

EASTON VALLEY JH/HS- LUNCH MENU SEPTEMBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	NO SCHOOL	4 McRib/Bun Tator Tots Carrot Sticks Applesauce Sugar Cookie	5 Pancake on a Stick TriTator Fruitable Plus Oranges Bscó Apple Breadstick	6 Quesadilla Romaine Lettuce Salsa Oranges Fruit Variety Oatmeal Cookie	7 WELCOME BACK! Freshly Grilled Brat/Bun Whole Grain Chips Baked Beans Sidekick Apple	8
9 OTHER MENU OPTIONS WILL BE AVAILABLE FOR PURCHASE	10 Chicken Nuggets Mashed Potatoes/Gravy Corn Muskmelon Buttered Bread	11 Cheddar Cheese Meatloaf Bun Potato Smiles Cucumber Slices Banana Fruit Variety	12 EARLY OUT Pizza Burger Whole Grain Chips Fresh Broccoli Pineapple Tidbits Graham Cracker Cookie	13 Chicken & Noodles Glazed Carrots Celery Sticks Watermelon Homemade Bun	14 Calzone Romaine Lettuce Marinara Sauce Carrot Sticks Rosey Applesauce	15 MEALS SUBJECT TO CHANGE
16 MILK SERVED WITH ALL MEALS (1 cup 1% white or 1 cup nonfat white or chocolate)	17 Chicken Wings Assorted Sauces Wedges Cucumber Slices Peaches Garlic Toast	18 Corn dog Buttered Noodles Peas Cherry Sidekick Banana Assorted Fruit	19 Pork Tenderloin/Bun Tator Tots Fresh Cauliflower Oranges Choc. Chip Cookie	20 Spaghetti Romaine Lettuce Fresh Broccoli Pineapple Slices Marinara Cup Homemade Breadstick	21 Softshell Taco Beans/Tomatoes Lettuce/Cheese Salsa Grapes	22 SALAD BAR SERVED WITH ALL MEALS
23	24 Cheese Crunchers Tri Tator Marinara Sauce Red Pepper Strips Mandarin Oranges Pineapple Tidbits	25 Salisbury Steak Mashed Potatoes/Gravy Mushroom Green Beans Mixed Fruit Homemade Bun	26 EARLY OUT Grilled Chicken/Bun Potato Smiles Peas Rosey Applesauce Assorted Fruit	27 Homemade Pizza Romaine Lettuce Celery Sticks Assorted Fruit Strawberry Shortcake	28 BURGER COOKOUT Hamburger/Bun Whole Grain Chips Carrot Sticks Sidekick Golden Delicious Apple M&M Cookie	29
30 A LA CARTE items available every day						

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