

SUPERINTENDENT MESSAGE

Committing to being a life-long learner can be a challenge at times, yet I am convinced that with the pace of change in our world right now, all of us need to embrace this idea and lean into learning. Last week I had the opportunity to attend the American Association of School Administrators (AASA) National Conference on Education. The conference was attended by almost 6,000 superintendents and other school administrators from across the country, and I enjoyed connecting with colleagues from such diverse circumstances. It became clear that regardless where you are in the country, all school districts are being presented with a myriad of challenges

and opportunities, and I appreciated learning more about how other school leaders are tackling these changes.



For our students, one of the main changes they are facing is the constantly increasing prevalence of technology in all aspects of our lives. Technology has connected our entire world, meaning our students need to be ready to compete on a global scale. The first session I attended was titled "Minds

March Monthly Highlights

March 7 & 9 - Elementary and JH Conferences - 3:30 - 7:30 March 8 - MS Conferences - 3:30 - 7:30 March 13 - 17 - Spring Break March 24 - End of 3rd Quarter - 2 hr. early dismissal

for the Future" in which the big question being addressed was "What will the future look like for our students"? You don't have to look far to see the impact technology is having on jobs that were once performed by humans. Simply visit our local HyVee or Fareway to see how technology is replacing humans. The leaps and bounds made in the capabilities of Artificial Intelligence (AI) is both amazing and scary, and it will no doubt continue to advance in the future. Information the presenter shared from the McKinney Global Institute outlining the projected impact of automation on the global workforce was particularly eye-opening, including one estimate predicting that 400 to 800 million individuals could be displaced by automation by 2030. The impact of automation and AI, whether you agree with the statistics above or not, is going to be far reaching. One question I kept asking myself was, Will our students be ready for this type of change?

I was encouraged to see that the districts showcased at the AASA conference had made a c Concert Dates Elementary Music 3rd Grade - March 27 2nd Grade - March 28 1st Grade - April 3 Kdg - April 4 MIddle School 4th grade- May 4th 5th grade- April 13th 6th grade- March 7th All concerts are at the HS auditorium at 7:00pm.

commitment to focusing on the skills students are going to need when they graduate, which are becoming more and more about their ability to solve complex problems and to be innovative, creative, and adaptive. Most of the featured districts are five to seven years ahead of us in regards to implementing their Profile of a Graduate, which we recently finalized. Consistently, the skills that were identified as most valuable are those that technology can't replace such as communication. collaboration. innovation, and problem solving. While we can't ignore the need for basic literacy and numeracy skills, they simply aren't enough anymore; rather,

we must be providing our students with a foundation in technology literacy, computer science, and problem solving. I was excited to see that the skills our local community has prioritized in our Profile of a Graduate are the same as those prioritized by businesses and communities across the country.

We have been working hard to lay the foundation necessary to implement more authentic learning experiences for our students, experiences that will provide them the

opportunity to develop and demonstrate these critical skills. Partnering with our local communities is one particularly effective way to accomplish this. Two great examples of this currently in place at Winterset High School are our iJAG program and the Social Media Marketing class, both of which provide our students hands-on opportunities to utilize technology to market our district. At the Junior High, some of our staff are studying Project Based Learning in order to develop and engage our students in these types of

activities. Our Middle that they graduate School students are given the opportunity to participate in a leadership program aimed at improving their school based on studentidentified needs. Our elementary students are taking on classroom responsibilities to learn leadership skills as part of our Capturing Kids Hearts initiative. All of these experiences will be important for our students as we work to ensure

college, career, and life ready. I appreciated the opportunity to see districts being showcased on the national level for the work they are doing with their students, and I am ready to engage in the work that will allow Winterset to become one of these districts in the near future.

Yours in Service,

Justin M. Gross

Superintendent





Jazz Choir

Winterset's Jazz Choir, "Vox", received First Place in the 3A division at the N. Polk Jazz Festival this past Saturday. Out of all ten jazz choirs performing that day, they scored 2nd place behind 4A school, Liberty.

They also received an award for best a cappella ballad with "Butterfly".

Elizabeth Nigg was ranked 2nd place in the Musical Theater Contest out of 23 participants and was invited to perform a second time for the evening show (a huge honor)!

All Kindergarten students must be up to date on their preschool shots and have received their 4 year old boosters of Dtap, Polio, MMR and Varicella.

All 7th grade (and above) students must show proof of having received a Tdap (Tetanus/Acellular Pertusis) vaccination booster AND a Meningococcal vaccination on or after 10 years of age, before the first day of school.

All 12th grade students must show proof of receiving 2 DOSES of Meningococcal vaccine; or 1 dose if first dose was received at 16 years of age or older before the first day of school.

All Kindergarten students must have a dental screen performed between the ages of 3 and 6 years old with a dental certificate on file. All 9th grade students must have a current, within the

past 12 months, dental certificate on file.

All Kindergarten and 3rd grade students must have a current. within the past 12 months, vision certificate on file.

Lunch Menus

Use the new school app for the most up to date menus each day.

Elementary Lunch Menu Middle School Lunch Menu **JH/HS Lunch Menu**

Free & Reduced-Price **Meals Applications**

- Log into your Parent Portal
- Click on More, then click on Meals Benefits
 Complete Free & Reduced Form, click Submit

You will receive confirmation in your Parent Portal inbox once the application is processed. Questions: Call the administration office at (515) 462-2718.

SCHOOL FEES

Attention parents: This year's school fees were due October 15th. You may pay them through your Parent Portal, at any of the school offices or at the administration office.

CHANGE OF ADDRESS/PHONE

When you have a change of address or phone number, please contact the school or the administration office. It is important for the school to have updated information on our students for messages and emergency situations.

STUDENT/PARENT HANDBOOKS

The Winterset Student/Parent Handbooks are posted on the district website under the Parent tab. We have produced a district-wide handbook that aligns to board policies and current state law. The handbook includes addendums for each school, covering building specific expectations. Paper copies are available in each school's office. All students are expected to follow the policies, procedures and expectations. Please take the time to review the handbooks with your child.

2023-2024 3 year old Wee Learners Preschool Pre-Registration

- Are you interested in <u>3 year old</u> <u>Preschool</u>?
- Will your child be 3 on or before September 15th, 2023?
- If so, scan the QR code to get your child Pre-registered for Wee Learners 3 Year old Preschool for the 2023-24 school year with Barb LaGrange.
- This QR is only for 3 Year Olds wanting to attend preschool.



2023-2024 4 year old Preschool Pre-Registration

- Are you interested in <u>4 year old</u> <u>Preschool</u>?
- Will your child be 4 on or before September 15th, 2023?
- If so, scan the QR code to get your child 4 year old <u>Pre-registered</u> for Universal Preschool for the 2023-24 school year through the Winterset Community School District.



WHS FFA NEWS by: Landry Kaysen

As we come to the end of winter, it is time to reflect on all of the good things that happened and get excited about the new things to come. This winter has been an eventful one for the Winterset FFA and the coming months are looking to be the same!

At the end of November, our chapter drove our float through the annual Lighted Christmas Parade. Our float consisted of a group of side-by-side vehicles complete with lighted reindeer and an FFA sleigh! The theme this year was Christmas Icons and we received an Honorable Mention from our panel of esteemed judges. Thank you to all who helped drive and decorate the float, those who provided generators, lights, and side-bysides, and of course, thank you to those who served as judges!

On December 3rd, three of our upperclassmen members (Karly Christensen, Connor Pashek, and Alissa Brownlee) attended the Amplify and Transform Conferences. Here they participated in leadership workshops, and career readiness activities, and learned about how to continue to use the skills that FFA has taught them after high school. They came home enlightened people with a new hunger to pursue their agricultural dreams!

December 20th was our monthly chapter meeting and Christmas party. Our members participated in a cornhole tournament, cookie decorating challenges, and Minute to Win It games. This was a great opportunity to get younger members involved, as well as build crucial relationships between members. It was an extremely successful event, we all had so much fun!

During the month of December, we also received our fruit orders and distributed them throughout the community. This year's fundraiser was extremely successful, thank you to all of those who helped support our chapter!

As we entered the New Year we got involved with some really fun events! This month members sent in their applications for the Iowa Degrees! This is a prestigious award presented to active and impactful members of the FFA. Congratulations to Connor Pashek for receiving this recognition!

Our January meeting was held on January 17, at this meeting we took our annual pictures with the full chapter and officer team! Later, on January 31st, 9 members attended the Iowa Ag Exposition and Legislative Symposium. They toured HyVee Hall, learned about agricultural business and the newest ag technology, listened to keynote speakers such as Governor Kin Reynolds, and later went to the capital to meet with the President of the Senate and Representative Ray Sorensen. These members also learned about ways that they can pursue agricultural careers and make a difference in their communities

Another successful event that we encourage members to attend!

February is the month of many exciting things in the world of FFA! This week is FFA Week! Our school celebrates this week by creating dress-up days, fun activities, and opportunities to get involved and learn more about our chapter! Monday was PJ Day, Tuesday was USA Day, Wednesday was Orange or Camo day, Thursday students dressed up like teachers and teachers dressed like students, and Friday members wore their official dress to school. We had a guessing jar available in the ag room on Monday, a chapter fun night with dodgeball on Tuesday, drive your tractor to school and decorate your truck on Wednesday, a teacher appreciation breakfast on Thursday, and an FFA Emblem Scavenger Hunt on Friday!

In the coming months, we will have district and subdistrict competitions, state conventions, officer elections, and our annual banquet! We can't wait to see you there!







FINANCIAL AID

Parents & Students! This is really "crunch time" when we speak of financial aid for college or any type of training. Remember one thing if you forget everything else: You must file the right applications and meet all the deadlines. Have you accomplished the following?

1. Filed a Free Application for Federal Student Aid (FAFSA)! Most colleges and training programs require you to file this form. Also, it is required for the Last Dollar Scholarship, which covers full tuition for more than 50 community college and training programs. Just do it!

2. Complete the Local Scholarship Application and return it immediately to our office by March 1, no late applications will be accepted! Local scholarships are awarded at the Senior Awards Program on May 17th, but the decisions by the various award committees are made long before.

3. Complete the Charles & Lois Taylor Scholarship application. Most people who receive a Taylor scholarship follow-through. Don't cut corners. Just do it!

4. If you have any type of handicap, by all means apply for the Abner & Eliza Black Scholarship. Applications are in our office and the money is set aside for students with a disability. You must be under 21 years of age when you first apply.

The Top 9 Financial Aid Tips for Students

1. Prioritize your efforts, starting with the federal government. Visit www.finaid.org to learn about all your funding opportunities. Then turn to the private sector for additional assistance. Private sector scholarships can be located for free at www.fastweb.com

2. Learn all you can about the college financial aid process. Be sure to meet your aid administrator and establish a relationship.

3. Submit a FAFSA, even if you don't think you qualify for aid. Being rejected for federal aid is sometimes a prerequisite for private awards.

4. Review all of your data on the FAFSA every year. Your eligibility can change from year to year, depending on your family's circumstances.

5. Inform financial aid administrators about typical expenses. Certain allowances may be made to assist you.

6. Take advantage of tuition prepayment discounts. Some colleges offer up to a 10% discount for early payment.

7. Money from grandparents should be paid in your name directly to the school. This avoids gift tax liability.

 Investigate company-sponsored tuition plans. Many employers will invest in the education of their employees.

9. Apply! You can't win awards or receive funds for which you do not apply, so pay attention to deadlines.

The items mentioned are all basic steps any Winterset student and family should take if you want some financial assistance with post high school training. There are many local scholarships sponsored by local organizations. All scholarships are listed on the guidance page of the Winterset High School's website <u>here</u>.

Reminders:

•Schedule college visits if you have not already done so. Call ahead to arrange campus tours and obtain the paperwork from the office so you can count it as a college day. 2 days notice is required. •During college visits, make sure to meet with an admissions representative and a financial aid officer to find out what type of aid is available.

•Consider which teachers, employers or other adults you will ask to write your letters of recommendation. Request letters at least two weeks in advance.

ACT/SAT PREP STUDY MATERIALS

A group of NFL players and the U.S. Department of Defense funds this program which has simple study guides for both the ACT/ SAT test. The Cost is normally \$199.00 but through this program it is less than \$20.00. The link below provides information about the program and ordering information.Link

Brainfuse Help Now and Job Now are tools provided by the Winterset Public Library! Brainfuse Help Now features include: homework help (including interaction with live tutors in math, science, reading/ writing, social studies, PSAT/SAT, ACT, AP and state standardized tests), skills-building, personalized elearning tools, 24-hour writing lab, etc. Brainfuse Job Now features include live coaching, real-time interview practice, full-service resume lab, career resources and skills-building, etc. All you have to do is go to their website at https:// www.wintersetlibrary.org/ and hover over Research & Study and click on whichever Brainfuse you are looking for. You do have to have a library card or be at the library to gain access.

ICAN- Countdown to your future

WHS Guidance Department, Continued / Guidance Webpage

-Helpful ideas for students: Freshmen: Begin looking at potential job shadow opportunities that will help you explore a career pathway during your summer break. Make the most of your summer- search for summer camps in your area of interest. Stay strong through the end of the year and do your best. Freshman grades are the foundation of your GPA, which can impact college admission and scholarships. Sophomores: Attend the ICR Future Career & College Fair- find your career pathway, talk with employers, colleges & universities from across the country, and attend breakout sessions. For event details, visit www.icansucceed.org/icrfuture. If your family is planning a summer vacation, try to visit a few college campuses along the way. Update your RaiseMe account to earn additional scholarship dollars. Juniors: Attend the ICR Future Career & College Fair- find your career pathway, talk with employers, colleges & universities from across the country, and attend breakout sessions. For event details, visit www. icansucceed.org/icrfuture. It's time to schedule college and apprenticeship program visits. Revisit your career assessment results and schedule visits with programs and schools that meet your career and budget needs. If you plan to take the May SAT register now. Visit Chegg.com for test prep tools and resources. Update your activities resume with volunteer work, academic achievements and employment. Seniors: Visit an ICAN Center to review and compare financial aid packages from colleges. An advisor will analyze your packages using the College Funding Forecaster and help you determine the best financial option. You can also download the Compare College Costs worksheet from the ICANsucceed.org/materials. Finalize your RaiseMe activities to maximize your scholarship potential. Begin making plans for a summer job.

ACT's

Speaking of ACT's, If you are planning on taking the next one offered here at Winterset High School on April 15th, you need to be registered by March 10th to avoid a late fee, (late registration with fee deadline is March 24th). Register online at www.actstudent. org. The Score Builder for the ACT and SAT by The Learning Company is an excellent computer program to use to help improve your scores. Most Colleges Will Not Require Writing Test Scores. If you're a junior or sophomore and wondering about the new writing tests on college admissions exams, make sure you check with the colleges you are considering attending before you register to take the exams. It's possible that you won't have to take a writing test. Winterset will have one more test on June 10th for this school year.



These and MORE are listed on the guidance page of the school website.

Iowa Grants, Iowa National Guard Education Assistance Program, Iowa Vo-Tech Tuition Grant Program and All Iowa Opportunity Scholarship information available by contacting 877-272-4456. The All Iowa Opportunity Scholarship requires that you apply by March 1, all others require that you file your FAFSA by July 1.

The Abner & Eliza Black Scholarship is designed to help students with some form of a disability. The number of scholarships given and the amount varies. Applications are available on the guidance webpage. Deadline is April 1.

Farmers Electric Cooperative Scholarship: For High School seniors whose parents are members and reside in Farmers Electric Coop. territory. Can be used for college or vocational technical school. Scholarships are \$500.00 each, applications are available on the guidance webpage. Deadline is April 1.

Madison County Cattlemen's Scholarship: The number of applicants will determine the dollar amount with an approximate minimum scholarship of \$500. Applications are available on the guidance webpage. Deadline is April 1.

The Madison Country Health Trust Scholarship: 4-\$500.00 scholarship to students going into the healthcare field, students must be enrolled in a health program. Applications are available on the guidance webpage. Deadline is April 1.

Winterset Professional Educators of Iowa (PEI) Scholarship: 2 scholarships are available for Winterset seniors who are majoring in education. Awards, honors, extracurricular activities, and community involvement will aid in the decision making process. Applications are available on the guidance webpage. Deadline is April 1.

The Winterset Quarterback Club strives to promote football and athletics at Winterset High School and awards scholarship money each year to a football player or players who meet the criteria for the award. Applications are available on the guidance webpage. Deadline is April 1.

Charles & Lois Taylor (First Christian Church): Applications are submitted to Farmers and Merchants State Bank. Late applications will not be considered. Only residents of Madison County, Iowa who are also graduates of a high school or equivalent located in Madison County are eligible to apply for financial assistance to attend any accredited technical school, community college, college, university, graduate or professional school. Preference will be given to members of First Christian Church of Winterset, Iowa. Financial need is a prime consideration. Grade point average is not a prime consid-

WHS Guidance Department, Continued / Guidance Webpage

eration, but satisfactory academic progress should be demonstrated by the applicant. Deadline is April 1.

Lorimor Lions Club Scholarship: To be eligible to apply for this Scholarship you must plan to attend a college, university, professional, nursing, trade school, commercial, or vocational education in an accredited school operated within the state of lowa. Amount of the Scholarship is \$300.00 and will be disbursed at graduation. Applications are available on the guidance webpage. Deadline is April 7.

The Farmers & Merchants State Bank Scholarship is a \$2,000.00 scholarship awarded over four years. The recipient is selected based on scholastic ability, extracurricular activities, community involvement, etc. Applications are available on the guidance webpage or you may pick one up at the bank. Deadline is April 15.

Madison County Pork Producers Scholarship: Up to four \$500.00 scholarships will be given away to students residing in Madison Country and wish to continue their education at a 2 yr. or 4 yr. college in Iowa. Applications are available on the guidance webpage. Deadline is April 15.

LOANS

The Lillard-Miller and Eva Rogan Funds were established to help students finance post high school education. The funds are financed through private contributions. Loans are available for up to \$1,000 per year per student and a maximum of \$3,000 per student. No interest is charged, but the loans must be paid back. Applications are available on the guidance webpage and in the guidance office or the administrative office and may be completed anytime now through August.





WCSD TEACHER OF THE QUARTER: TERM 2

Qrt. 2 WCSD Teacher Awards, teachers are nominated by their colleagues for their contributions to the district. Awards sponsored by Mindy Cochran, local realtor. Congrats to our winners! Elem: Kelly Burkett, MS: Staci Sheffield, JH: Jim Heithoff, & HS: Kacia Cain



Check for updates at *raccoonriverconference.org* or call the high school at 462-3320.

HIGH SCHOOL BOYS SOCCER

| DATE | TIME | LEVEL | OPPONENT | SITE |
|--------|---------|---------|--------------------|--------------|
| Mar 30 | 5:00 PM | JV/V | Pella | Winterset |
| Apr 3 | 5:30 PM | JV/V | North Polk | Winterset |
| Apr 11 | 5:30 PM | JV/V | Perry | Perry |
| Apr 15 | 9:30 AM | V | Winterset Tourname | ent Earlham |
| Apr 17 | 5:30 PM | JV/V | Ballard | Winterset |
| Apr 18 | 5:30 PM | JV/V | Greene County | Grand Jct |
| Apr 21 | 5:30 PM | JV/V | Gilbert | Gilbert |
| Apr 25 | 5:30 PM | 9/JV/V | DM North | Winterset |
| Apr 27 | 5:30 PM | JV/V | ADM | ADM |
| Apr 29 | 10 AM | JV/V | Carlisle | Winterset |
| HIGH | SCHOOI | _ GIRLS | S SOCCER | |
| DATE | TIME | LEVEL | OPPONENT | SITE |
| Mar 28 | 5:30 PM | JV/V | Pella | Winterset |
| Apr 3 | 5:30 PM | JV/V | North Polk | North Polk |
| Apr 7 | 5:30 PM | Jv/V | DM Roosevelt | DM Roosevelt |
| Apr 11 | 5:30 PM | JV/V | Perry | Winterset |
| Apr 13 | 5:30 PM | JV/V | Creston | Winterset |
| Apr 17 | 5:30 PM | JV/V | Ballard | Ballard |
| Apr 20 | 5:30 PM | JV/V | DM East | Earlham |
| Apr 21 | 5:30 PM | JV/V | Gilbert | Winterset |
| Apr 24 | 5:30 PM | V/JV | DC-G | DCG |
| Apr 27 | 5:30 PM | JV/V | ADM | Winterset |
| | | | | |

HIGH SCHOOL BOYS TRACK

| DATE | TIME | LEVEL | OPPONENT | SITE |
|----------|---------|--------|------------------|-----------|
| Mar 27 | 4:30 PM | Coed V | Bondurant-Farrar | Bondurant |
| Mar 31 | 4:30 PM | V | Winterset Invite | Winterset |
| Apr 4 | 4:30 PM | Coed V | ADM | Adel |
| Apr 6 | 4:45 PM | JV | Clarke | Osceola |
| Apr 6 | 4:30 PM | Coed V | Van Meter | Van Meter |
| Apr 10 | 4:30 PM | Coed V | Norwalk | Norwalk |
| Apr 13 | 4:30 PM | JV/V | ADM | Adel |
| Apr 18 | 4:30 PM | V | Madrid | Madrid |
| Apr 20 | 4:30 PM | Coed V | Winterset Invite | Winterset |
| Apr 25 | 4:15 PM | V | Carlisle | Carlisle |
| Apr 27 | 4:45 PM | JV/V | Bondurant-Farrar | Bondurant |
| Apr 27-3 | 30 TBA | | Drake Relavs | Drake |

| HIGH SCHOOL GIRLS T | |
|---|-----------------|
| DATE TIME LEVEL OPPONENT | SITE |
| Mar 27 4:30 PM Coed V Bondurant-Farra | |
| Mar 30 4:30 PM V Ogden | Ogden |
| Apr 4 4:30 PM Coed V ADM | Adel |
| Apr 6 4:30 PM Coed V Van Meter | Van Meter |
| Apr 10 4:30 PM Coed V Norwalk | Norwalk |
| Apr 15 TBA V Jim Duncan Rel | - |
| Apr 17 4:30 PM JV/V Bondurant-F | Bondurant |
| Apr 20 4:30 PM V Winterset | Winterset |
| Apr 24 4:30 PM V Winterset | Winterset |
| Apr 25 TBA V ADM | ADM |
| 4/26-29 TBA V Drake Relays | Drake |
| Apr 27 4:15 PM V Carlisle | Carlisle |
| JUNIOR HIGH TRAC | K |
| DATE TIME LEVEL OPPONENT | SITE |
| Apr 10 4:30 PM Boys Earlham | Earlham |
| Apr 11 4:15 PM Girls ADM Invite | Adel |
| Apr 13 4:30 PM Girls Van Meter Invite | Van Meter |
| Apr 14 4:30 PM Boys Husky Relays | Winterset |
| Apr 18 4:30 PM Girls Van Meter Invite | Van Meter |
| Apr 18 4:15 PM Boys Creston Invite | Creston |
| Apr 20 4:00 PM Boys Carlisle Invite | Carlisle |
| Apr 20 4:30 PM Girls BF Invite | Bondurant |
| Apr 27 4:30 PM Boys Gilbert | Gilbert |
| Apr 28 4:30 PM Girls Winterset | Winterset |
| HIGH SCHOOL GOL | _F |
| DATE TIME LEVEL OPPONENT | SITE |
| Apr 4 4 PM Girls-JV/V Van Meter | Lakeview CC |
| Apr 6 12 PM Boys-JV/V Pella | Bos Landen |
| Apr 10 4 PM Girls-JV/V ADM/Carlisle | ADM |
| Apr 10 4 PM Boys-JV/V ADM/Carlisle | Carlisle |
| Apr 11 4 PM Coed-JV/V Creston/Clarke | Creston |
| Apr 13 4 PM Boys-JV/V Carroll/B-F | Lakeview CC |
| Apr 13 4 PM Girls-JV/V Carroll/B-F | Carroll? |
| Apr 17 1 PM Girls-V Winterset Tournam | ent Lakeview CC |
| Apr 20 1 PM Girls-V Oskaloosa Tourn | Edmundson GC |
| Apr 20 4 PM Boys-JV/V Perry/North Pol- | |
| Apr 24 4 PM Girls-JV/V Ballard/Carlisle | Lakeview CC |
| Apr 24 4 PM Boys-JV/V Ballard/Carlisle | Ballard |
| Apr 25 1 PM Boys- V Oskaloosa Touri | |
| Apr 27 1 PM Girls-V PCM Tournament | Gateway Rec GC |
| Apr 27 4 PM Boys- V ADM/Boone | ADM |
| Apr 28 12 PM Boys-V Winterset | Lakeview CC |
| TENNIS (IN INDIANOLA | |
| LINK TO GIRLS | |
| LINK TO BOYS | |
| | |

ADMISSION PRICES BUY TICKETS ONLINE ON TICKET SPICKET IN ADVANCE OF THE GAME

Admission prices to all Varsity events will be \$6 for everyone. Tournaments will be \$6 for everyone. Junior high events will be \$4 for adults and for students

-9-

Mother Son Dance

"Light up the Night"

Who: Any boy ages 4 (ish)-10 (ish) years old and an important lady in his life- \$15 a couple, \$5 for each additional boy

What: A fun, semi-dressy GLOW dance with refreshments, a photo booth, mom & son door/contest prizes, and music

When: Friday, March 24, 2023; 7-8:30 PM

Where: Winterset High School Commons Area (cafeteria)



Why: Winterset Student Council is holding the dance to raise money to enroll students in Student Council leadership conferences and camps. These camps and conferences provide students with a strong base of leadership skills to prepare them for tackling future leadership roles.

Please return the below slip & money to the elementary, MS, or high school office. You can also give it to any WHS student council member or sponsor Jessica Gibbons (<u>igibbons@winterset.k12.ia.us</u>). The mailing address is WHS Student Council – 720 Husky Drive Winterset, IA 50273

Make checks payable to Winterset Student Council. We will also take same-day registration but can't guarantee flowers. Same day registration...\$20.

Couple Name:

Additional boy:

Enclosed \$15 Registration, \$5 for additional boys

Optional wrist corsage (only guaranteed until March 10) \$10 extra Yes No

Total Enclosed:

| | Aug | ust | | | | Hours | Days | Date | Events |
|---|------------|-------------|----------|----------------|----------|--------------|------|-------------------------|--|
| | M | T | W | Th | F | | | Aug 1 | New Teacher Day (8:00an ann) |
| CALENDAR LEGEND | | 1 | 2 | 3 | 4 | | | Aug 10.511 Aug 14-22 | New Texcher Cays Texcher Pre-Öcrice |
| Start | 7 | B | Ð | 10 | 11 | | | | Elem Ranily Engagement (4:00-8:00) Mỹ Family Engagement (4:00-8:00) |
| No School 📃 | 14 | 15 | 16 | 17 | 1B | 49.5 | 2 | Aug 17 Aug 17 | .H Facily Engineerical (400-600) |
| End of Quarter 🔜 | 21 | 22 | 23 | A I | 25 | 18.5 43.5 | 3 | Aug 17 | H [®] Family Engineering (410-610) |
| Thr Late Start | Sent | 20 ember | 30 | 31 | | 43.5 | 7 | Ang 21 Ang 23 | Tencher Work Cary – Flex''' Fied Day at Öckani |
| | зери | ember | | | 1 | 50 | 8 | 1 - | |
| Teacher Contract Days | 4 | 5 | 6 | 7 | ġ | 75 | 12 | Ocal 4 | Later Cay (He Öcksol) |
| 178 Silvient Contact Days 2 Conference Comp Days (11/22-8-4/1) | 11 | 12 | 13 | 14 | 15 | 106.5 | 17 | (Complete Second | Hannessening |
| E Pre-Service Carp (5/14-5/16 & 8/22) | 18 | 19 | 20 | 21 | 22 | 138 | 22 | a z | H Ö Casierenes (3 40-7-30) |
| 1 West, Files Day" (621 or 578) | 25 | 26 | 27 | 28 | 29 | 169.5 | 27 | | |
| 1P0 Days († 1/21) 1 kmzwellan Day=* (†0/23) | Octo | ber | | | _ | | | | |
| <u>1 Ta Day</u> (11/20) | 2 | 3 | 4 | 5 | 8 | 201 | 32 | Oct 17 8 19 | bilitik: Örland Casternara (3:30-7:30) |
| 190 Days | 8 | 10 | 11 | 12 | 13 | 232.5 | 37 | 0dt17 19 | Economy Contextus (350-730) |
| "TQ-cisiaci day astrogan tenini kysisic | 18 | 17 | 18 | 19 | 20 | 262 | 42 | Oct 20 | Emi al 1ª Queler (42 days) 2-hourenty deviant |
| | 23 | 24 | 25 | 25 | 27 | 287 | 46 | od 23 | innenden Day (Ho Östani) |
| <u>New Teacher Davs</u> August 1 4 (1/2 day, Ban-n eon) | 30 | 31 | | | | 300 | 48 | - | |
| August 10 & 11 | NOVE | ember | 4 | 2 | 3 | 318.5 | 51 | - | |
| New learners work August Flex Day | 8 | 7 | 8 | a a | 10 | 350 | 56 | New 1812 New 20 | Ania: Hyb Contexnos (336-730) 19 Car (No âctoo) |
| - August 21 | 13 | 14 | 15 | 16 | 17 | 381.5 | 61 | Nev 21 | PC Day (No \$chool) |
| | 20 | 21 | 22 | 23 | 24 | | | Nor 22 | Tencher Camp Day (Ho Östani) Tranksyking Holiny (Ho Östani) |
| Lake Start Wednesdays School begins 1 hour late every | 27 | 28 | 29 | 30 | | 406.5 | 65 | | |
| Niedresday is policitani development. | Dece | ember | | • | | | | | |
| | | | | | 1 | 413 | 66 | | |
| | 4 | 5 | 6 | 7 | 8 | 444.5 | 71 | Cec 6 Cec 22 | High Ĝelooi Casileveces (2:30-7:30) 2-Hour Barly Obratani |
| | 11 | 12 | 13 | 14 | 15 | 476 | 76 | | 27 (Carl Barry Contesta Wirfer Barsk (fin Šcicco) |
| 'Cancelled actual days may be made up | 18 | 19 | 20 | 21 | 22 | 505.5 | 81 | 4 | |
| at end of actual year (June). | 25 Janu | 26 | 27 | 28 | 29 | | | • | |
| "Teacher work day is livest for refurning | 1 | 2 | 3 | 4 | 5 | 524 | 84 | 1 | |
| isaches. Wait 1 day eilter Augusi ar | 8 | Đ | 10 | 11 | 12 | 553.5 | 89 | Jan 3 Jan 12 | Chance Resume Bail 17 Čenesier (13 dags) |
| NayQue. Notification to principal at | 15 | 16 | 17 | 1B | 19 | 585 | 94 | 1 | 2 hoursely dealers |
| clectoul in sping. | 22 | 23 | 24 | 25 | 25 | 616.5 | 99 | 1 | |
| Timovalion and TQ Days are | 29 | 30 | 31 | | | 635 | 102 |] | |
| policianal development for certified | Febr | uary | | | _ | | | | |
| dar. | <u> </u> | | _ | 1 | 2 | 648 | 104 | 4 | |
| | 5 | <u> </u> | 14 | <u>8</u> 15 | 8 | 679.5 711 | 109 | Reb 13 | High Şizkani Casileences (3:30-7:30) |
| 2 ⁴ , 3 ⁴ or 4 ⁴ quarteries if note than 2 | 12 19 | 20 | 14 21 | 22 | 16 23 | 742.5 | 114 | | |
| days are cancelled. | 26 | 77 | 28 | 29 | | 767.5 | 123 | 1 | |
| | Marc | | 20 | - 20 | | 101.5 | 120 | • | |
| | | | | | 1 | 774 | 124 | Name: 1 5 8.7 | Ania Hyb Contescues (336-730) |
| | 4 | 5 | 6 | 7 | 8 | 805.5 | 129 | March 58.7 | Minic (Casherman (3:30-7:32) |
| | 11 | 12 | 13 | 14 | 15 | | | March 56.7 | Bencing Contenues (330-730) Ôpting Benk |
| | 1 <u>B</u> | 19 | 20 | 21 | 22 | 835 | 134 | 22 Hands 22 | Ent al 3 ⁻¹ Quarter (45 days) |
| | 25 | 26 | 27 | 28 | 29 | 866.5 | 139 | - | 2 hour carly disalism |
| | Apri | 2 | 3 | 4 | 5 | 891.5 | 143 | April 1 | Texciler Cause Day (No Östani) |
| | 8 | Đ | 10 | 11 | 12 | 923 | 148 | April 24 | High Actual Californiae (3:30-7:30) |
| | 15 | 18 | 17 | 1B | 19 | 954.5 | 153 | 1 | |
| | 22 | 23 | 24 | 25 | 26 | 986 | 158 | 1 | |
| | 29 | 30 | | | | 999 | 160 | 1 | |
| | May | | | | | | | | |
| | | | 1 | 2 | 3 | 1017.5 | 163 | | • · · · |
| | 8 | 7 | 8 | 8 | 10 | 1049 | 168 | 17 19 | Benkon-Lant Day Gradadha |
| | 13 | 14 | 15 | 10 | 17 | 1080.5 | 173 | 24 | Land Case for Chairmin " (44 sings) |
| | 20 | 21 | 22 | 23 | 24 | 1110 | 178 | Ning 27 | 2-hour carty disalizati Menantini Cary Pic School) |
| | 27 June | 28 | 22 | 30 | 31 | | | 28 | Teacher Work Cay - Flor |
| | 3 | 4 | 5 | 6 | 7 | | | Total Cardina | : Ĵchaol Haurs - 1110 + 16 (PT Haurs) - 1129 |
| | | | | | | | | | ····· |

2023-2024 Winterset Community School Calendar Board Approved (12/12/22)

2023-2024 Winterset Community School – Preschool Calendar Board Approved (12-12-22)

| CALENDAR | L <u>EGE</u> ND |
|-----------|-----------------|
| Start/End | |
| No School | |

| | | | | | Data | Events | |
|------|-------------|----|----|----|------|-----------------|---------------------------------|
| М | Т | w | Th | F | Days | Date | Events |
| Sept | tembei | • | | | | *No Preschoo | l on Wednesdays |
| | | | 31 | 1 | | plus the additi | onal days noted |
| 4 | 5 | 6 | 7 | 8 | | Aug 31 | First Day of Preschool |
| 11 | 12 | 13 | 14 | 15 | | Sept 4 | Labor Day (No School) |
| 18 | 19 | 20 | 21 | 22 | | oopt i | |
| 25 | 26 | 27 | 28 | 29 | | - | |
| Octo | | | - | - | | | |
| 2 | 3 | 4 | 5 | 6 | - | | |
| 9 | 10 | 11 | 12 | 13 | | Oct 20 | No Preschool (PD Day) |
| 16 | 17 | 18 | 19 | 20 | | Oct 23 | No Preschool (Innovation Day) |
| 23 | 24 | 25 | 26 | 27 | - | | |
| 30 | 31 | | | | | | |
| Nov | ember | | | | | | |
| | -7 | 1 | 2 | 3 | | | |
| 6 | 7 | 8 | 9 | 10 | | Nov 2 & 7 | No Preschool (Conferences) |
| 13 | 14 | 15 | 16 | 17 | | Nov 20-24 | No Preschool |
| 20 | 21 | 22 | 23 | 24 | | | |
| 27 | 28 ember | 29 | 30 | _ | | | |
| Dece | emper | | | 1 | 1 | | |
| 4 | 5 | 6 | 7 | 8 | 1 | Dec 6 | Preschool Family Fun Night |
| 11 | 12 | 13 | 14 | 15 | 1 | | No Preschool |
| 18 | 19 | 20 | 21 | 22 | | | |
| 25 | 26 | 27 | 28 | 29 | | | |
| Janu | - | 21 | | | | | |
| 1 | 2 | 3 | 4 | 5 | | | |
| 8 | 9 | 10 | 11 | 12 | | Jan 4 | Classes Resume |
| 15 | 16 | 17 | 18 | 19 | | Jan 12 | No Preschool (PD Day) |
| 22 | 23 | 24 | 25 | 26 | 1 | | |
| 29 | 30 | 31 | | | 1 | | |
| | ruary | | | | | | |
| | | | 1 | 2 | | | |
| 5 | 6 | 7 | 8 | 9 | 1 | Feb 8 & 13 | No Processo (Conferences) |
| 12 | 13 | 14 | 15 | 16 | | FEDOQIS | No Preschool (Conferences) |
| 19 | 20 | 21 | 22 | 23 | | | |
| 26 | 27 | 28 | 29 | | 1 | | |
| Mare | ch | | | | _ | | |
| | | | | 1 | | | |
| 4 | 5 | 6 | 7 | 8 | | March 11-15 | No Preschool |
| 11 | 12 | 13 | 14 | 15 | | March 22 | No Preschool (PD Day) |
| 18 | 19 | 20 | 21 | 22 | | | |
| 25 | 26 | 27 | 28 | 29 | | | |
| Apri | | - | | | | | |
| 1 | 2 | 3 | 4 | 5 | - | | |
| 8 | 9 | 10 | 11 | 12 | | Amril 4 | |
| 15 | 16 | 17 | 18 | 19 | - | April 1 | No Preschool (Teacher Comp Day) |
| 22 | 23 | 24 | 25 | 26 | - | | |
| 29 | 30 | | | | | - | |
| May | | | | | | | |
| | - | 1 | 2 | 3 | - | May 17 | Last Day for Preschool |
| 6 | 7 | 8 | 9 | 10 | | ividy 17 | Last Day 101 Pleschool |
| 13 | 14 | 15 | 16 | 17 | | | |

How Does Anxiety Affect Kids in School?

What it looks like, and why it's often mistaken for something else

Writer: Rachel Ehmke

Sometimes anxiety is easy to identify — like when a child is feeling nervous before a test at school. Other times anxiety in the classroom can look like something else entirely — an upset stomach, disruptive or angry behavior, <u>ADHD</u>, or even a <u>learning disorder</u>.

There are many different kinds of anxiety, which is one of the reasons it can be hard to detect in the classroom. What they all have in common, says neurologist and former teacher Ken Schuster, PsyD, is that anxiety "tends to lock up the brain," making school hard for anxious kids.

Children can struggle with:

- Separation anxiety: When children are <u>worried about being separated from caregivers</u>. These kids can have a hard time at school drop-offs and throughout the day.
- Social anxiety: When children are <u>excessively self-conscious</u>, making it difficult for them to participate in class and socialize with peers.
- Selective mutism: When children have a <u>hard time speaking in some settings</u>, like at school around the teacher.
- Generalized anxiety: When children worry about a wide variety of everyday things. Kids with generalized anxiety often worry particularly about school performance and can struggle with perfectionism.
- Obsessive-compulsive disorder: When children's minds are filled with unwanted and stressful thoughts. Kids with <u>OCD</u> try to alleviate their anxiety by performing compulsive rituals like counting or washing their hands.
- Specific phobias: When children have an excessive and irrational fear of particular things, like being afraid of animals or storms.

Here are some tips for recognizing anxiety in kids at school, and what might be causing it.

Inattention and restlessness

When a child is squirming in his seat and not paying attention, we tend to think of ADHD, but anxiety could also be the cause. When kids are anxious in the classroom, they might have a hard time focusing on the lesson and ignoring the worried thoughts overtaking their brains. "Some kids might appear really 'on' at one point but then they can suddenly drift away, depending on what they're feeling anxious about," says Dr. Schuster. "That looks like inattention, and it is, but it's triggered by anxiety."

Attendance problems and clingy kids

It might look like truancy, but for kids for whom school is a big source of anxiety, <u>refusing to go</u> to <u>school</u> is also pretty common. School refusal rates tend to be higher after vacations or sick days, because kids have a harder time coming back after a few days away.

Going to school can also be a problem for kids who have trouble separating from their parents. Some amount of separation anxiety is normal, but when kids don't adjust to separation over time and their anxiety makes going to school difficult or even impossible, it becomes a real problem. Kids with separation anxiety may also feel compelled to use their phones throughout the day to check in with their parents.

Disruptive behavior

Acting out is another thing we might not associate with anxiety. But when a student is compulsively kicking the chair of the kid in front of him, or throws a <u>tantrum</u> whenever the schedule is ignored or a classmate isn't following the rules, anxiety may well be the cause. Similarly, kids who are feeling anxious might ask a lot of questions, including repetitive ones, because they are feeling worried and want reassurance.

Anxiety can also make kids aggressive. When children are feeling upset or threatened and don't know how to handle their feelings, their fight or flight response to protect themselves can kick in — and some kids are more likely to fight. They might attack another child or a teacher, throw things, or push over a desk because they're feeling out of control.

Trouble answering questions in class

Sometimes kids will do perfectly well on tests and homework, but when they're called on in class teachers hit a wall. There are several different reasons why this might happen.

"Back when I was teaching, I would notice that when I had to call on someone, or had to figure out who's turn it was to speak, it was like the anxious kid always tended to disappear," says Dr. Schuster. "The eager child is making eye contact, they're giving you some kind of physical presence in the room like 'Call on me, call on me!' " But when kids are anxious about answering questions in class, "they're going to break eye contact, they might look down, they might start writing something even though they're not really writing something. They're trying to break the <u>connection with the teacher</u> in order to avoid what's making them feel anxious."

If they do get called on, sometimes kids get so anxious that they freeze. They might have been paying attention to the lesson and they might even know the answer, but when they're called on their anxiety level becomes so heightened that they can't respond.

Frequent trips to the nurse

Anxiety can manifest in physical complaints, too. If a student is having unexplained headaches, nausea, stomachaches, or even vomiting, those could be symptoms of anxiety. So can a racing heart, sweaty palms, tense muscles, and being out of breath.

Problems in certain subjects

When a child starts doubting her abilities in a subject, anxiety can become a factor that gets in the way of her learning or showing what she knows. Sometimes this can be mistaken for a <u>learning disorder</u> when it's really just anxiety.

However anxiety can also go hand in hand with learning disorders. When kids start noticing that something is harder for them than the other kids, and that they are falling behind, they can understandably get anxious. The period before a learning <u>disorder</u> is diagnosed can be particularly stressful for kids.

Not turning in homework

When a student doesn't turn in her homework, it could be because she didn't do it, but it could also be because she is worried that it isn't good enough. Likewise, anxiety can lead to second guessing — an anxious child might erase his work over and over until there's a hole in the paper — and spending so much time on something that it never gets finished. We tend to think of perfectionism as a good thing, but when <u>children are overly self-critical</u> it can sabotage even the things they are trying their hardest at, like school work.

You might also notice that some anxious kids will start worrying about tests much earlier than their classmates and may begin dreading certain assignments, subjects, or even school itself.

Avoiding socializing or group work

Some kids will avoid or even refuse to participate in the things that make them anxious. This includes obvious anxiety triggers like giving presentations, but also things like gym class, eating in the cafeteria, and doing group work.

When kids start skipping things it might look to their teachers and peers like they are uninterested or underachieving, but the opposite might be true. Sometimes kids avoid things because they are <u>afraid of making a mistake or being judged</u>.

Dr. Schuster notes that when kids get anxious in social situations, sometimes they have a much easier time showing what they know when <u>teachers engage them one-to-one</u>, away from the group.



1/10/2022

Helping Kids With Flexible Thinking - Child Mind Institute

Helping Kids With Flexible Thinking

C childmind.org/article/helping-kids-with-flexible-thinking

How flexible thinking can help children handle uncertainty and change

Rae Jacobson

As the pandemic stretches on, we've all had to learn new skills to manage the stress: Bouncing back from disappointment, going with the flow when plans change unexpectedly, getting comfortable with change and managing uncertainty.

It's exhausting.

But there is an upside: Many of the skills we've been forced to practice rely on a key executive function called flexible thinking. It's a skill with lifelong benefits but it's one that many kids (and many adults) often struggle to learn. And the ups and downs and ins and outs and almost-overs, and wait-not-overs of the pandemic mean we're getting a crash course, whether we like it or not.

What is flexible thinking?

Flexible thinking is the ability to think about things in a new or different way. It helps us deal with uncertainty, solve problems, adjust to changes, and incorporate new information into our plans and ideas. Flexible thinking is also a key aspect of self-regulation and handling big emotions. When kids (and, let's get real, parents, too) are able to take a flexible approach to a problem they're less likely to fall apart when things don't go according to plan.

Kids who can think flexibly are more adaptable and less likely to see setbacks as unfixable disasters. For example, if a trip to see Grandma has to be cancelled, a child who can't think flexibly might break down ("Now we'll NEVER get to see Grandma!!!") and be unable to see a way out of their disappointment. A child who *can* think flexibly will also feel disappointed, but they are likely to be more open when you offer alternate solutions: "I know you're really sad that we can't see Grandma. I am too. What if we FaceTime her tonight and bake cookies together? Then we can make a card for you to give her when we do get to see her!"

How to help kids with flexible thinking

1/10/2022

Helping Kids With Flexible Thinking - Child Mind Institute

So what can parents do to help kids get better at thinking flexibly?

Validate emotions

Managing disappointment or uncertainty is hard. And that's okay. It's important to validate kids' feelings, no matter how outsized or confusing they may be, before trying to move on. "I see how sad you are that your cousins couldn't come visit this year. I know you miss them. I do, too. It's really hard." When kids feel heard and understood they're less likely to dwell on the negative emotion and more able to move on to finding a solution.

Get them involved

But remember, getting from frustration or sadness to acceptance and action takes time. Kids may not respond as quickly you'd like them to. When that happens, be patient and encourage kids to try flexible thinking to help manage distress and build resilience. "I can see you're still really missing your cousins, I wonder if there's anything that might help? Maybe we could write them a letter and you could decorate it?"

When kids are ready, invite them to help you come up with ideas for how to manage uncertainty as well as difficult changes. For example: "Okay. I'm really excited for your birthday party too, but there's a chance we might not be able to have your friends inside the house. Let's come up with some awesome ideas for what to do if that happens." When kids feel like part of the team, they'll have a greater sense of control and get the chance to practice their flexible thinking skills.

Model flexibility

Kids look to parents for cues on how to behave. Modeling healthy coping skills will help you, and your child, develop better habits and feel less overwhelmed when things don't go as expected.

Speaking your thoughts aloud as you solve a problem is a great way to do this. For example, if a friend says they're not comfortable eating at a restaurant for a planned dinner, let your child see you processing the change in a healthy way: "Aw, that's disappointing. I know! I'll suggest we all bundle up and eat takeout on the deck instead." When your child sees you navigate changes or surprises in a reasonable, solution-focused way, they'll be more likely to do the same.

1/10/2022

Helping Kids With Flexible Thinking - Child Mind Institute

It's also important to let kids see you cope when there's *not* an immediate solution to be had. For example, if your child is wondering whether changes in the pandemic will affect their school, you can say: "Right now, we just don't know. It can feel frustrating and scary to not have the answer, but there's no reason to panic right now." Relying on strategies to reduce your stress levels in the meantime — whether that's going for a walk, listening to music, taking deep breaths, calling a friend or whatever works for you — shows kids that an uncertain situation doesn't have to feel like a disaster.

Get help if they (or you) need it

Flexible thinking can be very hard to practice if a child is experiencing mental health issues like anxiety or depression or your family has recently experienced a traumatic event like the loss of a loved one, job, or home.

Many families are still under significant stress. And new uncertainty may trigger difficult emotions for families still reeling from the pressures of the pandemic. If you notice that your child is unusually inflexible, upset, anxious, or sad, it may be a sign that they are struggling with a mental health issue. Talk to your child about how they're feeling, and reach out to a pediatrician, clinician, or school guidance who can help.

And remember, kids aren't the only ones who are affected. Parents are only human and the stress and difficulty of the pandemic can take a serious toll. If you've been feeling unusually anxious, angry or sad, you may need some help to bounce back. If you're struggling, don't ignore it or keep it to yourself. Practice self-care, reach out to friends, or make an appointment with a therapist or doctor. Caring for yourself is an essential part of caring for your family.

Spring Cleaning?

CRISP will take donations of gently used (or New) Winter Gear... This includes Coats, Boots, Snow Pants, & Insulated Gloves!

We are also in need of new or gently used **backpacks** as we start to get ready for next school year.



Thank you for your generosity!

To schedule a donation drop off please call or email our office. CRISP: 515-462-9400 Email: crisp@familyresourcelink.org







JUNE 7-8 9 - 11:30 AM PAMMEL PARK POLLINATOR CREW: IF YOU BUILD IT, THEY WILL COME

Your kiddos will be buzzing with knowledge after this camp. Cutreach Coordinator, Jessie will teach about the POWERHOUSE plants our bees, butterflies, and exterpillars need to drive the fond web. And if your biss like food they better like optimators? Campers will get their hends in the dirt and help build a new butterfly garden putsice the new Conservation Centerf Special Guest, Nicola Hokles, Winterset Ballet & Danca Studio

JUNE 22-23 9 - 11:30 AM OLD FASHIONED SALAMANDER SUMMER

Immorse your little tadpole in an old-fashion lowa summer. On the first cay, Naturalist: Amy will guide kiddos through the woodlands of Panimel Park amongst giant oaks that sprouted in the 1600s. The second day campers will explore the shallows of Middle River, catching frogs and hunting fossils. There will be special explorations to ignite curiosity about habitats food webs, and how these ecological relationships present themselves at our historic park. Special Guesci Linca Guiffith Smith Incal historian





JULY 11-12 9 - 11:30 AM JEWELS OF THE PRAIRIE

The summer flush of preirie flowers is an unmatched ecological spectacle. Outreach Coordinato: Jessie will lead kiddos through a 2 day prairie scavenger burg at our very special Tellgress Preirie Remnant at Criss Cove. Campers will collect seeds, caterpillare, and wild edibles. Explorations will focus on the relationships between the sun, plants and animals and the biological life on the prairie. Riddos will come home with a wildflower bouquet to share with their family on the last day.

JULY 18 9 - 11:30 AM BE A CREATURE

Naturalist Amy will help kiddos imagine themselves as an animal in towa's landscapes. How do you find your lood, your home, who wants to eat you? What adaptations do you have to survive in your ecological hicke? Campara will come home with native plants and will learn how to create wildline habitat at this: home



REGISTRATION OPENS: FEBRUARY 17, 2023 AT 5 PM Register at mycountyparks.com - Choose Madison County under the events tab for list of available programs. Questions? Contact awarnke@madisoncounty.iowa.gov.

MADISON COUNTY CONSERVATION

 $\sim \times$

2023 SUMMER CAMPS

MADISON COUNTY CONSERVATION

FAMILY CAMPS ALL AGES

Registration Fee: \$45/Family for each camp



FAMILY CAMPS Shelter building, Animal Tracking, Campfire Cooking. We get it. Why let kids have all the fun? Farrily camps are designed to teach basic wilderness skills for

children and adults. These lessons are geared toward kids 7+ and accompanying adults (parents, grandparents, aunts/uncles). Younger children are welcome if accompanied by an adult who is ready to assist them.

These camps are FOR YOU. If there is a wilderness skill your family would like to know more about. let us know!

Registration price (\$40) includes the entire family (2 adults) and all children within the household. For additional adults, contact the conservation board at awarnke@madisoncounty.lowa.gov.
 All children must be accompanied by an adult.

JUNE 28-29 6 - 9 PM SUMMER SURVIVAL 101

Do you think you have what it takes to SURVIVE IN THE WILD? Naturalist Arry will guide families through various survival scenarios, highlighting what to do and what NOT to do in a survival situation. Families will learn about gear, personal bracelets, fire building, fire safety, basic first aid, and another building.

Special help from compfire cooking enthusiast and VCCB volunteer, Ky Schmitt, Snacks will be made using Dutch Over's and pie irons over a complime





AUGUST 17 9 - Noon SUMMER SALUTATION CELEBRATION

Bring your sunscreen, beach towel and kiddos for a guided creek stomp and fessil hunt with Naturalist, Amy, Learn about Iowa's shallow sea past and compete with your kids in a fierce game of the old-time classic, Middle Miver Sharks and Minnows. (Se careful, your kids know how to play - you don't :). There will also be a special treat for all participants at noon!

BONUS: If you need to unwind after a summer with kids, take part in the optional yoge session on the benks of Middle River while you watch your children splash in the river.

Yoga Session provided by Keri Anderson, Certified Yoga Instructor.

X



JULY 13-14 9 AM - Noon WATERSHED WARRIORS

Cump in! Get dirty! Day one will be spent creek storpting, critter catching and lossil hunting in Middle River. On day two, we move to the pond at Fellowship Horest, our favorine place to catch frogs, fish, and snakes. Campers will investigate the relationships between water, wildlife, the land, land us. Special Guest: Drake University Emfessor and Madixon County Foundation for Environmental Education (MCFEE) Board Member, Dir, Keith Summerville.





JULY 25 9 AM - 3 PM EXPLORE: PAMMEL PARK

Naturalist Arry will labe an exploration of historic Parmel Park. Campors will investigate the ecological impacts of various pressures on the ancient woodland and riverbod andscape. Campors will investigate the path of the FL-4, criticado that Lit Parmel Park in March 2022. Lessons will focus on the notive plants, pnimals (and morel) that are rushing in to fill these new woological nicres.

Special Guests: Dio Ayata, Madison County Emergency Management and Phillip Mairprize, Madison County Mycology Club.

JULY 26-27 7-10 PM NOCTURNAL PAMMEL

Turn up your senses for explorations at Parmiel Park IN THE DARK. Naturalist Amy will teach compens to become keen nocturnel nature new gators. Themes will fecus on the special adaptations of our most mysterious nightline creatures like bets, recooris, owls, and ubig foct. (Parents Note: Those discussions will be "hairy not scary").

Special Queat: Ky Schmitt, Local compline cooking entrusiant and MCCB volunteer. Shacks will be made using Dutch overs and piel rons over the camptire.





AUG 10 9 AM - Noon EXPLORE: CEDAR LAKE

New to bacidling? A seasoned expert? This is the campiter you! ...oin fellow cance enth, siests for a morning at Ceder Lake. Madison County Conservation Staff will be on hand to teach basic safety and baddle kills Naturalist Amy will lead an exploration of Cedar Lake and it's tributaries. Optional cancel races and water rescue simulations will conclude the accenture.

Special Guest, Steve Peerson, Director, Medison, County Conservation

×

-21-

WINTERSET PARKS AND RECREATION 2023 SWIMMING LESSONS WINTERSET AQUATIC CENTER

American Red Cross

INFORMATION:

 Parent/Child sessions are 25 minutes per class and are 1 week (4 days) sessions. Parent/Guardian will be required to be in water during duration of lessons.

- Preschool lessons are 25 minutes per class and are 1 week (4 days) sessions. Children must be comfortable standing in three feet of water.
- Level 1 6 are for ages five (5) years of age and older: children must be comfortable standing in three feet of water. Level 1 - 6 lessons are 40 minute classes (8 days), lasting two weeks

WEATHER POLICY:

 Swimming lessons may be cancelled due to weather. If there is rain, cold, or thunder, skills and learning may be practiced on land

CONFIDENCE WITH EVERY STROKE

<u>Parent/Child</u>: This water introduction program helps the parent and the child get used to the water and see the pool as fun. Games that introduce basic introductory water skills such as blowing bubbles, breath control, kicking and floating. Parent is required to be in water

<u>Preschool 1 (Ages 3-4)</u>. Pamiliarize children to the aquatic environment and help them acquire radimentary basic aquatic skills. Help participants begin to develop positive attitudes and safe practices in and around water.

<u>Preschool 2 (Ages 4-5)</u>; Experience independent propulsive swimming movements. Experience advanced starter adjustment activities. Be exposed to appropriate water safety skills. Practice combined skills for basic swimming forms

LEVELS1&2

Five (5) years of age or older: Child must be comfortable standing in three feet of water without holding on to the edge of the pool!

LEVEL 1: INTRODUCTION TO WATER SKILLS

- Blowing bubbles, front & back gliding, opening eyes under water to retrieve objects LEVEL 2: FUNDAMENTAL AQUATIC SKILLS
- Fully submerging and holding breath, rorary breathing, entering water by jumping or step-

LEVELS 3 - 6

Recommended for seven (7) years of age or older: Child must be comfortable standing in threefeet of water without holding on to the edge of the pool!

- LEVEL 2: STROKE DEVELOPMENT
- Survival swimming, treading, fluating and rotating one full turn, elementary backstroke LEVEL 4: STROKE IMPROVEMENT
- Breaststroke, changing direction, swimming underwater without hyperventilation LEVEL 5: STROKE REFINEMENT
- Shallow angel dive, front flip and backstroke flip while swimming, treading water LEVEL 6: SWIMMING AND SKILL PROFIGIENCY
- Swim 500 yards continuously using 3 strokes of your choice, surface diving

WINTERSET PARKS AND RECREATION 2023 SWIMMING LESSONS WINTERSET AQUATIC CENTER

REGISTRATION FEES:

- Parent/Child
- Preschool •
- + Level 1 6 (Ages 5+)

\$25/child \$25/child \$35/child One week class (4 Days) One week class (4 Days) Two week class (8 Days)

July 5 8

July 5-8

July 5-8

July 5-14

July 5-14

July 5-14

July 5-14

July 5-14

July 5-14

July 5 14

July S-14

July 5-14

July 5-16

July 5 14

July 5-14

July 5-14

July 5-16

July 5-14

Session 2: July 5 - July 14

PLEASE NOTE: LEVELS 1-6 EEK I: W-FR & WEEK 2: M-FR

| Parent/Child | June 12-15 | M-TH | 5:00p - 5:30 |
|--------------|--------------|-------|-----------------|
| Parent/Child | June 12-22 | M-TH | 5:00p - 5:50 |
| Preschool 1 | June 12-15 | M-TH | 10.008 - 10.3 |
| Preschool 1 | June 12 15 | M TH | 10:30a 11:0 |
| Preschool 2 | June 12-15 | M-TH | 11:00a · 11:50 |
| Preschool 2 | June 12-15 | M-TH | 11:30a - 12:01 |
| Preschool 1 | June 19-22 | M-TH | 10:00s - 10:3 |
| Preschool 1 | June 19-22 | M-TH | 10:30a - 11:0 |
| Preschool 2 | June 19-22 | M-TH- | 11:00a · 11:50 |
| Preschool 2 | June 19-22 | M-TH | 11:304 - 12:01 |
| Level 1 | June 12-22 | M-TH | 9:45a · 10:30 |
| Level 1 | June 12 - 22 | M-TH | 10:30s - 11:15 |
| Level 1 | June 12 - 22 | M-TH | 11:16a - 12:00 |
| Level 1 | June 12-22 | M-TH | 5:10p - 5:55p |
| Level 2 | June 12-22 | M-TH | 9:45a · 10:30 |
| Level 2 | June 12 - 22 | M-TH | 10:30a - 11:15 |
| Level 2 | June 12 22 | M TH | 11:15a 12:00 |
| Level 2 | June 12 - 22 | M-TH | 5:10p - 5:55p |
| Level 3 | June 12 - 22 | M-TH | 9:45e - 10:30 |
| Level 3 | June 12 - 22 | M-TH | 10-3.Da - 11-18 |
| Level 3 | June 12 22 | M TH | 11:15a 12:00 |
| Level 4 | June 12-22 | M-TH | 10:30a - 11:19 |
| Level 4 | June 12-22 | M-TH | 11:15a - 12:00 |
| Level S | June 12-22 | M-TH | 10-30a - 11-18 |
| Level 6 | June 12 - 22 | M-TH. | 11:15a - 12:00 |
| | | | |

Session 1: June 12 - June 22

| | | WEEK | I: W-FR |
|---------|---------|-----------|------------|
| 5:30p | Parent | /Child : | July 5-7 |
| 5:30p | Parent | /¢hild 3 | July 10-1 |
| 10.3Da | Presch | oolii C | Luly S-A |
| 11:00a | Presen | ool1 C | July 5 8 |
| 11:30a | Prosch | 0012 0 | luly 5-8 |
| 12:00 p | Presch | ool 2 🛛 🔾 | July 5-8 |
| 10.3Da | Presch | 0011 0 | Luly 10-1 |
| 11:00 a | Preach | ool1 3 | July 10-1 |
| 11:30a | Prosch | 0012 0 | laly 10-1 |
| 12:00 p | Presch | ool 2 🛛 🗎 | 10 Jy 10-1 |
| 0:30a | Level 1 | | July 5-14 |
| 11:15e | Level 1 | - | July 5-14 |
| 2:00p | Lovel 1 | | luly 5-14 |
| :55p | Level 1 | | luly 5-19 |
| 0:30a | Level 2 | | July 5-14 |
| 11:15e | Level 2 | | July 5-14 |
| 2:00p | Level 2 | | luly 5 14 |
| 15.5p | Level 2 | | Luly 5-19 |
| 0:30a | Level 3 | | July 5-14 |
| 11-15a | Level 3 | | 10 ly 5-16 |
| 2:00p | Level 3 | 1 2 | luly 5 14 |
| 11:15a | Lovel 4 | F 5 | luly 5-14 |
| 2:00p | Level 4 | 6 1 | July 5-14 |
| 11.158 | Level 5 | | tuly 5-16 |
| 2:00p | Lavel 0 | | July 5-14 |
| | | | |

W-FR 5:D0p - 5:30p ild July 10-13 M-TH 5:00p - 5:30p July S-8 W-SA 10:008 - 10:308 W SA 10:30a 11:00a W-SA 11:00a - 11:30a W-SA 11:30a - 12:00p July 10-13 M-TH 10-00a - 10-30a July 10-13 M-TH 10:30a - 11:00a July 10-13 M-TH 11:00a - 11:30a July 10-13 M-TH 11:30a - 12:00p W-FR 9:45a - 10:30a W-FR 10:30a - 11:15a W-FR 11:15a 12:00p W-FR 5:10p - 5:55p W-FR 9:45a - 10:30a W-FR 10:30a - 11:15a W FR 11:15a 12:00p W-FR SilOp SiSSp W-FR 9:45a - 10:50a W-ER 10.30a - 11.15a W FR 11:15a 12:00p W-FR 10:30a - 11:15a W-FR 11:15 + 12:00p W-ER 10.30a - 11.15a W-FR 11:15 + 12:00p



Session 3: July 24 August 3

| ent/Child | July 24-27 | M-TH | 5:00p - 5:30p |
|-----------|--|------|------------------------------------|
| ent/Child | July 31 Aug 3 | MITH | 5:00p 5:30p |
| school 1 | July 74-77 | M-TH | 10:00a - 10:30a |
| school 1 | July 24-27 | M-TH | 10:30a - 11:00a |
| school 2 | July 24-27 | M-TH | 11.008 - 11.308 |
| school 2 | July 24 27 | MITH | 11:30a 12:00p |
| school 1 | July 31-Aug 3 | M-TH | 10:00a - 10:30a |
| school 1 | July 31-Aug 5 | M-TH | 10:30a - 11:00a |
| school 2 | July 31-Aug 3 | M-TH | 11:00a - 11:30a |
| acheol Z | July 31-Aug 3 | M-TH | 11:30s - 12.00p |
| (el 1 | July 24-Aug 3 | M-TH | 9:45a - 10:30a |
| cell 1 | July 24-Aug 5 | M-TH | 10:30a - 11:15a - |
| rel 1 | July 24-Aug 3 | M-TH | 11:15a - 12:00p |
| cell 1 | July 24-Aug S | M-TH | 5:10p - 5:55p |
| (el 2 | July 24-Aug 3 | M-TH | 9:45a - 10:30a |
| cell Z | July 24-Aug 5 | M-TH | 10(30a - 11)15a |
| rel 2 | July 24-Aug 3 | M-TH | 11:15a - 12:00 p |
| cell Z | July 24-Aug S | M-TH | 5:10p - 5:55p |
| el 3 | July 24-Aug 3 | M-TH | 9:45a - 10:30a |
| cell 3 | July 74-Aug K | M-TH | 10:30a - 11:15a |
| rel 3 | July 24-Aug 3 | M-TH | 11:15a - 12:00p |
| rell 4 | July 24-Aug 3 | M-TH | 10:30a - 11:15a |
| ALA | July 24-Aug 3 | M-TH | 11:15a - 12:00p |
| cell 5 | July 74-Aug 5 | M-TH | 10(30a - 11)15a |
| al 6 | July 24-Aug 5 | M-TH | 11:15a - 12:00 p |
| | and the second | | The second base of the second base |





WINTERSET PUBLIC LIBRARY 123N 2**St Winterset, IA 515-462-1731

Full S.T.E.A.M. Ahead!

March 11-16, 2023 Come anytime between 9:00 a.m.-1:00 p.m.



Join us for some S.T.E.A.M. (Science, Technology, Engineering, Arts, Mathematics) fun compliments of Iowa PBS Education partners! There will be a variety of hands on activities relating to building, inventing, magnets, art, math, logic and spatial reasoning. Come one day or come every day!

Education









Sign your child up to read to a 4-legged friend at the library one of the last Saturdays of the month from January to May! 15-min. slots available anytime between 10:00 a.m. to 12:00 p.m. Register on our website at: https://www.wintersetlibrary.org/calendar or call the Library at 515-462-1731 for assistance.



Saturday, January 28 Saturday, February 25 Saturday, March 25 Saturday, April 22 Saturday, May 27





PICCADILLY AUCTION FOR Excellence

Supporting Leadership Development Within Agricultural Educational Opportunities

March 25, 2023

Jackson Building Winterset*

Sweet & Savory Hors D'oeuvre Stations

6:00 Social Hour 7:00 Auction

Cash Bar Provided By 1st Down Brewery

www.FFABlueandGoldAlumni.org



Sponsored By:

Winterset FFA Alumni Association and Blue & Gold Boosters

Information Contact: Becky Faust (515) 468-1881 P.O. Box 22 Winterset, Iowa 50273



COMMUNITY ACTIVITIES





Link for Lifeguard App: https://forms.gle/GyKZBtZbaK6YdFPMA

2023 Husky Football Development Camp

Mission: ALL athletes will be prepared to be in position to be successful by playing hard, playing fast, and having fun. This camp is for all Middle School students (flag football, little husky football, and anyone interested in football) and Junior High student athletes.

The camp will promote sportsmanship and physical activity through the promotion and support of football for the young athletes of our community. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete.

Date: Tuesday August 1st - Thursday August 3rd

Grades: 4th - 8th (Based on Fall 2023)

Registration: PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

Camp Fee: \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

- Where: HIgh School Facility (South of Game Field)
- Safety Note: Parents-Please drop and pick up your athlete by the gate on South 4th Ave. by Athletic Building. Please do not access the drive to the athletic facility. Thank you.

| 2023 Camp Schedule | | | | | |
|--|-----------------|------------------|--|--|--|
| Dates Grades 4-6 Grades 7- | | | | | |
| Tuesday August 1st - Thursday August 3rd | 8:30 - 10:00 AM | 10:15 - 11:45 AM | | | |

Camp Emphasis: Learn Proper Fundamentals of the game through drill emphasis. Small group fundamentals and Team Building and Activities

| Camp Equipment: | Shorts or sweats T-Shirt or Sweatshirt | Football Shoes (Not Required) No Hats or Jewelry | | |
|----------------------|---|---|--|--|
| Contact information: | | 10 data a 1 m a 4 data a 1 m a 4 | | |

Coach Dennis Shaw (School) *Winterset High School* *624 Husky Drive* *Winterset, IA 50273* *515.462.3320 (Home) *Dennis Shaw* *1224 West Court Ave..* *Winterset, IA 50273* *515.745.6807

This Camp Waiver must be signed and returned with fee prior to participation in camp.

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

| Athlete: | Parent/Guardian: | |
|----------|------------------|--------|
| Date: | Grade: | Cell # |

2023 Husky Football Camp

Mission: ALL athletes will be prepared to be in a position to be successful by playing hard, playing fast, and having fun. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete.

Date: Tuesday August 1st - Friday August 4th

Grades: 9th - 12th (Based on Fall 2023)

Registration: PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

Camp Fee: \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

Where: High School Facility (South of Game Field) Be careful when parking.

| 2023 Camp Schedule | | |
|--|---|--|
| Date | Time | |
| Tuesday August 1st - Thursday August 3rd | 5:30 - 8:30 PM (Cards / Equipment After) | |
| Friday August 4th | 8:00 - 11:00 AM (Cards / Equipment After) | |

| Camp Emphasis: | Learn proper fundamentals of the game through drill emphasis. Small group fundamentals and scheme installations Team Building and Activities | |
|---|--|---|
| Camp Equipment: | Shorts or sweats T-Shirt or Sweatshirt | Football Shoes (Not Required) No Hats or Jewelry |
| Contact information: Coach Dennis Shaw (School) *Winterset High School* *624 Husky Drive* *Winterset, IA 50273* *515.462.3320 | | |
| | (Home) *Dennis Shaw* *1 *515.745.6807 | 224 W. Court Ave.* *Winterset, IA 50273* |

This Camp Waiver must be signed and returned with fee prior to participation in camp.

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

 Athlete:

 Grade:

 Parent/Guardian:

 Date:

 Cell #

(In case of emergency.)

2023 Kickstart Drill Camp

Mission: ALL athletes will be prepared to be in a position to be successful by playing hard, playing fast, and having fun. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete. This camp is specifically designed to develop specific position groups in preparation for the fall season.

Date: Monday June 5th - Friday June 9th

Grades: 9th - 12th (Based on Fall 2023)

Registration: Please REGISTER for camp preparations.

Camp Fee: There is no cost for this camp.

- Where: High School Facility (South of Game Field)
- Safety Note: Please do not access the drive to the athletic facility. Athletes & parents should drop off or park using the East lot at high school.

| 2023 Camp Schedule | | | |
|--------------------|-----------------------------|-----------------|--|
| Position Groups | Date | Time | |
| Quarterbacks | Monday - Wednesday - Friday | 9:00 - 10:30 AM | |
| Offensive Line | Tuesday - Thursday | 9:00 - 10:30 AM | |

 Camp Emphasis:
 Learn proper fundamentals of the game through drill emphasis.

 Small group fundamentals and scheme installations

 Team Building and Activities

 Camp Equipment:
 Shorts or sweats

 T-Shirt or Sweatshirt
 Football Shoes (Not Required)

 No Hats or Jewelry

 Contact information:

Coach Dennis Shaw (School) *Winterset High School* *624 Husky Drive* *Winterset, IA 50273* *515.462.3320

> (Home) *Dennis Shaw* *1224 W. Court Ave.* *Winterset, IA 50273* *515.745.6807

> > Cell #

This Camp Waiver must be signed and returned with fee prior to participation in camp.

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete: _____ Grade: _____

```
Parent/Guardian: _____
```

-30-

Date:

Stay Connected with WCSD!



Upgraded Website:

- www.winterset.k12.ia.us
- District homepage updated weekly
- School homepages are updated frequently with information
- Daily calendar of events for schools as well as athletics/activities is located on district homepage

Electronic Backpacks:

 Located on both the district and school homepages - includes fliers, newsletters, important and timely information

Instagram:

@wintersetschools

Facebook:

Winterset Community School District: @wintersetschools

Winterset Huskies for Athletics and Activities updates: **@WintersetHuskies**

All buildings now have their own pages

Winterset Community School District Published by Apptegy @ • 1d • 🔇

•••

Mrs. Ganem took Cultural Awareness Club members to Stephens Auditorium in Ames to watch the ZuZu African Acrobats, a fun way to experience culture and celebrate Black History Month. Students then were able to eat at 1 of the dining halls on the ISU campus.





WintersetSchools @WintersetSchool · Feb 21 4 students WHS completed the Presidential Service Award this year: Skylar Crees, Erin Kinney, Molly Shahan, & Logan Fairchild. Recipients receive a certificate signed by the president and a medal. The award is based on volunteer hours in a calendar year. //wintersethuskyoride



Q tl 3 ♡ 10 ılı 899 1

Twitter:

- WintersetSchools: @WintersetSchool
- Winterset Huskies for Athletics and Activities updates: @WintersetHusky
- All schools now have their own pages too
 -

Infinite Campus:

 Must have a *portal account* - contact your school's office or the Administration Building to request account

Madisonian:

Article by Superintendent every other week