



VIROQUA AREA SCHOOLS EMERGENCY ACTION PLAN INSECT STING / FOOD ALLERGY / LATEX ALLERGY

Health Care Provider to complete all areas above dotted line

Student: _____ Birth date: _____ Grade: _____

Allergy:

In this student, an insect sting or ingestion of an allergy producing food(s), even in small amounts, could lead to a severe, life-threatening reaction. Any suspected or known reaction requires close monitoring and immediate treatment of symptoms as set forth below. *If food substitutions are required due to severe reaction, please contact the Food Service Department (637-1645).

☐ **MONITORING SYMPTOMS ONLY**

Student does not require medical assistance or intervention.

☐ **MILD SYMPTOMS ONLY (one or more):**

MOUTH: itchy mouth

SKIN: a few hives* around mouth/face; mild itch

GUT: mild nausea/discomfort

*raised, itchy bumps that appear suddenly

☐ Contact parent only if medical concern.

☐ Contact parent immediately regardless of reaction to allergen.

1. GIVE oral **ANTIHISTAMINE**:

Type _____, Dose _____

2. Contact parent to pick up student. Monitor closely until parent arrives.

3. **IF SYMPTOMS PROGRESS, INJECT EPINEPHRINE:**
(see below)

DO NOT HESITATE TO GIVE EMERGENCY TREATMENT IF UNCERTAIN OF SYMPTOM OR SEVERITY

☐ **SEVERE SYMPTOMS (one or more):**

LUNG: short of breath, wheeze, repetitive cough

HEART: pale, blue, faint, weak pulse, confused

THROAT: tight, hoarse, trouble breathing or swallowing

MOUTH: swelling of tongue or lips

SKIN: many hives over body, facial swelling

GUT: vomiting, cramping pain, nausea

1. **INJECT EPINEPHRINE IMMEDIATELY** (outer thigh)

Type _____, Dose _____
(See label on auto-injector for directions)

2. Always call 911 after giving epinephrine.

3. Have child lie on back with feet raised.

4. Stay with student and monitor closely.

5. Alert parents.

6. For worsening symptoms, give second dose after 5 minutes; for persistent symptoms, give second dose of epinephrine after 10 minutes.

This student is at very high risk of experiencing a severe reaction, therefore:

☐ Give EPINEPHRINE immediately for any symptom following an insect sting or ingestion of _____.

☐ Give EPINEPHRINE immediately, even if no symptoms, following an insect sting or ingestion of _____.

☐ This student also has asthma. In addition to emergency medications:

Give rescue inhaler (type) _____; (dose) _____ for any symptoms.

PARENTS MUST SUPPLY ABOVE MEDICATION IN ORIGINAL CONTAINERS

For Epinephrine Auto Injectors—Student may carry injector in school Yes No

Signature of Health Care Provider

Date

Phone

Hospital

I give my permission to the nurse or delegate(s) to administer medication to my child and to follow the written instructions provided by the Health Care Provider as indicated on my child's School Emergency Plan. I also give my permission to the school nurse to communicate with my child's Health Care Provider regarding health and safety in the school environment as it relates to his/her allergies.

Signature of Parent/Legal Guardian

Date

Phone

Alternate

Emergency contact name / relationship / phone

Emergency contact name / relationship / phone

Copies of plan provided to: Teacher ☐ Specials ☐ Special Ed ☐ Bus Driver ☐ Other _____

VIROQUA SCHOOL DISTRICT

PRESCRIPTION AND OVER-THE-COUNTER MEDICATION FORM

Medications are to be given at home whenever possible to avoid them being administered during school hours. If it is necessary for a student to receive medications at school, all appropriate portions of this form need to be completed before medication can be given at school and medication must come in the original container.

One form is required for EACH medication.

Student Name:	Date of Birth:	School:	Grade:
Medication Name:	Dosage:	Time/Frequency	
School Year or Effective Dates:	Student's Practitioner/Clinic:		
Reason/Diagnosis for Medication:			

Note: **For prescription medication:** Signed Parent Consent and signed Practitioner's Order required.

For non-prescription medication: Signed Parent Consent required.

PARENT/GUARDIAN CONSENT: (Complete for all Medication/Procedures at school)

- ❖ I request and authorize that this medication be administered at school by school personnel.
- ❖ **I will supply medication in its original, updated, properly labeled container.** (Request extra bottle from pharmacist.)
- ❖ **I further understand that all medication should be delivered to the school by parent/guardian/responsible adult.**
- ❖ This order is in effect for this school year only.
- ❖ I will obtain a new physician's order and notify the school in writing for any changes.
- ❖ I authorize school personnel to exchange information verbally or in writing with my child's practitioner regarding this medication.
- ❖ I understand that medication may be given by non-medically trained school personnel.
- ❖ **My signature indicates that I have fully read and understand the above information.**

I release the school district from any liability claims as a result of the administration of this medication or procedure as directed.

Date

Parent/Guardian Signature

Phone #

PRACTITIONER'S ORDER: The above medication/procedure is to be administered/performed during the school day in accordance with the above instructions and agreements. I agree to accept communication about student/medication/procedure and understand medication may be given by non-medically trained school personnel.

****Student and parent/guardian have been instructed and at school, student *may carry & self-administer*:****

Asthma Inhaler Yes _____ No _____ Epinephrine Auto Injector Yes _____ No _____

Practitioner's Name _____ Phone # _____ Fax# _____

Practitioner's Signature _____ Date _____

Clinic _____ Clinic Location _____