

SGS Unit Timeline Matrix

Grade: Pre-K

Subject Area: PE & HEALTH

Month	Standard(s)	Unit	Benchmark(s)	Examples of Skills (Activities):
Example ~ Math 2nd Grade	7A	Currency/Money	7.A.1.c	*Add/Subtract using currency *Make change from \$1.00
Aug./Sept.		Rules-Safety Gross Motor Playground Equipment Bikes		Run , Leap, Hop, Jump Outside Equipment
October		Jumping Activities Small Equipment		Hoops, Scooters, rings, ropes, paddles
November		Manipulatives Small Equipment		Hoops, Rings, Paddles, Bean Bags, Balls
December		Balls, Blue, Yarn, Playground and Obstacle Course		Over, Under, Thru
January		Leg Strength Hippity Hops Long Rope		Leap Jump
February		Eye/Hand Coordination Balloons Beach Balls		
March		Rolling Balance Beams Climbing		
April		Body Parts Over, Under, Between		
May/June		T Ball Base Running Climbing/Jumping		