

SGS Curriculum Map
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Grade: 7<sup>th</sup> and 8<sup>th</sup>

Subject Area: Health

Month	Framework	Unit	Assessments	Examples of Skills (Activities):
Aug./Sept.	State Goal 22.A. State Goal 22.B. State Goal 23	-Introduction to Health and Wellness  -Emotions and Behaviors	-Wrap up questions -Health Education Pre-Test -Disease and Disorders Quiz	-Ground Rule worksheet -The mysterious murder of Sal Monella -Student Drug use estimate
October	State Goal 22.A. State Goal 22.B. State Goal 24	-Communication (verbal, nonverbal and ways to improve)  -Decision Making and Problem Solving	-Communication scenarios -Checklist for refusal skills -Best decision/ worst decision worksheet -Thinking Hat challenge	-The story of Taylor, Tyler and Morgan -Refusal skills “say no” -Role Play/Decision making -Mind mapping challenge.
November	State Goal 22.A. State Goal 22.B. State Goal 23	-Alcohol, Tobacco and other Drugs	-Drug research project -Project observation packet -Journal Entries -Drug/Alcohol quiz	-Possible signs of dependency handout -Dangers of drinking -Types of drug worksheet -Skit (drugs) outline
December	State Goal 22 State Goal 23 State Goal 24	-Stress Management	-Journal entries -Suicide myth/ Fact Quiz	-Stress and health brain storm -Assembly line Ball toss -Guided visualization
January	State Goal 22 State Goal 24	-Social and Anti-Social Behaviors -Bullying/Cyber-Bullying	-Social Kills Inventory -Journal entries -Video reaction paper	-Healthy relationship scenarios -Hurtful relationship scenarios -Social media/ Texting Behaviors. -“But I love you”—Dating violence story
February	State Goal 22.A. State Goal 22.B. State Goal 23 State Goal 24	-Injury Prevention/Violence	-What does a Bully really look like? -First aid research project -Video reaction statement	-Unintentional Injuries and violence worksheet. -Immediate and long term effects—Group reaction activity

March	State Goal 22 State Goal 23.A. State Goal 23.B.	-Physical Activity and Nutrition	-Physical Activity Myth and Fact Quiz -Components of PA Quiz -Nutrition Label self-assessment	-Physical activity brainstorm group activity -FITT principle worksheet -Lunch menu Project -Inside MyPyramid worksheet
April	State Goal 22.A. State Goal 22.C. State Goal 23 State Goal 24	-Environment (Taking care of the earth and our community)  -Growth and Development	-Puberty people Hunt -Sex education unit with Mr. Brungard and Mrs. Covert	-3 R's worksheet -Trash to treasure (Recycle) -Teenager interview -Reproduction vocab word hunt.
May/June	State Goal 22.D. State Goal 23.A. State Goal 23.B. State Goal 24	-Diseases and Disorders	-Disease Research Project -Research Project Observation Packet. Disorder vocab Quiz	-Alphabet soup -Uncle John Letter -Disorder and Disease skits