



## SUPERINTENDENT MESSAGE

I wanted to take some time this month to talk about items of interest that will be occurring as we enter the last quarter of the 2022-2023 school year. During the month of April students in 3rd - 11th grades will begin taking the Iowa Statewide Assessment of Student Progress (ISASP). The ISASP is administered annually and is the assessment that is used to determine how our students and district compares with others across the state. The ISASP puts a large emphasis on students showing growth from year to year as it determines their score and how we do as a district. While this is only one measure

of our students' growth, it is important our students do their very best on the upcoming assessments. This will provide our district with accurate information to consider as we evaluate our programs. In addition to assessments in reading, math, and science, every district is required to administer a Conditions for Learning Survey. The Conditions for Learning Survey is another tool used to determine the overall score we receive as a district. All parents of students in grades 3rd-11th will be receiving information via email about the survey with the option to opt your son/daughter out of taking the survey if you so choose. We will also be sending out information to

parents and staff about a Conditions for Learning survey that they can complete. While the parent and staff survey isn't used to calculate our district's overall score, we do receive the information so that we have indication of how our parents and staff feel about our work as a district.

### School Calendar:

As you are all aware, the winter weather caused us to cancel 4 days of school and delay or release school early on several other occasions. Each year, our school calendar has additional hours built in so that we are able to absorb a few snow days and early releases without having to make up those student contact hours in order to meet the 1080 hour minimum requirement. At this time, we do not need to make up any student days and have a few more hours worth of cushion should we experience a late season snow storm. I hope I am not tempting fate by saying our last day of school for the 22-23 school year is still scheduled to be Friday, May 26th. Like you, I am hopeful that we can put

winter behind us and start to experience warmer days ahead.

### Field Trips and More Outdoor Activities:

With warmer weather comes field trips and outdoor activities. If you are able to accompany our students on a field trip, I would encourage you to do so. Field trips are a great way for our students to make connections between what they are learning in the classroom and the real world - they are also a lot of fun! Be sure to check out the district activity calendar, as well. You will find information about all of the district's upcoming events and there are a lot of opportunities to come out and support our students.

I am looking forward to the opportunities that remain ahead of our students this last quarter and to finishing the 2022-2023 school year strong. Its a GREAT time to be a Husky!

Yours in Service,

*Justin M. Gross*

### April Monthly Highlights

April 22nd - Jr./Sr. Prom

April 10th -No School/No Pre-School

April 26th- HS Conferences (3:30-7:30)

### Spring Cleaning?

CRISP will take donations of gently used (or New) Winter Gear... This includes **Coats, Boots, Snow Pants, & Insulated Gloves!**

We are also in need of new or gently used **backpacks** as we start to get ready for next school year.



**Thank you for your generosity!**

To schedule a donation drop off please call or email our office.  
CRISP: 515-462-9400  
Email: [crisp@familyresourceink.org](mailto:crisp@familyresourceink.org)



### Elementary/MS Music Concert Dates

4th grade- May 4th  
5th grade- April 13th

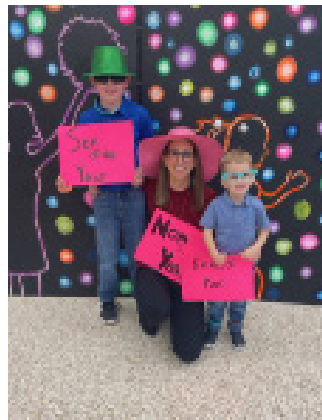
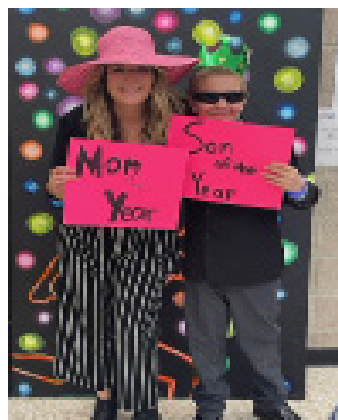
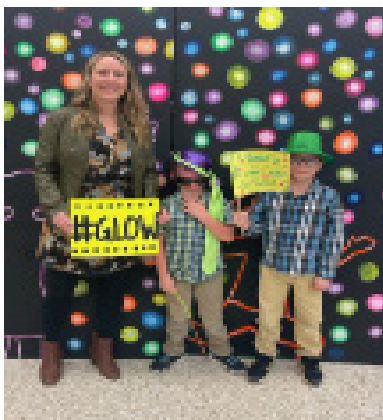
1st Grade - April 3  
Kdg - April 4

Concerts will be at 7PM,  
in the high school auditorium.

## WHS STUDENT COUNCIL UPDATES

The Winterset High School kept busy this last month. At the end of February, the Student Council members participated in Read Across America Week. During this week, many members volunteered to read their favorite children's book to elementary and middle school classes. This was a great opportunity to get High School and younger children interact to ask questions and learn from them. The Student Council also worked very hard on the Mother Son Dance which was hosted on March 24th. Our Council's many committees worked hard throughout the month to make this dance come together and be so successful. We had an amazing turnout with the Mother-Son couples and so many members were happy to be involved and volunteer!

In the upcoming month of April, the Student Council is looking forward to showing our gratitude and appreciation of the Winterset faculty and teachers through activities for Teacher Appreciation. We will also be meeting with our Husky Help Day Student Helpers to work on finalizing the details for Seniors Husky Help Day which will be May 9th. We are ready for the start of Spring and all the activities and events to come! By: President Molly Shahan



All Kindergarten students must be up to date on their preschool shots and have received their 4 year old boosters of Dtap, Polio, MMR and Varicella.

All 7th grade (and above) students must show proof of having received a Tdap (Tetanus/Acellular Pertusis) vaccination booster AND a Meningococcal vaccination on or after 10 years of age, before the first day of school.

All 12th grade students must show proof of receiving 2 DOSES of Meningococcal vaccine; or 1 dose if first dose was received at 16 years of age or older before the first day of school.

All Kindergarten students must have a dental screen performed between the ages of 3 and 6 years old with a dental certificate on file. All 9th grade students must have a current, within the past 12 months, dental certificate on file.

All Kindergarten and 3rd grade students must have a current, within the past 12 months, vision certificate on file.

## Lunch Menus

Use the new school app for the most up to date menus each day.

**Elementary Lunch Menu**  
**Middle School Lunch Menu**  
**JH/HS Lunch Menu**

## Free & Reduced-Price Meals Applications

- Log into your Parent Portal
- Click on More, then click on Meals Benefits
- Complete Free & Reduced Form, click Submit

You will receive confirmation in your Parent Portal inbox once the application is processed. Questions: Call the administration office at (515) 462-2718.

## SCHOOL FEES

Attention parents: This year's school fees were due October 15th. You may pay them through your **Parent Portal**, at any of the school offices or at the administration office.

## CHANGE OF ADDRESS/PHONE

When you have a change of address or phone number, please contact the school or the administration office. It is important for the school to have updated information on our students for messages and emergency situations.

## STUDENT/PARENT HANDBOOKS

The Winterset Student/Parent Handbooks are posted **on the district website under the Parent tab**. We have produced a district-wide handbook that aligns to board policies and current state law. The handbook includes addendums for each school, covering building specific expectations. Paper copies are available in each school's office. All students are expected to follow the policies, procedures and expectations. Please take the time to review the handbooks with your child.

WINTERSET COMMUNITY SCHOOL DISTRICT

# 2023-2024 ONLINE REGISTRATION

Open May 15 - July 31



4-year-old PK - 12th grade

Returning students must be registered  
through the Parent Portal

New students register via the district website  
[www.winterset.k12.ia.us](http://www.winterset.k12.ia.us)

Call Jayne at 515-462-2718 with questions

## 2023-2024 4 year old Preschool Pre-Registration

- Are you interested in **4 year old Preschool**?
- Will your child be 4 on or before September 15th, 2023?
- If so, scan the QR code to get your child 4 year old **Pre-registered** for Universal Preschool for the 2023-24 school year through the Winterset Community School District.



WCSD will be holding PreK & Kindergarten registration/informational nights again this year. PreK will be May 15th & Kindergarten will be May 16th. 4-6 PM for each. Information about transportation, a typical day, and a chance to register your student that night at the school if you need a computer. More information will come out closer to the date.

## BEST BUDDIES, April 2023

In February, the WHS Best Buddies Club celebrated kindness month by creating signs and posters for the hallways of Winterset High School. Kindness and inclusion brings people together and helps us to be more accepting of one another!

Upcoming events:

On March 23rd we are playing BINGO and eating pizza at 1:00pm in Mrs. McDonald's room. This is term test week so we are looking forward to relaxing and laughing together.

April is Autism Awareness Month.

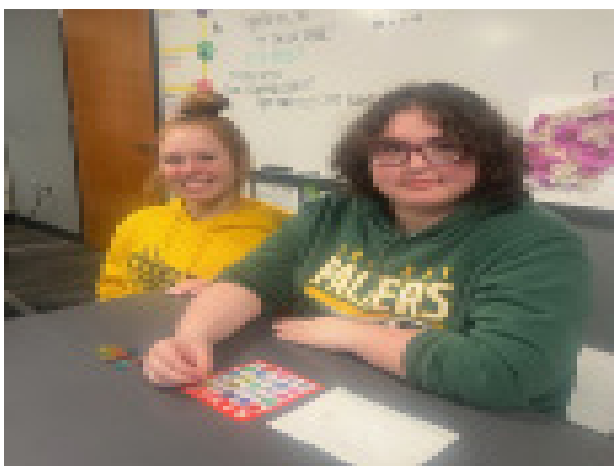
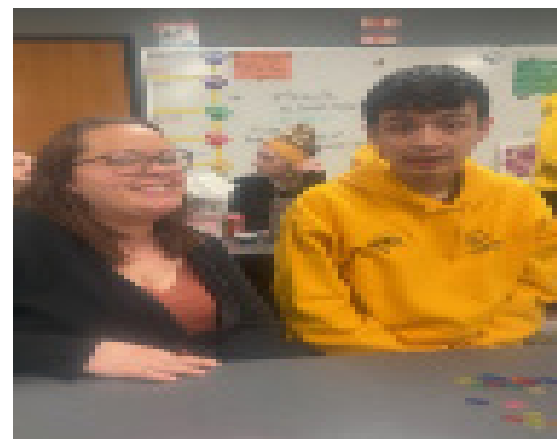
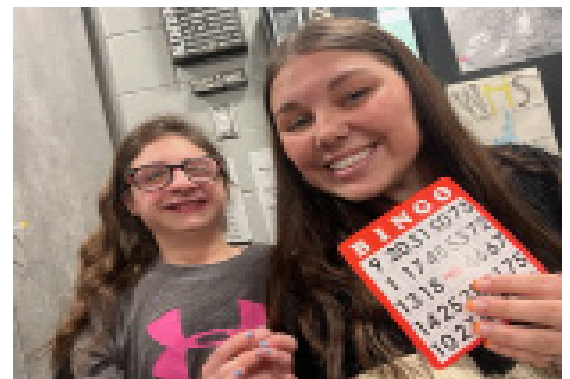
May 6th is the Iowa Best Buddies Friendship Walk at Adventureland Park. We will take a bus to this event. After the walk we will spend the day at Adventureland!

If your child is interested in building lasting and meaningful friendships and creating an inclusive environment at WHS, please have them reach out to our chapter leaders.

Jaycee Hatten (chapter president)  
23jhatten@winterset.k12.ia.us

Callie Drake (chapter vice president)  
23cdrake@winterset.k12.ia.us

Lana McDonald (chapter advisor)  
lmcDonald@winterset.k12.ia.us





# WHS Guidance Department

Visit the Guidance Webpage at [www.winterset.k12.ia.us/Page/1552](http://www.winterset.k12.ia.us/Page/1552).

All students have registered for next year's classes. If you have any questions or concerns, please contact their school counselor.

Mrs. Erickson (A-J) [kerickson@winterset.k12.ia.us](mailto:kerickson@winterset.k12.ia.us)

Ms. Slagter (K-Z) [sslagter@winterset.k12.ia.us](mailto:sslagter@winterset.k12.ia.us)

**ACT's at WHS:**

April 15 (deadline to register has passed)

June 10 (deadline to register without late fee is May 5)

Students can register for the test at [actstudent.org](http://actstudent.org)

## **Senior Activities:**

May 01- Decision Day

May 09-Husky Help Day

May 17-Awards Program

May 19-Graduation Practice

May 21-Graduation Ceremony

\*Reminder as we get closer to graduation that seniors must have all fees paid in order to participate.

## **Local Loan Opportunities**

Winterset graduates should be aware that our school is privileged to have two well-funded loan programs.

The Lillard-Miller and Eva Rogan Funds were established to help students finance post high school education. The funds are financed through private contributions. Each

academic year, a student can only be awarded ONE scholarship loan for \$1,000 and a maximum of \$3,000 per student. No interest is charged, but the loans must be paid back. Applications are available on the guidance webpage and in the guidance office or the administrative office and may be completed anytime now through August.

**SCHOLARSHIPS-** All scholarships are on our website, visit the guidance page here!

**Farmers Electric Cooperative Scholarship-** For high school seniors whose parents are members and reside in FEC's service territory. Deadline is April 1st.

**Madison County Cattlemen's Association-** Open to all high school seniors who are currently involved in a Madison County 4-H Club, FFA Chapter, Iowa Junior Beef Breeds Association, Iowa Beef Team, and/or their parents or grandparents are members of the Madison County Cattlemen's Association. Deadline is April 1st.

**Madison County Health Trust Scholarship-** Must be a current resident of Madison County or a graduate of any

Madison County high school or a current high school student in Madison County. You must be accepted or enrolled in an accredited health care field program. Deadline is April 1st.

**The Charles & Lois Taylor Scholarship-** The 2019 Applications are available at the First Christian Church office. First Christian Church has awarded over \$1,600,000 in scholarships to more than 1300 applicants since 1989. Requirements are: resident of Madison County and graduate of Madison County Schools. Financial Need is a prime consideration. Deadline is May 1st.

**Winterset Professional Educators of Iowa Scholarship-** Two Winterset High School seniors will be awarded a \$250 stipend, one majoring in the field of education and the other studying any academic major. Deadline is April 1st.

**Lorimor Lions Club Scholarship-** this scholarship is for any graduation senior that is planning to attend a college, university, nursing, trade school, commercial, or vocational education in an accredited school operated within the state of Iowa. Amount of the scholarship is \$300.00.

## WHS Guidance Department, Continued / *Guidance Webpage*

For more information and to apply, please visit the guidance webpage. Deadline is April 2nd.

Farmers & Merchants State Bank Scholarship- Recipient is selected based on scholastic ability, extracurricular activities, community involvement, etc. Deadline is April 15th.

Madison County Pork Producers Association- Open to students residing in Madison County will be up to four (4) \$500 scholarships. These may be awarded to high school seniors, or to students presently enrolled in a two-year, four-year college, or trade school.

Deadline is April 15th.

Winterset Quarterback Club Scholarship- Open to students who participated in football all four years of high school and plan to participate in football at the college level. Please see the application for all eligibility requirements. Deadline is April 15th.

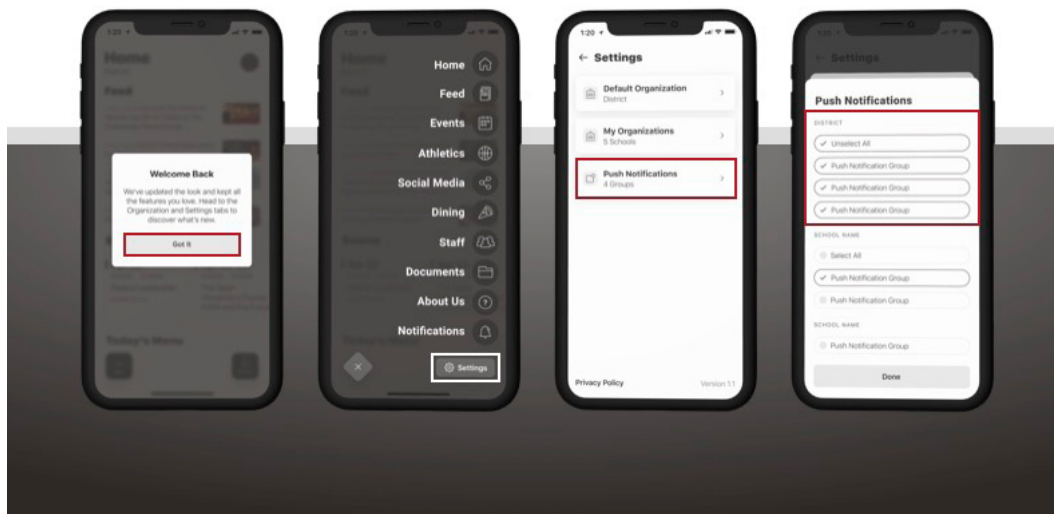
Melvin Bricker Scholarship is for a graduating senior from Winterset High School who has consistently demonstrated commitment to the high school wrestling program and its ideals of sportsmanship, determination, hard-work, and loyalty to the program and the School. You

may use this scholarship at any accredited college, university, community college, junior college or business or trade school of your choice. See Coach Jensen or the guidance website for applications. Deadline is May 1st.

Gary Ridout Sr. Scholarship- The Husky Mat Club offers a scholarship for seniors who have been involved in the WHS wrestling program and will be wrestling as a freshman in college. See Coach Jensen or the guidance website for applications. Deadline is May 1st.

### Don't miss any updates from Winterset!

1. Search '**Winterset School District**' in your phone's app store and download the app
2. Select '**ALLOW**' when prompted on initial download to ensure you receive notifications
3. Open the app, and navigate to the bottom menu then tap '**SETTINGS**'
4. Ensure your settings are turned on and your organization is selected





# SPRING ATHLETIC CALENDAR

Check for updates at [raccoonriverconference.org](http://raccoonriverconference.org)  
or call the high school at 462-3320.

## HIGH SCHOOL BOYS SOCCER

DATE	TIME	LEVEL	OPPONENT	SITE
Apr 3	5:30 PM	JV/V	North Polk	Winterset
Apr 11	5:30 PM	V/JV	Perry	Perry
Apr 15	9:30 AM	V	Winterset Tournament	Earlham
Apr 17	5:30 PM	V/JV	Ballard	Winterset
Apr 18	5:30 PM	JV/V	Greene County	Grand Jct
Apr 21	5:30 PM	JV/V	Gilbert	Gilbert
Apr 25	5:30 PM	V/JV	DM North	Winterset
Apr 27	5:30 PM	JV/V	ADM	ADM
Apr 29	10 AM	V/JV	Carlisle	Winterset

## HIGH SCHOOL GIRLS SOCCER

DATE	TIME	LEVEL	OPPONENT	SITE
Apr 3	5:30 PM	JV/V	North Polk	North Polk
Apr 7	5:30 PM	JV/V	DM Roosevelt	DM Roosevelt
Apr 11	5:30 PM	JV/V	Perry	Winterset
Apr 13	5:30 PM	JV/V	Creston	Winterset
Apr 17	5:30 PM	JV/V	Ballard	Ballard
Apr 20	5:30 PM	JV/V	DM East	Earlham
Apr 21	5:30 PM	JV/V	Gilbert	Winterset
Apr 24	5:30 PM	V/JV	DC-G	DCG
Apr 27	5:30 PM	JV/V	ADM	Winterset

## HIGH SCHOOL BOYS TRACK

DATE	TIME	LEVEL	OPPONENT	SITE
Apr 4	4:30 PM	Coed V	ADM	Adel
Apr 6	4:45 PM	JV	Clarke	Osceola
Apr 6	4:30 PM	Coed V	Van Meter	Van Meter
Apr 10	4:30 PM	Coed V	Norwalk	Norwalk
Apr 13	4:30 PM	JV/V	ADM	Adel
Apr 18	4:30 PM	V	Madrid	Madrid
Apr 20	4:30 PM	Coed V	Winterset Invite	Winterset
Apr 25	4:15 PM	V	Carlisle	Carlisle
Apr 27	4:45 PM	JV/V	Bondurant-Farrar	Bondurant
Apr 27-30	TBA		Drake Relays	Drake

## HIGH SCHOOL GIRLS TRACK

DATE	TIME	LEVEL	OPPONENT	SITE
Apr 4	4:30 PM	Coed V	ADM	Adel
Apr 6	4:30 PM	Coed V	Van Meter	Van Meter
Apr 10	4:30 PM	Coed V	Norwalk	Norwalk
Apr 15	TBA	V	Jim Duncan Relays	Drake
Apr 17	4:30 PM	JV/V	Bondurant-F	Bondurant
Apr 20	4:30 PM	V	Winterset	Winterset
Apr 24	4:30 PM	V	Winterset	Winterset
Apr 25	TBA	V	ADM	ADM
4/26-29	TBA	V	Drake Relays	Drake
Apr 27	4:15 PM	V	Carlisle	Carlisle

## JUNIOR HIGH TRACK

DATE	TIME	LEVEL	OPPONENT	SITE
Apr 10	4:30 PM	Boys	Earlham	Earlham
Apr 11	4:15 PM	Girls	ADM Invite	Adel
Apr 13	4:30 PM	Girls	Van Meter Invite	Van Meter
Apr 14	4:30 PM	Boys	Husky Relays	Winterset
Apr 18	4:30 PM	Girls	Van Meter Invite	Van Meter
Apr 18	4:15 PM	Boys	Creston Invite	Creston
Apr 20	4:00 PM	Boys	Carlisle Invite	Carlisle
Apr 20	4:30 PM	Girls	BF Invite	Bondurant
Apr 27	4:30 PM	Boys	Gilbert	Gilbert
Apr 28	4:30 PM	Girls	Winterset	Winterset

## HIGH SCHOOL GOLF

DATE	TIME	LEVEL	OPPONENT	SITE
Apr 4	4 PM	Girls-JV/V	Van Meter	Lakeview CC
Apr 6	12 PM	Boys-JV/V	Pella	Bos Landen
Apr 10	4 PM	Girls-JV/V	ADM/Carlisle	ADM
Apr 10	4 PM	Boys-JV/V	ADM/Carlisle	Carlisle
Apr 11	4 PM	Coed-JV/V	Creston/Clarke	Creston
Apr 13	4 PM	Boys-JV/V	Carroll/B-F	Lakeview CC
Apr 13	4 PM	Girls-JV/V	Carroll/B-F	Carroll?
Apr 17	1 PM	Girls-V	Winterset Tournament	Lakeview CC
Apr 20	1 PM	Girls-V	Oskaloosa Tourn	Edmundson GC
Apr 20	4 PM	Boys-JV/V	Perry/North Polk	Perry G & C
Apr 24	4 PM	Girls-JV/V	Ballard/Carlisle	Lakeview CC
Apr 24	4 PM	Boys-JV/V	Ballard/Carlisle	Ballard
Apr 25	1 PM	Boys- V	Oskaloosa Tourn	Oskaloosa
Apr 27	1 PM	Girls-V	PCM Tournament	Gateway Rec GC
Apr 27	4 PM	Boys- V	ADM/Boone	ADM
Apr 28	12 PM	Boys-V	Winterset	Lakeview CC

## TENNIS (IN INDIANOLA)

[LINK TO GIRLS](#)  
[LINK TO BOYS](#)

### ADMISSION PRICES

BUY TICKETS ONLINE ON TICKET SPICKET  
IN ADVANCE OF THE GAME

Admission prices to all Varsity events will be \$6 for everyone. Tournaments will be \$6 for everyone. Junior high events will be \$4 for adults and for students



**2023-2024 Winterset Community School Calendar**  
Board Approved (12/12/22)

**CALENDAR LEGEND**

- Start
- No School
- End of Quarter
- 1hr Late Start

**Teacher Contract Days**

- 178 Student Contact Days
- 2 Conference Camp Days (11/22 & 4/1)
- 6 Pre-Service Days (8/14-8/18 & 8/22)
- 1 Work Flex Day™ (8/21 or 5/28)
- 1 PD Days (11/21)
- 1 Innovation Day™ (10/23)
- 1 TQ Day™ (11/20)
- 198 Days
- ™TQ—contract day as long as funded by state

**New Teacher Days**

- August 7<sup>th</sup> (1/2 day, 8am-noon)
- August 10 & 11
- New teachers work August Flex Day  
- August 21

**Late Start Wednesdays**

- School begins 1 hour late every Wednesday for professional development.

Cancelled school days may be made up at end of school year (June).

™Teacher work day is flexed for returning teachers. Work 1 day either August or May/June. Notification to principal at clerical in spring.



™Innovation and TQ Days are professional development for certified staff.

™Adjustments may be made to end of 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> quarters if more than 2 days are cancelled.

August					Hours	Days	Date	Events
M	T	W	Th	F				
	1	2	3	4			Aug 1	New Teacher Day (8:00am-noon)
							Aug 10 & 11	New Teacher Days
	7	8	9	10	11		Aug 14-22	Teacher Pre-Service
							Aug 17	Elon Family Engagement (4:00-6:00)
	14	15	16	17	18		Aug 17	MJ Family Engagement (4:00-6:00)
							Aug 17	JH Family Engagement (4:00-6:00)
	21	22	23	24	25	18.5	Aug 17	HJ Family Engagement (4:00-6:00)
	28	29	30	31		43.5	Aug 21	Teacher Work Day – Flex™
							Aug 23	Fall Day at School
September								
				1	50	8		
	4	5	6	7	8	75	Sep 4	Labor Day (No School)
	11	12	13	14	15	106.5	Sep 1	Homeschooling
	18	19	20	21	22	138	Sep 25	HJ Conferences (3:30-7:30)
	25	26	27	28	29	169.5		
October								
	2	3	4	5	6	201		
	9	10	11	12	13	232.5	Oct 17 & 19	Middle School Conferences (3:30-7:30)
							Oct 17 & 19	Elementary Conferences (3:30-7:30)
	16	17	18	19	20	262	Oct 28	End of 1 <sup>st</sup> Quarter (42 days)
	23	24	25	26	27	287		2-hour early dismissal
	30	31				300	Oct 23	Innovation Day (No School)
November								
		1	2	3	318.5	51		
	6	7	8	9	10	350	Nov 1 & 2	Junior High Conferences (3:30-7:30)
	13	14	15	16	17	381.5	Nov 20	TQ Day (No School)
	20	21	22	23	24		Nov 21	PD Day (No School)
	27	28	29	30		406.5	Nov 22	Teacher Camp Day (No School)
							Nov 23-24	Thanksgiving Holiday (No School)
December								
				1	413	66		
	4	5	6	7	8	444.5	Dec 5	High School Conferences (3:30-7:30)
	11	12	13	14	15	476	Dec 22	2-hour Early Dismissal
	18	19	20	21	22	507.5	Dec 25-Jan 2	Winter Break (No School)
	25	26	27	28	29			
January								
	1	2	3	4	5	524	Jan 3	Classes Resume
	8	9	10	11	12	555.5	Jan 12	End 1 <sup>st</sup> Semester (93 days)
	15	16	17	18	19	586		2-hour early dismissal
	22	23	24	25	26	616.5		
	29	30	31			635		
February								
			1	2	648	104		
	5	6	7	8	9	679.5		
	12	13	14	15	16	711	Feb 13	High School Conferences (3:30-7:30)
	19	20	21	22	23	742.5		
	26	27	28	29		767.5		
March								
				1	774	124		
	4	5	6	7	8	805.5	March 5 & 7	Junior High Conferences (3:30-7:30)
							March 5 & 7	Middle School Conferences (3:30-7:30)
	11	12	13	14	15		March 5 & 7	Elementary Conferences (3:30-7:30)
	18	19	20	21	22	835	March 11-15	Spring Break
	25	26	27	28	29	866.5	March 22	End of 3 <sup>rd</sup> Quarter (45 days)
								2-hour early dismissal
April								
	1	2	3	4	5	891.5	April 1	Teacher Camp Day (No School)
	8	9	10	11	12	923	April 24	High School Conferences (3:30-7:30)
	15	16	17	18	19	954.5		
	22	23	24	25	26	986		
	29	30				999		
May								
			1	2	3	1017.5		
	6	7	8	9	10	1049	May 17	Seniors Last Day
	13	14	15	16	17	1080.5	May 19	Graduation
	20	21	22	23	24	1110	May 24	Last Day for Students™ (44 days)
	27	28	29	30	31		May 27	2-hour early dismissal
							May 27	Memorial Day (No School)
							May 28	Teacher Work Day – Flex™
June								
	3	4	5	6	7			

Total Available School Hours – 1180 + 16 (PT Hours) – 992

2023-2024 Winterset Community School – Preschool Calendar Board Approved (12-12-22)

CALENDAR LEGEND	
Start/End	
No School	

M	T	W	Th	F	Days	Date	Events
<b>September</b>						<b>*No Preschool on Wednesdays plus the additional days noted</b>	
			31	1			
4	5	6	7	8			
11	12	13	14	15		Aug 31	First Day of Preschool
18	19	20	21	22		Sept 4	Labor Day (No School)
25	26	27	28	29			
<b>October</b>							
2	3	4	5	6			
9	10	11	12	13			
16	17	18	19	20		Oct 20	No Preschool (PD Day)
23	24	25	26	27		Oct 23	No Preschool (Innovation Day)
30	31						
<b>November</b>							
		1	2	3			
6	7	8	9	10		Nov 2 & 7	No Preschool (Conferences)
13	14	15	16	17		Nov 20-24	No Preschool
20	21	22	23	24			
27	28	29	30				
<b>December</b>							
				1			
4	5	6	7	8		Dec 6	Preschool Family Fun Night
11	12	13	14	15		Dec 22-Jan 3	No Preschool
18	19	20	21	22			
25	26	27	28	29			
<b>January</b>							
1	2	3	4	5			
8	9	10	11	12		Jan 4	Classes Resume
15	16	17	18	19		Jan 12	No Preschool (PD Day)
22	23	24	25	26			
29	30	31					
<b>February</b>							
			1	2			
5	6	7	8	9		Feb 8 & 13	No Preschool (Conferences)
12	13	14	15	16			
19	20	21	22	23			
26	27	28	29				
<b>March</b>							
				1			
4	5	6	7	8		March 11-15	No Preschool
11	12	13	14	15		March 22	No Preschool (PD Day)
18	19	20	21	22			
25	26	27	28	29			
<b>April</b>							
1	2	3	4	5			
8	9	10	11	12			
15	16	17	18	19		April 1	No Preschool (Teacher Comp Day)
22	23	24	25	26			
29	30						
<b>May</b>							
		1	2	3			
6	7	8	9	10		May 17	Last Day for Preschool
13	14	15	16	17			

## 2023 Husky Football Camp

**Mission:** ALL athletes will be prepared to be in a position to be successful by playing hard, playing fast, and having fun. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete.

**Date:** Tuesday August 1st - Friday August 4th

**Grades:** 9th - 12th (Based on Fall 2023)

**Registration:** PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

**Camp Fee:** \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

**Where:** High School Facility (South of Game Field) *Be careful when parking.*

2023 Camp Schedule	
Date	Time
Tuesday August 1st - Thursday August 3rd	5:30 - 8:30 PM (Cards / Equipment After)
Friday August 4th	8:00 - 11:00 AM (Cards / Equipment After)

**Camp Emphasis:** Learn proper fundamentals of the game through drill emphasis.  
Small group fundamentals and scheme installations  
Team Building and Activities

**Camp Equipment:** Shorts or sweats  
T-Shirt or Sweatshirt

Football Shoes (Not Required)  
No Hats or Jewelry

**Contact information:**

Coach Dennis Shaw (School) \*Winterset High School\* \*624 Husky Drive\* \*Winterset, IA 50273\*  
\*515.462.3320

(Home) \*Dennis Shaw\* \*1224 W. Court Ave.\* \*Winterset, IA 50273\*  
\*515.745.6807

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***This Camp Waiver must be signed and returned with fee prior to participation in camp.***

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ Cell # \_\_\_\_\_

(In case of emergency,)

## 2023 Husky Football Development Camp

**Mission:** ALL athletes will be prepared to be in position to be successful by playing hard, playing fast, and having fun. This camp is for all Middle School students (flag football, little husky football, and anyone interested in football) and Junior High student athletes.

The camp will promote sportsmanship and physical activity through the promotion and support of football for the young athletes of our community. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete.

**Date:** Tuesday August 1st - Thursday August 3rd

**Grades:** 4th - 8th (Based on Fall 2023)

**Registration:** PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

**Camp Fee:** \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

**Where:** High School Facility (South of Game Field)

**Safety Note:** Parents-Please drop and pick up your athlete by the gate on South 4th Ave. by Athletic Building. Please do not access the drive to the athletic facility. Thank you.

2023 Camp Schedule		
Dates	Grades 4-6	Grades 7-8
Tuesday August 1st - Thursday August 3rd	8:30 - 10:00 AM	10:15 - 11:45 AM

**Camp Emphasis:** Learn Proper Fundamentals of the game through drill emphasis.  
Small group fundamentals and Team Building and Activities

**Camp Equipment:** Shorts or sweats  
T-Shirt or Sweatshirt  
Football Shoes (Not Required)  
No Hats or Jewelry

**Contact information:**

Coach Dennis Shaw (School) \*Winterset High School\* \*624 Husky Drive\* \*Winterset, IA 50273\*  
\*515.462.3320  
(Home) \*Dennis Shaw\* \*1224 West Court Ave..\* \*Winterset, IA 50273\*  
\*515.745.6807

***This Camp Waiver must be signed and returned with fee prior to participation in camp.***

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

## 2023 Kickstart Drill Camp

**Mission:** ALL athletes will be prepared to be in a position to be successful by playing hard, playing fast, and having fun. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete. This camp is specifically designed to develop specific position groups in preparation for the fall season.

**Date:** Monday June 5th - Friday June 9th

**Grades:** 9th - 12th (Based on Fall 2023)

**Registration:** Please REGISTER for camp preparations.

**Camp Fee:** *There is no cost for this camp.*

**Where:** High School Facility (South of Game Field)

**Safety Note:** Please do not access the drive to the athletic facility. Athletes & parents should drop off or park using the East lot at high school.

2023 Camp Schedule		
Position Groups	Date	Time
Quarterbacks & Skills	Monday - Wednesday - Friday	9:00 - 10:30 AM
Offensive Line	Tuesday - Thursday	9:00 - 10:30 AM

**Camp Emphasis:** Learn proper fundamentals of the game through drill emphasis.  
Small group fundamentals and scheme installations  
Team Building and Activities

**Camp Equipment:** Shorts or sweats  
T-Shirt or Sweatshirt

Football Shoes (Not Required)  
No Hats or Jewelry

**Contact information:**

Coach Dennis Shaw (School) \*Winterset High School\* \*624 Husky Drive\* \*Winterset, IA 50273\*  
\*515.462.3320

(Home) \*Dennis Shaw\* \*1224 W. Court Ave.\* \*Winterset, IA 50273\*  
\*515.745.6807

***This Camp Waiver must be signed and returned with fee prior to participation in camp.***

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete: \_\_\_\_\_

Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_ Cell # \_\_\_\_\_

## SUMMER 2023 WINTERSET YOUTH BOYS BASKETBALL CAMP

The Winterset High School boys basketball coaching staff invites you to participate in our summer basketball camp. We believe this camp is a great opportunity for youth players to have fun while improving their skills. The camp will be held at Winterset High School. The grade levels are the grade your son will be going into during the 2023-2024 school year.

### Four-Day Instructional Camp

This camp will be held July 17th-20th and will be for boys *going into* 2nd-9th grade. The goals of our camp are to have fun, learn basketball and life fundamentals, and play a ton of games and competitions, including the *BASKETBALL OLYMPICS*. The camp will be directed by Varsity head coach Josh Henry with assistance from assistant coaches Corey Bradley, Matt Young and Gary Emmert. There will also be assistance from current and former high school players.

Session 1 9AM-11AM is for boys *going into* 2<sup>nd</sup>-5<sup>th</sup> grades

Session 2 11:30AM-2PM is for boys *going into* 6<sup>th</sup>-9<sup>th</sup> grades

**COST:** \$40

**DISCOUNT CODES:** When paying online, put in the following codes to get the multiple camper discounts:

2 campers: 2HUSKIES, 3 campers: 3HUSKIES, 4 campers: 4HUSKIES, 5 campers: 5HUSKIES

**REGISTRATION:** <https://winterset-husky-hoops.square.site/>

**\*\*Be sure to register your son before Monday, July 3rd to guarantee your son a t-shirt!\*\***

If you have any questions about our summer basketball camp, please call coach Josh Henry at (515) 238-3945 or email at [jhenry@winterset.k12.ia.us](mailto:jhenry@winterset.k12.ia.us)



### **Parental Permission-please read carefully before Registering**

*I give my son permission to participate in the Winterset summer basketball camp. I understand that while basketball is generally a safe activity, there is a risk of both minor and serious injuries. I assume full responsibility for the cost of any basketball-related injuries and clear the summer program and its employees of any liability related to the reasonable and practical operation of the camp.*

## 6 Essential Summer Camp Criteria for Kids with ADHD

Before registering your child for summer day or overnight camp, ask these six questions to understand how kids with ADHD can decompress, how the schedule is structured, and more to ensure your child has a positive summer experience.



By [Ryan Wexelblatt, LCSW Verified](#) Updated on January 25, 2023

The right summer camp experience pushes kids in all the right directions — toward new friendships, new challenges, and new perspectives. In my experience, camp can be a tremendous confidence builder for kids with ADHD, who may otherwise automatically say “no” to anything unfamiliar. Campers are often more receptive to stepping outside of their comfort zones when they’re doing so among a supportive peer group of kids with whom they have no social history. The value of this “social reset,” when it goes well, can’t be overstated.

Of course, we can’t assume things will go well.

Sadly, every year I hear from parents of children with hyperactive/impulsive ADHD who were asked to leave camp. In most cases, the [overnight camp](#) was not equipped to support the child — and the parents didn’t realize this until it was too late.

Even campers with [inattentive ADHD](#) face unfortunate consequences when a camp doesn’t understand ADHD. Often, these kids are not required to participate in activities and, since they rarely cause problems, they end up wandering around or sitting off to the side alone. That is not the point of camp.

When parents ask me how to evaluate whether a summer camp will serve their kids’ needs and interests, I encourage them to favor programs that involve physical activity, which benefits the body and mind. While some kids with ADHD prefer to sit in front of a screen all day, I do not recommend camps that revolve around screen-based activities.

### 6 Questions to Ask a Prospective Camp

#### 1. How structured is the camp schedule for my child’s age group?

How much time do campers get to engage in free play or choice activities? Some kids with impulse-control issues do not do well in unstructured camps; “free time” is when they struggle the most.

#### 2. Are campers required to participate in activities or can they choose to sit out?

The ideal answer would be that they are strongly encouraged and supported to participate in all activities but are not forced. Additionally, parents should be notified if their child is sitting out of [activities](#).

#### 3. If my child needs some time to “decompress,” where would he do that?

How would you make sure that he returns to the activity? Children with ADHD benefit when they develop self-soothing and calming strategies, which prove invaluable in moments of [emotional dysregulation](#) at school and at home. A camp should encourage its participants to develop these regulatory skills while ensuring they aren’t left out or forgotten.

#### 4. Which types of ADHD profiles have you found to be successful, and not successful, at camp?

If the camp doesn't know what you mean by "ADHD profile," that is a red flag.

#### 5. How much time is spent on screen-based activities?

If your child likes excessive screen time, less is better here.

#### 6. What can I do proactively to set up my child for success at camp?

I recommend providing information to the camp staff weeks in advance about your child's strengths and how to support her when she's struggling. Any good camp administrative staff will appreciate parental transparency, proactive strategy ideas, and the opportunity for a collaborative relationship. What is not helpful: withholding your child's ADHD diagnosis or timing a "medication vacation" to overlap with camp. Summer camps demand a great deal of a child's attention, emotional regulation, and impulse control — perhaps even more than schools do. If your child takes ADHD medication during the school day, he should continue his regimen at camp. Discuss this with your prescribing physician.

### Summer Camp Communication: Sample Letter

Hi (Camp Name) Staff,

We are excited that our child, (child's name), will be joining you this summer. We are writing to provide you with some helpful information and to offer our assistance in answering any questions you may have.

(Child's name) has an (impulsive or inattentive) profile of ADHD, which may present in the following ways at camp:

(Below, provide a list of behaviors or challenges your child has experienced at previous overnight camps or in semi-structured activities like sports teams or Scouts, e.g.,

- He may sit off to the side unless encouraged to participate.
- He may avoid other campers and gravitate toward adults because that interaction is easier for him
- He may respond impulsively in competitive environments and lash out during intense athletic games.)

Here are some strategies you can use to help (child's name) if you observe any of these things:

- Ask him to return to the game and remind him that his team needs him.
- Offer him purposeful praise and recognition.
- If you see him becoming irritable, he may need some water and time to sit in the shade or a quiet area for 5 to 10 minutes.
- If he seems to prefer talking to the counselors instead of the kids, please suggest topics of conversation he can try with other campers. It is often easier for him to talk to younger kids or adults because he does not always remember to show interest in his same-age peers.
- If you find he is having one-sided conversations and talking at the other kids, please feel free to pull him aside and remind him that it helps us make friends when we listen more than we talk (which is something he knows but forgets).
- To help him avoid losing things, please ask him questions using visual language. For example, if he forgets his towel for swimming, you can ask him, "Do you look like you're ready for swim?" If he leaves his water bottle on the table at dismissal, you can say, "Please check your backpack and make sure you have all the things you brought to camp today."

Please do not hesitate to contact us if you have any questions or concerns. We are grateful that (child's name) can attend (camp name) this summer and appreciate you taking the time to read this.

With gratitude,

(Your Signature)



# How to Manage Your Child's Toughest Behavioral Problems

Too much screen time. Zero school motivation. Fights. Outbursts. The silent treatment. If this sounds familiar, you're not alone. Many ADHD families report high levels of stress and conflict. To solve these and other behavioral problems, focus more of your parenting energy on rewarding the positive than on enforcing harsh punishments. Here's how.

Years into the pandemic, and the ramifications of upended routines and rituals persist. Parents, caregivers, and children – especially those with ADHD – are under tremendous, prolonged stress, which has made for increased family conflict, aggravated ADHD symptoms, and exaggerated behavioral problems. Outbursts, meltdowns, defiance, and intense emotions are among the most prevalent problems facing families today, along with concerns about screen time and a lack of motivation and interest in school.

Even amid these circumstances, there are effective ways to manage [behavioral problems](#) associated with ADHD at home and avoid undue conflict. Parents, at the helm, can steer their children toward positive behaviors by building better relationships and adapting behavioral techniques.

## Behavioral Problems: ADHD Parenting Guidance

Parents, especially of younger children, comprise the first line of defense against behavioral problems because they are truly the agents of change. This is not to say that parents are at fault for behavioral problems, but rather that their influence over the solution cannot be overstated.

When caregivers are well-versed in the tried-and-true approaches proven to remedy ADHD behavioral problems, it leads to a [positive parent-child relationship](#) and to a happy, healthy, and successful child who is better equipped to cope with [ADHD symptoms](#) and other challenges.

These behavioral techniques should follow a hierarchy that looks like the following:

- Setting the stage for success (this is the base for all behavioral solutions, and should be used frequently)
- [Positively attending to desired behaviors](#) and actively ignoring problem ones
- Giving good directions
- Implementing behavior plans and reward systems
- Enforcing consequences for misbehavior, which should be done sparingly

## Behavioral Problems: At-Home Strategies for Parents

### 1. Rapport and Relationship Building

Despite many reminders, your child won't [get off their video game](#) and go to bed. Annoyed, you raise your voice, hoping that will get their attention. Instead, they yell back, and you lose your temper. At last, they either stop playing, or you give up your requests. Either way, it's an exhausting pattern that is only reinforced by its repetition.

Too many of these types of interactions can create feelings of anger and resentment from both sides. To set the stage for success, begin by building and reinforcing your relationship with your child by creating more moments of genuine joy. This is the first step toward effective behavioral changes.

A few times each week, do the following:

- **Pick an enjoyable activity for your child** (be it video games, a sport, or anything interesting to them) and be fully present in their experience. That means putting phones away, saving any chatter about personal obligations, and avoiding the urge to multi-task in the moment.
- **Follow their lead.** Even if the activity is boring to you, seek out what matters to them in that experience.

- **Give attention to positive behaviors.** You might commend your child on their ability to get through a particularly tough level on their video game or thank them for explaining how the game works.
- **Avoid directions, questions, and critical statements** that can spoil the mood and put your child on the defensive.

Establishing a warm relationship with your child helps them feel appreciated, and it boosts your intrinsic authority as their parent. It also helps strike a balance between structure and nurture, which is at the heart of being an effective behavior manager.

## 2. Observe Behavioral Problems and Causes

There is a logic to your child's behaviors. Carefully taking note of behaviors and their contexts is the second step toward eventually changing them.

Use any kind of note-taking system to record answers to the following questions:

- What is the problematic behavior in question? Be as specific as possible, and describe it in observable, measurable terms. (Make sure it's a behavior that happens frequently, like yelling and becoming rageful multiple times a day).
- When does the behavior take place?
- Where does it take place?
- With whom does it take place?
- Why does it take place? Are they looking for sensory stimulation? To escape an activity that they don't like? To get attention?

Breaking down behaviors in this format allows for opportunities to de-escalate and reinforce positive behaviors in ways that work for your child, rather than resorting to consequences right away. The focus is not on eliminating the "big moment," which can take time to mellow out, but in noticing the little trends toward positive change at every turn.

## 3. Set the Stage for Success

Third, put supports in place, especially with a focus on [ADHD symptoms](#) and their unique challenges, to steer your child toward positive behaviors. Supports should center on clear rules and routines, visual cues, and creative reminders to prompt your child toward desired behaviors, consistent limits and corrective feedback, and frequent positive feedback, rewards, and other incentives to increase motivation toward target behaviors.

If your child struggles with routines, for example, post in a prominent area a chart or checklist of required tasks labeled and listed with times for each.

Similarly, and especially if your child is younger and learning from home, I recommend creating a chart that lists appropriate behaviors and expectations for [remote learning](#), like keeping muted, turning on the camera, and raising their hand to speak.

## 4. Provide Positive Feedback

Praise your child for the behaviors you'd like to see more of:

- Be specific. Instead of a vague "good job" or a high five, praise your child for a specific action. ("Great job using a calm voice"; "It was wonderful how you raised your hand during online class"; "You are so focused on your work.")
- Be consistent. Catch your child when they demonstrate the desired behaviors.
- Give more positive feedback than negative, and watch your feedback become that much more effective.
- Give feedback immediately and while in close proximity to them to drive the connection between a certain behavior and a positive response.
- Use non-verbal reinforcers, like a thumbs up or a high five, only in situations where it's clear what behavior you are responding to.
- Be sincere. Engaging with this skill can feel unnatural if it's new, but with enough practice, it'll become a genuine part of your toolbox.

At the same time, withdraw attention from difficult behaviors like whining, arguing, and interrupting, and provide **positive feedback** around a preferred behavior occurring subsequently or simultaneously instead. Eventually, the problem behavior will decrease as your child recognizes that their undesirable behavior is not serving a function.

## 5. Give Instructions Effectively

Getting your child to listen to you largely depends on how you're delivering instructions:

- Keep your cool – it models appropriate behavior and prevents yelling.
- Be clear and straightforward to the point of performance. Don't frame the instruction as a question. Instead of, "Can you start your homework?" say, "Please start your homework."
- Give instructions one at a time. Remembering a series of steps can be hard for children with ADHD. If possible, break up the task further to start, and remind your child their past successes with the task.
- Wait for follow-through and catch it with praise, no matter how "small" the task. Children respond better when given credit for following through.

## 6. Create a Behavior Plan and Reward System

Clear behavioral goals and rewards are great for motivating and stimulating children and teens with ADHD toward positive behaviors. Use **behavior charts** and point systems to keep track of up to three target skills and behaviors at a time. On the chart, be sure to positively phrase the task (i.e. what to do instead of what not to do) and be specific: "Focus on lessons for 30 minutes"; "Get started on schoolwork right at 4 pm."

Reward systems can vary based on age. Young children respond well to simple systems like sticker charts, while older children can follow a points system and pick rewards from a co-created menu. Teenagers can follow a more sophisticated point system, where they can "deposit" and "withdraw" points depending on the task, and where point values increase with task difficulty.

## 7. Enforce Consequences Sparingly

It's a fallacy that harsh punishments will make your child think long and hard about what they've done. In fact, **harsh punishments are quite ineffective**, as they:

- Only have short-term impact
- Increase emotional reactions from your child
- Can deteriorate relationships
- Teach your child what not to do rather than the appropriate behavior

If you do pursue consequences for misbehavior, follow these guidelines:

- Establish your consequence plan in advance to avoid an impulsive decision
- Administer the consequence in a neutral and calm voice, and immediately after the behavior occurs. This teaches your child that they shouldn't wait to hear a raised voice to start complying
- Give consequences in small doses
- Reset after delivering a consequence and continue to reinforce positive behaviors, even if the consequence has yet to be delivered

With practice and persistence, these strategies will improve your child's behaviors and decrease family conflict at home – now, and years into the future.

*The content for this article was derived from the ADDitude Expert Webinar "Discipline Strategies for ADHD: How to Manage Your Child's Most Challenging Behaviors" [Video Replay & Podcast #346] with David Anderson, Ph.D., which was broadcast live on March 2, 2021*

## WINTERSET PARKS AND RECREATION

# 2023 SWIMMING LESSONS

## WINTERSET AQUATIC CENTER

**REGISTRATION FEES:**

- Parent/Child \$25/child
- Preschool \$25/child
- Level 1 - 6 (Ages 5+) \$35/child

- One week class (4 Days)
- One week class (4 Days)
- Two week class (8 Days)

Session 1: June 12 - June 22

Parent/Child	June 12-15	M-TH	5:00p - 5:30p
Parent/Child	June 19-22	M-TH	5:00p - 5:30p
Preschool 1	June 12-15	M-TH	10:00a - 10:30a
Preschool 1	June 12-15	M-TH	10:30a - 11:00a
Preschool 2	June 12-15	M-TH	11:00a - 11:30a
Preschool 2	June 12-15	M-TH	11:30a - 12:00p
Preschool 1	June 19-22	M-TH	10:00a - 10:30a
Preschool 1	June 19-22	M-TH	10:30a - 11:00a
Preschool 2	June 19-22	M-TH	11:00a - 11:30a
Preschool 2	June 19-22	M-TH	11:30a - 12:00p
Level 1	June 12-22	M-TH	9:45a - 10:30a
Level 1	June 12-22	M-TH	10:30a - 11:15a
Level 1	June 12-22	M-TH	11:15a - 12:00p
Level 1	June 12-22	M-TH	5:10p - 5:55p
Level 2	June 12-22	M-TH	9:45a - 10:30a
Level 2	June 12-22	M-TH	10:30a - 11:15a
Level 2	June 12-22	M-TH	11:15a - 12:00p
Level 2	June 12-22	M-TH	5:10p - 5:55p
Level 3	June 12-22	M-TH	9:45a - 10:30a
Level 3	June 12-22	M-TH	10:30a - 11:15a
Level 3	June 12-22	M-TH	11:15a - 12:00p
Level 4	June 12-22	M-TH	10:30a - 11:15a
Level 4	June 12-22	M-TH	11:15a - 12:00p
Level 5	June 12-22	M-TH	10:30a - 11:15a
Level 5	June 12-22	M-TH	11:15a - 12:00p

Session 2: July 5 - July 14

\*PLEASE NOTE: LEVELS 1-6\*  
WEEK 1: W-FR & WEEK 2: M-FR

Parent/Child	July 5-7	W-FR	5:00p - 5:30p
Parent/Child	July 10-13	M-TH	5:00p - 5:30p
Preschool 1	July 5-8	W-SA	10:00a - 10:30a
Preschool 1	July 5-8	W-SA	10:30a - 11:00a
Preschool 2	July 5-8	W-SA	11:00a - 11:30a
Preschool 2	July 5-8	W-SA	11:30a - 12:00p
Preschool 1	July 10-13	M-TH	10:00a - 10:30a
Preschool 1	July 10-13	M-TH	10:30a - 11:00a
Preschool 2	July 10-13	M-TH	11:00a - 11:30a
Preschool 2	July 10-13	M-TH	11:30a - 12:00p
Level 1	July 5-14	W-FR	9:45a - 10:30a
Level 1	July 5-14	W-FR	10:30a - 11:15a
Level 1	July 5-14	W-FR	11:15a - 12:00p
Level 1	July 5-14	W-FR	5:10p - 5:55p
Level 2	July 5-14	W-FR	9:45a - 10:30a
Level 2	July 5-14	W-FR	10:30a - 11:15a
Level 2	July 5-14	W-FR	11:15a - 12:00p
Level 2	July 5-14	W-FR	5:10p - 5:55p
Level 3	July 5-14	W-FR	9:45a - 10:30a
Level 3	July 5-14	W-FR	10:30a - 11:15a
Level 3	July 5-14	W-FR	11:15a - 12:00p
Level 4	July 5-14	W-FR	10:30a - 11:15a
Level 4	July 5-14	W-FR	11:15a - 12:00p
Level 5	July 5-14	W-FR	10:30a - 11:15a
Level 5	July 5-14	W-FR	11:15a - 12:00p

Session 3: July 24 - August 3

Parent/Child	July 24-27	M-TH	5:00p - 5:30p
Parent/Child	July 31-Aug 3	M-TH	5:00p - 5:30p
Preschool 1	July 24-27	M-TH	10:00a - 10:30a
Preschool 1	July 24-27	M-TH	10:30a - 11:00a
Preschool 2	July 24-27	M-TH	11:00a - 11:30a
Preschool 2	July 24-27	M-TH	11:30a - 12:00p
Preschool 1	July 31-Aug 3	M-TH	10:00a - 10:30a
Preschool 1	July 31-Aug 3	M-TH	10:30a - 11:00a
Preschool 2	July 31-Aug 3	M-TH	11:00a - 11:30a
Preschool 2	July 31-Aug 3	M-TH	11:30a - 12:00p
Level 1	July 24-Aug 3	M-TH	9:45a - 10:30a
Level 1	July 24-Aug 3	M-TH	10:30a - 11:15a
Level 1	July 24-Aug 3	M-TH	11:15a - 12:00p
Level 1	July 24-Aug 3	M-TH	5:10p - 5:55p
Level 2	July 24-Aug 3	M-TH	9:45a - 10:30a
Level 2	July 24-Aug 3	M-TH	10:30a - 11:15a
Level 2	July 24-Aug 3	M-TH	11:15a - 12:00p
Level 2	July 24-Aug 3	M-TH	5:10p - 5:55p
Level 3	July 24-Aug 3	M-TH	9:45a - 10:30a
Level 3	July 24-Aug 3	M-TH	10:30a - 11:15a
Level 3	July 24-Aug 3	M-TH	11:15a - 12:00p
Level 4	July 24-Aug 3	M-TH	10:30a - 11:15a
Level 4	July 24-Aug 3	M-TH	11:15a - 12:00p
Level 5	July 24-Aug 3	M-TH	10:30a - 11:15a
Level 5	July 24-Aug 3	M-TH	11:15a - 12:00p





**Register Now**  
**COED Tee-Ball**

Boys & Girls  
Ages 3 - 6

3 & 4 Year Old Division  
5 & 6 Year Old Division

Volunteer Coaches Needed  
7 Week Program  
Practices Begin Week of  
May 15

Register By April 30  
\$30/Child - Includes T-Shirt

WINTERSET COMMUNITY SCHOOL DISTRICT

**POOL PASSES**



**\$10 OFF**  
**Family**

**\$5 OFF**  
**Single**

IF PURCHASED BEFORE MAY  
14TH




PURCHASE ONLINE  
OR CALL 515.462.3258



**ADULT COED**  
**SOFTBALL**


WINTERSET COMMUNITY SCHOOL DISTRICT

**10 GAME REGULAR SEASON SCHEDULE**  
**THURSDAY NIGHT GAMES: MAY 4 - JULY 6**  
**SINGLE ELIMINATION TOURNAMENT: SAT. JULY 15**  
**\$250/TEAM | REGISTRATION DEADLINE: APRIL 23**



# FRIENDS BOOK SALE

Winterset Public Library | 123 N 2nd St | Winterset IA  
515-462-1731 | [www.wintersetlibrary.org](http://www.wintersetlibrary.org)



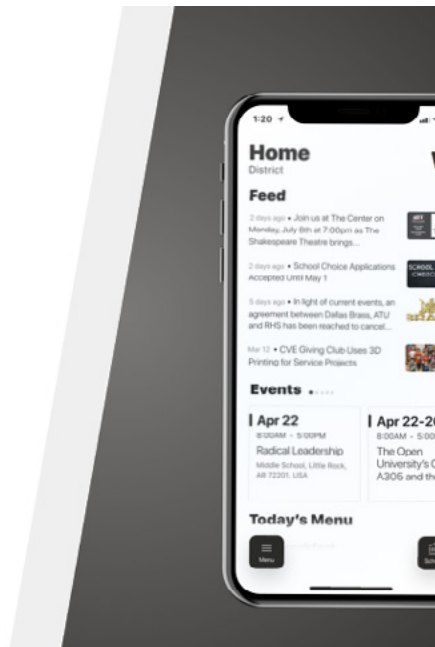
**Thursday, April 27**  
4-5:30pm FOL Members Only Pre-Sale  
Memberships Available at the Door  
5:30-7pm Sale to the Public

**Friday, April 28**  
9am-5pm Sale to the Public

**Saturday, April 29**  
9am-1pm Sale to the Public

**BOOK SALES ARE FREE WILL DONATION**

It's everything Winterset,  
**in your pocket.**  
Documents · Events · Staff Directory · Alerts · News



# ELLIPSIS RESPITE CARE

The Ellipsis respite program provides the help and rest period kids and families need when challenges seem too difficult to conquer.



Ellipsis, established in 2021, is a "no wrong door" youth and family services provider that brings together legacy organizations Youth Homes of Mid-America and Youth Emergency Services and Shelter. Our staff work tirelessly to meet all our clients' unique needs so that we can connect kids and families to successful futures.

On any given day, we serve nearly 600 kids and families with residential care and treatment, counseling and therapy, behavioral health intervention services, care coordination and family support. In doing so, we're helping kids and families overcome turbulent paths to build successful, rewarding futures.

We're always looking to expand our services to build a complete continuum of care for those we serve. That's where our respite program — opening April 17, 2023 — comes in.

#### Who benefits from respite care?

- Respite care provides short-term relief for primary caregivers and allows kids in crisis to have a safe space to recover.
- We serve kids ages 6 to 17 who may be at risk of entering the child welfare or juvenile justice systems.
- Families dealing with a variety of challenges including mental and behavioral health concerns benefit from this program.

#### What does respite care entail?

- We have between five and 10 beds available for short-term stays (less than 72 hours).
- Our program is staffed by trained and qualified shelter staff at a ratio of three staff to 10 kids.
- During respite care, we assess and refer kids and families to services and support systems that provide long-term help.
- Our respite program is available 24 hours a day for 365 days a year.

#### How can kids and families access respite care?

- Call 515-243-3450 and dial 11 for a crisis call.
- Families can be referred by schools, law enforcement, hospitals, health providers, therapists, service providers and other families who have been served by Ellipsis.
- Kids and families can receive care by visiting 810 SE Tith St. in Des Moines. Enter on the north side of the building.
- Ellipsis staff will screen kids to determine eligibility for respite programming.

At Ellipsis, we're true to our name. We provide a safe space for kids and families to pause, heal and determine their next chapter. Our respite program is one more way we offer that help.



We help kids and families build healthy relationships so they can write their own story.  
Learn more at [Ellipsis.org](http://Ellipsis.org).



## WHAT IS CRISIS STABILIZATION?

The YSS Crisis Stabilization Program is for those times when a youth (ages 12-18) is experiencing an acute mental health, behavioral health or substance use issue that requires more than a visit to the pediatrician, but less than a trip to the emergency room.\* Crisis stabilization provides short-term care with 24-hour supervision without the added trauma of hospitalization. The program offers intervention and support for both the family and the youth to stabilize the current situation and plan for the future.

When a youth is in the midst of emotional turmoil, it is important to surround them and their family with comprehensive treatment services quickly. The sooner the youth receives treatment, the less likely the crisis will evolve into a chronic mental health concern and the more likely the family can recover. The Crisis Stabilization Program approach is trauma-informed, strength-based, and family-centered from referral to discharge.

This program is not available to youth who are system involved through the Department of Human Services (DHS) or the Juvenile Court System.

*\*Please note that anyone experiencing suicidal or homicidal ideation should be immediately taken to the hospital for assessment and treatment.*

## REFERRAL PROCESS:

- 1 Call (515) 233-2330 or (641) 423-7362 and convey interest in the Crisis Stabilization Program.
- 2 Staff will conduct a brief screening to determine program fit.
- 3 If the youth is identified as a candidate for the program, staff will contact the appropriate mental health region to approve eligibility.
- 4 Once eligibility is confirmed, the youth will be admitted into the program and services will begin.



## WHAT TO EXPECT:

- + Initial crisis screening upon referral
- + 24-hour shelter placement for youth (length of stay is 1-14 days)
- + Assessment completed by a licensed professional to determine service recommendations
- + Services may include a combination of mental health, behavioral health, substance use, medication management, and/or family therapy
- + Family Team Meeting to establish goals for ongoing supports, as well as treatment recommendations for the individual and family
- + Behavioral Health Intervention Services (BHIS) to address unhealthy skills and improve how the youth and family function together as a unit
- + Discharge planning, including recommendations for services in the home community



# Stay Connected with WCSD!



## Upgraded Website:

- [www.winterset.k12.ia.us](http://www.winterset.k12.ia.us)
- District homepage updated weekly
- School homepages are updated frequently with information
- Daily calendar of events for schools as well as athletics/activities is located on district homepage

## Electronic Backpacks:

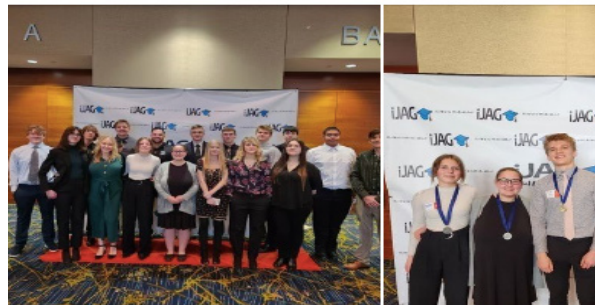
- Located on both the district and school homepages - includes fliers, newsletters, important and timely information

## Instagram: @wintersetschools

## Facebook: Winterset Community School District: @wintersetschools

Winterset Huskies for Athletics and Activities updates:  
**@WintersetHuskies**

**All buildings now have their own pages**



## Twitter:

- WintersetSchools: **@WintersetSchool**
- Winterset Huskies for Athletics and Activities updates: **@WintersetHusky**
- **All schools now have their own pages too**

## Infinite Campus:

- Must have a **portal account** - contact your school's office or the Administration Building to request account

## Madisonian:

- Article by Superintendent every other week

