



## SUPERINTENDENT MESSAGE

As we approach the end of another school year at Winterset I wanted to take this opportunity to update you on where we are at as a district with regards to filling the open teaching and staffing positions due to retirements and resignations for next year. We have been able to hire all but three of our teaching and administrative positions and have interviews set up for two of the three next week. We are excited about the individuals we have hired and feel confident that they will allow us to continue the strong tradition of outstanding educational opportunities we are able to provide

the students of Winterset. We also are looking forward to the skills they can bring to Winterset that will allow us to continue to improve in our practices.

I am sure that you are all aware of the staffing shortage that is impacting almost every industry across the country.



We are not immune to this shortage as a district. We are finding it more difficult to find individuals to replace our support staff as they retire or move onto another job outside of education. Specifically, we are in need of bus drivers, custodians, and paraprofessionals/associates. I realize that many of you may not feel like you would be a good fit to work with children; however, the hours typically coincide with those of your own children and it's a great way to give back to our community. If you have any interest in helping us fill one of our open positions for the rest of the year and next year please contact the district office for more information.

### **Positive Parenting Night - Wednesday, May 25th at 5:30 PM**

Many of you may remember that we held our first of two planned Positive Parenting nights in January around the topic of dealing with difficult behavior. We are planning to host

our second Positive Parenting Night on Wednesday, May 25 in the high school cafeteria at 5:30 PM. The focus will be on helping parents understand the benefits and disadvantages in the use of technology. Connecting with their kids on how to have conversations about the use of technology and social media, and how to establish an open relationship with their children on the use of technology. Free pizza and childcare will be provided! We have arranged for Dr. Warren Phillips to be present to discuss with parents how to monitor and support your children while they are online. Dr. Phillips is an associate professor of psychology at Iowa State University. He is also a licensed practitioner at Central Iowa Psychological Services specializing working with children, teens, families, adults in the following areas: cognitive-behavioral and systems therapy, psychological

### May Monthly Highlights

May 16th- online registration starts

May 20th - Seniors Last Day

Pre-School Last Day

May 22nd - Graduation 2:30 pm

May 27th - All students last day-2 hr early dismissal

evaluations and psychotherapy with ADHD, learning disability, adjustment difficulties, behavior disorders, depression, and anxiety disorders.

We realize that technology and social media are probably here to stay. We also realize that while there are many positives that come from social media, there are also just as many negatives that can come if students and young adults are allowed to freely access social media without the guidance and

oversight of their parents. Like most of you I have teenage children now and monitoring and helping them learn about social media and having an open dialogue with them about its appropriate use and when to allow them access to certain sites is an ever-pressing issue in our household. We all have to do our part to help our children learn how to successfully navigate the online world, or we will all be dealing with the potentially bad decisions that they may make if we choose

to not engage with them about this topic. I encourage you all to plan to come and learn from Dr. Warren Phillips about this important issue.

Yours in Service,

*Justin M. Gross*



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**Term 3 Renaissance Award recipients:**

**9- Callie Welsch 10- Tara Vandewater 11-  
Brayden Dinkla 12- Kael Forsyth**

**Students are selected by teachers based on character, volunteer work, leadership & academic commitment; awards provided by Union State Bank. Congratulations!**



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**Students Against Tobacco Use (IStep)**

Tuesday April 19th, Ms. Davis took a group of 11 members of the Winterset IStep chapter to the annual IStep summit which was held at the Iowa State Fairgrounds. Club members engaged in team building activities, learned about how tobacco affects our daily lives and mental health. They also looked at the current practices and how teens are targeted as well as how they can use social media to counter attack with positive messages of hope and healthy hobbies. These included a Great Race scavenger hunt, dance party, social media promotion and by the end of the day they were also treated to Iowa State Fair food such as corn dogs, lemonade and buckets of cookies! Consider following IStep on Instagram for more information.



All Kindergarten students must be up to date on their preschool shots and have received their 4 year old boosters of Dtap, Polio, MMR and Varicella.

All 7th grade (and above) students must show proof of having received a Tdap (Tetanus/Acellular Pertusis) vaccination booster AND a Meningococcal vaccination on or after 10 years of age, before the first day of school.

All 12th grade students must show proof of receiving 2 DOSES of Meningococcal vaccine; or 1 dose if first dose was received at 16 years of age or older before the first day of school.

All Kindergarten students must have a dental screen performed between the ages of 3 and 6 years old with a dental certificate on file. All 9th grade students must have a current, within the past 12 months, dental certificate on file.

All Kindergarten and 3rd grade students must have a current, within the past 12 months, vision certificate on file.

## Lunch Menus

Use the new school app for the most up to date menus each day.

[Elementary Lunch Menu](#)  
[Middle School Lunch Menu](#)  
[JH/HS Lunch Menu](#)

## Free & Reduced-Price Meals Applications

- Log into your Parent Portal
- Click on More, then click on Meals Benefits
- Complete Free & Reduced Form, click Submit

You will receive confirmation in your Parent Portal inbox once the application is processed. Questions: Call the administration office at (515) 462-2718.

## SCHOOL FEES

Attention parents: This year's school fees were due October 15th. You may pay them through your **Parent Portal**, at any of the school offices or at the administration office.

## CHANGE OF ADDRESS/PHONE

When you have a change of address or phone number, please contact the school or the administration office. It is important for the school to have updated information on our students for messages and emergency situations.

## STUDENT/PARENT HANDBOOKS

The Winterset Student/Parent Handbooks are posted **on the district website under the Parent tab**. We have produced a district-wide handbook that aligns to board policies and current state law. The handbook includes addendums for each school, covering building specific expectations. Paper copies are available in each school's office. All students are expected to follow the policies, procedures and expectations. Please take the time to review the handbooks with your child.





**2022-2023 ONLINE REGISTRATION AND YEARLY INFORMATION UPDATE**  
**OPENING MAY 16<sup>th</sup>, 2022**  
**FOR ALL CURRENT AND NEW STUDENTS**  
**4 Yr. OLD PRESCHOOL - 12TH GRADE**

**CURRENT STUDENT: Must use your Infinite Campus parent portal**  
**NEW STUDENTS: A link will be provided on the school's website**

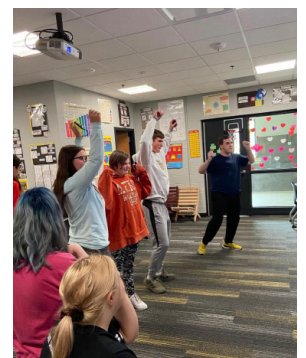
[www.winterset.k12.ia.us](http://www.winterset.k12.ia.us)

**Any questions, please call 515-462-2718**

## Hello from Winterset Best Buddies!

Our club has had some really amazing socials this school year and our friendships have grown tremendously. In March we gathered for a game day with our buddies. We played Just Dance on the Wii, put together puzzles, played board games and continued to build our friendships. We also had snacks which is one of our favorite parts of gathering, of course! We have a big event coming up on May 7th at Adventureland Park. It's the Iowa Best Buddies Friendship Walk! You can join us, too! Register at [bestbuddiesfriendshipwalk.org/iowa/](http://bestbuddiesfriendshipwalk.org/iowa/) and come out to Adventureland on May 7th for a fabulous day of celebrating friendship and inclusion!

Please reach out if your student is interested in joining our Best Buddies Club!  
Email Lana McDonald, Jaycee Hatten, or Callie Drake  
[lmcdonald@winterset.k12.ia.us](mailto:lmcdonald@winterset.k12.ia.us)  
[23jhatten@winterset.k12.ia.us](mailto:23jhatten@winterset.k12.ia.us)  
[23cdrake@winterset.k12.ia.us](mailto:23cdrake@winterset.k12.ia.us)



GET PAID TO LEARN!

www.healthtechassociates.org



## '22 Summer Youth Internship

### 8-Week Program includes

- CNA
- Advanced CNA
- CPR
- Dementia Training
- Nutrition Education
- Financial Literacy
- Professional Communication
- Career Pathways
- Disease Processes

# CNA CLINICAL TRAINING



June 6th - July 30th 2022

### To Qualify:

- Video Application
- Age: 16-21
- Reliable Transportation
- Ability to complete online coursework

Health Tech Associates  
 1441 29th St. Ste 303  
 West Des Moines, IA 50266  
 515.537.1000



## School Supplies

If you are having trouble covering the cost of school supplies for your child(ren), please contact Community Resources in Service to People (CRISP) at 515-462-9400 or email us at [crisp@familyresourcelink.org](mailto:crisp@familyresourcelink.org). We can supply a backpack with grade level appropriate school supplies for your student.



## SILVER CORD SIGN UP

Silver Cord sign up is beginning. Silver cord is a voluntary community service program that encourages students to complete a variety of community service activities during their high school years.

Students are encouraged to complete 40 hours a year, each year for a total of 160 by graduation. Students can join later if they want, but need to make sure to achieve the total hours if they want to wear the cords at graduation.

We work with a variety of community groups to post activities that students can participate in and the students con

tact the community members if they are interested in the activity. Since its inception 4 years ago, Winterset students have logged more than 7,000 hours in the community serving. There are over 100 members at WHS currently.

Forms will be available on the electronic backpack & student emails and need to be returned by the end of the school year if students want to begin receiving opportunities via email.

Please contact Jessica Gibbons at the high school if you have any questions. [jgibbons@winterset.k12.ia.us](mailto:jgibbons@winterset.k12.ia.us)

**HUSKY HELP DAY**

**MAY 10TH, 8AM  
(RAINDATE MAY 11)**

**ALL WHS SENIORS WILL  
BE GIVING BACK TO THE  
WCSD COMMUNITY**

email [jgibbons@winterset.k12.ia.us](mailto:jgibbons@winterset.k12.ia.us) with questions

## FFA Spring Wrap Up

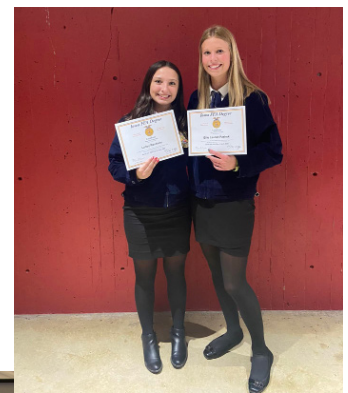
As we get into the spring season competitions are starting to wrap up for the Winterset FFA Chapter. On February 23rd we had three members attend sub-district competitions in Mt. Ayr. Emma Bradley competed in Creed Speaking and received a silver and was selected as the alternate to districts. Gracelynn Brown and Karly Christensen took the Greenhand Quiz, both receiving a gold. We then had 11 members attend the District Convention at ADM High School on March 5th. There we had a junior high Ag Impact team consisting of Matthew Brakhane, Adyson Funaro, Carly Hofasaess, Gracie Holtry, Landry Kasen, and Adi Sullivan, they received a silver. The reporter's scrapbook made by Gracelynn Brown received gold. Ellie Pasek and Laney Rentfrew both received their Academic Achievement Award.

We also had two members serve as District Delegates, Grant Feuring and Drew Tuttle. From District Convention we then had 7 members attend The 94th Iowa FFA State Leadership Conference

in Ames April 11th and 12th. Chapter Display: Gracelynn Brown and Emma Bradley received Gold. Greenhand Quiz: Gracelynn Brown received a silver and Emma Bradley received a bronze. Ellie Pashek and Laney Rentfrew received their Iowa Degrees and also represented the chapter during the delegate meeting. On April 24th, the Winterset FFA chapter had their 18th annual chapter banquet. We recognized our members for their success and hard work put into various contests and activities throughout the year. We also installed our new officers; President: Megan Riley, Vice President: Karly Christensen, Secretary: Gracelynn Brown, Treasurer: Emma Bradley, Reporter: Landry Kaysen, Sentinel: Justin Decker. We congratulate all new officers and award recipients!

Respectfully Submitted,

Gracelynn Brown  
Chapter Reporter





**Winterset CSD Summer Band Lessons 2022**  
*Band Students Grades 5-11*

Make plans now to enroll in Summer Band Lessons with our band staff here at Winterset CSD! Winterset CSD is proud to offer Summer Band Lessons beginning Tuesday, June 7, 2022 and ending on Thursday, July 7, 2022. Lessons are open to all band students in grades 5-11. Lessons will be 30-minutes in length. Summer lessons are strongly encouraged for all students currently in band. It is a great way for students to retain many of the skills they have learned throughout the year and to gain new skills as well.

Please select your preference of day and time of day below. We will try to accommodate your first choice as often as possible. The total summer lesson fee is \$60 for 5 lessons (\$12/lesson, please make checks payable to Winterset CSD). Lessons will be given in the High School/Junior High Band Room (Drop off in front of Competition Gym, then walk around the Competition Gym on the sidewalk to the East side to get to the Band Room entrance, Door #20). A summer lesson schedule will be created and shared with parents and students around Thursday, May 26, 2022.

Plan now to enroll for summer band lessons by completing the bottom part of this form and bring it to your band director by the end of the day on Monday, May 23, 2022!

\*Please fill out the following and turn in with \$60 registration fee to your band director\*

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Student Name: \_\_\_\_\_ Grade (2022-23): \_\_\_\_\_ Instrument: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Best Contact #: \_\_\_\_\_

Parent Email: \_\_\_\_\_

Lessons will be scheduled for the same day and time weekly for 5 weeks on Tuesday, Wednesday or Thursday, June 7-July 7, 2022. I prefer my student's lessons to be on (Day/Time)\*

Choice (1, 2, 3)	Day/Morning/Time	Day/Afternoon/Time
1	_____	_____
2	_____	_____
3	_____	_____

SAMPLE:

1	<u>Tuesday, 9:00 am</u>	_____
2	_____	<u>Thursday, 2:00 pm</u>
3	<u>Wednesday, 9:00 am</u>	_____

\*Individual lesson date conflicts can be worked out with the lesson teachers (Mr. Van Roekel and Ms. VanDerWeide) on a week-to-week basis.

\*\*The first week of lessons will begin on Tuesday, June 7, 2022.





# WHS Guidance Department

Visit the Guidance Webpage at [www.winterset.k12.ia.us/Page/1552](http://www.winterset.k12.ia.us/Page/1552).

Most seniors have received their FAFSA. If there has been a change due to illness, job loss, etc., please contact the college that you plan on attending and make any necessary changes.

**FINAL TRANSCRIPTS WILL BE SENT TO ALL COLLEGES BY THE END OF JUNE!**

Immunization records will be sent with all final transcripts.

#### Scholarships:

ALL scholarships listed are on the Winterset High School's guidance page.

The Horatio Alger Assn. Career & Technical Scholarship Program offers over one thousand scholarships at up to \$2,500 each to high school graduates that will be enrolled in an eligible program in the fall of 2018. Applicants should exhibit a strong commitment to pursue and complete a career or technical program (up to 2 years), demonstrate critical financial need, demonstrate perseverance in overcoming adversity and be a US citizen. For more information and to apply, visit <https://scholars.horatioalger.org/scholarships/about-our-scholarship-programs/technical/>. Deadline: The Horatio Alger Career & Technical Education Scholarship application will open in May with a rolling selection process that will award the first round of scholarships by July.

Abbott & Fenner Scholarship Program: \$1000.00 scholarships awarded. Students will submit an essay on the topic that appears on the scholarship page of the web site [www.abbottandfenner.com/scholarships.htm](http://www.abbottandfenner.com/scholarships.htm). Deadline is June 15.

The Iowa PGA/ Charlie Burkart Scholarship is open to any graduating senior within our section boundaries and any graduating student of an Iowa high school. It is awarded every year to one recipient, the winner will receive \$1000 each year of full-time attendance for four years at a college or university of their choice. The application is available online at <http://www.iowapgafoundation.org/charlie-burkart/> and must be sent to the Iowa PGA Section office by June 18.

BigSun Scholarship 2020 will be offering an annual scholarship to a deserving student to help young athletes succeed in their academic pursuits. Applicants will submit a short essay (500-1000) words answering a few questions on their website at <http://www.bigsunathletics.com/>. Deadline is June 19.

Scholarship for a Smarter Safer World- Acknowledging the importance of Science, Technology, Engineering & Math (STEM) as well as the growing need for Behavioral and Mental Health Professionals, the Scholarship for a Smarter Safer World — S3W— was created to assist graduates from Winterset, Iowa and Madison County seeking a career in: 1) the STEM fields including Science, Technology, Engineering and Mathematics, and 2) the Mental Health field including Psychology, Social Work, Family Therapy and Psychiatric Nursing. Apply at Scholarship for a Smarter Safer World: Home. Deadline is June 30.

Local Loan Opportunities Updated: Winterset graduates should be aware that our school is

privileged to have two well-funded loan programs.

The Lillard-Miller and Eva Rogan Funds were established to help students finance post high school education. The funds are financed through private contributions. Loans are available for up to \$1,000 per year per student and a maximum of \$3,000 per student. No interest is charged, but the loans must be paid back. Applications are available on the guidance webpage and in the guidance office or the administrative office and may be completed anytime now through August.

The FAFSA should be filed by July 1! This application helps determine eligibility for Pell Grants and State aid. You may be more qualified than you think! File it today!

## **MARK YOUR CALENDAR:**

High school Family Engagement is scheduled for August 19, noon-8 PM. All Freshmen will get a final schedule and their locker assignment with their combination. You will also have an opportunity to find your classrooms.

**WHS Guidance Department, Continued / *Guidance Webpage***

Use the QR Codes & Links to book an appointment with Mr. Seufert or Mrs. Olson!



**Mrs. Olson**

<https://mrshayleyolson.youcanbook.me>



**Mr. Seufert**

<https://mseufert.youcanbook.me>

Google Classroom:

9th Grade Students and Parents:

Join this Google Classroom for grade specific information from the Guidance Department! Here you can find information regarding Course Registration, College and Career Planning, and much more!

Class of 2025 Code: 5j3bscm

10th Grade Student and Parents:

Join this Google Classroom for grade specific information from the Guidance Department! Here you can find information regarding Course Registration, College and Career Planning, and much more!

Class of 2024 Code: tcifbe5

11th Grade Students and Parents:

Join this Google Classroom for grade specific information from the Guidance Department! Here you can find information regarding Course Registration, College and Career Planning, FAFSA, Scholarships, and much more!

Class of 2023 Code: omgo7jk

12th Grade Students and Parents:

Join this Google Classroom for grade specific information from the Guidance Department! Here you can find information regarding Course Registration, College and Career Planning, FAFSA, Scholarships, Graduation, and much more!

Class of 2022 Code: aly6cjw



# SPRING ATHLETIC CALENDAR

Check for updates at [raccoonriverconference.org](http://raccoonriverconference.org)  
or call the high school at 462-3320.

## HIGH SCHOOL GIRLS/BOYS TRACK

DATE	TIME	LEVEL	OPPONENT	SITE
May 5	4:00 PM	Coed-V	RRC Meet	North Polk
May 13	4:00 PM	V	Districts	TBA
May 20-22	TBA	V	State	Drake Stadium

## JUNIOR HIGH TRACK

DATE	TIME	LEVEL	OPPONENT	SITE
May 3	4:00 PM	Boys	I35	Truro
May 6	4:00 PM	Boys	RRC	North Polk

## HIGH SCHOOL BOYS SOCCER

DATE	TIME	LEVEL	OPPONENT	SITE
May 3	5:30 PM	JV/V	Boone	Earlham
May 6	5:30 PM	JV/V	Indianola	Winterset
May 10	5:30 PM	V/JV	Ballard	Winterset
May 11	5:30 PM	JV/V	Bondurant-Farrar	B-F
May 12	5:30 PM	JV/V	Carroll	Carroll
May 16	5:30 PM	JV/V	Carlisle	Carlisle
May 19	TBA	V	Substate	TBA

## HIGH SCHOOL GIRLS SOCCER

DATE	TIME	LEVEL	OPPONENT	SITE
May 2	5:30 PM	JV/V	Norwalk	Norwalk
May 3	5:30 PM	V/JV	Boone	Boone
May 10	5:30 PM	JV/V	Bondurant-Farrar	Winterset
May 12	5:30 PM	JV/V	Carroll	Winterset
May 14	9:00 AM	V	Nevada	Nevada
May 16	5:30 PM	V/JV	Carlisle	Winterset
May 20	5:30 PM	V	TBA	Winterset

## HIGH SCHOOL GOLF

DATE	TIME	LEVEL	OPPONENT	SITE
May 3	10:00 AM	Coed	Atlantic	Nishna Hills
May 5	1:00 PM	Boys-V	Chariton	LVCC
May 9	9:00 AM	Girls V	RRC Meet	Winterset
May 9	9:00 AM	BoysV	RRC Meet	B-F
May 11	9:00 AM	Boys-V	Sectionals	TBA

May 16	4:00 PM	Girls JV/V	Perry/DC-G	Winterset
May 16	9:00 AM	Boys-V	Districts	TBA
May 18	9:00 AM	Girls-V	Regionals	TBA
May 23-24	TBA	Boys-V	State	TBA
May 26-27	TBA	Girls-V	State	TBA

## HIGH SCHOOL BASEBALL

DATE	TIME	LEVEL	OPPONENT	SITE
May 16	5:30 pm	JV/V	MTSM	Winterset
May 17	5:30 pm	JV/V	Creston	Winterset
May 23	5:30 pm	JV/V	North Pok	Winterset
May 24	4:30 pm	9th	ADM	Winterset
May 25	5:30 pm	JV/V	Bondurant-F	Winterset
May 26	5:30 pm	JV/V	Carlisle	Carlisle
May 27	5:30 pm	JV/V	Oskaloosa	Oskaloosa
May 31	5:30 pm	JV/V	DCG	Winterset
May 31	10 am	9th	B-F	Winterset
June 1	5:30 pm	JV/V	Boone	Boone

## HIGH SCHOOL SOFTBALL

DATE	TIME	LEVEL	OPPONENT	SITE
May 23	5:30 pm	JV/V	North Polk	North Polk
May 24	5:30 pm	JV/V	Valley	Valley
May 25	4:30 pm	9/JV/V	Bondurant-Farrar	Winterset
May 26	4:30 pm	9/JV/V	Carlisle	Carlisle
May 28	TBA	V	Winterset Tourney	Winterset
May 31	4:30 pm	9/JV/V	DC-G	Winterset
Jun 1	4:30 pm	9/JV/V	Boone	Boone
Jun 4	TBA	V	Valley Tourney	Valley
Jun 6	5:30 pm	JV/V	Ballard	Ballard

## JUNIOR HIGH BASEBALL

DATE	TIME	LEVEL	OPPONENT	SITE
May 31	4 pm	7/8	I-35	I-35
Jun 1	4 pm	7 A & B	ADM	ADM
	4pm	8 A & B	ADM	Winterset
Jun 2	10:00 am	7/8	Nodaway Valley	NV
Jun 3	10 am	7A & B	Ballard	Winterset
	10 am	8A & B	Ballard	Ballard

## JUNIOR HIGH SOFTBALL

DATE	TIME	LEVEL	OPPONENT	SITE
May 31	4:00 pm	7/8 A/B	I-35	I-35
Jun 2	10:00 am	7/8 A/B	Nodaway Valley	NV
Jun 3	10:00 am	7/8 A/B	Ballard	Winterset
Jun 6	10:00 am	7/8 A/B	Carlisle	Winterset

## ADMISSION PRICES

**BUY TICKETS ONLINE ON TICKET SPICKET  
IN ADVANCE OF THE GAME**

Admission prices to all Varsity events will be \$6 for everyone. Tournaments will be \$6 for everyone. Junior high events will be \$4 for adults and for students.

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Winterset Community School District • Beacon Newsletter • MAY 2022

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TO: All Employees/Community Members  
FROM: Randy McDonald, A.D.  
SUBJECT: Activity Sign-Up  
DATE: May 1, 2022

The sign-up for working extra-curricular activities is open to all employees and residents of the district. Each person who signs up will be issued an activity ticket for self and spouse, or adult guest if requested. These tickets are to be used by adult workers or spouse/adult guest only. The activity ticket admits the holder to all junior high and high school activities except those that are state sponsored. If used to the maximum, this would cover 75 to 80 events each year.

Each person will be assigned up to four duties. If you have a preference about the kind of activity you work and/or where, you may indicate that on the form below. An attempt will be made to honor indicated preferences; however, please understand that duties will be assigned as needed to fill all slots.

Please complete the form below and return it to Randy McDonald at [rmcdonald@winterset.k12.ia.us](mailto:rmcdonald@winterset.k12.ia.us) or to Angie Olson at [aolson@winterset.k12.ia.us](mailto:aolson@winterset.k12.ia.us). Reminder that it is your responsibility to work your dates or find your own substitute if the need arises.

ACTIVITY SIGN-UP

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
\_\_\_\_\_  
Spouses Name \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_ e-mail : \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_



Check One: High School Activity \_\_\_\_\_ Junior High School Activity \_\_\_\_\_

For activities below, indicate first, second, and third choices.

FALL ACTIVITY: Football \_\_\_\_\_ Volleyball \_\_\_\_\_  
WINTER ACTIVITY: Girls Basketball \_\_\_\_\_ Boys Basketball \_\_\_\_\_  
Wrestling \_\_\_\_\_  
SPRING ACTIVITY: Track \_\_\_\_\_ Boys Soccer \_\_\_\_\_ Girls Soccer \_\_\_\_\_  
SUMMER ACTIVITY: Baseball \_\_\_\_\_ Softball \_\_\_\_\_  
VARIOUS: Drama \_\_\_\_\_ Band/Vocal \_\_\_\_\_



2022-2023 Winterset Community School – Preschool Calendar Board Approved (12-13-21)

CALENDAR LEGEND	
Start/End	
No School	

M	T	W	Th	F	Days	Date	Events
<b>September</b>							
			1	2			*No Preschool on Wednesday plus the additional days noted
5	6	7	8	9			
12	13	14	15	16			
19	20	21	22	23		Sept 1	First Day of Preschool
26	27	28	29	30		Sept 5	Labor Day (No School)
<b>October</b>							
3	4	5	6	7			
10	11	12	13	14			
17	18	19	20	21		Oct 21	No Preschool (PD Day)
24	25	26	27	28		Oct 24	No Preschool (Innovation Day)
31							
<b>November</b>							
	1	2	3	4			
7	8	9	10	11			
14	15	16	17	18		Nov 3 & 8	No Preschool (Conferences)
21	22	23	24	25		Nov 21-25	No Preschool
28	29	30					
<b>December</b>							
			1	2			
5	6	7	8	9			
12	13	14	15	16			
19	20	21	22	23		Dec 23-Jan 2	No Preschool
26	27	28	29	30			
<b>January</b>							
2	3	4	5	6			
9	10	11	12	13			
16	17	18	19	20		Jan 3	Classes Resume
23	24	25	26	27		Jan 13	No Preschool (PD Day)
30	31						
<b>February</b>							
		1	2	3			
6	7	8	9	10			
13	14	15	16	17		Feb 9 & 14	No Preschool (Conferences)
20	21	22	23	24		Feb 13	No Preschool (PD Day)
27	28						
<b>March</b>							
		1	2	3			
6	7	8	9	10			
13	14	15	16	17		March 13-17	No Preschool
20	21	22	23	24		March 24	No Preschool (PD Day)
27	28	29	30	31			
<b>April</b>							
3	4	5	6	7			
10	11	12	13	14		April 10	No Preschool
17	18	19	20	21			
24	25	26	27	28			
<b>May</b>							
1	2	3	4	5			
8	9	10	11	12			
15	16	17	18	19		May 19	Last Day for Preschool

2022-2023 Winterset Community School Calendar

Board Approved (12-13-21)

**CALENDAR LEGEND**

- Start
- No School
- End of Quarter
- 1hr Late Start

**Teacher Contract Days**

- 178 Student Contact Days
- 2 Conference Comp Days (11/23 & 4/10)
- 5 Pre-Service Days (8/15-8/18 & 8/22)
- 1 Work Flex Day\*\* (8/19 or 5/30)
- 2 PD Days (11/22 & 2/13)
- 1 Innovation Day\*\*\* (10/24)
- 1 TQ Day\*\*\* (11/21)

190 Days

\*\*\*TQ=contract day as long as funded by state

**New Teacher Days**

- August 2nd (1/2 day, 8am-noon)
- August 11-12
- New teachers work August Flex Day - August 19

**Late Start Wednesdays**

- School begins 1 hour late every Wednesday for professional development.

\*Cancelled school days may be made up at end of school year (June).

\*\*Teacher work day is flexed for returning teachers. Work 1 day either August or May/June. Notification to principal at checkout in spring.

\*\*\*Innovation and TQ Days are professional development for certified staff.

\*\*\*\*Adjustments may be made to end of 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> quarter/term if more than 2 days are cancelled.

August					Hours	Days		
M	T	W	Th	F				
1	2	3	4	5			Aug 2	New Teacher Day (8:00am-noon)
8	9	10	11	12			Aug 11-12	New Teacher Days
15	16	17	18	19			Aug 15-22	Teacher Pre-Service
22	23	24	25	26	25	4	Aug 18	Elem Family Engagement (4:00-8:00)
29	30	31			44.5	7	Aug 18	MS Family Engagement (4:00-8:00)
			1	2			Aug 18	JH Family Engagement (4:00-8:00)
							Aug 18	HS Family Engagement (4:00-8:00)
							Aug 19	Teacher Work Day – Flex**
							Aug 23	First Day of School
September								
			1	2	56.5	9	Sept 5	Labor Day (No School)
5	6	7	8	9	81.5	13	Sept 23	Homecoming
12	13	14	15	16	113	18		
19	20	21	22	23	144.5	23		
26	27	28	29	30	176	28		
October								
3	4	5	6	7	207.5	33	Oct 3	HS Conferences (3:30-7:30)
10	11	12	13	14	239	38	Oct 5 & 12	Middle School Conferences (3:30-7:30)
17	18	19	20	21	268.5	43	Oct 11 & 13	Elementary Conferences (3:30-7:30)
24	25	26	27	28	293.5	47	Oct 21	End of 1 <sup>st</sup> Quarter (43 days)
31					300	48	Oct 24	2-hour early dismissal Innovation Day (No School)
November								
	1	2	3	4	325	52	Nov 1 & 3	Junior High Conferences (3:30-7:30)
7	8	9	10	11	356.5	57	Nov 21	TQ Day (No School)
14	15	16	17	18	388	62	Nov 22	PD Day (No School)
21	22	23	24	25			Nov 23	Teacher Comp Day (No School)
28	29	30			406.5	65	Nov 24-25	Thanksgiving Holiday (No School)
December								
			1	2	419.5	67	Dec 7	High School Conferences (3:30-7:30)
5	6	7	8	9	451	72	Dec 23-Jan 2	Winter Break (No School)
12	13	14	15	16	482.5	77		
19	20	21	22	23	507.5	81		
26	27	28	29	30				
January								
2	3	4	5	6	532.5	85	Jan 3	Classes Resume
9	10	11	12	13	562	90	Jan 11	Middle School Conferences (3:30-7:30)
16	17	18	19	20	593.5	95	Jan 13	End 1 <sup>st</sup> Semester (90 days)
23	24	25	26	27	625	100		2-hour early dismissal
30	31				638	102		
February								
		1	2	3	656.5	105		
6	7	8	9	10	688	110	Feb 13	PD Day (No School)
13	14	15	16	17	713	114	Feb 22	High School Conferences (3:30-7:30)
20	21	22	23	24	744.5	119		
27	28				757.5	121		
March								
		1	2	3	776	124	March 7 & 9	Junior High Conferences (3:30-7:30)
6	7	8	9	10	807.5	129	March 8	Middle School Conferences (3:30-7:30)
13	14	15	16	17			March 7 & 9	Elementary Conferences (3:30-7:30)
20	21	22	23	24	837	134	March 13-17	Spring Break
27	28	29	30	31	868.5	139	March 24	End of 3 <sup>rd</sup> Quarter (44 days)
April								
3	4	5	6	7	900	144		
10	11	12	13	14	925	148		
17	18	19	20	21	956.5	153		
24	25	26	27	28	988	158	April 10	Teacher Comp Day (No School)
May								
1	2	3	4	5	1019.5	163	April 26	High School Conferences (3:30-7:30)
8	9	10	11	12	1051	168		
15	16	17	18	19	1082.5	173	May 19	Seniors Last Day
22	23	24	25	26	1112	178	May 21	Graduation
29	30	31					May 26	Last Day for Students* (45 days)
								2-hour early dismissal
					1128	180	May 29	Memorial Day (No School)
			1	2			May 30	Teacher Work Day – Flex**
June								
			1	2				

Date Events



Date: June 13th-June 17th 2022

Times: K-1st-2nd Grade 9:00 AM -10:00 AM (Limited to 20 golfers per session)  
3rd-4th-5th-6th Grade 10:00 AM-11:00 AM (Limited to 20 golfers per session)  
\*Grade based on 2021-2022 School Year

Location: Winterset Lakeview Country Club (ALL Days)

Instructor: Brett West Winterset High School Head Boys Golf Coach  
Jack West College Golfer at DMACC

- Learn to play golf
  - Clubs provided if needed
  - Rules and Etiquette Lessons
  - Contests and Prizes
- Monday: Orientation and Chipping  
Tuesday: Iron Play  
Wednesday: Drivers  
Thursday: Putting  
Friday: Play golf holes this day

**Rain Information**  
If it is raining prior to the start of the clinic please call 515-577-7910 for information.  
Cost: \$55

Checks Payable to: *Little Legends Golf* (515) 577-7910

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade 21/22: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

Parents Name: \_\_\_\_\_ Work/Cell #: \_\_\_\_\_

Name: \_\_\_\_\_ Work/Cell #: \_\_\_\_\_

E-Mail Contact: \_\_\_\_\_

Right Handed \_\_\_\_\_ Left Handed \_\_\_\_\_ Golf Skill \_\_\_\_\_ (1 beginner- 5 Advanced)

- Does your golfer need golf clubs: YES \_\_\_\_\_ NO \_\_\_\_\_

\_\_\_\_\_ has my permission to participate in the Little Legends Summer Golf Clinics. I will accept responsibilities for any injury that may occur as a result of his/her participation. I will not hold Little Legends Summer Golf Clinics, its employees or volunteers responsible for any injury that may occur.

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

\* Mail to Brett West % Little Legends Golf \* 1872 Nature Court \* Winterset, Iowa 50273

**Please find a listing of places in Madison County in which families are able to enjoy a little extra food and comfort:**

**Earlham**

Earlham Community Center – Congregate meals – 150 E 1<sup>st</sup> St, Earlham, IA 50072, (515) 758-2590

**Earlham School Food Pantry** – Open during school hours 7:45-11:40 am then again from 2:00-3:45 pm M-F, Other times available by request at 515-758-2235 x450

**Truro**

**I-35 School Pantry** – Open on the 1st Tuesday of every month from 3:30-5:30 in the FCS room or by appointment at 641-765-4901

**Winterset**

**Paw Pantry** - 2nd and 4th Thursday of the month Food Pantry from 4:00-5:00 or by appointment at 515-462-3010, located at the SW corner of the Winterset Middle School, 706 School St., Winterset

**The Cupboard** - 3rd Thursday of the month Food Pantry from 4:00-6:00 p.m. or the following Friday from 9:00-10:00 a.m. at New Bridge Church, 1305 W. Jefferson St., Winterset - **ALSO** - Wednesdays at 5:30 – ANYONE (meal)

**United Methodist Church** - 4th Monday of the month Food Pantry from 4:30-6:30 or the following Tuesday from 9:00-11:00 a.m. at 309 E. Jefferson St., Winterset - **ALSO** - Wednesdays at 5:30 – ANYONE (meal)

**St. Joseph Catholic Church** - 4th Thursday of the month Food Pantry from 10:00-noon or by appointment at 515-462-1083, located at 1026 N. 8th Ave., Winterset

**MATURA/Multi-Purpose Center** - Every 3 months, or on an emergency basis - Free meal preparation and canning classes - Sign up for WIC and energy assistance - 462-4704

Family Nutrition Program – ISU Extension and Outreach/Madison County – courses on how to feed your family on a budget - 462-1001

FourSquare Church - Wednesdays 6:00-7:30 3 yrs.-6th grade (meal) & 5:30-7:30 7-12th grade (meal) at 224 E. Court Ave., Winterset

Madison County Elderly Service Meal Site and Transportation - 60 and older, suggested donation of \$3 per meal, and under 60 \$7.39, Mon-Fri starting at 11:45.

St. Paul Lutheran & St. Joseph Catholic Church – community gardens, May-September, located behind 1120 N. 8th Ave., Winterset



Special thanks to our  
generous sponsor

**Earlham  
CHICKS**  
with **CHECKS**

**PK-8TH  
GRADE**

**LOCAL  
INSTRUCTORS**

**STEM  
ACTIVITIES**



**TUESDAYS &  
THURSDAYS  
THIS  
SUMMER**

**\$30-35  
PER CAMP**

**\*PRICE INCLUDES  
LUNCH + SNACKS**

**BRICKER-PRICE  
BLOCK**

105 S. CHESTNUT AVE.  
EARLHAM, IOWA 50072

**\*SCHOLARSHIPS + DISCOUNTS AVAILABLE\***

Special thanks to our  
generous sponsor





Dr. Richard C. Apodaca

# Winterset Preschool Pre-registration

**\*Any Child that is 3 or 4 years old on or before September 15, 2022 is eligible for Pre-School for the 2022-2023 year.**

**\*Please scan the correct QR Code to complete the Pre-Registration Form. This will give us an idea of the number of preschoolers we will have for next year.**

3 Year Old	4 Year Old
	

**If you cannot scan the QR Code, please go to the Elementary page on the web site for a link to pre-register. [www.winterset.k12ia.us](http://www.winterset.k12ia.us)**

**\*This will NOT take the place of On-Line Registration which will open May 16, 2022**



**Questions? Call Stacy @ Administration Building 515-462-2718 or email Clint Driftmier at [cdriftmier@winterset.k12ia.us](mailto:cdriftmier@winterset.k12ia.us)**

## **22-23 Preschool Information & Registration Night**

**Monday, May 16, 2022**

**5:00 - 6:00 - 4 Year old Registration**

**3 Year old Registration w/ Barb LaGrange (In the Library)**

**6:00 - 6:45 - 4 yr old Informational Parent Meeting**

**6:45 - 8:00 - Additional Registration Time**

- Computers for registration will be available from 5:00 - 6:00 for parents that are familiar with the registration process (Those with older students in the district that have registered before this upcoming school year and would like to register their older children and add their new PreK student).
- An informational parent meeting for 4 year old students will be held from 6:00 - 6:45 to explain the registration process (for those new to the registration process), what happens during a Preschool day, Transportation information, and medical document requirements.
- Additional time to register will be available following the meeting for those that had not previously registered a student in the district and now know the process from the informational meeting.

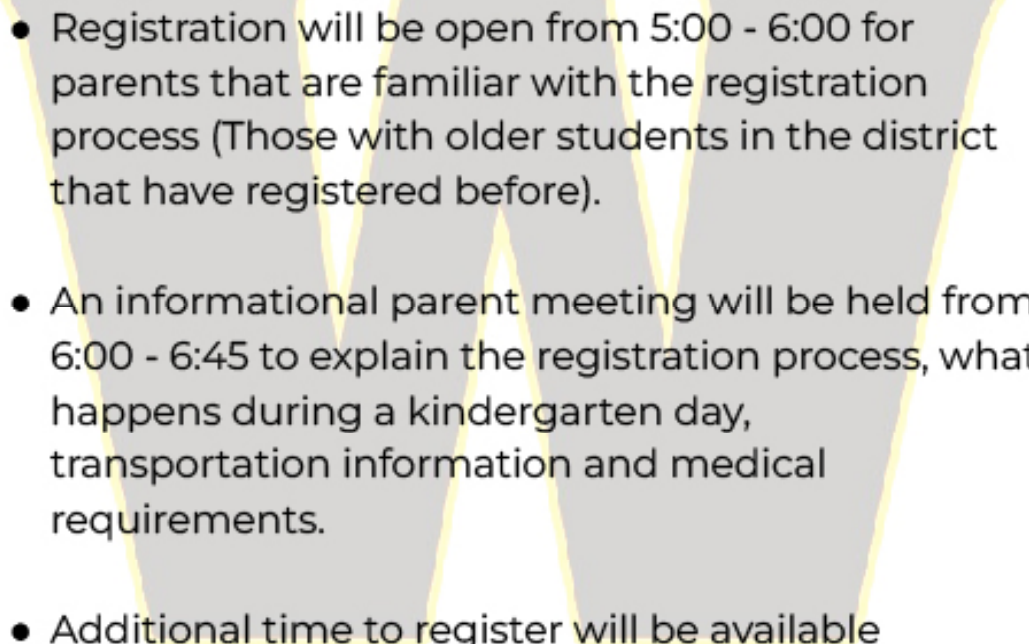
# **2022 - 2023 Kindergarten Registration and Information Night**

**Tuesday, May 17, 2022**

**5:00 - 6:00 Registration**

**6:00 - 6:45 Informational Parent Meeting**

**6:45 - 8:00 Registration**

- 
- Registration will be open from 5:00 - 6:00 for parents that are familiar with the registration process (Those with older students in the district that have registered before).
  - An informational parent meeting will be held from 6:00 - 6:45 to explain the registration process, what happens during a kindergarten day, transportation information and medical requirements.
  - Additional time to register will be available following the meeting for those that may need assistance in setting up an Infinite Campus account or have not registered with our district prior to this school year.





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**2022-23 PRESCHOOL SUPPLY LIST**

**PLEASE LABEL ALL ITEMS WITH YOUR CHILD'S NAME. PLEASE REPLACE ITEMS AS NEEDED.**

**LITTLE HUSKIES PRESCHOOL**

**Backpack:** One that will hold a folder, snow pants and shoes  
**Binder:** 3" - 3 Ring White Binder w/plastic sleeve  
Washable  
**Crayons:** 1 Box of 24  
**Markers:** 1 Box of 10  
**Scissors:** Blunt tip Fiskar  
**Glue Sticks:** 2  
**Dry Erase Markers:** 1- 2 pack (Expo/Chisel tip)

**WEE LEARNERS PRESCHOOL**

**Backpack:** One that will hold a folder, snow pants and shoes  
**Binder:** 3" - 3 Ring White Binder w/plastic sleeve  
**Markers:** 1 box of 10

**SUPPLIES NEEDED AT BOTH PRESCHOOLS**

- **BATHROOM SUPPLIES:**  
Only if your child needs these. A supply of diapers, pull-ups and a container of wet wipes.
  
- **CLOTHING:**  
Send a change of clothing including socks and underwear. Please place clothing in a zip lock bag with your child's name. As the seasons change, the clothes will be sent home for more appropriate clothing.
  
- **WINTER WEAR:**  
Please send snow pants, snow boots, hat, mittens and a winter coat every day when the weather is cold and snowy. We require that all children must have appropriate attire to go outside for recess. Mittens (NOT GLOVES) are much easier for your child to dress independently. Please label ALL winter wear with your child's name.
  
- **CRISP: (COMMUNITY RESOURCES IN SERVICE TO PEOPLE)**  
This community service is available to families who need help getting school supplies and clothing. CRISP is located at the Winterset Presbyterian Church. You can reach them at 515-462-9400.



**2022-23 Winterset Community School Supply List  
KINDERGARTEN – 3<sup>RD</sup> GRADE**

**Please LABEL all items with your child's name. \* Please replace items as needed.**

**Kindergarten**

- ❖ 1 Large Eraser
- ❖ 10-#2 Pencils-(plain yellow-no decorated pencils)\*
- ❖ 5"X 8" Pencil Box
- ❖ Scissors-Blunt tip (Fiskars recommended)
- ❖ 10 Glue Sticks\*
- ❖ 3 Box-24 Count Crayola Crayons\*
- ❖ 2 Pkgs. Washable Markers-Basic 8 colors\*
- ❖ 2 Box 8-12 Colored Pencils (Crayola recommended)\*
- ❖ 1 Paint shirt (old shirt, sleeves cut off, big enough to cover clothes)
- ❖ 1 Backpack/Book Bag

**1<sup>st</sup> Grade**

- 1 Large Eraser
- 10-#2 Pencils (plain yellow-no decorated or mechanical)\*
- 5"X 8" Pencil Box
- Scissors-5" pointed (Fiskars recommended)
- 10 Glue Sticks\*
- 3 Boxes 24 Count Crayola Crayons
- 2 Pkgs Washable Markers-Basic 8 colors
- 2 Yellow Highlighters
- 1 Spiral Notebook
- 1 paint shirt (old, sleeves cut off, big enough to cover clothes)
- 1 Backpack/Book Bag

**2<sup>nd</sup> Grade**

- 3 plastic folders w/pockets & center prongs  
1 Red, 1 Green, 1 Purple
- 1 Large Erasers
- 24-#2 Pencils-(plain yellow-No decorated or mechanical)\*
- 5"X 8" Pencil Box
- Scissors-5" pointed (Fiskars recommended)
- 1 Boxes 24 count Crayola Crayons\*
- 2 Glue Sticks\*
- 1 box 8 washable markers (basic colors)
- 1 pkg. Expo dry erase markers
- 4 Spiral Notebook-wide rule (2 Red, 1 Green, 1 purple)
- 1 Pkg Post-It Notes (large)
- Earbuds-inexpensive
- 1 Backpack/Book Bag

**3<sup>rd</sup> Grade**

- ❖ 2 Plastic Folders w/bottom pockets: (No center prongs)
- ❖ 2 Large Eraser
- ❖ 10-#2 Pencils\* (plain yellow-No decorated or mechanical)
- ❖ 4 Thin Highlighters\*
- ❖ Zipper Pencil Pouch
- ❖ 4 Glue Sticks\*
- ❖ 1 Box 8-12 Crayola Colored Pencils\*
- ❖ 1 Dry Eraser
- ❖ 4 Spiral Notebooks-Wide Rule
- ❖ 1 Backpack/Book Bag

Donations of the following are appreciated: Large boxes of Kleenex, Clorox wipes, Sandwich/Gallon Ziplocks, Expo Low Odor Dry Erase Markers. Please stick to your child's supply list! We have limited storage so supplies brought that are beyond what a student needs will be sent home.



### 2022-23 WINTERSSET COMMUNITY SCHOOL SUPPLY LIST

Please mark all items with your child's name. \*Replace all items as needed throughout the school year.

**4<sup>th</sup> -8<sup>th</sup> Grade: Donations of a Large box of Kleenex would be appreciated.**

**7<sup>th</sup> -8<sup>th</sup> Optional Items: Crayones, markers, sharpies, glue sticks, ruler, scissors, planner**  
**Note: 4<sup>th</sup>-8<sup>th</sup> Grade - No locker decorations/magnets**

SCHOOL SUPPLIES	4 <sup>th</sup> Grade (Qty Needed)	5 <sup>th</sup> Grade (Qty Needed)	6 <sup>th</sup> Grade (Qty Needed)	7 <sup>th</sup> Grade (Qty Needed)	8 <sup>th</sup> Grade (Qty Needed)
2" or 3" 3 ring binder	1	1	1	1-1.5"	1-1.5"
3 ring pencil pouch	1	1	1	1	1
Subject dividers	0	0	5 (without pockets)	0	0
Pocket Folder (3 hole punched)	4 (No Flanges)	4 (diff colors/designs)	1	8-12	8-12
#2 Pencils (replace as needed)	2 dozen	2 dozen	2 dozen	2 dozen	1 package
Ball point pens	2-Red	0	0	0	4-Any Color
Colored pencils	Pack of 24	Pack of 24	0	1 pack	0
Highlighters (2 colors)	0	2	2	2	2
Markers	0	1 pack	0	0	0
Dry Erase Markers (replace as needed)	1 pack	1 pack	2 packs	1 pack 8-12 markers	1 pack 8-12 markers
Pkg notebook paper (wide ruled)	2	2	1	1	1
Spiral Notebooks (wide ruled)	1	2	2	0	2-5 Subject Spiral Notebook
3" X 3" sticky notes	1	0	1 pack	0	2 pack
3" X 5" index cards	0	0	1 pack	0	2 pack
Large eraser	0	1	1	0	0
Glue stick (replace as needed)	1	0	0	0	0
12" Ruler-Inches and Metric	0	0	0	0	0
5" pointed/sharp scissors	1	1	1	0	0
Scientific calculator	0	0	1	1	1
Ear buds (replace as needed)	1	1	1	1	1
Master Brand Padlock For PE Locker	0	0	0	1	1
T-shirt/shorts/socks/shoes for PE	0	0	0	1	1
Backpack	1	1	1	1	1

#### 9<sup>th</sup>-12<sup>th</sup> Grade

- ❖ 1.5" - 3 Ring Binder, Zipper Pencil Pouch
- ❖ 1" - Binder (If taking HS Agriculture Courses)
- ❖ Colored Pencils (If taking HS Agriculture Courses)
- ❖ 2" Binder (for Financial Lit. 11<sup>th</sup> & 12 graders)
- ❖ 1-pkg Notebook Paper-college rule (replace as needed)
- ❖ 4-Spiral Notebooks-college rule
- ❖ 2 Highlighters (2 colors)
- ❖ 2-Ballpoint Pens-Blue or Black, 1 Ballpoint Pen-Red
- ❖ Scientific Calculator
- ❖ #2 or Mechanical Pencils
- ❖ Sticky Notes
- ❖ Ear Buds
- ❖ Backpack



# Birthday in a Bag



Don't forget CRISP's Birthday in a Bag program, sponsored by our local Rotary Club. CRISP clients can receive a gift bag that includes a cake mix and frosting, cake pan, candles and party supplies, along with an age appropriate book for their child's birthday. Please call CRISP at 515-462-9400 to reserve your Birthday in a Bag.

It's everything Winterset,  
**in your pocket.**

Documents · Events · Staff Directory · Alerts · News



*Celebrate Teacher Appreciation Week  
Send a message to your teacher*

*Teacher*  
**APPRECIATION**

May 2-6, 2022

*week*

Get on  
Stage  
this Summer!



THE WINTERSET  
STAGE

## SUMMER STAGE CAMP

JUNE 7- 10 | 8:00- 4:00 | AGE 6+ | \$175

## PLAY IN A DAY, JR.

JUNE 15 | 8:00- 5:00 | AGE 5- 9 | \$50

## MUSICAL THEATER CAMP

JUNE 21- 24 | 1:00- 4:00 | AGE 8+ | \$100

## PLAY IN A DAY, SR.

JUNE 29 | 8:00- 5:00 | AGE 10+ | \$50

[THEWINTERSETSTAGE.ORG](http://THEWINTERSETSTAGE.ORG)

PARTIAL SCHOLARSHIPS AVAILABLE THANKS TO WINTERSET OPTIMIST & KIWANIS



# Teen Dating Violence: How Parents Can Help

## Understanding Teen Dating Violence



Adolescence is a pivotal time in a child's development. They begin to make decisions, develop relationships, and take on more responsibility in their lives. The lessons and habits they learn will stick with them throughout adulthood. Teens are impressionable.

The relationships they have when they're young, both personal and romantic, can have lasting effects. Teen dating violence is a serious issue. Not only does it harm the teen, but it also has lasting consequences that can follow them throughout adulthood.

Teen dating violence (TVD) is the physical, sexual, and psychological abuse experienced as a teen in a dating relationship. Although abuse is more common in middle-aged women, millions of teens every year experience some form of teen dating violence. TVD can take many forms and can happen both in-person and [digitally](#). Teens who experience dating violence are more likely to be victims of domestic violence in adulthood. Since October is [Domestic Violence Awareness Month](#), it's important to share information on these topics to help those that are victims and prevent any further abuse.

## Red Flags & Warning Signs

### Emotional Abuse

Emotional abuse is when an abuser will bully, falsely accuse, isolate, or gaslight a victim to assert dominance and psychologically control their victim. Emotional abuse is one of the most common tactics used by abusers, and one of the first signs of [teen dating violence](#) in a relationship. Some [warning signs of emotional abuse](#) include:

- False accusations of cheating
- Isolation from friends and family
- Belittlement, mockery, or consistent criticism
- Undermined emotions, opinions, and feelings
- Public humiliation or intentional embarrassment

- Held responsible for all the partner's mistakes
- Manipulation through threat or blackmail
- Sporadic or unnecessary arguments
- Personal attacks and swearing towards partner

Although emotional abuse is the most common form of teen dating violence, it can be the hardest to detect. Abusers will act friendly around friends and family, then flip a switch when they're alone with the victim. Many victims don't notice the signs of emotional abuse. They tell themselves that it isn't that bad or blame themselves for the abuser's actions. Emotional abuse can cause a victim to have low self-esteem, [depression](#), anxiety, and increased levels of guilt and shame.

## Financial Abuse

Financial abuse is when money is used as a weapon to control a victim. Stealing a partner's money, controlling how a partner spends their own money, or preventing a partner from academic success or getting a job are just [some forms of teen financial abuse](#). Some common red flags of financial abuse include:

- Having to ask partner for permission to use their own money
- Being forced to pay for all the dates
- Having to give the other partner access to their money and accounts
- Financially supporting a partner with nothing in return
- Being prevented from attending school
- Not being allowed to partake in higher education and employment opportunities

Financial abuse can have detrimental long-term consequences such as dropping out of school, giving up academic and job opportunities, being financially reliant on the partner, and having little to no money to their own name. The effects of financial abuse are amplified when a teen has a debit or credit card.

Abusers can gain access to their accounts and rack up debt in their name. This can cause teens to enter adulthood with severe debt and a low credit score. Although it may not seem important to a teen now, financial abuse can make reaching milestones like attending college or making big purchases much more challenging. Things like buying a home have certain [credit score requirements](#), that financial abuse survivors may not be able to meet.

## Physical Violence

Physical violence is the intentional hurting of a partner's physical body. Biting, hitting, kicking, choking, throwing, and beating are common forms of physical abuse. Many abusers will create excuses for physical violence, blame the victim, or will make the abuse seem like an accident. This form of abuse is the easiest to identify since it often leaves victims with bruises and scars. However, many victims will cover up any signs or markings by wearing long clothing or applying makeup to their wounds. If you notice your child wearing long sleeves and pants on a hot day, it can be an indicator of physical violence. Some other red flags for physical violence are:

- Bruises on the body
- Black eye or swelling around the eye and face
- Broken glasses or personal items

- Busted lips
- Sprained wrists
- Unexplained wounds or injuries
- Wearing scarves or sunglasses during unorthodox times
- Extra alertness or waiting for something bad to happen
- Flinching or putting hands up in defense at sudden movement or being touched

Physical violence is regarded as the most dangerous TVD. Victims of physical abuse often experience PTSD, increased anxiety, trust issues, and addiction. Abusers will start controlling their victims using psychological tactics and then move into physical violence. Identifying other forms of abuse in a relationship can help prevent your teen from experiencing physical violence. However, if you notice signs of physical abuse it's imperative that you get them the [help they need](#) before the violence escalates.

## Sexual Violence



Sexual violence, also known as sexual assault, is when a victim is pressured physically or emotionally to engage in sexual activity. Sexual assault is not limited to intercourse. It can be any unconsented sexual touching, [sexting](#), or sending explicit pictures of a partner to others.

Sexual violence is another way abusers control and manipulate their victims for their gain. This form of abuse is the hardest for teens to talk about. However, some warning signs to look out for include:

- Signs of physical abuse (bruises, wounds, scars)
- Unusual weight gain or weight loss
- Loss of appetite
- Depression, anxiety, or suicidal thoughts
- Abnormal changes to self-care (clothing, hygiene, appearance)
- [Self-harm](#) or substance abuse
- Panic attacks
- STDs or sexually transmitted infection
- Pregnancy or pregnancy scare

If you notice these signs, have an open conversation with your teen. Create a safe space for them to speak their truth. Sexual violence can lead to [unwanted pregnancy](#) or a sexually transmitted

infection/disease that, if not treated early on, can end severe health risks. Sexual violence also has long-term effects on a victim's mental health. It can cause a victim to develop an eating disorder to reclaim a sense of control, PTSD, numbness, and fear of sexual interaction or intimacy.

## Stalking

Stalking is the repeated unwanted contact and attention from a partner. Some forms of stalking include an abuser showing up at the victim's house unexpectedly, physically following a victim, sending unwanted texts and phone calls to the victim, tracking the victim through social media, and hiring or making other people follow you. Stalking is a tactic used to make the victim fearful and is often used when the victim leaves the relationship. It may not seem as dangerous but if not addressed early, can continue long after teenage years.

Some red flags of stalking include:

- Rumors being spread about the victim
- Unwanted phone calls to anyone with a connection to the victim (friends, family, employers)
- Abuser showing up to victim's place of employment
- Abuser waiting for the victim or following them
- Abuser monitoring or tracking victim's location and internet use
- Threats to victim's new partner
- Unexplainable damage is done to home, car, or personal belongings

If you suspect that your teen is being stalked it may be wise to take legal action against the abuser. Consider getting a [restraining order](#) to put a stop to this manipulation. Stalking may not seem like much, but it can implicate a child's life, and if it persists, can lead to rather dangerous or life-threatening situations.

## What Parents Can Do

Knowing the signs of teen dating violence and educating your teen on the signs can help prevent your child from becoming a victim. If you suspect your child is experiencing teen dating violence, [initiate conversation](#). During the conversation listen to your teen, taking note of what they need most. Be a source of comfort and guidance, but most importantly, encourage and help your teen take action. Teen dating violence is a serious issue. By talking about these red flags and warning signs, and by taking the necessary actions against abusers, we can help put a stop to teen dating violence.

[Guest contributor](#).

\*\*\*\*\*

**If you are struggling with your teenager that has been violated and have exhausted your local resources, learn more about how [residential treatment](#) can help your teen with emotional wellness. [Contact us](#) today for a free consultation.**





# Learn what to say to Make It OK

Talking about mental illnesses can be difficult. Here are some tips:

## do say:

- "Thanks for opening up to me."
- "How can I help?"
- "I'm sorry to hear that. It must be tough."
- "I'm here for you when you need me."
- "I can't imagine what you're going through."
- "Can I drive you to an appointment?"
- "How are you feeling today?"

## don't say:

- "It could be worse ..."
- "Just deal with it."
- "Everyone feels that way sometimes."
- "We've all been there."
- "You've got to pull yourself together."
- "Maybe try thinking happier thoughts."
- "Oh man, that sucks."







## Stop the silence – Make It OK

**Mental illnesses are a touchy subject, creating voids in conversation. Here are some tips to help you.**

**Stop the silence.** If someone shares with you that they're experiencing a mental illness, they are opening up to you in a big way. Ask questions, show concern and avoid awkward silences.

**Be nice.** It sounds simple enough, but try to say the right things with openness, warmth and caring.

**Listen.** In your conversation, try to do more listening and less searching for a solution.

**Keep in contact.** Offer to be available by phone, text, email or meet up in person. Just be there.

**Don't ignore it.** Don't be afraid to ask about someone's well-being if you think they might be hurting. Trust your judgment.

**Offer support.** Everyone is different, and may want very specific help or no help at all. Either way, ask and be open to the answer.



Make It **OK**

[MakeItOK.org/IOWA](http://MakeItOK.org/IOWA)

# SAVE THE DATE!

## MAY 20

WEAR **GREEN** FOR Make It **OK**



Show your support for Mental Health Awareness Month by wearing your favorite green shirt, pants or other apparel on **May 20**.

*Make It OK is a community campaign to reduce stigma by starting conversations and increasing understanding about mental illness.*  
**MakItOK.org/IOWA**

**DONATE TO  
MAKE IT OK:**



**SHARE A PHOTO ON SOCIAL MEDIA!**  
**#MakeItOK**

*Brought to you by Iowa Healthiest State Initiative*

## Winterset Area Soccer Club June 13-17, 2022

Register 30 days prior to receive your free jersey. Soccer players ages 3-16.  
Hour- Half and Full Day Camps available!



[LINK](https://www.wascsoccer.net/) to sign up or use our webpage: <https://www.wascsoccer.net/>





U4 PLAYER AND PARENT PROGRAM  
CHILDREN BORN IN 2018 & 2019  
\$20.00 PER PLAYER

COME OUT AND LEARN ABOUT  
SOCCER!

MAY 26TH, JUNE 2ND & 9TH • 6:00 PM  
MARTIN MARIETTA SOCCER FIELDS  
REGISTER AT [WWW.WASC SOCCER.NET](http://WWW.WASC SOCCER.NET)



## 2022 Husky Football Development Camp

**Mission:** ALL athletes will be prepared to be in position to be successful by playing hard, playing fast, and having fun. This camp is for all Middle School students (flag football, little husky football, and anyone interested in football) and Junior High student athletes.

The camp will promote sportsmanship and physical activity through the promotion and support of football for the young athletes of our community. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete.

**Date:** Tuesday August 2nd - Thursday August 4th

**Grades:** 4th - 8th (Based on Fall 2022)

**Registration:** PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

**Camp Fee:** \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

**Where:** High School Facility (South of Game Field)

**Safety Note:** Parents-Please drop and pick up your athlete by the gate on South 4th Ave. by Athletic Building. Please do not access the drive to the athletic facility. Thank you.

2022 Camp Schedule		
Dates	Grades 4-6	Grades 7-8
Tuesday August 2nd - Thursday August 4th	8:30 - 10:00 AM	10:15 - 11:45 AM

**Camp Emphasis:** Learn Proper Fundamentals of the game through drill emphasis.  
Small group fundamentals and Team Building and Activities

**Camp Equipment:** Shorts or sweats  
T-Shirt or Sweatshirt  
Football Shoes (Not Required)  
No Hats or Jewelry

**Contact information:**

Coach Dennis Shaw (School) \*Winterset High School\* \*624 Husky Drive\* \*Winterset, IA 50273\*  
\*515.462.3320  
(Home) \*Dennis Shaw\* \*1224 West Court Ave.\* \*Winterset, IA 50273\*  
\*515.745.6807

***This Camp Waiver must be signed and returned with fee prior to participation in camp.***

In consideration of this application, I intend to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the Winterset Public Schools, the camp staff, or any other person associated with this camp, for any and all damages which may be sustained and suffered by me in connection with my association with this camp.

Athlete: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Grade: \_\_\_\_\_ Cell # \_\_\_\_\_



## 2022 Husky Football Camp

**Mission:** ALL athletes will be prepared to be in a position to be successful by playing hard, playing fast, and having fun. It is the goal of the program to provide a life of participating in multiple sports and develop the total athlete.

**Date:** Thursday July 14th-Friday July 15th

**Grades:** 9th - 12th (Based on Fall 2022)

**Registration:** PLEASE REGISTER EARLY SO WE CAN HAVE A COUNT FOR T-SHIRTS.

**Camp Fee:** \$30 (Checks: Winterset Football) (2nd Athlete ½ Price - 3rd Free) Includes Camp T-Shirt

**Where:** High School Facility (South of Game Field)

2020 Camp Schedule	
Date	Time
Thursday July 14th-Friday July 15th	8:00 - 11:00 AM

**Camp Emphasis:** Learn proper fundamentals of the game through drill emphasis.  
Small group fundamentals and scheme installations  
Team Building and Activities

**Camp Equipment:** Shorts or sweats                      Football Shoes (Not Required)  
T-Shirt or Sweatshirt                      No Hats or Jewelry

**Contact information:**

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*This Camp Waiver must be signed and returned with fee prior to participation in camp.*

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Athlete: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ Cell # \_\_\_\_\_

(In case of emergency.)

## Last Chance!! World Travel Information Event BELIZE

Every year students ranging from junior high to college travel all over the world to gain valuable life changing experiences. Have you ever wondered what that entailed and what experiences you could offer your student? If so, join Ms. Davis for an evening of general information about this opportunity on Wednesday May 12 at 6:00 pm in the JH Commons. This is a non school-sponsored program through EF (Education First) Tours that provides students a great learning experience that will change their perspective on life forever. This general information event will be a chance to learn about the program we offer as an extension to the general curriculum experience.

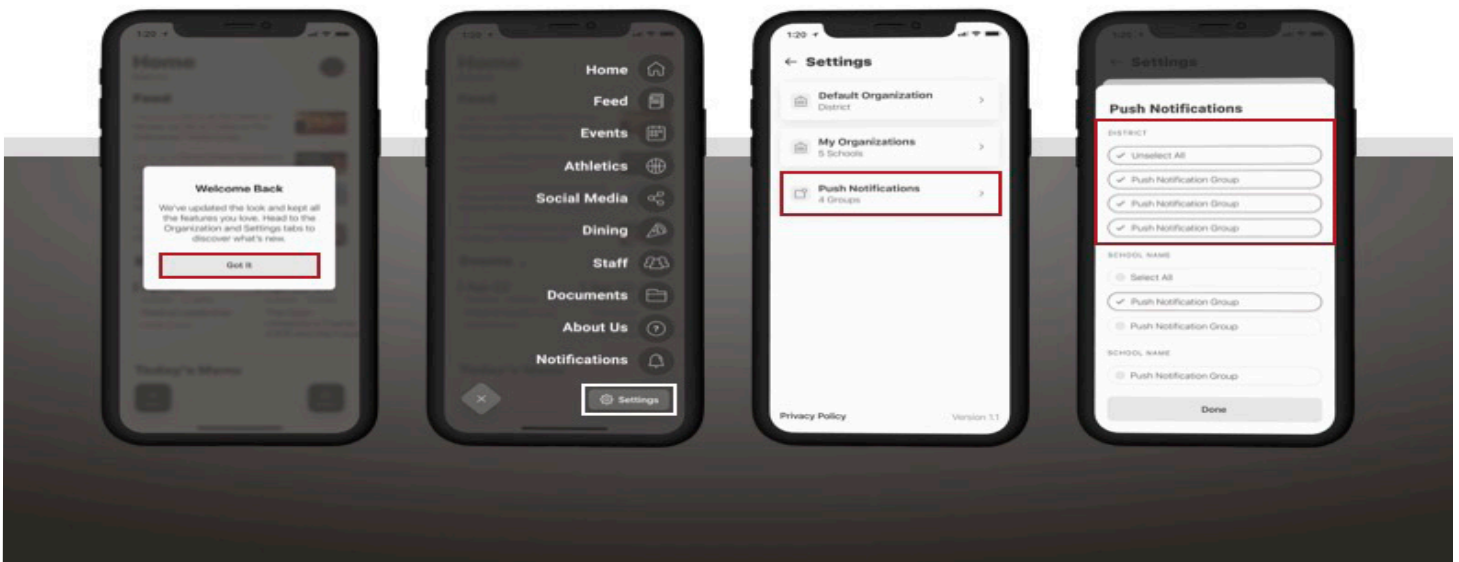
This trip is planned for March of 2023: Our destination is Belize. Registration information will be available to anyone that may be interested as well. Attending this informational event does not mean you are committing to a trip, but simply that you are interested in learning more.

This informational meeting and travel program in general is not connected to Winterset Schools and is solely represented by EF Tours, a leader in world travel for educational purposes around the world. The goal of EF Tours is to provide students with an educational experience through gaining new perspectives and building skills for the future. This trip is a supplemental opportunity and is not funded or sponsored by the Winterset Community School District. You may contact Cari at [cdavis@winterset.k12.ia.us](mailto:cdavis@winterset.k12.ia.us) or Dennis at [dshaw@winterset.k12.ia.us](mailto:dshaw@winterset.k12.ia.us) with additional questions.



## Don't miss any updates from Winterset!

1. Search '**Winterset School District**' in your phone's app store and download the app
2. Select '**ALLOW**' when prompted on initial download to ensure you receive notifications
3. Open the app, and navigate to the bottom menu then tap '**SETTINGS**'
4. Ensure your settings are turned on and your organization is selected



# Stay Connected with WCSD!



## Upgraded Website:

- [www.winterset.k12.ia.us](http://www.winterset.k12.ia.us)
- District homepage updated weekly
- School homepages are updated frequently with information
- Daily calendar of events for schools as well as athletics/activities is located on district homepage

## Electronic Backpacks:

- Located on both the district and school homepages - includes fliers, newsletters, important and timely information

## Facebook:

- Winterset Community School District:  
[@wintersetschools](https://www.facebook.com/wintersetschools)
- Winterset Huskies for Athletics and Activities updates:  
[@WintersetHuskies](https://www.facebook.com/WintersetHuskies)



## Twitter:

- WintersetSchools: [@WintersetSchool](https://twitter.com/WintersetSchool)
- Winterset Huskies for Athletics and Activities updates: [@WintersetHusky](https://twitter.com/WintersetHusky)

## Infinite Campus:

- Must have a **portal account** - contact your school's office or the Administration Building to request account

## Madisonian:

- Article by Superintendent every other week