



# Cougar News



## IMPORTANT DATES TO REMEMBER

12/13 Grinch Day!  
PTA Meeting 6:00

12/19 Wear Plaid Day!

12/20 ERS Classroom  
Spelling Bee

12/21 Candy Cane Day!  
Wear red and white

12/22 Festive Holiday  
Outfit Day!

12/23 COTM @ 2:00  
Comfy-Cozy day!

12/24- 1/2 Holiday Break

December 9, 2022  
School Hours: 8:15 am - 3 pm



Andrea Lancey, Principal  
East Rochester School  
773 Portland Street, Rochester, NH 03868  
Phone (603) 332-2146  
[www.rochesterschools.com/o/ers/](http://www.rochesterschools.com/o/ers/)  
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## Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

**If your child is late you need to sign them in at the office.**

## Lunch Menu Link

[MENU](#)

**Table Talk: How full is your student's classroom taco?**

East Rochester School Expectations	
<b>BE SAFE</b>	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
<b>BE RESPONSIBLE</b>	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
<b>BE RESPECTFUL</b>	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.

# Holiday Food Baskets



Every year, CAPSC provides winter holiday food baskets to those in need. Hundreds of baskets are distributed each year. Our baskets are filled with a variety of items that will fill a holiday table and lift the hearts of our neediest families.

## What's in the basket?

Our typical holiday basket includes nutritious foods that will provide a complete holiday meal for a family of four, and will include items such as:

- Whole frozen turkeys (or a gift card equivalent)
- Stuffing mix
- Gravy mix
- Cookie or dessert mixes
- Cans of sweet potatoes or green beans
- Fresh vegetables

To sign up for this year's program, call us at (603) 435-2500, ext 8136



## Spelling Bee

Don't forget to practice for your classroom spelling bee! The lists went home on yellow paper and the classroom

spelling bees will be held during the week before Christmas break. One winner from each class will participate in the school-wide spelling bee in January!



Holiday shopping this weekend? Please continue to support ERS PTA



AmazonSmile is a great way to contribute! Please click the [link](#) for more information! Thank you!

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Kindergarten reading groups were working very well in teams to organize the alphabet! Nice job!!



*Thank you to Mr. Bernardini for putting on an amazing holiday concert! We have such talented students here at East Rochester School!*

