

SUPERINTENDENT MESSAGE

I am always amazed at how quickly a school year goes. It seems like just yesterday we were welcoming staff and students back and here I find myself closing out another year. Like every vear, our students were very successful both academically and within their extracurricular activities. I think sometimes we take for granted the opportunities we offer our students that smaller districts can't match. We are big enough to offer something for every one of our students. Our fine arts program participants are routinely recognized as individuals

as well as large groups, while our athletes are very competitive at the Varsity, Junior Varsity, Freshman, and Junior High levels. The improve our service to pride that our community takes in our schools and the number of parents who graduated from Winterset and chose to raise their families here indicates they are proud of the school and community that information will be shared supported them as students. at a later date. It's a GREAT time to be a Husky!

While we just put a bow on the 2022-2023 school year, we have already been leaning into planning the 2023-2024 school year. We continue to be committed to improving

Summer Highlights

*Registration is open 5/15/23 - 7/31/23 *Family Engagement Night - Thursday, August 17, 4:00 - 8:00 pm (all buildings) *Annual textbooks fees will be assigned after 7/1/23 *The 2023-2024 meal benefits application will be available after 7/1/23. A new application is required annually. Watch your email.

our programming and the opportunities we offer our students and families. As we look for ways to our families. I wanted to share a little information about a few new features we will be implementing for the upcoming school vear. I have outlined them below and additional



Traversa:

Our district transports a very large number of students daily. Currently, we are in the process of implementing Traversa. This system takes advantage of GPS software to provide step by step directions on each route, making it easier

for our drivers, and substitute bus drivers. to navigate routes. This software will also help ensure that students get on the correct bus and get off at the appropriate stop. While we anticipate a few hiccups along the way, we are excited about the features this system will provide for our parents, students, and drivers.

Classrooms in **Apptegy:**

We continue to look for ways to easily share information with parents and will be offering a new feature through the district app for parents of students in grades 7-12. Rooms is a program that will allow parents to receive notifications from their student's teachers via the app. The communication is similar to a text and will provide a safe and secure way for parents and students to communicate with their teachers and

coaches. The program will provide easy access via the app to the Google Classroom teachers have established for their classes. If you haven't downloaded the app already, you will want to do so. More information will be sent to parents as we get closer to the start of classes next fall.

2023-2024 Registration:

Registration for the 2023-2024 school year is open through July 31st. I want to thank all of you who have already taken the time to register your children for school next year. The sooner we get registrations in and processed, the sooner we can begin working on finalizing class lists and schedules. If you have any questions regarding registration, you can contact the district registrar, Jayne Ayala, at 515-462-2718 or jayala@ winterset.k12.ia.us

Enjoy your time with your children this summer. The time we have with them goes way too fast and the moments we spend with them are the memories they will carry for the rest of their lives.

Yours in Service,

Justin M. Gross Superintendent



Term 4 Renaissance Award recipients: 9- Morgan Back 10- Anders Aasen 11- Zack Frease 12- Connor Pashek Students are selected by teachers based on character, volunteer work, leadership & academic commitment; awards provided by Union State Bank, Jeff Nolan pictured. Congratulations!



CHANGE OF ADDRESS/PHONE

When you have a change of address or phone number, please contact the school or the administration office. It is important for the school to have updated information on our students for messages and emergency situations.

FREE AND REDUCED MEALS

APPLICATION

- Log into your Parent Portal
- Click on More, then click on Meals Benefits
- Complete Free & Reduced Form, click Submit

You will receive confirmation in your Parent Portal inbox once the application is processed. Questions: Call the administration office at (515) 462-2718.

SCHOOL FEES

Attention parents: This year's school fees are due October 15th. You may pay them through your **Parent Portal**, at any of the school offices or at the administration office.

STUDENT/PARENT HANDBOOKS

The Winterset Student/Parent Handbooks are posted on the district website under the Parent tab. We have produced a district-wide handbook that aligns to board policies and current state law. The handbook includes addendums for each school, covering building specific expectations. Paper copies are available in each school's office. All students are expected to follow the policies, procedures and expectations. Please take the time to review the handbooks with your child.

Jonguats Minterset High chool CLASS OF 2023



2022-23 End of Year Luncheon May. 30th 11.30 High School Cafetenia Sponsoned by Wintenset Education foundation and WCSP

Thank You Retirees!

Cynthia Bachman Teresa Barber RaeLynn Dorrell Lori Fulcher Virginia Robinson Laura Silverthorn Penny Wildin

Celebrating 40 years! Virginia Robinson

Celebrating 25 years! Michelle Macumber Zach Sweeney Angie Olson

> brating 20 years! Lori Fulcher Travis Nedved

Celebrating 15 years!

Deann Akers Kendra Alexander Katie Linde Elizabeth Lopez Michelle Sellers Danielle Shelley

Celebrating 10 years!

Niki Anderson Suzy Busta Billi Jo Hartman Nate Huston Ted Leonard Jenna Murphy Brittany Salton Jennifer Schiefelbein Tiffanie Wetzel

Celebrating 5 years!

Jayne Ayala Maria Babcock Megan Brackemyer Kelly Burkett Eric Clouse Emily Draude Kim Heisman Paige Henry Sherry McDonald Kaylee Berry Karly Huston Elyse Otten Meg Strait Abbey Williams





A Fond Farewell to...

Polly Blum Eric Clouse Karianne King Megan Hofer Kori Clouse Chelsea Hoffman Jenna Murphy Ashley Kolum Kathleen Rush Joel Imel **Clint Driftmier** Noah Sigwarth April Johnston Jessica Hardy Morgan Kappel Audrey Skoog Hannah Crawford Amanda Sickles

A special thanks to all of our staff for an AWESOME school year. You were <u>#ALLIN</u> for each other and our kids. YOU are why it's great to be a Husky!



REMINDER: FINAL TRANSCRIPTS WILL BE SENT TO ALL COLLEGES BY THE END OF JUNE!

Immunization records will be sent with all final transcripts.

ALL scholarships available are on the Winterset High School's guidance page.

Local Loan Opportunities

Winterset graduates should be aware that our school is privileged to have two well-funded loan programs. The Lillard-Miller and Eva Rogan Funds were established to help students finance post high school education. The funds are financed through private contributions. Loans are available for up to \$1,000 per year per student and a maximum of \$3,000 per student. No interest is charged, but the loans must be paid back. Applications are available on the guidance webpage and in the guidance office or the administration office and may be completed anytime now through August.

The FAFSA should be filed by July 1! This application helps determine eligibility for Pell Grants and State aid. You may be more qualified than you think! File it today!

Summer Tips for Students

Freshmen

- Update your Raise.Me account to earn additional scholarship dollars.
- Talk to family members, friends, teachers, counselors, and coaches about how they picked their career and their planning experiences.
- Participate in hobbies and activities related to your career interests.
- Review your career assessment results and make a list of colleges you're interested in researching based on your results. Visit ICANsucceed.org/colleges.
- Don't be afraid to change your career goals as you learn more about yourself and the world of work.

Sophomores

- Start a summer reading list. Try reading books that will help increase your vocabulary.
- Participate in hobbies and activities that enable you to explore your career interests.
- If you're an athlete hoping to play sports in college, plan ahead. Learn about the requirements of college athletics at ICANsucceed.org/collegeathletes.
- Talk to your parents about college expenses and create a plan to cover them.
- Stay in touch with teachers, school counselors, coaches, and community members. Later you may ask them to write letters of recommendation for scholarship and/or college admission applications.
- Juniors
- Schedule final campus visits.
- Begin completing private scholarship applications.
- Save your summer earnings to pay for college.
- Prospective student athletes, there are lots of steps to becoming a college athlete. Learn about college athletic requirements at ICANsucceed.org/collegeathletes.
- Obtain and review college admission applications.

• Consider which teachers, employers or other adults you'll ask to write letters of recommendation. Seniors

- Save money to help with education/training expenses.
- Attend orientation sessions to meet people, get familiar with campus and register for classes if you're planning to attend college in the fall.
- Prepare a personal budget and review it with your parents.
- Thank your family and friends for their support.

WINTERSET COMMUNITY SCHOOL DISTRICT

2023-2024 ONLINE REGISTRATION

Open May 15 – July 31



4-year-old PK - 12th grade

Returning students must be registered through the Parent Portal

New students register via the district website www.winterset.k12.ia.us

Call Jayne at 515-462-2718 with questions

School John Kaccinations					
KINDE	RGARTEN				
 DTaP Vaccine Polio Vaccine MMR Vaccine Hepatitis B Vaccine Varicella Vaccine 	 COVID-19 Vaccine Influenza Vaccine (~Oct) 				
TH GRADE Tdap Booster Vaccine Meningoccal Vaccine HPV Vaccine COVID-19 Vaccine Influenza Vaccine (~Oct) To learn more about schoorequirements in lowa, visit	ool vaccination				

IOWA

Student Health Screening Requirements

3rd Grade

Vision Screening

- No earlier than 1 year prior and no later than 6 months after enrollment
- Can be provided by ophthalmologist or optometrist or pediatrician's or family practice physician's office, a free clinic, a child care center, a local public health department, a public or accredited nonpublic school, or a community-based organization or by an advanced registered nurse practitioner or physician assistant
- Submitted electronically through IRIS or hard copy (no required form)

9th Grade

Dental Screening

- No earlier than 1 year prior to enrollment and no later than 4 months after enrollment
- Must be provided by licensed dentist or dental hygienist
- Must use IDPH Certificate of Dental Screening

Parents and schools are critical in ensuring students are healthy and ready to learn. In Iowa, there are four health screening programs regulated by the state and implemented by the schools: immunization, dental, vision and blood lead.

For immunization requirements, see next page

Kindergarten

Dental Screening No earlier than age 3 and no later than 4 months after enrollment

- Can be provided by a licensed dentist, dental hygienist, physician, physician assistant, registered nurse or ARNP
- Must use IDPH Certificate of Dental Screening

Vision Screening

- No earlier than 1 year prior and no later than 6 months after enrollment
- Can be done by an ophthalmologist or pediatrician's or family physician or any professional licensed to perform this test.
- Submitted electronically through IRIS or hard copy (no required form).

Lead Screening

At least one Blood Lead Test should occur prior to six years of age

- Must use IDPH spreadsheet to submit list of kindergartens
- Don't need to collect results of blood lead testing
- IDPH matches the school list with their data and inform schools of children who need a blood lead test
- Schools inform parents
- Parents have their children tested



For more information: https://idph.iowa.gov/iowa-student-health-screening-requirements

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Check for updates at raccoonriverconference.org or call the high school at 462-3320.

HIGH SCHOOL BASEBALL

DATE	TIME	LEVE	L OPPONENT	SITE
June 1 5:3	30 pm	JV/V	Norwalk	Winterset
June 1 10):00 am	9th	Gilbert	Gilbert
June 5 5:3	30 pm	JV/V	Ballard	Winterset
June 2 10) am	9th	Woodward-G	Winterset
June 6 11	am	V	Greene Co.	Principal Park
June 5 10):00 am	9th	Saydel	Saydel
June 7 5:	30 pm	JV/V	Greene Co	Greene Co
June 8 10):00 am	9th	Boone	Winterset
June 7 5:	30 pm	JV/V	ADM	ADM
June 9 10):00 am	9th	North Polk	Winterset
June 8 5:3	30 pm	JV/V	Gilbert	Gilbert
June 10 2:0	00 pm	JV/V	Van Meter	Winterset
June 12 5:		JV/V	Carroll	Winterset
June 12 10):00 am	9th	Ballard	Slater
June 13 10			Carlisle	Carlisle
June 14 5:	30 pm	JV/V	North Polk	Winterset
June 15 10):00 am		ADM	Winterset
June 15 5:		JV/V	Bondurant-F	Winterset
June 19 5:		JV/V	Carlisle	Carlisle
June 20 10			Ballard	Winterset
June 20 5:		JV/V	Pella	Pella
June 21 5:		JVV	Boone	Boone
June 22 10			Bondurant-F	Winterset
June 23 10		9th	Creston	Creston
June 23 5:		JV/V	Knoxville	Knoxville
June 26 5:		JV/V	Ballard	Ballard
June 27 10			Gilbert	Winterset
June 27 5:	•	JV/V	Nodaway Valley	NV
June 28 5:	•	JV/V	ADM	Winterset
June 29 5:	•	JV/V	Gilbert	Winterset
June 29 10			North Polk	North Polk
June 30 5:		JV/V	Perry	Winterset
June 30 10			Van Meter	Winterset
	30 pm	JV/V	Carroll	Carroll
July 5 10):00 am	9th	Boone	Winterset

July 5	5:30 pm	JV/V	Saydel
July 6	10:00 am	9th	Carlisle
July 7	TBA	V	Substate

Winterset Winterset

HIGH SCHOOL SOFTBALL

DATE	TIME	LEVEL	OPPONENT	SITE
June 1 June 3	5:30pm TBD	JV/V V V	Urbandale /alley Tourney	Winterset Valley
June 5	5:30 pm	JV/V	Ballard	Winterset
June 6	4:30 pm	9/JV/V	Clarke	Winterset
June 7	4:30 pm	9th/JV/		ADM
June 8	4:30 pm	9th/JV/		Gilbert
June 9	10:00 am		Valley	Valley
June 9-1			ey Woodward	Woodward-G
June 12		9th/JV/\		Winterset
June 13	5:30 pm	JV/V	Saydel	Winterset
June 14	5:30 pm	JV/V	North Polk	NP
June 14	10:00 am	9th	Norwalk	Norwalk
June 15	4:30 pm	9/JV/V	BF	Winterset
June 16-	17 TBD	V F	Fort Dodge Tourney	Fort Dodge
June 16	10:00 am	9th	DM Lincoln	Lincoln
June 19	4:30 pm		/ Carlisle	Carlisle
June 20	5:30 pm	JV/V	Dowling	Winterset
June 21	4:30 pm	9th/JV/\		Boone
June 23	10:00 am		Norwalk	WInterset
June 23	5:30 pm		Waukee	Waukee
June 24			neader Indianola	Indianola
June 26	5:30 pm	JV/V	Ballard	Huxley
June 27	10:00 am		Creston	Creston
June 27	4 pm	9th/JV/\		Winterset
June 28	4:30 pm			Winterset
June 29	4:30 pm	9th/JV/		Winterset
July 5	TBA	9th Tou		Winterset
July 3	4:30 pm	9th/JV/		Carroll
July 6	7 pm	V	Varsity Regional	

JH SCHEDULE CAN BE FOUND ONLINE:

https://wintersetcs.rschoolteams.com/

ADMISSION PRICES

BUY TICKETS ONLINE ON TICKET SPICKET IN ADVANCE OF THE GAME

Admission prices to all Varsity events will be \$6 for everyone. Tournaments will be \$6 for everyone. Junior high events will be \$4 for adults and for students.



WINTERSET ACTIVITIES DEPARTMENT

Randy McDonald, Activities Director • Winterset Community Schools 624 Husky Drive • 515-462-3320 • <u>rmcdonald@winterset.k12.ia.us</u> www.winterset.k12.ia.us • Follow us on twitter @WintersetHusky

TO:	All Employees/Community Members
FROM:	Randy McDonald, A.D.
SUBJECT:	Activity Sign-Up
DATE:	May 10, 2023

The sign-up for working extra-curricular activities is open to all employees and residents of the district. Each person who signs up will be issued an activity ticket for self and spouse, or adult guest if requested. These tickets are to be used by adult workers or spouse/adult guest only. The activity ticket admits the holder to all junior high and high school activities except those that are state sponsored. If used to the maximum, this would cover 75 to 80 events each year.

Each person will be assigned up to four duties. If you have a preference about the kind of activity you work and/or where, you may indicate that on the form below. An attempt will be made to honor indicated preferences; however, please understand that duties will be assigned as needed to fill all slots.

Please complete the form below and return it to Randy McDonald at <u>rmcdonald@winterset.k12.ia.us</u> or to Angie Olson at aolson@winterset.k12.ia.us. Reminder that it is your responsibility to work your dates or find your own substitute if the need arises.

ACTIVITY SIGN-UP

Name:		Home Phone:
Spouses Name		Work Phone:
Cell Phone:		e-mail :
Address:		
Check One: High Scho	ool Activity	Junior High School Activity
For activities below, indica	te first, second, and thi	rd choices.
FALL ACTIVITY:	Football	Volleyball
WINTER ACTIVITY:	Girls Basketball	Boys Basketball Wrestling
SPRING ACTIVITY:	Track	Boys Soccer Girls Soccer
SUMMER ACTIVITY:	Baseball	Softball
VARIOUS:	Drama	Band/Vocal



Back-to-School Walk-in Immunization Clinic

Monday, July 24, 9:00-3:00

Thursday, August 10, 12:00-5:00

Thursday, August 17, 9:00-4:00

Children are eligible for immunizations at **NO-COST** through the VFC Program if younger than 19 years of age and one of the following:

- Has Medicaid or is Medicaid-eligible
- Uninsured
- Underinsured (has insurance that does not pay for immunizations)
- American Indian or Alaska Native

We also accept Blue Cross/Blue Shield insurance.

Kindergarten, Tdap, Meningitis, & HPV vaccines will be available.

NO appointment needed. Please call if you would like more information.

Madison County Public Health

209 E. Madison St, Winterset, IA 50273

(515)462-9051





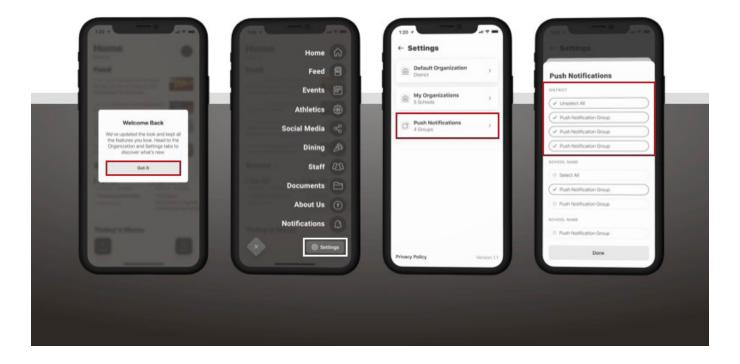
Birthday in a Bag



Don't forget CRISP's Birthday in a Bag program, sponsored by our local Rotary Club. CRISP clients can receive a gift bag that includes a cake mix and frosting, cake pan, candles and party supplies, along with an age appropriate book for their child's birthday. Please call CRISP at 515-462-9400 to reserve your Birthday in a Bag.

Don't miss any updates from Winterset!

- 1. Search 'Winterset School District' in your phone's app store and download the app
- 2. Select 'ALLOW' when prompted on initial download to ensure you receive notifications
- 3. Open the app, and navigate to the bottom menu then tap 'SETTINGS'
- 4. Ensure your settings are turned on and your organization is selected



2023-2024 Winterset Community School – Preschool Calendar Board Approved (12-12-22)

		_					Date	<u>Events</u>
CALENDAR L <u>EGE</u> ND	М	Т	W	Th	F	Days	Puto	
Start/End	Sept	ember	-		1			<mark>l on Wednesdays</mark>
No School		_		31	1		plus the additi	onal days noted
	4	5	6	7	8		Aug 31	First Day of Preschool
	11	12	13	14	15		Sept 4	Labor Day (No School)
	18	19	20	21	22			
	25	26	27	28	29			
	Octo 2	ber 3	4	5	6			
	2	10	<u>4</u> 11	12	13			
	9 16	10	18	12	20		Oct 20	No Preschool (PD Day)
	23	24	25	26	27		Oct 23	No Preschool (Innovation Day)
	30	31	20	20	21			
		ember						
	14040	moor	1	2	3			
	6	7	8	9	10		Nov 2 & 7	No Preschool (Conferences)
	13	14	15	16	17		Nov 20-24	No Preschool
	20	21	22	23	24			
	27	28	29	30				
		ember						
					1			
	4	5	6	7	8	1	Dec 6	Preschool Family Fun Night
	11	12	13	14	15		Dec 22-Jan 3	No Preschool
	18	19	20	21	22			
	25	26	27	28	29			
	Janu	lary						
	1	2	3	4	5			
	8	9	10	11	12		Jan 4 Jan 12	Classes Resume No Preschool (PD Day)
	15	16	17	18	19		our rz	
	22	23	24	25	26			
	29	30	31					
	Febr	uary		4		-		
	_		7	1	2			
	5 12	6 13	7 14	<u>8</u> 15	9 16		Feb 8 & 13	No Preschool (Conferences)
	12	20	21	22	23			
	26	20	28	22	23			
	Marc		20	23				
	marc				1			
	4	5	6	7	8		March 11-15	No Preschool
	11	12	13	14	15		March 22	No Preschool (PD Day)
	18	19	20	21	22			
	25	26	27	28	29			
	April							
	1	2	3	4	5			
	8	9	10	11	12			
	15	16	17	18	19		April 1	No Preschool (Teacher Comp Day)
	22	23	24	25	26			
	29	30						
	May							
			1	2	3			
	6	7	8	9	10		May 17	Last Day for Preschool
	13	14	15	16	17		_	

2023-2024 Winterset Community School Calendar

Board Approved (12/12/22)

No School	14
End of Quarter	21
1hr Late Start	28
	Sept
Teacher Contract Dave	
Teacher Contract Days	4
178 Student Contact Days 2 Conference Comp Days (11/22 & 4/1)	11
6 Pre-Service Days (8/14-8/18 & 8/22)	18
1 Work Flex Day** (8/21 or 5/28)	25
1PD Days (11/21)	Octo
1 Innovation Day*** (10/23)	2
<u>1 TQ Day*** (11/20)</u>	9
190 Days	-
***TQ=contract day as long as funded by state	16
	23
New Teacher Days	30
August 1 st (1/2 day, 8am-noon) August 10 & 11	Nove
New teachers work August Flex Day	
- August 21	6
	13
Late Start Wednesdays	20
School begins 1 hour late every	27
Wednesday for professional development.	Dece
	4
	4 11
*O	
*Cancelled school days may be made up	11
*Cancelled school days may be made up at end of school year (June).	11 18 25
at end of school year (June).	11 18 <u>25</u> Janu
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CALENDAR LEGEND

Start No School

	ust				Hours	Days	Date	Events
M	Т	W	Th	F		-	Aug 1	New Teacher Day (8:00am-noon)
	1	2	3	4			Aug 10 &11 Aug 14-22	New Teacher Days Teacher Pre-Service
7	8	9	10	11			Aug 17	Elem Family Engagement (4:00-8:00)
14	15	16	17	18			Aug 17	MS Family Engagement (4:00-8:00)
21	22	23	24	25	18.5	3	Aug 17 Aug 17	JH Family Engagement (4:00-8:00) HS Family Engagement (4:00-8:00)
28	29	30	31		43.5	7	Aug 21	Teacher Work Day – Flex**
Sept	ember						Aug 23	First Day of School
				1	50	8		
4	5	6	7	8	75	12	Sept 4	Labor Day (No School)
11	12	13	14	15	106.5	17	Sept	Homecoming
18	19	20	21	22	138	22	Sept 25	HS Conferences (3:30-7:30)
25	26	27	28	29	169.5	27	_0000120	
Octo	ber			-				
2	3	4	5	6	201	32	0 -+ 17 8 10	Middle Oshari Oseferenzez (2:20.7:20
9	10	11	12	13	232.5	37	Oct 17 & 19 Oct 17 & 19	Middle School Conferences (3:30-7:30 Elementary Conferences (3:30-7:30)
16	17	18	19	20	262	42	Oct 20	End of 1 st Quarter (42 days)
23	24	25	26	27	287	46	-	2-hour early dismissal
30	31	23	20	21	300	48	Oct 23	Innovation Day (No School)
	ember				300	40	-	
NOVE	mber	4	<u> </u>	2	240.5	E 4	-	
0	-	1	2	3	318.5	51	Nov 1 & 2	Junior High Conferences (3:30-7:30)
6	7	8	9	10	350	56	Nov 20 Nov 21	TQ Day (No School) PD Day (No School)
13	14	15	16	17	381.5	61	-Nov 22	Teacher Comp Day (No School)
20	21	22	23	24			Nov 23-24	Thanksgiving Holiday (No School)
27	28	29	30		406.5	65	_	
Dece	ember		1				_	
	_	-	_	1	413	66		
4	5	6	7	8	444.5	71	Dec 6 Dec 22	High School Conferences (3:30-7:30) 2-Hour Early Dismissal
11	12	13	14	15	476	76	Dec 25-Jan 2	Winter Break (No School)
18	19	20	21	22	505.5	81	_	
25	26	27	28	29				
Janu			1	_			_	
1	2	3	4	5	524	84	Jan 3	Classes Resume
8	9	10	11	12	553.5	89	Jan 12	End 1 st Semester (89 days)
15	16	17	18	19	585	94		2-hour early dismissal
22	23	24	25	26	616.5	99		
29	30	31			635	102		
Febr	uary		-	r				
			1	2	648	104		
5	6	7	8	9	679.5	109	Feb 13	High School Conferences (3:30-7:30)
12	13	14	15	16	711	114	Feb 13	High School Comercices (3.30-7.30)
19	20	21	22	23	742.5	119		
26	27	28	29		767.5	123		
Marc	h		1					
				1	774	124	March 5 & 7	Junior High Conferences (3:30-7:30)
					805.5	129	March 5 & 7	Middle School Conferences (3:30-7:30)
4	5	6	7	8	005.5	129		
11	5 12	13	14	15	000.0	129	March 5 & 7	Elementary Conferences (3:30-7:30)
<mark>11</mark> 18	<mark>12</mark> 19	13 20	<mark>14</mark> 21		835	134		Elementary Conferences (3:30-7:30) Spring Break End of 3 rd Quarter (45 days)
11	12	13	14	15			March 5 & 7 March 11-15	Elementary Conferences (3:30-7:30) Spring Break
<mark>11</mark> 18	12 19 26	13 20	<mark>14</mark> 21	15 22	835	134	March 5 & 7 March 11-15	Elementary Conferences (3:30-7:30) Spring Break End of 3 rd Quarter (45 days)
11 18 25	12 19 26	13 20	<mark>14</mark> 21	15 22	835	134	March 5 & 7 March 11-15 March 22 April 1	Elementary Conferences (3:30-7:30) Spring Break End of 3" Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School)
11 18 25 April	12 19 26	13 20 27	14 21 28	15 22 29	835 866.5	134 139	March 5 & 7 March 11-15 March 22	Elementary Conferences (3:30-7:30) Spring Break End of 3 rd Quarter (45 days) 2-hour early dismissal
11 18 25 April 1	12 19 26 2	13 20 27 3	14 21 28 4	15 22 29 5	835 866.5 891.5	134 139 143	March 5 & 7 March 11-15 March 22 April 1	Elementary Conferences (3:30-7:30) Spring Break End of 3" Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School)
11 18 25 April 1 8	12 19 26 2 9	13 20 27 3 10	14 21 28 4 11	15 22 29 5 12	835 866.5 891.5 923	134 139 143 148	March 5 & 7 March 11-15 March 22 April 1	Elementary Conferences (3:30-7:30) Spring Break End of 3" Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School)
11 18 25 April 1 8 15	12 19 26 2 9 16	13 20 27 3 10 17	14 21 28 4 11 18	15 22 29 5 12 19	835 866.5 891.5 923 954.5	134 139 143 148 153	March 5 & 7 March 11-15 March 22 April 1	Elementary Conferences (3:30-7:30) Spring Break End of 3" Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School)
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11 18 25 April 1 8 15 22 29 May 6	12 19 26 2 9 16 23 30 30	13 20 27 3 10 17 24 1 8	14 21 28 4 11 18 25 2 9	15 22 29 5 12 19 26 3 10	835 866.5 923 954.5 986 999 1017.5	134 139 143 148 153 158 160 163 168	March 5 & 7 March 11-15 March 22 April 1 April 24 May 17 May19	Elementary Conferences (3:30-7:30) Spring Break End of 3" Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School) High School Conferences (3:30-7:30) Seniors Last Day Graduation
11 18 25 April 1 8 15 22 29 May 6 13	12 19 26 2 9 16 23 30 7 7 14	13 20 27 3 10 17 24 	14 21 28 4 11 18 25 2 9 16	15 22 29 5 12 19 26 3 10 17	835 866.5 923 954.5 986 999 1017.5 1049	134 139 143 148 153 158 160 163 168 173	March 5 & 7 March 11-15 March 22 April 1 April 24 May 17	Elementary Conferences (3:30-7:30) Spring Break End of 3 rd Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School) High School Conferences (3:30-7:30) Seniors Last Day Graduation Last Day for Students* (44 days)
11 18 25 April 1 8 15 22 29 May 6 13 20	12 19 26 2 9 16 23 30 7 7 14 21	13 20 27 3 10 17 24 1 8 15 22	14 21 28 4 11 18 25 2 9 16 23	15 22 29 5 12 19 26 3 10 17 24	835 866.5 923 954.5 986 999 1017.5 1049 1080.5	134 139 143 148 153 158 160 163 168	March 5 & 7 March 11-15 March 22 April 1 April 24 May 17 May 19 May 24 May 27	Elementary Conferences (3:30-7:30) Spring Break End of 3" Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School) High School Conferences (3:30-7:30) Seniors Last Day Graduation Last Day for Students* (44 days) 2-hour early dismissal Memorial Day (No School)
11 18 25 April 1 8 15 22 29 May 6 13 20 27	12 19 26 2 9 16 23 30 7 7 14 21 28	13 20 27 3 10 17 24 	14 21 28 4 11 18 25 2 9 16	15 22 29 5 12 19 26 3 10 17	835 866.5 923 954.5 986 999 1017.5 1049 1080.5	134 139 143 148 153 158 160 163 168 173	March 5 & 7 March 11-15 March 22 April 1 April 24 May 17 May 19 May 24	Elementary Conferences (3:30-7:30) Spring Break End of 3 rd Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School) High School Conferences (3:30-7:30) Seniors Last Day Graduation Last Day for Students* (44 days) 2-hour early dismissal
11 18 25 April 1 8 15 22 29 May 6 13 20	12 19 26 2 9 16 23 30 7 7 14 21 28	13 20 27 3 10 17 24 1 8 15 22	14 21 28 4 11 18 25 2 9 16 23	15 22 29 5 12 19 26 3 10 17 24	835 866.5 923 954.5 986 999 1017.5 1049 1080.5	134 139 143 148 153 158 160 163 168 173	March 5 & 7 March 11-15 March 22 April 1 April 24 May 17 May 19 May 24 May 27 May 28	Elementary Conferences (3:30-7:30) Spring Break End of 3" Quarter (45 days) 2-hour early dismissal Teacher Comp Day (No School) High School Conferences (3:30-7:30) Seniors Last Day Graduation Last Day for Students* (44 days) 2-hour early dismissal Memorial Day (No School)

Jł H Te	S Family Engagement (4:00-8:00) I Family Engagement (4:00-8:00) S Family Engagement (4:00-8:00) aacher Work Day – Flex** rst Day of School
	abor Day (No School) omecoming
H	S Conferences (3:30-7:30)
El El	iddle School Conferences (3:30-7:30) lementary Conferences (3:30-7:30) nd of 1 st Quarter (42 days) hour early dismissal

School Hours = 1110 + 16 (PT Hours) = 1126



2023-2024 Preschool Supply List

Winterset Community School District

Little Huskies

- 1 Backpack: Room for a folder, snow pants, and shoes
- 1 Binder: $\ensuremath{\ensuremath{\mathcal{V}}}\xspace^{-3}$ Ring White Binder w/plastic sleeve
- 1 24 count box of crayons (Crayola preferred)
- 1 8 ct. pack colored pencils (Crayola preferred)
- 1 10 pack washable markers (Crayola preferred)
- 1 Scissors: Blunt tip (Fiskars recommended)
- 2 Glue sticks

Wee Learners

1 - Backpack: Room for a folder, snow pants, and shoes 1 - Binder: 1"- 3 Ring White Binder w/plastic sleeve

Additional Supplies Needed at Both Preschools:

Bathroom supplies:

Only if your child needs these. A supply of diapers/pull-ups and wet wipes.

• Clothing:

Send a change of clothing including socks and underwear. Please place clothing in a zip lock bag with your child's name. As the seasons change, the clothes will be sent home for weather appropriate clothing.

• Winter Wear:

Please send snow pants, snow boots, hat, mittens, and a winter coat **every day** when the weather is cold and snowy. We require that all children have appropriate attire to go outside for recess. Mittens (not gloves) are much easier for your child to dress independently. <u>Please label ALL winter wear with your child's name.</u>

• CRISP: (Community Resources In Service to People)

This community service is available to families who need help getting school supplies and clothing. CRISP is located inside the Winterset Presbyterian Church. They can be reached at 515-462-9400.

Please label all supplies with your student's name and replace as needed



2023-2024 Elementary Supply List

Winterset Community School District

<u>Kindergarten</u>	<u>1st Grade</u>
 1 - large eraser 10 - #2 pencils (yellow-no decorated pencils) 1 - 5"X 8" pencil box 1 - scissors: blunt tip (Fiskars recommended) 20 - glue sticks 3 - 24 ct. box crayons (Crayola recommended) 2 - 8 ct. box washable markers (Crayola recommended) 2 - 8-12 ct. box colored pencils (Crayola recommended) 1 - paint shirt (old, big enough to cover clothes) 1 - backpack 	 1 - large eraser 10 - #2 Pencils (yellow-no decorated) 1 - 5"X 8" pencil box 1 - scissors: 5" pointed (Fiskars recommended) 10 - glue sticks 3 - 24 ct. box crayons (Crayola recommended) 2 - 8 ct. box washable markers (Crayola recommended) 2 - yellow highlighters 1 - wide rule spiral notebook 1 - paint shirt (old, big enough to cover clothes) 1 - backpack
 <u>2nd Grade</u> 3 - plastic folders w/ pockets & center prongs (1 red, 1 green, 1 purple) 1 - large eraser 24 - #2 pencils (yellow-no decorated or mechanical) 1 - 5"X 8" pencil box 1 - scissors: 5" pointed (Fiskars recommended) 1 - 24 ct. box crayons (Crayola recommended) 2 - glue sticks 1 - 8 ct. box washable markers (Crayola recommended) 1 - variety pack highlighters 1 - package Expo dry erase markers 4 - wide rule spiral notebooks (2 red, 1 green, 1 purple) 1 - pair earbuds (inexpensive) 1 - backpack 	 <u>3rd Grade</u> 2 - plastic folders w/ bottom pockets (no center prongs) 2 - large erasers 10 - #2 pencils (yellow-no decorated or mechanical) 4 - thin highlighters 1 - zipper pencil pouch (no pencil boxes) 1 - 5" scissors (Fiskars recommended) 8 - glue sticks 1 - 8-12 ct. colored pencils (Crayola preferred) 1 - 8-12 ct. washable markers (Crayola preferred) 1 - dry eraser 4 - wide rule spiral notebooks 1 - backpack

Please label your student's supplies and replace as needed. Please do not purchase additional supplies as we have limited storage space; extra supplies will be sent home. Donations of the following are appreciated: large boxes of Kleenex, Clorox wipes, sandwich/gallon Ziploc bags, Expo Low Odor Dry Erase markers.



2023-2024 Middle School Supply List

Winterset Community School District

<u>4th Grade</u>	5 th Grade
 1 - 3" 3-ring binder 1 - 3 ring pencil pouch 24 - #2 pencils 4 - pocket folders (no center prongs) 2 - red ball point pens 1 - 24 ct. colored pencils 1 - 2 pack Expo Low Odor Dry Erase markers 2 - packages wide rule notebook paper 1 - wide rule spiral notebook 1 - pack 3x3 sticky notes 1 - glue stick 1 - 5" pointed scissors 1 - earbuds (inexpensive) 1 - backpack 	 1 - 3" 3-ring binder 1 - 3 ring pencil pouch 24 - #2 pencils 4 - pocket folders (4 different colors/designs) 1 - 24 ct. colored pencils 2 - highlighters (different colors) 1 - box of markers 1 - 2 pack Expo Low Odor Dry Erase markers 2 - packages wide rule notebook paper 3 - wide rule spiral notebook 1 - large eraser 1 - pack 3x3 sticky notes 1 - glue stick 1 - 5" pointed scissors 1 - backpack
 <u>6th Grade</u> 1 - 3" 3-ring binder 1 - 3 ring pencil pouch 1 - 5 ct. package subject dividers (no pockets) 4 - pocket folders (3 hole punched, no center prongs) 24 - #2 pencils 1 - package blue or black ball point pens 2 - highlighters (different colors) 1 -12 pack Expo Low Odor Dry Erase markers (black) 1 - package wide rule notebook paper 2 - wide rule spiral notebook 1 - pack 3x3 sticky notes 1 - pack 3x5 index cards 1 - large eraser 1 - S" pointed scissors 1 - scientific calculator 1 - backpack 	Donations of Kleenex, Clorox wipes, Expo Low Odor Dry Erase markers, and inexpensive earbuds are always appreciated. Please label your student's supplies and replace as needed. If you need assistance acquiring school supplies, please contact CRISP at 515-462-9400.



2023-2024 Junior High/High School Supply List

Winterset Community School District

7th Grade

- 1 1.5" 3-ring binder
- 1 3-ring pencil pouch
- 24 #2 pencils
- 8 12 pocket folders (3 hole punched)
- 2 red ball point pens
- 1 24 ct. colored pencils
- 2 highlighters (2 colors)
- 1 8 pack Expo Low Odor Dry Erase markers
- 1 packages wide rule notebook paper
- 1 wide rule spiral notebook (for math)
- 1 scientific calculator
- 1 earbuds (inexpensive)
- 1 Master brand padlock for PE locker
- T-shirt, shorts, socks, shoes for PE
- 1 backpack

8th Grade

- 1 1.5" 3-ring binder
- 1 3-ring pencil pouch
- 12 #2 pencils
- 8 12 pocket folders (3 hole punched)
- 4 ball point pens (any color)
- 2 highlighters (different colors)
- 1 8 pack Expo Low Odor Dry Erase markers
- 1 packages wide rule notebook paper
- 2 5 subject wide rule spiral notebook
- 1 large eraser
- 2 packs 3x3 sticky notes
- 2 packs 3x5 index cards
- 1 scientific calculator
- 1 earbuds (inexpensive)
- 1 Master brand padlock for PE locker
- T-shirt, shorts, socks, shoes for PE
- 1 backpack

9th - 12th Grade

- 1 1.5" 3-ring binder
- 1 1" 3-ring binder (HS Agriculture courses only)
- 1 24 ct. colored pencils (HS Agriculture courses only)
- 1 2" 3-ring binder (11th and 12th grade Financial Literacy course)
- 12 #2 pencils
- 3 ballpoint pens (2 black or blue, 1 red)
- 2 highlighters (different colors)
- 1 package college rule notebook paper
- 4 college rule spiral notebooks
- 1 pack 3x3 sticky notes
- 1 scientific calculator (TI-30X preferred)
- 1 earbuds
- 1 backpack

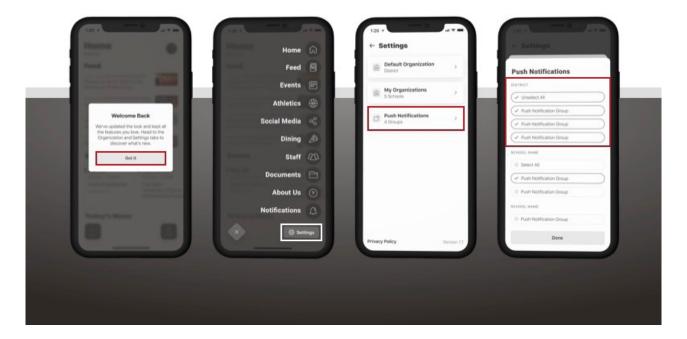
School Supplies

If you are having trouble covering the cost of school supplies for your child(ren), please contact Community Resources in Service to People (CRISP) at 515-462-9400 or email us at <u>crisp@familyresourcelink.org</u>. We can supply a backpack with grade level appropriate school supplies for your student.



Don't miss any updates from Winterset!

- 1. Search 'Winterset School District' in your phone's app store and download the app
- 2. Select 'ALLOW' when prompted on initial download to ensure you receive notifications
- 3. Open the app, and navigate to the bottom menu then tap 'SETTINGS'
- 4. Ensure your settings are turned on and your organization is selected



#TikTokChallenge

By Jeremy K. Elsmore | May 2023



"But, Mom! All my friends are going. Why can't I go too?" "If all your friends were jumping off a cliff, would you follow?"

Sounds familiar, doesn't it? I'm sure most of us remember having a similar conversation with our parents related to peer pressure or what all our friends were supposedly doing. It seemed straightforward and obvious that we wouldn't follow our friend into an unsafe situation. Unfortunately, for teens today, "the cliff" is much more confusing to identify and difficult to avoid. Case in point: TikTok challenges.

Social media platforms, such as TikTok, use addictive algorithms to show us what we want to see. Influencers manipulate these algorithms through novel, dangerous and sensational challenges they create to accumulate more followers and make more money. To adults, with our fully developed prefrontal cortex, it seems obvious which challenges would be prudent to avoid. In the case of amygdala-driven teenage brains, however, peer pressure overrides the logical thought processes, leading to too many students participating in these emotional and sometimes life-altering social media challenges.

If you're not familiar with TikTok, it's a social media platform that allows you to make, share and discover short-form mobile videos. Think of it as a video version of Twitter. You can find almost anything on TikTok, from recipe ideas to short lessons in jiujitsu. Like any social media tool, there is also a dark side of TikTok. New challenges pop up every day that students will participate in. Some of them are innocent, such as dance challenges, but others aren't so safe. These challenges have led students to do everything from stealing something from school to trying to blackout by tying something around their necks, from taking excessive amounts of Benadryl to placing bags of bleach on their eyes.

We have a responsibility to educate students to avoid situations that might cause them physical, emotional, mental and social harm.

Talking to adolescents about TikTok dangers without ever using TikTok won't be very productive, however. I recommend signing up for TikTok to experience it yourself. Students won't listen to you teaching them about TikTok if you know nothing about it.

The safest way to explore TikTok without getting hooked on it and wasting too much of your own time is to use the desktop version (www.TikTok.com). The desktop versions of TikTok and other social media apps aren't able to create the same Pavlovian responses as they do on our phones. The way in which the apps refresh and push notifications to us tends to be much less captivating on the desktop. Of course, you'll want to avoid following students' accounts or letting them follow any of your private/personal accounts on social media.

Call in Reinforcements

The two biggest online safety messages we should communicate to students, about TikTok and other social media platforms, are:

You can't fully delete anything you post online.

All it takes is one sexually explicit picture sent online to potentially be exploited.

These challenges can haunt them later in life, especially if they include destructive/dangerous activities or sharing sexually explicit pictures or videos. The apps may say a post was deleted, but the companies behind the apps could hold onto posts without anyone knowing, and before it gets deleted, who knows how many people have already made a copy of it in one form or another.

You can't solve a systemic issue like this without bringing parents to the table. Parents need to know what is going on in their children's world. Holding a parents-only night is best; you don't want to spread information to students who may not already know about these online challenges. We need to empower parents. They need tools and prompts they can use to help their kids understand these dangers. Go over scenarios with them and help them role play how to talk to their children about the subject. Don't worry, they will know exactly what their child will say in response, and acting it out will help build their confidence.

We also need to communicate with other school counselors and share our experiences. If you see a trend happening, reach out to your online or in-person school counseling community. Odds are you will find some good ideas on how to improve the situation. One of the most underestimated tools out there is the ASCA Scene website, where we can connect with other school counselors and work together to keep students safe.

Working together, with parents and other school counselors, we can help limit students' risky behaviors.

Jeremy K. Elsmore is a middle school counselor at Silverland Middle School, in the Lyon County School District, Nev.

CRISP School Supplies 4 Kids Needs Your Help!

At CRISP we've already started looking ahead to next school year. Going to school with a backpack and appropriate supplies helps children be prepared and ready to learn! With your continued support, CRISP's School Supplies 4 Kids Program will work to fill this need by assisting families with children returning to school in the fall.

We are asking for your help to provide more than 250 Madison County children with a backpack and supplies for the 2023-2024 school year. Backpacks, on average, cost \$50 per child.

In order to stretch your dollars (and ours) we are asking for monetary donations again this year. This allows us to buy in bulk and also provides more consistency in the backpacks.

Volunteers are always appreciated. Volunteer students can earn Silver Cord hours. If anyone is interested please contact our office, 515-462-9400.

Checks can be mailed to CRISP with SS4K in the Memo.

CRISP 210 W. Green Street Winterset, IA 50273

We also accept <u>PayPal</u> and <u>Venmo</u> through our website. <u>www.wintersetcrisp.org</u> Please indicate if your donation is specific to the SS4K program.

In Kind Donations of the following items are also accepted:

- Backpacks New or gently used (clean)
- Crayola Brand Crayons 24 count
- Crayola Brand Colored Pencils 12 count
- Crayola Brand Colored Pencils 24 count
- Expo Brand Dry Erase Markers
- New Earbuds or Headphones

THANK YOU for helping Madison County KIDS SUCCEED!





5th grade is a great year, because your student is eligible to join the band! My name is Colton Whetstone and I am the band director at Winterset Middle School. I am really looking forward to beginning this musical journey with your student!

Sign-Up for 5th Grade Band!

During the last weeks of school, all students were able to "test" some instruments. Each student had the opportunity to try 2-3 instruments and together we picked out an instrument that worked best for them! All students were sent home with an instrument recommendation sheet and additional information on how to prepare for band in the fall.

Winterset MS Family Engagement Night:

On Thursday, August 17th 2023, Rieman Music will be available in the Band room from 4pm-8pm to assist in completing instrument rentals. You will also get a chance to meet the band teacher, gather your materials, and officially sign up for band!

If your 5th grade student is interested in signing up for band, please complete the google form found at this link (or scan QR code):

https://forms.gle/Z3jgp51uxXJZGkPCA



I hope to have as many 5th graders in band as possible! You will be amazed at the accomplishments the beginning band students will make in just one year's time. They go from honking and squeaking to making actual music. It IS hard work, but it is rewarding work and it produces skills that can last a lifetime! If you have any questions or concerns, PLEASE contact me via email or phone. I look forward to getting the year started. Have a great summer!

Mr. Colton Whetstone - 5th/6th Grade Band Director Winterset Middle School Email: <u>cwhetstone@winterset.k12.ia.us</u> Phone: (515) 462-3010 ext. 5139

2023 Little Husky Football Registration

Tackle football for students entering 5th & 6th grade Fall 2023

Please PRINT all information	n:
Players Name:	Birth date:
	City:
Guardian Name:	Phone #:
Email:	
Guardian Name:	Phone #:
Email:	
Age as of August 2023:	Approximate weight:
Name of School attending fa	all of 2023:
I further submit no liability to the board men Football, Winterset High School, Winterset C of players in the league. I also agree to follow information is factual to the best of my know of loaned equipment. If not returned or dan REFUND of registration fees unless your chil	ntioned child I assume full liability of this child for the football program mbers, medical personnel, Indianola Youth Football League, Little Husky QB Club, officials, coaches, commissioners and all parents or guardians w all rules and regulations of this football program and that the above wledge. Parent or Guardian is financially responsible for all equipment naged, equipment will be billed at replacement cost. There will be a NO d moves out of the district before the start of the season.
Last Name:	First Name:
Send Registration form	for all players in grades 5 th -6 th Aug. 2023 in or return to the MS by May 22nd or mail
LHF @ 2322 St. Charles Rd	I. Winterset, IA 50273 no later than June 9th.
Checks pay	yable to: Winterset QB Club Feel Free to Contact:
Wade Banning 515-3	321-5696 Eric Hickenbottom 608-354-1586
Wade Banning 515-3	

2023 WINTERSET 3on3 BASKETBALL LEAGUE (6th-8th Grade Boys and Girls)





The Winterset High School Boys and Girls Basketball Coaches invite your son and/or daughter to join us for our *3 on 3 League.* This will be for **6th-8th grade** (2023-24 school year) boys and girls. We believe this League will be a great opportunity for the players to improve their skills, learn concepts we use in our high school programs, and have fun. The sessions will be held at Winterset High School in the Competition Gym and Penrod Gymnasium. The League will be on Wednesdays starting June 7th and end July 12th

SCHEDULE:

June: 7th, 14th, 21st, 28th **Iulv:** 5th. 12th

Who: Incoming 6th, 7th and 8th grade boys and girls Time: 5:30-7pm **Location:** Winterset High School (Husky Arena & Penrod Gym)

COST: \$50 (One time payment)

DISCOUNT CODES: If you have more than one kid to sign up, put in the following codes to get the multiple player discount:

2 campers: 2HUSKIES, 3 campers: 3HUSKIES, 4 campers: 4HUSKIES, 5 campers: 5HUSKIES

REGISTRATION LINK: https://winterset-husky-hoops.square.site/

If you have any questions about the sessions, please call Boys Head Coach Josh Henry at (515) 238-3945 or email at jhenry@winterset.k12.ia.us or Girls Head Coach Matt Young at (515) 205-2957 or email at mtyoung@winterset.k12.ia.us

Parental Permission-please read carefully before Registering

I give my son and/or daughter permission to participate in the Winterset summer basketball camp. I understand that while basketball is generally a safe activity, there is a risk of both minor and serious injuries. I assume full responsibility for the cost of any basketball-related injuries and clear the summer program and its employees of any liability related to the reasonable and practical operation of the camp.

WINTERSET YOUTH BOYS BASKETBALL CAMP SUMMER 2023

The Winterset High School boys basketball coaching staff invites you to participate in our summer basketball camp. We believe this camp is a great opportunity for youth players to have fun while improving their skills. The camp will be held at **Winterset High School**. <u>The grade levels are the grade your son will be going into during the</u> 2023-2024 school year.

Four-Day Instructional Camp

This camp will be held July 17th-20th and will be for boys *going into* 2nd-9th grade. The goals of our camp are to have fun, learn basketball and life fundamentals, and play a ton of games and competitions, including the *BASKETBALL OLYMPICS*. The camp will be directed by Varsity head coach Josh Henry with assistance from assistant coaches Corey Bradley, Gary Emmert, and Cole Williams. There will also be assistance from current and former high school players.

Session 1 9AM-11AM is for boys *going into 2nd-5th grades* Session 2 11:30AM-2PM is for boys *going into 6th-9th grades*

COST: \$40

DISCOUNT CODES: When paying online, put in the following codes to get the multiple camper discounts: 2 campers: 2HUSKIES, 3 campers: 3HUSKIES, 4 campers: 4HUSKIES, 5 campers: 5HUSKIES

REGISTRATION: <u>https://winterset-husky-hoops.square.site/</u>

Be sure to register your son before Monday, July 3rd to guarantee your son a t-shirt!

If you have any questions about our summer basketball camp, please call coach Josh Henry at (515) 238-3945 or email at <u>jhenry@winterset.k12.ia.us</u>





Parental Permission-please read carefully before Registering

I give my son permission to participate in the Winterset summer basketball camp. I understand that while basketball is generally a safe activity, there is a risk of both minor and serious injuries. I assume full responsibility for the cost of any basketball-related injuries and clear the summer program and its employees of any liability related to the reasonable and practical operation of the camp.

Cross Country:

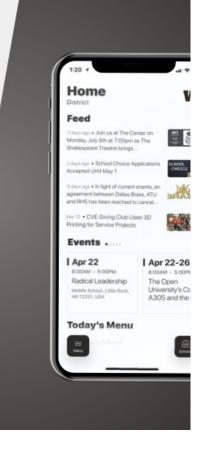
The Breakfast Club will start Monday, June 12th at 7:30 a.m. and will continue Monday-Friday of the summer. These are all optional runs that all 7-12 runners are welcome to join! Meet at the HS. Thank you to our community scholarship supporters! Because of you we were able to award more than \$75,000 in local dollars to our senior class members. <u>#wintersethuskypride</u>

It's everything Winterset, in your pocket.

 $\mathsf{Documents} \cdot \mathsf{Events} \cdot \mathsf{Staff} \, \mathsf{Directory} \cdot \mathsf{Alerts} \cdot \mathsf{News}$







Winterset Huskies Youth Speed and Agility Training

The Winterset Boys and Girls track programs would like to invite **all incoming male and female 3rd-8th grade students** to participate in a summer speed and agility program. This program is designed to help our young athletes improve their overall athletic ability by teaching specific techniques and participating in competitive drills. **This is meant to be for all athletes who are looking to improve in these areas,** not just for those interested or involved in track.

Each session will last approximately an hour and will include a warm-up, sprint technique development, speed/agility drills, and then competition/games. We will focus on straight line speed, lateral quickness, changing direction, and reacting to environmental cues.

Location: Winterset High School Competition Gym

Dates: Sundays, Tuesdays, and Thursdays May 28 and 30 June 1, 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27, and 29 July 6, 9, 11, 13, and 16

Time: 5:45pm to 6:45pm for **incoming** 3rd, 4th, and 5th grade students 7:00pm to 8:00pm for **incoming** 6th, 7th, and 8th grade students

What to bring: Please make sure your athlete comes prepared with a good **pair of running shoes** (NO TRACK SPIKES or SANDALS), **appropriate workout clothing** (shorts and t-shirt recommended) and **a water bottle**.

Cost: \$5 per athlete at each session or prepay for the sessions in advance. Cash or check will be accepted. Checks can be made payable to Winterset Girls Track.

If you have any questions about the sessions, please call Head Coach Corey Bradley at (515) 493-8636 or email at cbradley@winterset.k12.ia.us.



2023 Kickstart Drill Camp

Mission: ALL athletes will be prepared to be in a position to be successful by playing hard, playing fast, and having fun. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete. This camp is specifically designed to develop specific position groups in preparation for the fall season.

Date: Monday June 5th - Friday June 9th

Grades: 9th - 12th (Based on Fall 2023)

Registration: Please **REGISTER** for camp preparations.

Camp Fee: There is no cost for this camp.

- **Where:** High School Facility (South of Game Field)
- **Safety Note:** Please do not access the drive to the athletic facility. Athletes & parents should drop off or park using the East lot at high school.

2023 Camp Schedule			
Position Groups	Time		
Quarterbacks & Skills	uarterbacks & Skills Monday - Wednesday - Friday		
Offensive Line	Tuesday - Thursday	9:00 - 10:30 AM	

Camp Emphasis:Learn proper fundamentals of the game through drill emphasis.Small group fundamentals and scheme installations
Team Building and Activities

Camp Equipment :	Shorts or sweats	Football Shoes (Not Required)
	T-Shirt or Sweatshirt	No Hats or Jewelry

Contact information:

Coach Dennis Shaw (School) *Winterset High School* *624 Husky Drive* *Winterset, IA 50273* *515.462.3320

(Home) *Dennis Shaw* *1224 W. Court Ave.* *Winterset, IA 50273* *515.745.6807

This Camp Waiver must be signed and returned with fee prior to participation in camp.

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete:	Grade:		
Parent/Guardian:	Date:	Cell #	

-27-

2023 Husky Football Development Camp

Mission: ALL athletes will be prepared to be in position to be successful by playing hard, playing fast, and having fun. This camp is for all Middle School students (flag football, little husky football, and anyone interested in football) and Junior High student athletes.

The camp will promote sportsmanship and physical activity through the promotion and support of football for the young athletes of our community. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete.

Date: Tuesday August 1st - Thursday August 3rd

Grades: 4th - 8th (Based on Fall 2023)

Registration: PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

Camp Fee: \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

- Where: HIgh School Facility (South of Game Field)
- **Safety Note:** Parents-Please drop and pick up your athlete by the gate on South 4th Ave. by Athletic Building. Please do not access the drive to the athletic facility. Thank you.

2023 Camp Schedule			
Dates Grades 4-6 Grades 7-8			
Tuesday August 1st - Thursday August 3rd	8:30 - 10:00 AM	10:15 - 11:45 AM	

Camp Emphasis: Learn Proper Fundamentals of the game through drill emphasis. Small group fundamentals and Team Building and Activities

Camp Equipment:	Shorts or sweats T-Shirt or Sweatshirt	Football Shoes (Not Required) No Hats or Jewelry
<u>Contact information:</u> Coach Dennis Shaw	*515.462.3320	*624 Husky Drive* *Winterset, IA 50273* est Court Ave* *Winterset, IA 50273*

This Camp Waiver must be signed and returned with fee prior to participation in camp.

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete:	Parent/Guardian:	
Date:	Grade:	Cell #

2023 Husky Football Camp

Mission:	ALL athletes will be prepared to be in a position to be successful by playing hard, playing
	fast, and having fun. It is the goal of the program to provide a life of participating in
	multiple sports and develop the total athlete.

Date: Tuesday August 1st - Friday August 4th

Grades: 9th - 12th (Based on Fall 2023)

Registration: PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

Camp Fee: \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

Where: High School Facility (South of Game Field) *Be careful when parking.*

2023 Camp Schedule			
Date	Time		
Tuesday August 1st - Thursday August 3rd	5:30 - 8:30 PM (Cards / Equipment After)		
Friday August 4th	8:00 - 11:00 AM (Cards / Equipment After)		

Camp Emphasis:	Learn proper fundamentals of the game through drill emphasis. Small group fundamentals and scheme installations Team Building and Activities			
Camp Equipment:	Shorts or sweats	Football Shoes (Not Required)		
	T-Shirt or Sweatshirt	No Hats or Jewelry		
<u>Contact informatio</u> Coach Dennis	s Shaw (School) *Winterset High S *515.462.3320	School* *624 Husky Drive* *Winterset, IA 50273*		
	(Home) *Dennis Shaw* *1 *515.745.6807	224 W. Court Ave.* *Winterset, IA 50273*		

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Athlete:	Grade:		
Parent/Guardian:	Date:	Cell #	

(In case of emergency.)



U4 PLAYER AND PARENT PROGRAM CHILDREN BORN BETWEEN 2019 & 2020 \$20.00 PER PLAYER

COME OUT AND LEARN ABOUT SOCCER!

JULY 10TH, 17TH, AND 24TH • 5:30-6:15 PM MARTIN MARIETTA SOCCER FIELDS REGISTER AT WWW.WASCSOCCER.NET

WINTERSET PUBLIC LIBRARY

https://www.wintersetlibrary.org

WINTERSET 515-462-1731 v.wintersetlibrary.org			E 202 Reading Ac			us on social media ay to doy updates
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	01	02	03 Touch a Truck Event 19:00-Roon
04 A weekly Guessing Game Mon-Fri, all summer long for ALL ages!	Hula Hoop Party: Summer Reading	06 Science Center: Simply Electrifying 10:30 (ages 6+) *Registration Required*	07 All Ages Storytime 10:00 Make Your Own lee Cream Event 1:00-2:00 p.m.	08 Messy Munchkins (ages 0-5) 10:15-0000 Think Outside the Box Event (ages 6+) 1:00-3:00	09 Movie at the Jowa Theater 10:00	10
* A new one available each week * One guess per week * Winner		13 Tinkering on Tursdays S.T.E.M. Activities (5-) 100-2:30	14 All Ages Storytime 10:00	15 Messy Munchkins (sges 0-5) 10:15-noon	16 Twisted Bookay balloon Event 1:30 p.m. *Ragistration Encouraged *	17
18 receives o prize	19	20 Bubble Bach 1:00-2:30	21 Field Trip Storytime AT Middle River Park! 10:00 AM	22 Messy Munchkins (sges 0-8) 10:15-noon Teen's Taste Test Challenge (10+) 1:00-2:00	23 ISU Insect Zoo Event 20:00-noon	24
25	26 Blank Park Zoo 30:00-11:00	27 Tinkering on Tuesdaye S.T.K.M Activities(S+) 1:00-2:30	28 All Ages storytime 10:00 Lego Mania 1:00-3:00 p.m. (ages 5+)	29 Messy Munchkins (sgcs 0-5) 10:16-noon	30	01



create, investigate, and explore!



Touch A Truck

Winterset Public Library 123 N 2nd St Winterset IA 515-642-1721
Climb. Explore. Learn. Touch!
Bring the kids to the Winterset Public Library for our annual
Touch A Truck event! June 3rd from 10:00 am-noon kids can visit
the library to safely explore their favorite big trucks and heavy
machinery, as well as meet the personnel Who protect, serve, and
build the Winterset community.
This event is free and open to the public.
Bring a camera for fun photo opportunities!



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Join us in the children's area of the library! During this 30-minute program, children will discover books, songs, rhymes, and movement activities while building language and literacy skills. All ages will enjoy hearing stories, singing, talking, and playing.











INSTRUCTOR REQUESTS ALLOWED



PARKS AND **REC SUMMER OPPORTUNITIES**





ADVICE FOR TALKING ABOUT MENTAL HEALTH CHALLENGES

Dealing with mental health struggles can be overwhelming. Even when talking about what you're going through seems difficult, getting support can make a big difference, and it's okay to ask for help. Here are some useful tips for starting conversations about your mental health.

- When you're struggling, identifying what you're feeling can help. Check in with yourself. Are you sad? Anxious? Angry? Writing those feelings down can help you understand more about what you're going through.
- When you are ready to talk, reach out to someone supportive. Talking to friends can be a good place to start, but don't stop there. Talking to a parent, a teacher, or your school's counselor can help you get the support you need.
- Once you've decided who to talk to, let the person know you'd like to have an important, private conversation. If someone falls through, or the talk doesn't go as you'd hoped, try again at another time or with another person. When you do connect with someone, it will be worth the effort.
- There's no "right" way to talk about your mental health. It's okay to take it slow. It's okay if you're not sure what to say. The important thing is to communicate in whatever way works for you and focus on sharing your feelings as clearly as you can.
- Try not to minimize or downplay what you're struggling with. Even if you're worried that your concerns will sound silly, or you think your problems aren't that serious, they're worth talking about if they matter to you.

- Saying what you need right at the beginning can help others understand what to do and make conversations go more smoothly. For example: "I don't want advice right now, I just need you to listen." Or: "I'm not sure what to do. Can you help me figure out what comes next?"
- If you are in crisis, don't wait. Your safety is the most important thing. Tell a parent, counselor, or teacher immediately if you are having thoughts of suicide or you're afraid you might harm yourself or others.

Ideas to help you get started

- "I've been having a hard time lately. Can we make time to talk?"
- "Are you free later? I need to talk about something important."
- "I haven't been feeling like myself. I think I need some help. Can we talk?"





HOW TO HELP KIDS TALK ABOUT THEIR MENTAL HEALTH

Talking to kids about their mental health doesn't have to be complicated. If you notice that a child or teenager seems down, upset, angry, or withdrawn, let them know you're concerned and that you're available when they need to talk. Here are some suggestions to help get the conversation started.

- "I noticed you seem really down lately. I'm here if you want to talk."
- "Are you okay? It seems like you've had a hard week."
- "I'm here if you need me. I love you."
- "Let's check in when you have some time..."

Kids may take time to open up, and they might be unsure how to talk about what they're feeling. If a child isn't ready to share right away, be patient and persistent. Check in regularly and let them know you'll be there when they're ready to talk.

When a child is ready to share, taking the following steps can help them feel heard and supported:

- Give them your full attention. Listen patiently and don't interrupt.
- Let the child lead the conversation and keep questions open-ended and non-judgmental. For example: "How did you feel when that happened?" or "What did you think about that?"
- Don't minimize or dismiss kids' struggles, even if they seem trivial to you. Instead, take care to validate feelings and offer support. For example, instead of

saying: "I'm sure things will work out," try: "That's so frustrating. I can see why you feel upset."

- Resist the urge to solve the problem right away often, kids just need to talk. Ask what they want from the conversation: "I'm happy to offer advice, or just be here to listen, whatever you need."
- When the conversation is over, let the child know you're proud of them for speaking up, and that you'll be there to talk — or just listen — anytime they need support: "I'm sorry you're going through that, but I'm so glad you told me. I'm here anytime you need to talk."
- In some cases, a conversation is only the first step. If a child is experiencing mental health issues and might benefit from treatment, talk to them about reaching out to a clinician or doctor who can help.



How to Love Unconditionally When Your Child is Being Difficult

by Deborah Stern.

So we've all heard parenting experts tell us that the one thing children need most to grow and thrive is unconditional love from their parents.

It is easy to say that we love our children when they are being good.

Figuring out how to love unconditionally when kids are being really difficult is quite another.

I thought that I had mastered the art of teaching my children compassion, empathy and the love of family. I thought that unconditional love came easily for me.

But that was before I opened my home to my little four-year-old foster son, who came to me kicking, screaming and daring me to love him.

The first time I saw Frank, my new foster son, was at the Loxahatchee Feed Store. His former foster mother was dropping him off. He was too spirited of a child for her and her mother to take care of, she had explained to me over the phone. The agency had thought of me.

The little boy in front of me did not smile. He was a little bit of a boy, with curly black hair and large brown eyes. His skin was the color of milk chocolate. I had fallen in love with him the very minute that I laid eyes on him.

On the second day of my new foster son's arrival, I woke to the sound of screams. I ran to my living room. Frank had somehow broken my 16-year-old son's fish tank. Glass and dying, flopping fish were scattered across my floor. Ethan picked up the fish and ran to our canal in a futile attempt to save their lives.

A few minutes later I found Frank heading down my driveway, his backpack and Spider man suitcase in tow.

"Where do you think you are going?" I asked him.



"I know I've been bad. So, I am going to walk down the road and look for a new family."

"You are in trouble, yes", I told him. "But you are not going anywhere. I love you when you are good and I love you when you are bad!"

The next day I sent Frank to his room for a short time out. In a matter of minutes Frank had emptied out the contents of an entire dresser and a bookcase into the hallway in front of his room.

Frank stood hands on his hips waiting for my reaction.

It was then that I knew that I needed a plan.

I made an inventory of things I wanted to see in him. He needed to understand that he was loveable before he could accept love. I needed to see self-control in him. I needed him to feel empathy and compassion.

I then realized that I would need another list of *what Frank needed to see in me*, such as being capable of disciplining him, while unconditionally loving him at the same time.

These lists gave me a better idea of what practical actions I could take. Here are five of the things that worked for me:

#1 Using books as a medium to express some of these values explicitly

I have always been a lover of books, so I scoured the Internet and bookstores for books for myself and for Frank.

I found literature written by Barry Phillips, an author who writes about the subject of unconditional love in The Natural Child Project very helpful. Phillips says that "the key to a close-knit family is unconditional love."

Raising a child with unconditional love means that no fear is created in parent-child interactions. To love unconditionally simply means that parents accept their children completely and without restrictions or stipulations. There is no spoken or unspoken message causing the child to think he has to be something other than what he is in order to be loved. The need for unconditional love, he says begins at conception.

I found a few wonderful books for Frank that taught the concept of unconditional love as well.

These 4 are my favorites -

Love You Forever – by Robert Munsch

This is my favorite book. I read this book often to Frank, especially when he was kicking and screaming and not being likable. The words "I'll love you forever, I'll like you for always" gave me patience and encouragement as I read and reread the story of a mother and son, and how the mother loved him when he was a quiet sweet little baby, and a not so quiet teen with a potty mouth.

The Angel and the Wild Animal – by Michael Foreman

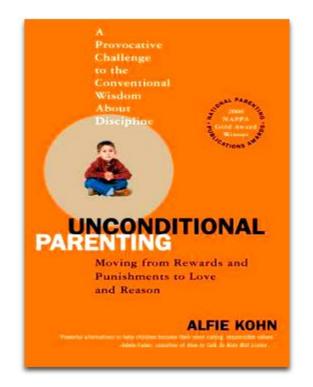
This is another book that both children and parents can identify with. Sometimes there is an angel in the house and sometimes a wild animal. But Foreman ends with "but most of the time we have a little boy in our house. These are the times we like best."

Even If I Did Something Awful? – by Barbara Shook Hazen

In this book a little girl breaks her mother's vase. She asks a series of questions in which her mother responds that she will always love her child, no matter what naughty things the child does.

I Love You, Stinky Face – by Lisa McCourt

Here a parent tells a child how much she is loved, no matter what.



#2 Adopting the mantra "Parent from love, not anger!"

This was a great tool when I was too upset to think straight.

Once when Frank was five, he got a hold of the lit Yankee Candle I had in my kitchen and decided to see how my dining room table would burn.

I had to take a deep breath and count to twenty before I spoke.

Author Alfie Kohn in his book, Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason, says that one basic need all children have is to be loved unconditionally, to know that they will be accepted even if they screw up or fall short.

Repeat this mantra often, so you can act instead of react.

#3 Being intentional about taking "me" time

I realized that I could love unconditionally better if I loved myself first.

Self-care could be defined as any intentional actions taken for your mental or physical health.

I made sure to carve out small spaces for my time. I indulged in a bath while reading a great book. I planned an exercise time for myself even if I had to wait till Frank was asleep.

These little chunks of "me" time helped me center myself, so I could love my sometimes-difficult child unconditionally.

#4 Setting clear expectations and consequences

Having clear expectations and consequences already mapped out was very helpful.

We made up charts with chores, expected behaviors and rewards.

Super nanny, Sue Atkins, says that saying "well done" to your child is the best way to promote her good behavior. "Keeping a reward chart is an even better way to promote good behavior because it makes sure you both stop and recognize when she does things right and gives her something to keep at."

Atkins also says that when parents enforce discipline, children learn self-control.

#5 Putting age-appropriate responsibilities on my child's shoulders



I made a chart for Frank of age-appropriate chores that I expected him to do.

Maria Montessori has a chart of "age-appropriate chores for children." I found these charts very helpful.

For example, two- and three-year-olds can put toys in a box and stack books on a shelf. Four- and five-year-olds could feed pets. This worked very well for Frank.

While he was not always happy to complete his chores, he was proud to have participated, once done.

Teaching and demonstrating unconditional love is not easy, especially when our children are being difficult. It was not easy for me, and it is something I practice on a daily basis.

It has been 4 years since Frank came into our family. He was officially adopted into our family 2 years ago, Christmas. We've had our share of ups and downs for sure, but I know that our family is all the richer for having Frank in our lives.

Today Frank is a happy little boy, not perfect but one who knows full well that he is greatly loved on his good days and on his bad. There are some days now when my son informs me that he is angry with me. But now, more often than not, he quickly follows with, "but I still love you."

The lessons our family learned about how to love unconditionally will stay with us forever.

The 2-Minute Action Plan for Fine Parents

It's time for our quick contemplation questions. Ask yourself -

- What does "unconditional" love mean to you?
- Do your children feel loved even when they make mistakes?
- Do they come to you for help when they mess up, or do they try to hide their mistakes from you because they are afraid of your reaction?
- What is the one resolve you can make right now that will show your kids that they are loved unconditionally, even when they make mistakes?

The Ongoing Action Plan for Fine Parents

Make a quick inventory of what can help you parent from love, instead of anger.

Put together a list of books you can read together, movies that you can watch together or activities that you can do together during times of turmoil.

Adopt a mantra that you can fall back on for times when things are particularly bad – for instance, "this too shall pass!" or remembering to promise out loud, "I'll love you forever, I'll like you for always." Another one might be, "My job is to teach, not punish".

Figuring out how to love unconditionally when our blood is boiling and we are blind with rage can be deceptively difficult – some of these simple pre-commitments however go a long way.

Stay Connected with WCSD!



Upgraded Website:

- www.winterset.k12.ia.us
- District homepage updated weekly
- School homepages are updated frequently with information
- Daily calendar of events for schools as well as athletics/activities is located on district homepage

Electronic Backpacks:

• Located on both the district and school homepages - includes fliers, newsletters, important and timely information

Facebook:

- Winterset Community School District: @wintersetschools
- Winterset Huskies for Athletics and Activities updates: @WintersetHuskies
- •
- All buildings now have their own Facebook and Twitter Accounts Also

Instagram: @Wintersetschools



Winterset Community School District

Published by Apptegy 🙆 · May 22 at 8:36 AM · 😚

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On Friday, May 19th, the Optimist Club of Winterset honored Alivia Lincoln as the "Optimist Club Student of the Month."

Alivia was nominated by HS teacher, Megan Hofer. Ms. Hofer writes, "Alivia always has a smile on her face. She is a very important leader in Best Buddies. She cares about the students she nad buddied with and shows that friendship through camping trips, helping them with their work, and rides to and from school. Alivia is a hard worker in and out of sch... See more





WintersetSchools @WintersetSchool · May 30 ···· Heather Ives with Madison Co Chamber of Commerce (VP) presented the WHS shop class & Neva Kirby awards for their hard work on a collaborative project for the 2022 Covered Bridge Festival "selfie"



Twitter:

- WintersetSchools: @WintersetSchool
- Winterset Huskies for Athletics and Activities updates: @WintersetHusky
-

Infinite Campus:

 Must have a *portal account* - contact your school's office or the Administration Building to request account

Madisonian:

Article by Superintendent every other week