

#### SUPERINTENDENT MESSAGE

I want to take this opportunity to thank all of you for your continued support for our district. As we look to close out 2022 and kick off 2023, I am reminded how grateful I am to serve such a supportive community. Like many of you, we are always looking for ways to improve how we serve our students and families. Over the course of the past four months, with input from stakeholders across our community, we have developed an updated set of strategic priorities and for the first time at Winterset CSD. have created a Profile of a Husky Graduate. While the process of gathering input and working in conjunction with Key **Community Stakeholders** has condluded, the real

work has just begun as the results will be used to guide our future decision making.

Four Strategic Priorities that have been established: Increase student opportunities that integrate RealWorld Focus and Application-based learning to ensure that all students are college, career, and life ready. Integrate 21st Century learning skills and student opportunities. Expand opportunities for students to develop selfworth and connection to others. Build strong, authentic

relationships among students, staff, and community members.

Six attributes make up the desired Profile of a Husky



Graduate: Effective communicator Critical thinker/problemsolver Self-starter/driven Collaborator Innovative thinker Growth mindset



Throughout the remainder of this school year, we will be working with our building-level teams to identify focus areas around each of the strategic priorities to guide our work moving forward. We will also begin to identify what our students will need to learn and experience at each grade level to develop the skills and attributes that have been identified within the Profile of a Husky Graduate. The drafting of our strategic priorities and Profile of a Graduate is the beginning of this journey; fleshing out actions and identifying leading and lagging indicators around these priorities will allow us to monitor our progress. I once again want to thank all of our internal and external stakeholders who helped in this process. It's a GREAT time to be a HUSKY!

#### Link to Strategic Plan Final Report

Yours in Service,

Justin M. Gross Superintendent



January Monthly Highlights

Jan 3rd Classes Resume

Jan 11 MS Conferences 3:30-7:30

Jan 13 End of 1st Semester-2 Hour Early Out No Preschool

CRISP has remaining inventory from our Terri Lynn Nuts and Candy fall fundraiser. PROCEEDS HELP MADISON COUNTY FAMILIES IN NEED. These are perfect for adding to your baked goods or just eating on their own! Below is our list of current inventory and prices. Let us know if you are interested in something, and we can confirm availability. Local pickup only. Thank you for your consideration!

ltem #	Name	Available	Price
60015	Light Walnut Halves & Pieces	2	\$14
60020	Black Walnut Pieces	8	\$16

To Order: Call CRISP at 515-462-9400 or email crisp@familyresourcelink.org

The CRISP board would like to thank Amy Nolan for her years of dedication and service as the director of CRISP. Her generous and compassionate heart has influenced countless community members. We are grateful for Amy's role as an inspiration and friend in our lives and for her commitment to always helping people in their time of need.

The CRISP Board is pleased to introduce Kathleen Rush as the new director of CRISP. Kathleen comes to CRISP with a social work background and multiple years experience working with adults, seniors and children in Des Moines and surrounding communities. She is excited to make a positive impact in our Madison County community! She has been working in the CRISP office over the past year alongside Carol Liechty, and has already proven to be a kind and compassionate member of our team and has built strong relationships in her short time with CRISP.



Amy Nolan

#### When Is It Too Cold For School?

In Winterset we try to quantify just how cold is too cold for school. Generally, if the National Weather Service Forecast for the morning is for a windchill warning, classes will be canceled. In most cases, the decision will be made the night before. However, we can't always predict what will happen in the morning with our buses. Sometimes in temperatures warmer than a windchill warning, our buses struggle to start and stay running. In those cases, a decision to cancel or start late is made as soon as possible in the morning.

#### When Is It Too Snowy For School?

Families should expect less notice when school is canceled for heavy snow. Road conditions are tested and several websites are viewed for information on weather and road conditions. Mr. Gross also consults with other Madison County and neighboring school districts.

Making the decision to start late, cancel or continue school as planned is a difficult decision that takes into account many factors. Most importantly, we consider our students' safety first.

When WCSD makes a decision to change plans, we utilize our Winterset Community Schools app that calls, texts and e-mails parents and staff. We also post the change of plans on our district website, app, and notify local media.



#### NEW INDUCTEES TO NHS FOR 2022-2023:

Haelynn Forsyth Franklin Pastorino Jaya Kleemeier Brayden Dinkla David Michael Negley Elise Petsche

Morgan Sutton Raegan Coobs Samantha Craven Lily Applegate Anna Floden All Kindergarten students must be up to date on their preschool shots and have received their 4 year old boosters of Dtap, Polio, MMR and Varicella.

All 7th grade (and above) students must show proof of having received a Tdap (Tetanus/Acellular Pertusis) vaccination booster AND a Meningococcal vaccination on or after 10 years of age, before the first day of school.

All 12th grade students must show proof of receiving 2 DOSES of Meningococcal vaccine; or 1 dose if first dose was received at 16 years of age or older before the first day of school.

All Kindergarten students must have a dental screen performed between the ages of 3 and 6 years old with a dental certificate on file. All 9th grade students must have a current, within the

past 12 months, dental certificate on file.

All Kindergarten and 3rd grade students must have a current, within the past 12 months, vision certificate on file.

### **Lunch Menus**

Use the new school app for the most up to date menus each day.

Elementary Lunch Menu Middle School Lunch Menu JH/HS Lunch Menu

#### Free & Reduced-Price Meals Applications

- Log into your Parent Portal
- Click on More, then click on Meals Benefits
- Complete Free & Reduced Form, click Submit

You will receive confirmation in your Parent Portal inbox once the application is processed. Questions: Call the administration office at (515) 462-2718.

#### SCHOOL FEES

Attention parents: This year's school fees were due October 15th. You may pay them through your **Parent Portal**, at any of the school offices or at the administration office.

#### CHANGE OF ADDRESS/PHONE

When you have a change of address or phone number, please contact the school or the administration office. It is important for the school to have updated information on our students for messages and emergency situations.

#### STUDENT/PARENT HANDBOOKS

The Winterset Student/Parent Handbooks are posted on the district website under the Parent tab. We have produced a district-wide handbook that aligns to board policies and current state law. The handbook includes addendums for each school, covering building specific expectations. Paper copies are available in each school's office. All students are expected to follow the policies, procedures and expectations. Please take the time to review the handbooks with your child.



#### **CRISP Winter Wear Program**

Is your child in need of a winter coat, boots, snow pants, hat or gloves for the upcoming season? If this will be a hardship for you or your family to provide, please call Community Resources in Service to People (CRISP) at 515-462-9400. CRISP has a good selection of new and gently worn winter wear items. PLEASE CALL FOR AN APPOINTMENT **BEFORE STOPPING IN SO** that we may limit the number of people in the

office at one time and better meet your needs. If you are in need of assistance, but are not a current CRISP client, please contact us for information on how to access CRISP services.

IF YOU HAVE COATS, BOOTS OR INSULATED GLOVES TO DONATE, please contact the CRISP office. We take winter wear items year round to

replenish our supplies. Both new and gently worn items are accepted.



#### HIGH SCHOOL GUIDANCE

3rd TERM CONFERENCES: Third term conferences will be Wednesday, February 22nd from 3:30-7:30PM.

With January upon us, it is time for Senior parents to get serious about filing the necessary forms for financial aid. The FAFSA (Free Application for Federal Student Aid) opened in October. It is free and is necessary even if you don't think you will qualify for a Pell Grant. You must file the FAFSA on the website: www.studentaid.gov If you would like assistance with FAFSA completion, you can make a one-on-one appointment with a FAFSA specialist, either in-person or virtually at www.icansucceed. org. After break, the counselors will be offering prizes for students who have completed their FAFSA!

College Costs - How to hold them down! The U.S. Department of Education has a Website to give students and families the facts they need to plan and prepare for college. The Student Aid on the Web—a powerful Web tool that encompasses the entire federal student aid process, does everything from assess a student's career interests to help a student apply for financial aid. The web site www.studentaid. ed.gov/ provides students and parents with free, online tools to help them access information about higher education and learn the facts about its affordability.

With college costs rising every year, it is good to remember the area community colleges. They provide the first two years of college or vo-tech training at bargain basement prices. Remember! Borrowed money still has to be paid back sometime.

Get connected to the most comprehensive online resource on planning and paying for college. Visit the free Sallie Mae Scholarship Service and register to win a Scholarship to help offset your college expenses and take advantage of their low interest loan rates. www. salliemae.com

Another website for scholarships is www. GoingMerry.com You can filter your scholarship search by dozens of factors to easily find scholarships that match your eligibility and criteria. Every little bit counts!

Testing & Test Scores Free college admission Test Prep through I Have A Plan Iowa. Iowa College Aid provides free ACT, SAT and GRE test prep to help students strengthen relevant skills, learn testtaking strategies and gain more confidence in their abilities. Visit www. ihaveaplaniowa.org for more information.

ACT's will be offered at WHS on February 11, 2023. The deadline to register without late fee is January 6th (January 20 with late fee). Please register online at www. actstudent.org (fee waivers are available in the office).

Some juniors took the ASVAB's in December. This is a very good aptitude test. Our students generally score well and the results will help many to think about some career directions. Our new state Assessments will be given in the spring.

The Des Moines Electrical JATC Program is open to high school graduates or veterans with a GED or have a

two-year Associate Degree or higher and be at least 18 years of age. You must have successfully completed not less than one year of high school algebra or one post high school algebra course with a passing grade. This is an excellent opportunity if you are interested in pursuing an exciting, lucrative and rewarding career within the electrical, (commercial), residential and telecommunications industry. For more information, you can contact the National Electrical Apprenticeship Administrative Office at 1-800-572-6191 or you may visit their website at http://www.dmelejatc. org/

#### SCHOLARSHIPS

The LOCAL SCHOLARSHIP FORM WAS EMAILED TO ALL GRADUATING SENIORS. If you missed getting it or need another copy please see Mrs. Wetzel in the guidance office or visit the guidance page of the high school's website. Deadline is March 1. No late entries will be accepted.

Grand Lodge of Iowa Masonic Scholarships will be

#### WHS Guidance Department, Continued / Guidance Webpage

awarding scholarships to a number of high school seniors who will graduate this academic year from a public high school within the state of lowa. The exact dollar amount of each scholarship will depend upon the size of investment income from the Scholarship Endowment Fund. In 2016, sixty scholarships of \$2,000 each were awarded. Applications are available here. Deadline is February 1.

Elks Legacy Awards are \$4,000 scholarships available to children and grandchildren of Elks members. For more information and to apply, please visit https:// www.elks.org/scholars/ scholarships/Legacy. cfm. Deadline is February 6.

Charles & Lois Taylor (First Christian Church) Scholarship: Applications are submitted to Farmers and Merchants State Bank. Late applications will not be considered. Only residents of Madison County, lowa who are also graduates of a high school or equivalent located in Madison County are eligible to apply for financial assistance to attend any accredited technical school, community college, college,

university, graduate or professional school. Preference will be given to members of First Christian Church of Winterset. Iowa. Financial need is a prime consideration. Grade point average is not a prime consideration, but satisfactory academic progress should be demonstrated by the applicant. Applications are available here. Deadline is April 1.

\*ALL Scholarships that come into the guidance office are posted on the guidance page of the Winterset High School's website <u>here</u>. Others include: Winterset & Lorimor Lions Club, WCEA, KOC, etc..

The Lillard-Miller and Eva Rogan Funds were established to help students finance post high school education. The funds are financed through private contributions. Loans are available for up to \$1,000 per year per student and a maximum of \$3,000 per student. No interest is charged. but the loans must be paid back. Applications are available on the quidance webpage and in the guidance office or the administrative office and may be completed anytime now through August.



LINK TO APPLICATION



### ATHLETIC CALENDAR

Check for updates at *raccoonriverconference.org* or call the high school at 462-3320.

#### HIGH SCHOOL BASKETBALL

DATE	TIME	LEVEL	OPPONENT	SITE
Jan 3	4:30 PM	9/JV/V-B DN	/I Roosevvelt	Winterset
Jan 6	4:30 PM	9/JV/V-G/B	ADM	Winterset
Jan 9	4:00 PM	9/JV/V-G/B	DM Christain	Winterset
Jan 10	4:30 PM	9/JV/V-G/B	Ballard	Ballard
Jan 13	4:30 PM	9/JV/V-G/B	B-F	Winterset
Jan 16	4:30 PM	9/JV/V-G/B	Van Meter	Van Meter
Jan 17	4:30 PM	9/JV/V-G/B	Boone	Boone
Jan 20	4:30 PM	9/JV/V-G/B	Carlisle	Winterset
Jan 24	4:30 PM	9/JV/V-G/B	Carroll	Winterset
Jan 27	4:30 PM	9/JV/V-G/B	Gilbert	Gilbert
Jan 30	4:30 PM	9/JV/V-G/B	Harlan	Harlan
Jan 31	4:30 PM	9/JV/V-G/B	North Polk	Winterset

#### JUNIOR HIGH BOYS BASKETBALL

DATE	TIME	LEVE	L OPPC	NENT	SITE
Jan 19	4:15 PM	7 A/B	North Polk	Winters	set MS
		8 A/B	North Polk	North F	Polk MS
Jan 23	4:15 PM	7 A/B	ADM	Winter	rset JH
		8 A/B	ADM	ADM HS-Sout	th Gym
Jan 26	4:15 PM	7 A/B	Bond-F	B-F JH	l Gym
		8 A/B	Bond-F	Winters	set MS
Jan 30	4:15 PM	7 A/B	Gilbert	Winters	et JH
		8 A/B	Gilbert	Gilbert	MS
Feb 2	4:15 PM	7 A/B	Boone	Boone	MS
		8 A/B	Boone	Winters	set JH

#### HIGH SCHOOL SWIMMING

DATE	TIME	OPPONENT	SITE
Jan 3	5:30 PM	SE Polk	SEP
Jan 7	11:00 AN	1 DM E-Invitational	DM East HS
Jan 10	5:30 PM	Ankeny Cen	DMACC
Jan 17	5:30 PM	Ames Inc	lianola YMCA
Jan 19	5:15 PM	Indianola-Invitation	al Ind. YMCA
Jan 24	5:30 PM	Marshalltown-Meet	Ind. YMCA
Feb 4	TBA	District / Regional	TBA

#### HIGH SCHOOL WRESTLING

DATE	TIME	LEVEL	OPPONENT	SITE
Jan 5	5:30 pm	JV/V	Gilbert	Gilbert
Jan 7	9:30 am	V	Winterset Tournamer	nt Winterset
Jan 12	5:30 pm	JV/V	Ballard-BF	Ballard
Jan 14	9:00 am	V	Osage Tourney	Osage
Jan 19	5:30 pm	JV/V	Carlisle	Winterset
Jan 20-2	21 4, 10	V	<b>Corning Tournament</b>	Corning
Jan 26	5:30 pm	JV/V	North Polk	Winterset
Jan 28	10 am	V	RRC Conference	Gilbert
Feb 4	TBA	V	State Duals	Corralville
Feb 11	TBA	V	Districts	ADM
Feb 16-	18	TBA	State	Wells Fargo

#### ADMISSION PRICES BUY TICKETS ONLINE ON TICKET SPICKET IN ADVANCE OF THE GAME

Admission prices to all Varsity events will be \$6 for everyone. Tournaments will be \$6 for everyone. Junior high events will be \$4 for adults and for students

#### ACTIVITIES TICKETS

The passes that are available are:

- 1. Student Pass (\$55)
- 2. Adult Pass (\$100)
- 3. Family Pass (\$250)

These passes are good for all Junior High and High School regular season events. To purchase your tickets & passes for the 22-23 school year go to Ticket Spicket.com or download the app.

Activity Passes for the 2022-2023 school year will need to be purchased through Ticket Spicket.

# FREE LIVE HOMEWORK HELP

Did you know all Iowa Libraries offer free online homework help? All you need is your library card. Whether you are learning in-person or from a distance, free live online tutors are available to help you succeed.



#### Writing a paper?

HelpNow has a Writing Lab! Send your paper to a tutor and receive constructive feedback to help you become a better writer. Or connect with a live tutor to get help with any stage of the writing process.





#### Preparing for a test?

Visit SkillSurfer to learn with lessons, videos, and practice tests. Take practice tests on the SAT, ACT, GED, and many more. You can also create your own flashcards and study games with Flashbulb.

Brainfuse is made possible in part by the Institute of Museum and Library Services under the provisions of the Library Services and Technology Act as administered by the State Library of Iowa.









## WINTER FAMILY FUN THROUGHOUT TOWN



# egistration

Opens

Dec 16<sup>th</sup>

### **Baseball and Softball registration is here!**

**Pee Wee** \$55

Minors \$80

Majors \$80

Registration open December 16<sup>th</sup> thru January 31<sup>st</sup> Go to www.wintersetll.com to register your child today!



## **Mother Son Dance**

#### "Light up the Night"

**Who:** Any boy ages 4 (ish)-10 (ish) years old and an important lady in his life- \$15 a couple, \$5 for each additional boy

What: A fun, semi-dressy GLOW dance with refreshments, a photo booth, mom & son door/contest prizes, and music

When: Friday, March 24, 2023; 7-8:30 PM

Where: Winterset High School Commons Area (cafeteria)



**Why:** Winterset Student Council is holding the dance to raise money to enroll students in Student Council leadership conferences and camps. These camps and conferences provide students with a strong base of leadership skills to prepare them for tackling future leadership roles.

Please return the below slip & money to the elementary, MS, or high school office. You can also give it to any WHS student council member or sponsor Jessica Gibbons (jgibbons@winterset.k12.ia.us). The mailing address is WHS Student Council – 720 Husky Drive Winterset, IA 50273

Make checks payable to *Winterset Student Council*. We will also take same-day registration but can't guarantee flowers. **Same day registration...\$20**.

\_\_\_\_\_

Couple Name:

Additional boy:

Enclosed \$15 Registration, \$5 for additional boys

Optional wrist corsage (only guaranteed until March 10) \$10 extra Yes No

**Total Enclosed:** 

## Tired of Riding the Emotional Freight Train?

## Stay Off of It by Learning the 3 3's

Do you ever start yelling at your kids and find you can't stop?

Do you find yourself spiraling with parental anxiety or guilt, until your emotions have run away with you?

In our "Managing Our Emotions" masterclass, Casey O'Roarty, a positive discipline trainer and parent coach, shared the easy metaphor of an Emotional Freight Train to explain this situation.





Once we get on the train it is difficult to hop off because the train is charging ahead full speed. And it leaves behind a lot of damage to clean up later.

The best way to handle this is in that moment before we get on the train. It's when we realize the train is pulling into the station.

Casey shared with us a powerful practice called the **3 b** to stay off the train.

## The 3B's Practice



This first step is a **calming technique**. Start by bringing attention to your breath. Breathe in deep nourishing inhales and full expansive exhales. Make your exhales longer than your inhales, to lower your heart rate and calm down quickly.



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This second step is a **mindfulness technique**. Do a full body scan and feel where the tightness and tension is in your body and slowly bring yourself into the present.



This last step is a **perspective taking technique**. Imagine you are in a balcony seat watching down on your experience as a scene unfolding in front of you. See the broader picture. Ask yourself: "What does the child in that scene feel? What does the parent feel? What do they both need?"

The next time you're about to hop on the emotional freight train, stop and try the **3 B's- Breath, Body, and Balcony**. Using this powerful practice which combines **calming, mindfulness and perspective taking** techniques will help you stay off the Emotional Freight Train!

## Stay Connected with WCSD!



#### Upgraded Website:

- www.winterset.k12.ia.us
- District homepage updated weekly
- School homepages are updated frequently with information
- Daily calendar of events for schools as well as athletics/activities is located on district homepage

#### Electronic Backpacks:

 Located on both the district and school homepages - includes fliers, newsletters, important and timely information

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#### Instagram: @wintersetschools

#### Facebook:

Winterset Community School District: @wintersetschools

Winterset Huskies for Athletics and Activities updates: **@WintersetHuskies** 

All buildings now have their own pages



Winterset Community School District

Mr. Henry's class delivered coffee and spread some holiday cheer at the admin office Wednesday. #wintersethuskypride





WintersetSchools @WintersetSchool · Dec 21 Happy Holidays! #wintersethuskypride



#### Twitter:

- WintersetSchools: @WintersetSchool
- Winterset Huskies for Athletics and Activities updates: @WintersetHusky
- All schools now have their own pages too

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#### Infinite Campus:

 Must have a *portal account* - contact your school's office or the Administration Building to request account

#### Madisonian:

Article by Superintendent every other week