

## May 18, 2018 Quarterly Wellness Meeting

The final quarterly wellness meeting for the 17-18 school year began with Chartwell's Jason Godwin reviewing menu ideas for next school year. Using the Webtrition site, Jason demonstrated how to check that all components have been met when building a menu. Jason also described how they will try new menu items by having tastings the week before. He pointed out that we have had a lot of success this year with build-your-own food bowls, breakfast sandwiches, and other breakfast options during breakfast for junior high/high school students. He hopes to incorporate "street" food along with appealing menu names during the 18-19 school year.

Jason notes that breakfast is biggest opportunity we have for increasing more student participation and he brought up a "second chance breakfast" option for discussion.

Jason also shared Food Trucks as another opportunity we may have for encouraging students to eat on our campuses. He is exploring vendors that could meet our needs. A food truck could possibly go from campus to campus on a certain day each week or even be available for a campus field day, etc.

The meeting minutes from the third quarterly meeting on March 9<sup>th</sup> were reviewed and approved.

Next, the committee discussed developing a district-wide plan for providing food safety precautions for students with allergies. The following ideas were examined:

- Educating Staff and Parents
  1. Parents and Medical personnel sharing information at meetings
  2. Creating Videos with parents' stories in order to "put a face" to the issue
- Truly becoming peanut free across the district
  1. The example that was given is that foods with peanuts are on our campuses and sold at events after school hours thus sending a mixed message
  2. Work with booster groups and PTOs for help with this
- Set up an activity fund parents can contribute to for snacks that would go through Smart Calculator (Q: would a LISA account fall under this type of account?)
- Second Chance Breakfast to replace snacks for those with late lunch
- Apply for a Fruit and vegetable grant
- Create a protocol for our Nine Food Days in which foods for parties is checked
- Create a list of most common snack "No-Nos" along with an approved snacks list

And finally, try to create a positive spin on this issue- we all want what is best for our students and we want all students to feel safe.

Before the meeting was adjourned at 10:10, the members reviewed the checklist and discussed reasonable deadlines for next school year.