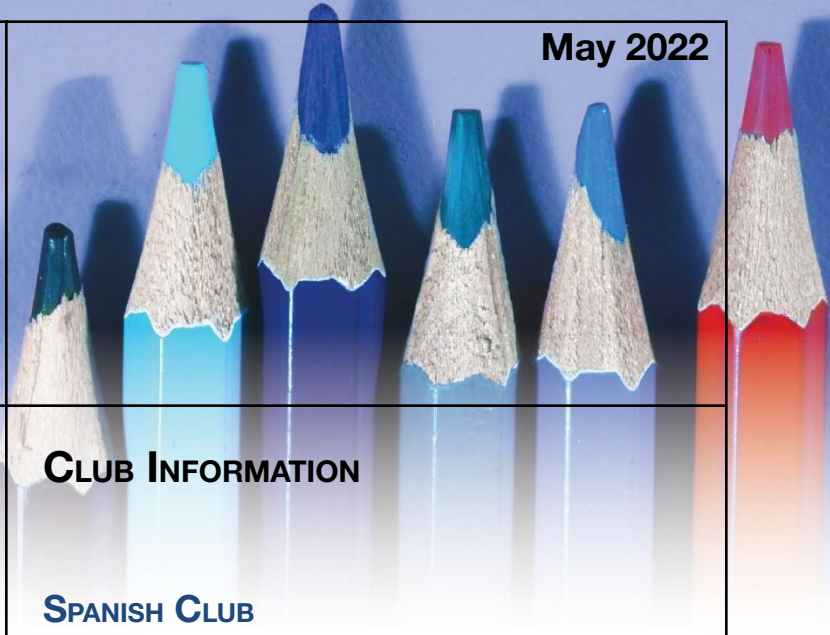




Newsletter

May 2022

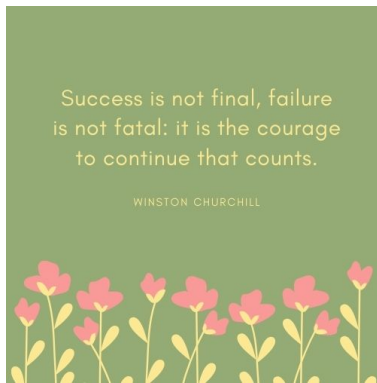


CLUB INFORMATION

ATHLETICS

- [Spartan Sports Page](#)
- [May Sports Calendar](#)

- Check Spartan Sports Page for updates due to changes in sporting events



Guidance Information

- AP Testing will occur between May 2 to May 13
- DeSSA Science and Social Studies Testing will occur between May 16 and May 27

SPANISH CLUB

- THE TRIP TO SPAIN HAS BEEN RESCHEDULED TO JUNE. TENTATIVE DEPARTURE IS JUNE 11, 2022.

TSA

- WEEKLY MEETINGS EVERY THURSDAY FROM 2:30 TO 3:30 PM

VISUAL & PERFORMING ARTS

- MAY 11: SPRING CHORUS CONCERT
- MAY 16: JAZZ BAND CONCERT
- MAY 18: SPRING BAND CONCERT

FFA

- FFA MONTHLY MEETING WILL OCCUR ON TUESDAY, MAY 3
- PLANT SALE OCCURRING THE WEEK OF MAY 2 TO MAY 6

PROM TICKETS WILL BE ON SALE FROM APRIL 5 TO MAY 6. TICKETS ARE \$35 FOR AN INDIVIDUAL AND \$65 FOR COUPLES.

LAKE FOREST AQUATICS CENTER

- [AQUATICS CALENDAR](#)

REMINDERS OF IMPORTANT DATES

- **MAY 4: INTERIMS AVAILABLE**
- **MAY 11: PSCC MEETING VIA ZOOM AT 5:00 PM**
- **MAY 11: SPRING CHORUS CONCERT AT 7:00 PM IN AUDITORIUM**
- **MAY 14: PROM**
- **MAY 16: JAZZ BAND CONCERT AT 7:00 PM IN AUDITORIUM**
- **MAY 18: BAND BOOSTERS MEETING AT 6:15 PM**
- **MAY 18: SPRING BAND CONCERT AT 7:00 PM IN AUDITORIUM**
- **MAY 27: SENIORS LAST DAY**
- **MAY 30: MEMORIAL DAY—SCHOOL CLOSED**

WELLNESS CENTER INFORMATION

7 TIPS FOR COPING WITH SPRING ALLERGIES:

1. Consider allergy medication
2. Check daily pollen counts
3. Keep your windows closed
4. Change up your diet
5. Leave your shoes at the door
6. Wash your hair
7. Invest in a HEPA air filter

