



LAKE FOREST SCHOOL DISTRICT

2023-2024 CYCLE BREAKFAST MENU

WT Chipman MS

Monday	Tuesday	Wednesday	Thursday	Friday
Sweet Roll or Muffin	Hot Breakfast Sandwich or French Toast	Cinnamon Roll or Piggle Stick	Breakfast Pizza or Honey Bun	Muffin or Piggle Stick

Breakfast
Consists of:

1-Entree Choice
2-Fruit/Juice Choices
1-Milk Choice

USDA Regulation-
Meal must include a
vegetable OR a fruit

*All Bread products are
Whole Grain*

AVAILABLE DAILY:

ENTREE

Cereal (2-oz)
Yogurt w/ Crackers

FRUIT

Fresh/Cupped Fruit
Juice

MILK

1% or Skim White
Fat Free Chocolate



Menu subject to change without notice