

SGS
Curriculum Map

Grade: 7th and 8th Subject Area: Physical Education

Teacher: Mr. Brungard

updated

Month	Framework	Unit	Assessments	Examples of Skills (Activities):
Aug./Sept.	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Frisbee Golf Fitness Gram Fitness Testing	Polar GoFit Heart Monitors Skills Checklist Peer Evaluation Fitness Creation	Par 3 Challenge 9 hole challenge Partner Pass Fitness Games Assessment
October	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Softball and Whiffle ball Soccer	Polar GoFit Heart Monitors Rules Test Peer Evaluation	Throwing Drills Passing Drills Home Run Derby Game Play 3v3 4v4 2 Team Challenge
November	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Flickerball Bowling	Polar GoFit Heart Monitors Skills Checklist Rules Test	Flickerbll Game Play Tournament Bowling Bingo 5 Pin/ 10 Pin Brungard Open Tournament
December	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Basketball	Polar GoFit Heart Monitors Skills Checklist Teamwork Challenge	Dribble Drills Knock Out Around the world 2v2 3v3 5v5 Competitive and non-Comp Games

January	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Volleyball Fitness Games	Polar GoFit Heart Monitors Skills Checklist Peer Evaluation	Volley Pass Drills Setting Passing Serving Competition Game Play
February	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Team Handball 10 Pass	Polar GoFit Heart Monitors Teamwork Challenge Teacher Visual Assessment	Game Play Throwing drills 3v3 4v4 Large Game setting
March	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Badminton Fitness Gram Fitness Testing	Polar GoFit Heart Monitors Skill Checklist Rules Test	Skill drills 1v1 2v2 Tournament Fitness Gram Assessment
April	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Fitness Activities Outdoor PE games	Polar GoFit Heart Monitors Teacher Visual Checking for understanding Game Creation	Kickball Softball Frisbee games Ultimate Frisbee Timed Runs Other games needed
May/June	State Goal 19 State Goal 20 State Goal 21 State Goal 23 State Goal 24	Frisbee Golf Track Relays and Cross Country	Polar GoFit Heart Monitors End of the year Review Quiz Warm up and Cool down creation	Frisbee Throwing drills Short course Long Course Relay Races Hand offs and exchanges Distance running and distance races.