



Cougar News



IMPORTANT DATES TO REMEMBER

**Tues. 5/10 ~ 3:00 Talent
Show Rehearsal**

**Tues. 5/10 ~ 4:00
Beginning Band Dress
Rehearsal**

**Wed. 5/11 ~ Early
Release 12:15**

**Wed. 5/11 ~ 7:00 Spring
Band Concert**

**Fri. 5/13 ~ 1:30 Talent
Show**

**May 6, 2022
School Hours: 8 am - 3 pm**



**Christine Hebert, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)**

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

**Table Talk: What was
your student's favorite
part of the spring
concert?**

Lunch Menu Link
[MENU](#)

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.

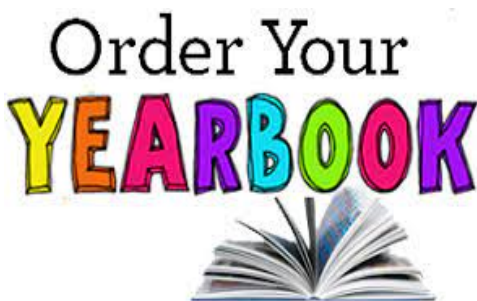


Dear 5th Grade Parents and Guardians,

As our community and children continue to grow and evolve, we are very aware of the variations in gender and sexual identity in our schools. The annual elementary growth and development talk will not be done in person for the 5th grade class. To meet all childrens' needs and individualize their learning, we are excited to include you in the process!

- We have included the teacher reading material and videos that are used in the classroom to help start the conversation with your student.
 - [Puberty Education for Teachers, Students and Parents | Always®](#)
 - <https://always.com/en-us/-/media/Always/Images/NewArticlePages/Parents%20and%20Carers/Puberty-education-program-for-parents>
- Below are resources suggested by the program we base our class on.
 - For the girls
 - [BeingGirl presented by Always and Tampax – YouTube](#)
 - [Always - YouTube](#)
 - For both boys and girls
 - [Kids Health](#)

We know this can be a challenge, so your School Health Services staff is here to support you in this change. If you have any questions, please reach out to your school nurse



Please [Click Here](#) for yearbook information!

READ A THON

THANK YOU TO EVERYONE
WHO PARTICIPATED IN
THE READ-A-THON! A
BIG CONGRATULATIONS

TO JAXSON FARRAR WITH 2626 MINUTES AND
MASON MELVILLE WITH 1185 MINUTES! NOAH
TEVES AND ETHAN DUBOIS ARE OUR TOP
EARNERS! WAY TO GO!



A sincere thank you to everyone that donated items this week for Teacher Appreciation - we are extremely grateful. Our teachers and staff enjoyed special treats all week!





Hello ERS
Families!

May is

end-of-year benchmark testing month. Throughout May, all students in grades K-5 will be administered the DIBELS end-year test to assess reading fluency and other basic literacy skills. Over the course of the month, all students in grades K-5 will also be taking the NWEA math and reading tests (see calendar below for your child's specific NWEA testing days). Please help your child be best prepared to demonstrate his/her ever-strengthening academic



skills by reminding him/her of the following tidbits for testing success:



Get a good night's sleep so you are rested and ready to show all you know!




Eat a good breakfast so you have energy to do your best!




Keep a positive attitude--you CAN do this, and you WILL!

And don't forget these Test-Taking Tips:





Test-Taking Tips




Read the question first!
Guide your reading--know what you're looking for!

Break it down!
Split words you don't know into syllables so you can read them more easily!

**Eliminate ridiculous answers!**
Get rid of answers that don't make sense!

**Prove it!**
Look back in the text to find the evidence for your answer!

**Twice is nice!**
Double-check your answer!



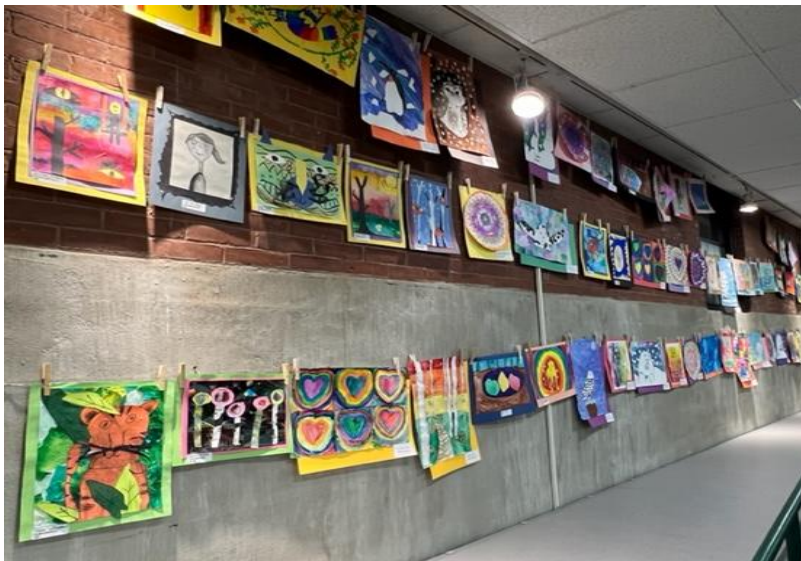
Please check out artwork from some of our ERS students on display in the Children's Room at the public library!
On display until May 20!



Look for artwork from:

**Logan Trofatter
Bryan Anderson
Antonio Bones
Viviana Jeanpierre
Ethan Dubois
Tyson Morrill
Emily Pelletier
Zade Barstow
Bella Bertrand
Adrian Libby**

**Tracy Aragonés-Ramos
Oliver Baker
Aubree Gagnon
Ella Harmon
Natalie Lubbe
Malee Gadbois
Evelynn Neal
Jonathan Sanchez**



HAPPY MOTHERS DAY TO EVERYONE THIS SUNDAY!





Author! Author! Read all about it!



Portland, Maine

author-illustrator Maryann Cocca-Leffler will be visiting our school on June 1st! She will work with three different student groups (K-1st, 2nd-3rd, 4th-5th) throughout the day, sharing a different book and its inspiration with each group.

ERS families have the opportunity to purchase Ms. Cocca-Leffler's books at a 20% discount! Books ordered by May 13th will be signed by the author and delivered on the day of the author visit! Orders will be placed and paid for through PRINT: A Bookstore out of Portland, Maine. Many of Maryann Cocca-Leffler's books are available for purchase through PRINT.

The books she is using for her presentations are the following:

Kindergarten & 1st grade:



The Power of Yet

2nd grade & 3rd grade:

Janine



4th grade & 5th grade:

We Want to Go to School!



Please use this link for ordering:

<https://www.printbookstore.com/rochester>

Be sure to use the **discount code (ROCHESTER)** and include the **school name, student name, and teacher name in the order comments** so that we can have your book signed and delivered to the correct student!

Contact Mrs. Merrigan with questions:

(603)332-2146 or merrigan.n@sau54.org

Exciting news! The Fisher Cats
Reading Challenge had been
extended until June 5!

Fisher Cats 2022 READING CHALLENGE



When you read five books, you earn two tickets to see the
Fisher Cats at Delta Dental Stadium, AND you can play
catch on the field before the game! Check out the list of
Reading Challenge games below!

READING CHALLENGE GAME DATES & THEMES

Saturday, April 16 at 6:35pm- Jersey Day | Sunday, April 17 at 1:35pm- Pajama Day
Saturday, April 30 at 6:35pm- School Pride | Sunday, May 1 at 1:35pm- Favorite Baseball Hat
Saturday, May 14 at 6:35pm- Tie-Dye | Sunday, May 15 at 1:35pm- Wacky Hair Day
Wednesday, June 15 at 6:35pm- Wacky Socks

OTHER POPULAR GAMES FOR KIDS!

OPENING NIGHT & FIREWORKS!

Tuesday, April 12 at 6:35pm

STEM DAY AT THE BALLPARK

Tuesday, May 10 at 11:05am

POP SQUARE GIVEAWAY

Friday, April 29 at 6:35pm

CAMP DAY

Wednesday, August 10 at 12:05pm



SCAN HERE TO
LEARN MORE ABOUT
OUR FUNDRAISERS

SCAN HERE WHEN YOU
COMPLETE THE
READING CHALLENGE



EVERSOURCE