3:00pm	19	20	21	22
23	24 <i>vacation</i>	25 <i>vacation</i>	26 <i>vacation</i>	27 <i>vacation</i>	28 <i>vacation</i>	29