



Cougar News



IMPORTANT DATES TO REMEMBER

Tues. 2/7 4:00 Beginning Band Rehearsal @ RMS & 6:00 PTA Meeting

Wed. 2/8 12:15 Early Dismissal for all students

Thurs. 2/9 4:00 Advanced Band Rehearsal @ RMS

Tues. 2/14 4:00 Beginning Band Rehearsal @ RMS

Wed. 2/15 Kids Heart Challenge envelopes and money are due

February 3, 2023
School Hours: 8:15 am - 3 pm



Andrea Lancey, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

If your child is late you need to sign them in at the office.

Lunch Menu Link
[MENU](#)

Table Talk: What math facts do you plan to practice this weekend?

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.

Soaring Through the Math Facts

On Monday January 30, students in grades K-5 will begin a challenge to soar through the Milky Way Math Fact Galaxy. Students in grades K-3 will take off on an Addition Mission and those in grades 4 and 5 will launch from the Multiplication Station. All students will be striving to complete their mission by reaching the Milky Way Explorer by Friday, February 17. This can be accomplished by mastering addition and multiplication facts. All who complete the mission will receive special recognition with a star on the foyer bulletin board and a certificate. An inflatable space shuttle will also be awarded to the first student in each classroom to finish first. Please help your little mathtronaut to succeed!



Notes from the office

❄️ We go outside for recess even when it snows! Please send in winter clothing, boots, hats, mittens and snow pants. Extra pants and socks are helpful! We do not have any extra clothing at school.

☎️ If your child is going to be late, dismissed early from school or absent call the office at 603-332-2146. Students arriving late need to be signed in, failure to sign in is marked as an unverified tardy.



It is important to send in a snack and water bottle every day with your student. We do not have water bottles and snacks to hand out.



If your student is going to be absent during a remote day please notify the office. We do take attendance on these days.

**LOST
AND
FOUND**

We have 2 weeks left to claim items in lost and found before they are donated! Are you missing something?





MTSS New Year Review



Hello ERS Families!

Throughout the month of January, we have spent time reviewing expectations, routines, and procedures for the different areas of our school building--hallway, bathroom, cafeteria, playground, dismissal, and classroom. Students in all grade levels worked in groups to create visuals to hang around the building reminding the ERS community of the expected behaviors in each school area.

SHOUTOUT to first grade for their amazing Hush-Flush-Wash-Toss review...[posters](#) from Mrs. Veno's class coming to a bathroom near you, and here's an amazing [review song video](#) choreographed by Mrs. Rourke's class!

Thanks for your support at home,
Your friendly ERS MTSS Tier 1 Team

TRI-CITY CAREER SPIRIT WEEK



2nd Annual Tri-City Spirit Week

Every student in every grade level at Rochester, Dover and Somersworth will be celebrating their future with this career inspired Spirit Week!



**FEB 13th
MONDAY**

We've Got Big Dreams

Dress up in your favorite pajamas!



**FEB 14th
TUESDAY**

Get REDy for Your Future

All red everything!



**FEB 15th
WEDNESDAY**

You Are A "JEAN"ius

Think denim, denim, and more denim!



**FEB 16th
THURSDAY**

When I Grow Up

Dress up as what you want to be when you grow up!



**FEB 17th
FRIDAY**

Your Future is Bright

Dress up in your brightest clothes!

