

NOTICE OF School Health Advisory Committee Nacogdoches ISD

Notice is hereby given that on **February 7th, 2023**, the **Texas School Health Advisory Committee (SHAC)** of the Nacogdoches Independent School District will hold a Regular Meeting at 12:00 PM in the Nacogdoches Independent School District, located at District Support Center in HR Training Room, located at 4632 NE Stallings Dr., Nacogdoches, TX., 75965.

AGENDA

START: 12:00 pm

END: 12:55 pm

The subjects to be discussed or considered or upon which any formal action may be taken are listed below. Items do not have to be taken in the same order as shown on this meeting notice.

- 1. Call to Order; M. Tarvin**
- 2. Introductions; M. Tarvin**
- 3. Presentation; Family Crisis Center of East Texas; Stuart Burson**
 - a. Beginning of Teen Dating violence month**
 - b. Prevent Domestic Violence, Sexual Assault, and Dating Violence through education.**
 - c. Focus/Educate students.**
 - d. Who Benefits from Prevention Presentations**
 - i. Everyone**
 - e. Prevention Presentations are appropriate to the age of the group.**
 - i. From G to PG-13**
 - f. Presentations time varies.**
 - i. 15 minutes to 9 hours**
 - g. What do we talk about?**
 - i. Healthy Relationships**
 - 1. Focus on Friends and Family**
 - 2. Might focus on Romantic Relationships depending on the age of the students.**
 - ii. Toxic Relationships**
 - iii. Healthy Communities**
 - iv. Consent**
 - v. Bystander intervention**
 - vi. Risk Factors Associated with Gender Socialization**
 - 1. Male Entitlement**
 - vii. Consent Video; It's Simple As Tea**
 - viii. Teen Violence**

1. February is Teen Violence Awareness Month
- ix. Human Trafficking
 1. Have one specialist.
 2. Trafficking is not smuggling.
 3. Trafficking is luring individuals into Sex Work
- x. Principals and Administrators have the final say on Presentations.
- xi. Information and Training come from
 1. Taasa
 2. tcfv
 3. onelove
- xii. Questions/Concerns
 1. How are you teaching positive gender roles when there are more than two genders?
 - a. Don't go into genders.
 - b. Focus more on toxic roles and how to prevent that.
 2. Have you talked to any campus besides HS?
 - a. No, but posters made for Middle School
 3. If we aren't getting information from them, how are students/staff getting it out.
 - a. We need to schedule a meeting.
4. Update on Information submitted from Sub-Committee; M. Tarvin
 - a. Met on Nov 30th.
 - b. Created questions that they wanted to answer.
 - i. Getting answers and hopefully soon the committee will present this to the SHAC committee.
5. Presentation; Fitness Gram; Gari Dial
 - a. Coach Dial has been in District for 23 years.
 - b. Used to be called Fitness Gram
 - c. All reporting goes to TEA in Fitness Testing
 - d. Required Fitness test in grades 3-12
 - e. Testing Components
 - i. 20m pacer - cardiovascular
 1. Replacing mile jog
 2. More accurate test
 - ii. Height and Weight - body composition
 1. Hardest thing for Middle School and High School
 - a. Body image issues
 - iii. Curl-up, push-ups, trunk lifts - muscular strength and endurance
 - iv. Sit and reach - muscle flexibility.
 - v. Do test every year.
 1. We did not test in the year of COVID.
 2. Did modify test 2021.
 - f. Questions

- i. Do they give us a comparison with statewide?
 1. Don't send it out; we can request that information.
 - ii. Is NISD tying this information to academic performance.
 1. We are working on that.
6. Overview/Discussion/Questions; M Tarvin
7. Adjournment