



Cougar News



IMPORTANT DATES TO REMEMBER

**Tues. 5/24 ~ Beginning
and Advanced Band Fun
Day at the H.S.
4:00 - 6:00**

**Wed. 5/25 ~
Kindergarten Field Trip**

**Fri. 5/27 ~ Citizen of the
Month @ 1:30**

**Mon. 5/30 ~ No School
Memorial Day**

**Tues. 5/31 ~ Grade 5
Field Trip**

**Fri. 6/3 ~ Grade 3 Field
Trip**

**May 20, 2022
School Hours: 8 am - 3 pm**



**Christine Hebert, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)**

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

**Table Talk: What was
your child's favorite
Field Day event?**

**Lunch Menu Link
[MENU](#)**

East Rochester School Expectations

BE SAFE

I will make safe and appropriate choices.

I will demonstrate behavior that is considerate of the community, the school and myself.

BE RESPONSIBLE

I will be on time to fulfill my daily commitments.

I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.

BE RESPECTFUL

I will be truthful and accountable for my choices.

I will show respect and encourage the right to teach and the right to learn at all times.



THANK YOU
Principal Hebert and Mrs. Shearn for
a great day!
[more pictures here](#)



SOME OF OUR BASEBALL THROW WINNERS!
Way to go everyone!!



Fun at the Long Jump!!!



[Click Here](#) to watch our talented students from our ERS Talent Show!



Mrs. Merrigan had a fantastic time with her family at the Fisher Cats Game! Keep reading and get your tickets!

Now through June 5th!!
For more information call
603-606-4177





Hello ERS Families!

May is end-of-year benchmark testing month. Throughout May, all students in grades K-5 will be administered the DIBELS end-year test to assess reading fluency and other basic literacy skills. Over the course of the month, all students in grades K-5 will also be taking the NWEA math and reading tests (see calendar below for your child's specific NWEA testing days). Please help your child be best prepared to demonstrate his/her ever-strengthening academic skills by reminding him/her of the following tidbits for testing success:



Get a good night's sleep so you are rested and ready to show all you know!




Eat a good breakfast so you have energy to do your best!





Keep a positive attitude--you CAN do this, and you WILL!

And don't forget these Tes




Test-Taking Tips






Read the question first!
Guide your reading--know what you're looking for!




Break it down!
Split words you don't know into syllables so you can read them more easily!



Eliminate ridiculous answers!
Get rid of answers that don't make sense!

Prove it!
Look back in the text to find the evidence for your answer!



Twice is nice!
Double-check your answer!