



# Cougar News



## IMPORTANT DATES TO REMEMBER

**Tues. 1/10 4:00**  
**Beginning Band**  
**Rehearsal @ RMS**

**Wed. 1/11 Early Release**  
**12:15 Dismissal for all**  
**Students**

**Thurs. 1/12 4:00**  
**Advanced Band**  
**Rehearsal @ RMS**

**Fri. 1/13 2:00 COTM**

**Mon. 1/16 No School ~**  
**Martin Luther King Jr**  
**Day**

**January 6, 2022**  
**School Hours: 8:15 am - 3 pm**



**Andrea Lancey, Principal**  
**East Rochester School**  
**773 Portland Street, Rochester, NH 03868**  
**Phone (603) 332-2146**  
[www.rochesterschools.com/o/ers/](http://www.rochesterschools.com/o/ers/)  
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)

## Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

**If your child is late you need to sign them in at the office.**

**Lunch Menu Link**  
[MENU](#)

**Table Talk: What test taking tips will help you the most?**

| East Rochester School Expectations                 |   |
|--|---|
| <b>BE SAFE</b>                                     |   |
| I will make safe and appropriate choices.          | I will demonstrate behavior that is considerate of the community, the school and myself.            |
| <b>BE RESPONSIBLE</b>                              |   |
| I will be on time to fulfill my daily commitments. | I will be actively engaged in my learning by asking questions, collaborating and seeking solutions. |
| <b>BE RESPECTFUL</b>                               |   |
| I will be truthful and accountable for my choices. | I will show respect and encourage the right to teach and the right to learn at all times.           |

# Save the date!

upcoming mobile food pantry



**Mon., January 9<sup>th</sup> from 12:00-2:00**  
(while supplies last)

**Rochester Ice Arena**  
**63 Lowell Street, Rochester**

**The NH Food Bank will bring truckloads of food to distribute to families and individuals.**

*This event is open to all. No proof of residency or income needed.*  
*This is a drive thru event. All items will be distributed to you in your vehicles.*

Sponsored by:



[ERS December Fun! Click Here](#)





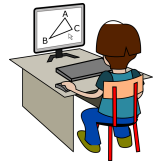
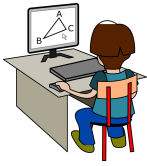
Mr. Saucier's fourth grade class learned about NH counties while making fun scrap maps!



We are very excited to announce that Drama Club will be starting soon for 3-5th graders! The musical play will be PRESS START! It takes kids into the world of video game characters! Stay tuned...more information will be coming soon!











Hello ERS Families!

January is the middle-of-year benchmark testing month. Throughout January, all students in grades K-5 will be administered the DIBELS mid-year test to assess reading fluency and other basic literacy skills. Over the course of the month, all students in grades 1-5 will also be taking the NWEA math and reading tests (see calendar below for your child's specific NWEA testing days). Please help your child be best prepared to demonstrate his/her ever-strengthening academic skills by reminding him/her of the following tidbits for testing success:

 Get a good night's sleep so you are rested and ready to show all that you know!


 Eat a good breakfast so you have energy to do your best!

 Be on time for school so you're ready to start with your class!


 Keep a positive attitude--you CAN do this, and you will!



# And don't forget these Test-Taking Tips:





## Test-Taking Tips




**Read the question first!**  
Guide your reading--know what you're looking for!






**Break it down!**  
Split words you don't know into syllables so you can read them more easily!

 **Eliminate ridiculous answers!**  
Get rid of answers that don't make sense!

 **Prove it!**  
Look back in the text to find the evidence for your answer!

 **Twice is nice!**  
Double-check your answer!

## Mid-Year Benchmark Testing Schedule January 2023

|   |   |   |  |   |
|---|---|---|--|---|
| <b>9</b>  | <b>10</b>   |  <b>11</b> | <b>12</b>  | <b>13</b>   |
| Reading NWEA<br>5th Grade   | Reading NWEA<br>4th Grade                                     | Early Release<br>Reading NWEA<br>1st Grade  | Reading NWEA<br>3rd Grade  | Reading NWEA<br>2nd Grade   |
|  <b>16</b> | <b>17</b>   |  <b>18</b> | <b>19</b>  | <b>20</b>   |
| No School<br>MLK Jr. Day  | Math NWEA<br>4th Grade  | Black & Yellow Day!<br>ERS School-Wide<br>Spelling Bee  | Math NWEA<br>3rd Grade   | Math NWEA<br>5th Grade  |
|  <b>23</b> | <b>24</b>   | <b>25</b>   | <b>26</b>  |  <b>27</b> |
| No School<br>Teacher Workshop   | Math NWEA<br>1st Grade<br><u>Data Team</u><br>10:30-11:30 5th | Math NWEA<br>2nd Grade<br><u>Data Team</u><br>12:45-2:15 4th                                  | <u>Data Team</u><br>8:30-10:00 Kinder<br>10:30-12:00 3rd<br>12:30-2:00 2nd | COTM @ 9:15am<br><u>Data Team</u><br>10:00-11:00 1st  |