**Volleyball Tryouts**

* Everyone must have a physical AND all online paperwork completed before trying out. Bring your own clothes, shoes, knee pads, ankle braces, etc…

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| **Tuesday**  **August 9th**  **ROUND 1** | **Wednesday**  **August 10th**  **ROUND 1** | **Thursday**  **August 11th**  **ROUND 1** |
| Be prepared to begin drills during athletic class. 8th graders stay until 4:00 | **3:45 – 5:30**  All participants stay for tryouts | **3:45 – 5:30**  All participants stay for  tryouts. Letters go home. |

**Friday 3:45 – 5:30**

**ROUND 2: Final day of tryouts for some**

**Tryout results sent home with each participant today. Practice begins Monday, Aug. 15th.**

**August 11, 2022**

**Congratulations for making it to Round 2 of tryouts. Please return for your final day tomorrow. Tryouts end at 5:30.**

**Cade Volleyball Coaching Staff**

**August 11, 2022**

**Thank you for participating in our Cade volleyball tryouts this year. Unfortunately, you have not made it to the next round of tryouts. Please come by the gym tomorrow after school if you would like to receive a copy of your tryout sheet.**

**Cade Volleyball coaching staff**

**ATHLETE\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ GRADE \_\_\_\_\_\_**

**UIL ELECTRONIC PARTICIPATION FORMS**

*DUE BEFORE TRYOUTS*

THE FORMS THAT YOUR ATHLETE IS MISSING HAVE BEEN CHECKED BELOW. YOUR CHILD WILL NOT BE ALOUD TO TRYOUT FOR VOLLEYBALL AND WILL BE REMOVED FROM THE ATHLETIC PERIOD IF THEY ARE NOT COMPLETED BEFORE THE FIRST DAY OF SCHOOL. ALL ONLINE FORMS NEED TO BE FILLED OUT ON Rankonesport.com

\_\_\_\_PHYSICAL (TURN IN)

\_\_\_\_MEDICAL HISTORY (ONLINE)

\_\_\_\_PARENT PERMISSION LETTER PHYSICAL (ONLINE)

\_\_\_\_UIL CONCUSSION FORM (ONLINE)

\_\_\_\_UIL CARDIAC AWARENESS (ONLINE)

\_\_\_\_RANDOM DRUG TESTING FORM (ONLINE)

\_\_\_\_EMERGENCY CARD (ONLINE)

\_\_\_\_UIL STEROID (ONLINE)

\_\_\_\_UIL ACKOWLEDGMENT OF RULES (ONLINE)