

Student/Parent OHSAA Meeting

Continental High School
Athletic Department
2020-21 School Year

School/Athletic Dept Staff

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- Athletic Director
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- Website
 - www.continentalpirates.org/athletics

Athletic Handbook

- The Athletic Handbook is posted to the website
- Includes important information regarding athletic department policies/procedures
- Please review the handbook with your student
- **REMEMBER**: Being on a team is not a guarantee of playing time. Coaches decide who plays and who doesn't—not administrators, school board members, parents, or players

Eligibility

- All students in grade 7-12 must have passed 5 for credit courses in the preceding grading period
- Students may **NOT** participate in athletics if they have 2 F's or 2 D's and 1 F in the preceding grading period
- Summer and Semester grades have no impact on eligibility-ONLY QUARTER GRADES
- Students must be enrolled in at least 5 courses
 - Do **NOT** change your schedule without thinking about how it will impact your eligibility

Attendance Policy

- Students must be in school no later than 12:00pm (noon) in order to participate in any practices or games after school that day
- Exceptions may be made on case-by-case basis for Doctor's Appointments, Funerals, etc but must be cleared IN ADVANCE by the AD or Principal

Dual Sports

- CHS does have a dual sports policy that allows student-athletes to participate in more than one sport per season
- To be eligible:
 - Student must apply in writing by stated deadlines
 - Student must have parental permission
 - Student must have a 2.0 GPA and maintain that throughout the season
 - Student must declare a primary and secondary sport
 - Student, Coaches, Parents, and AD will sign a dual sports contract prior to the beginning of the season
 - Students CANNOT participate in any other open gyms, workouts, or practices for other sports during the season they are participating in dual sports

Transportation

- It is the expectation of the school that all students ride the bus to and from the event
- All school rules/state laws must be followed while riding the school bus
 - State law prohibits eating and drinking on a school bus. Please make sure all food and drink is finished before boarding the bus and leaving the school.

Transportation

- The head coach may excuse students from riding the bus in certain circumstances on a case-by-case basis
 - Parent must sign and date a note requesting their student be excused from riding
 - If not riding the bus, the student **MUST** be transported by parents (students may **NOT** drive themselves or ride with other students)
 - Check with the head coach for requirements on when the note must be turned in
 - Some coaches want 24 hour notice, others will take note as the bus is loading
 - The head coach may deny a parental request for the student to have alternate transportation-they have the final say

Health Issues

- All students participating in a school-sponsored sport or activity must have a pre-participation evaluation (physical) on file in the office BEFORE participating in any physical activity (open gym, weights, practices, contests, etc)
 - Must be on form specific to current school year
 - All information is available on the school website
- All students and parents must sign the ODH Head Injury/Concussion Info Sheet acknowledgement statement prior to participation in any physical activity (STATE LAW)

Health Issues

- Concussions/Head Injuries
 - If a student-athlete is suspected of having a concussion, they will be immediately removed from the practice or game and CANNOT, under any circumstances, return to the practice or game that same day (even if there is not a diagnosed concussion)
 - A student CANNOT return to practice or game until a physician gives written authorization
 - The Athletic Trainer will administer and oversee the return to play protocol following a diagnosed concussion

Health Issues

- Concussions/Head Injuries Continued
 - Return to Play Protocols (example)
 - Day 1: No physical activity
 - Day 2: Light aerobic activity
 - Day 3: Sport specific exercise
 - Day 4: Non-contact training drills
 - Day 5: Full contact practice
 - Day 6: Return to normal play
 - If symptoms return at any point, protocols will be restarted and repeated until symptoms no longer appear
 - Full medical clearance from a doctor must be submitted to the athletic director and/or trainer before any unrestricted play will be permitted

Health Issues

- Staph Infections/MRSA
 - Do NOT share towels, clothing, socks, shoes, combs, brushes, water bottles, or any other personal items with anyone else
 - Do NOT walk barefoot in locker rooms, shower rooms, weight room, or any other athletic facility
 - Suggestions: Clean soiled laundry right away, wear shower shoes at school, shower regularly (especially after practice/games)

Uniforms

- Uniforms that are provided by the athletic department are the responsibility of the student and his/her family for the duration of the season
- If the uniform is lost or stolen, or if it becomes worn/stained beyond normal, it is the responsibility of the student and his/her parents to reimburse the athletic department for the cost of replacing the uniform
- Uniforms should be washed immediately after a game in cold water with like colors. Uniforms should not be put in a dryer—please hang them and allow them to air dry.

Text Alerts

- The Athletic Department will send notifications via text/email alerts on any canceled games
- To sign up, visit the school website: www.continentalpirates.org and click on “Text Alerts” on the left side of the page
- Athletic Alerts are different than the school alerts and will apply only to games-not practices

Text Reminders-Remind.com

- All coaches/teams have been assigned a Remind.com account to send out team specific information and reminders
- One-way means of communication—coach can send all member of their group a message, but group members cannot message the coach
- Phone numbers are confidential—the coach cannot see your number and you cannot see their number
- All messages sent by coach are archived
- See website for further instructions

Event Tickets & Passes

- Single Game Tickets (available at the door)
 - JV/V Events: \$6 adults, \$4 for students
 - JV/V Boys Basketball: \$6 per person (student & adult)
 - 7-8th Grade Events: \$4 adults, \$3 students
- Passes (must be purchased in advance and nontransferable)
 - Adult All-Sports Pass: \$100 (admission into ALL home non-tournament sporting events)
 - Student All-Sports Pass: \$25 (admission into ALL home non-tournament sporting events)
 - Boys Basketball Reserved Seat: \$50 (admission only for 11 home varsity/JV boys basketball games)
 - Can be added to an All-Sports Pass for \$10
 - Senior Citizens Pass-Free Admission to senior citizens residing within the school district. Call Supt's office for details.

Sportsmanship

- Our sports teams are “Ambassadors” for our school and community
- Students, fans, parents, and coaches are expected to present themselves in a positive manner at all times and reflect a positive image of our school and community
- Be supportive of our teams and our students and respectful to other schools, teams, students, coaches, and officials

COVID -19

****Please see the link below this presentation on the athletic department home page for information regarding COVID-19 and our plan here at CHS.****

Thank You!

- Thank you for reviewing this presentation!
- Feel free to contact the AD or Principal with any questions you may have