

Mrs. Miller's  
FACS classes  
AMI Packet 2022-2023

Office hours: 8:30 am – 3:00 pm

[millerv@grtigers.net](mailto:millerv@grtigers.net)

FYI.....

If you have any questions or don't understand an assignment, please email me at millerv@grtigers.net.

- My office hours will be 8:30 am – 3:00 pm. You may email me at any time, but I will only be answering emails during office hours.
- Please don't stress out over these assignments, don't overthink them.
- Most of all.....Enjoy a day working at your leisure and pace. Stay safe and come back to us healthy, rested and ready to be back. :D

Mrs. Miller's classes -

- 1<sup>st</sup> hour – JH FACS
- 3<sup>rd</sup> hour – Housing & Interior Design
- 4<sup>th</sup> hour – JH LifeSkills
- 5<sup>th</sup> hour – Child Development
- 6<sup>th</sup> hour – Nutrition & Wellness
- 7<sup>th</sup> hour – Career & Family Leadership



\*Name of student to be written on line at top of log.

Name \_\_\_\_\_ Date \_\_\_\_\_

Thinking to the future, I want you to personally assess your career goals. Please answer the following questions in the appropriate boxes.

Career Interested in \_\_\_\_\_

1. Why are you personally interested in this career?
2. What personal skills and learning style do you have that indicate that you might be suited for this career choice?
3. List some things that appeal to you about this career field.

Reasons Interested	Skills & Learning Style	Appeals of the Career
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Name ..... Date .....

# Carbohydrates

## Acrostic Poem

**Directions:** You are going to be making an acrostic poem for each letter of the word “Carbohydrates”. Think a food or something that has to do with carbohydrates and each letter must have 2 – 3 words. Be creative and make them all work together in a “Carbohydrate” poem.

C \_\_\_\_\_

A \_\_\_\_\_

R \_\_\_\_\_

B \_\_\_\_\_

O \_\_\_\_\_

H \_\_\_\_\_

Y \_\_\_\_\_

D \_\_\_\_\_

R \_\_\_\_\_

A \_\_\_\_\_

T \_\_\_\_\_

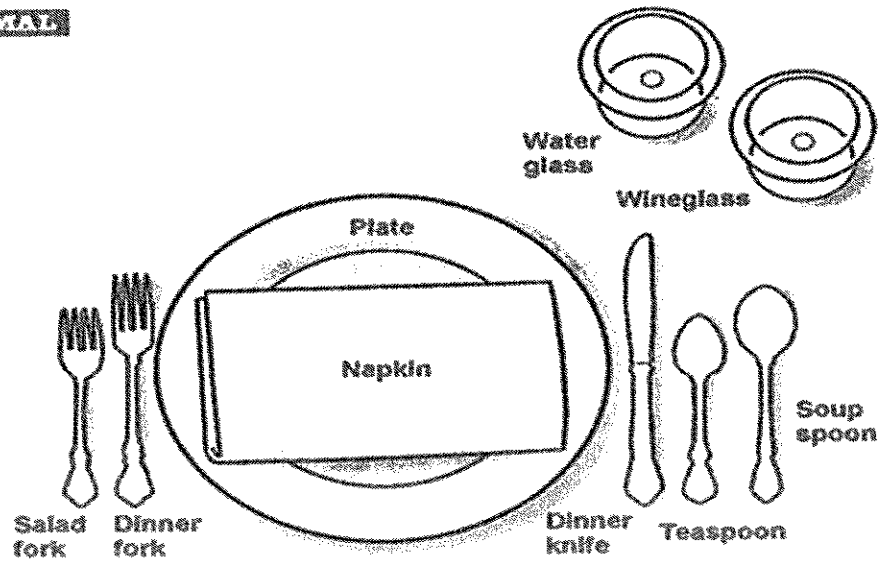
E \_\_\_\_\_

S \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_

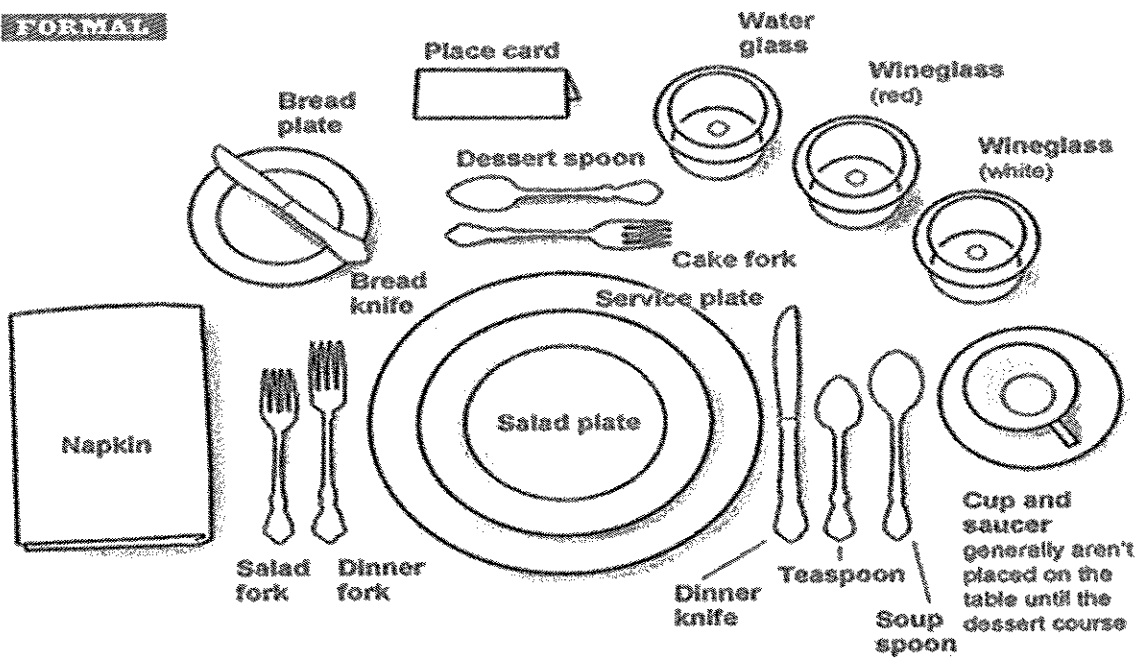
On an 8 ½ x 11 piece of paper, draw out and create your own design of a place setting for an informal dinner. You may use the back of this paper. Be colorful and creative.

**INFORMAL**



Utensils are placed one inch from the edge of the table

**FORMAL**



Name \_\_\_\_\_

## EMOTIONS & FOOD

Our emotions range from Happy to Angry. Using the space below draw an emoji that shows the expression of the following emotions and then.....the food that goes with each emotion. Please use **color** to express the emotions better.

– Happy

– Sad

– Calm

– Frustrated

– Anxious

– Scared

– Disappointed

– Angry