

7th & 8th grade 4th Hour AMI's

2022-2023

Class & Teacher: **LifeSkills - Mrs. Miller, AG - Mrs. Latimer, Careers - Mr. Link, & JH Health - Ms. Naylor**

Directions: Assignments for your 4th hour class are listed below in the chart. You are going to be able to decide which assignment(s) you complete and turn in to the teacher you have for 4th hour. You may choose to either complete the assignments for the class you are currently in or you may complete an assignment for one of the other classes, which will then be turned into the teacher you see everyday for 4th hour and it will still count for one (1) day of AMI credit.

| Ag - Mrs. Latimer | Careers - Mr. Link | JH Health - Ms. Naylor | LifeSkills - Mrs. Miller |
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| <p><u>AMI Day 1 -</u> Research a career in the agriculture industry and create an informational brochure/flier including the name of the career, required education/training, job description, and salary. Can be done on paper or computer.</p> | <p><u>AMI Day 1 -</u> Research a career in the agriculture industry and create an informational brochure/flier including the name of the career, required education/training, job description, and salary. Can be done on paper or computer.</p> | <p><u>AMI Day 1 -</u> Write a paragraph about the characteristics of a healthy relationship- friendship or significant other.</p> | <p><u>AMI Day 1 -</u> Write a 3-4 sentence paragraph explaining three (3) of your favorite things about yourself. No negative comments about yourself, please.</p> |
| <p><u>AMI Day 2 -</u> Find an agriculture related magazine article of an interest of yours. REad and write a summary of what you learned (At least 1 paragraph) Include a link/picture of the article.</p> | <p><u>AMI Day 2 -</u> Write a paragraph describing what you think a day in the life of your first career cluster would look like</p> | <p><u>AMI Day 2 -</u> Create a graphic organizer identifying healthy vs. unhealthy eating habits.</p> | <p><u>AMI Day 2 -</u> Create a "No Smoking" poster that gives one reason why you should NOT smoke. Make it colorful and creative.</p> |
| <p><u>AMI Day 3 -</u> Create a poster on a piece of copy paper promoting career and technical education. (Can include areas outside of Ag) must be in color.</p> | <p><u>AMI Day 3 -</u> Would you rather have a career that makes a lot of money but hate what you do, or make very little money but love what you do. Write a paragraph to explain</p> | <p><u>AMI Day 3 -</u> Research an illegal drug, explain the negative effects it has on a persons' body.</p> | <p><u>AMI Day 3 -</u> Explain in two (2) or three (3) sentences how you might calm yourself down when you get extremely angry.</p> |
| <p><u>AMI Day 4 -</u> Create a song or a poem. The theme should be Ag related. Your song/poem must be at least 10 lines.</p> | <p><u>AMI Day 4 -</u> Think about 1 career that you might be interested in that would be of help to your local community, what is it and how would it help?</p> | <p><u>AMI Day 4 -</u> Create a picture that demonstrates your knowledge of how food is digested.</p> | <p><u>AMI Day 4 -</u> What is one of your favorite ways to communicate with others? Draw a full page picture to show your answer.</p> |
| <p><u>AMI Day 5 -</u> Make a comic strip that shows the process of taking a plant such as wheat from the field to it becoming a loaf of bread.</p> | <p><u>AMI Day 5 -</u> Have you considered joining the military? Do you know anyone that has or is serving? Research or think about a job in the military that might interest you and write about it.</p> | <p><u>AMI Day 5 -</u> Participate in some form of physical activity for at least 10 minutes, record your activity.</p> | <p><u>AMI Day 5 -</u> What are you most looking forward to learning or favorite thing you've learned so far in LifeSkills class? Explain in a 3-4 sentence paragraph.</p> |

