

# Cougar News



### IMPORTANT DATES TO REMEMBER

Mon. 9/26 ~ Meadow Farms Fundraiser Starts

Thur. 9/29 ~ 4:00-6:00 Instrument pick up @ McClelland

Fri. 9/30 COTM @ 9:00

Thur. 10/6 ~ 4:00-5:00 Advanced Band Rehearsal @ RMS September 23, 2022 School Hours: 8 am - 3 pm



Andrea Lancey, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146

www.rochesterschools.com/o/ers/ Twitter @ERSchoolnh

### **Absences:**

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

If your child is late you need to sign them in at the office.

**Lunch Menu Link**MENU

<u>Table Talk:</u> What was this week's focus for building our Cougar Community?

## East Rochester School Expectations

### **BE SAFE**

I will make safe and appropriate choices.

I will demonstrate behavior that is considerate of the community, the school and myself.

### BE RESPONSIBLE

I will be on time to fulfill my daily commitments.

I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.

### BE RESPECTFUL

I will be truthful and accountable for my choices.

I will show respect and encourage the right to teach and the right to learn at all times.

# Fundraising Packets went home today! All orders will be sent to your home address for you to deliver!

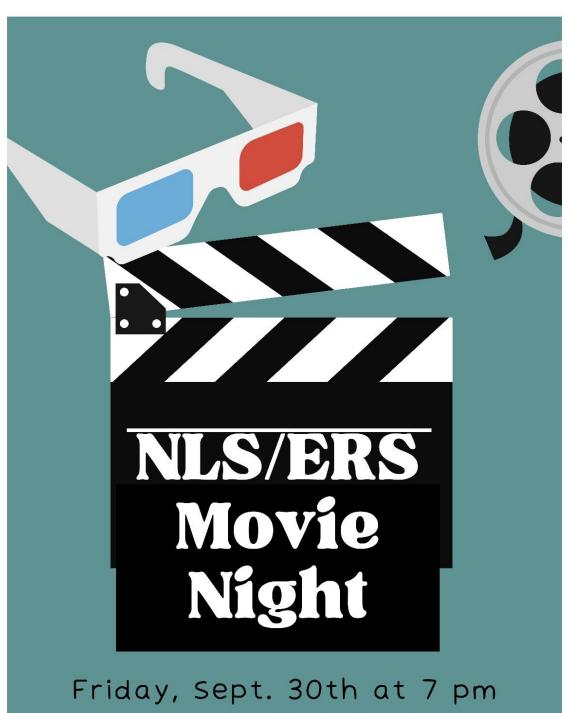


Any questions contact ERS PTA at eastrochesterpta@gmail.com

# 2022-2023

East Rochester School Behavior Matrix
One Team, One Dream in Cougar Country!

		RESPECTFUL	RESPONSI BLE	<u>SAFE</u>
11411	\4\4\/	*Quiet in line	*Keep hands and	*Keep your body in
_	<u>WAY/</u> NIRS	*"Paws" for	body off walls,	your own space
L-Look ahead	king	passers *Keep your place	doors, and others *Keep hallways	*Hold your belongings tightly
I-In y	our	in line *Stay to the right	clean  *Head directly to	*Stay to the right *Always walk
space N-No	talkina	*Use quiet	your destination	facing forward
E-Ever	Ύ	greetings		*Hold door for those behind you
body is	s safe			



on the NLS field

Movie: Hocus Pocus 1 Families are encouraged to bring chairs and blankets.





# **ERS FAMILIES**

We are looking for ALL of our families to fill out the Free and Reduced Lunch Forms, regardless of Income Levels. The class that has the most forms turned in will receive a prize! The form can be filled out digitally or a paper copy. If you need another paper copy sent home please contact the office!

Click here for the free lunch application form. All forms must be submitted by September 30.



Please send headphones to stay at school with your child. Headphones are very important and are used often! Thank you